



“The Future Begins Today”

Project KA229 2018-1-PL01-KA229-050749

Lesson Plan

LENGTH OF TIME: 45 min

TOPIC: basketball two step

OBJECTIVES: to do the basketball two step properly

TEACHING METHODS AND STRATEGIES: description, demonstration and task performance

RULES FOR TEACHING: to interest students into learning and performing this element of basketball, by successfully performing under facilitated conditions, to develop the ability to apply this element of basketball in a game situation.

ASSIGNMENTS: individual work, pair work

MATERIALS NEEDED: basketball balls, basketball court, basketball basket

PROCEDURE:

The main part: Performing a basketball two step without running the ball

Performing a basketball two-step with one ball running, and through several ball runnings.

Performing a basketball two step after the ball was passed.

Final Part: Basketball Game 3: 3 with a special goal scoring from a basketball two step.

Prepared by Vladimir Bukalo