



Bulgaria

District: Veliko Tarnovo

Town: Polski Trambesh

Kindergarten “Detski Svyat”



Easter





Preparation for the holiday begins one week before Easter, called Holy Week.



Days Monday, Tuesday and Wednesday are called for cleaning the house for health.





Red eggs are painted on Maundy Thursday or Holy Saturday by the oldest woman of the family.



Symbolism of the egg



It is believed that the red eggs, sunburnt have the power to protect and to heal.



With the first red egg, the grandmother draws a cross on the foreheads of the children to keep them healthy and ruddy throughout the year and then places the egg in front of the icon of the Virgin Mary with the baby.







Herbs, parsley leaves, or wax figurines are used as additional



Ritual Breads

Easter breads are made in a circular shape, with a red egg in the middle and have various names: cow, god, pitcher, yeast, knit or doll.



On Holy Saturday, Kozunaks are made and baked.



Holy Friday

Or **good Friday** is the time for spiritual purification. Everyone goes to church three times under the table. The painted eggs are decorated in different motifs.



At midnight on Saturday against Sunday, everyone goes to a church for a solemn liturgy, and under the bells ringing greet each other with the words: "Christ is risen!" They wish their health and well-being.



The whole family gathers at a festive **Easter table**. It must be covered by Easter eggs and ceremonial breads, kozunaks, lettuces and lamb dishes.



They all "fight" with red and colorful eggs - for health.
According to the belief, the one whose egg remains firm after the "fight" will be the healthiest of the year. This egg is called "**Borak**".



After the common meal, the girls go to swing. The Easter holiday choir starts at noon. It is played over the next two days - for health.



Wishing you health, well-being and a bright Easter holiday!
May peace and love in our hearts!



Христос
Воскресе!

С пожелание за здраве,
благополучие и светла
Великденски празници!
Нека има мир
и любов в сърцата ни!

The group
Winnie Pooh



Polski Trambeski

