



Erasmus+ School Exchange Partnership - **DESTINATION:  
HAPPINESS!** - 2019-1-PL01-KA229-065687\_4

**C2 Short-term exchanges of groups of pupils - Happi:nation!  
Virtual Mobility  
Bucharest, Romania, 11-15 October 2021  
AGENDA**

**MONDAY - OCTOBER 11th**

- 10.00 – 11.30 – Opening Session (welcome speech, presentations of the partners)
- 11.30 – 12.00 – Lunch break
- 12.00 – 13.00 – Workshop: Integration games and activities
- 13.00 – 14.00 – Module 1: Outcomes and reflection

**TUESDAY - OCTOBER 12th**

- 10.00 – 10.20 – Different facets of happiness – introductory games and discussion
- 10.20 – 11.20 – Movie time: The Secret Life of Walter Mitty (part 1)
- 11.20 – 11.50 – Lunch break
- 11.50 – 12.20 – Happiness – different for each of us? – movie-based activities
- 12.20 – 13.20 – Movie time: The Secret Life of Walter Mitty (part 2)
- 13.20 – 14.00 – Happiness – the ultimate goal for art? – movie-based activities

**WEDNESDAY - OCTOBER 13th**

- 10.00 – 11.30 – Hygge Workshop - The Danish concept of wellbeing
- 11.30 – 12.00 – Lunch Break
- 12.00 – 12.30 – The Best Hygge corner – photo competition
- 12.30 – 14.00 – Letter to my future self

## **THURSDAY – OCTOBER 14th**

10.00 – 11.30 – Workshop: How to create a reportage

11.30 – 12.00 – Lunch Break

12.00 – 14.00 – Teamwork: Reportage on wellbeing in schools

## **FRIDAY – OCTOBER 15th**

10.00 – 11.30 – Workshop: Mind full or mindfulness?

11.30 – 12.00 – Lunch Break

12.00 – 13.30 – Presentation of the reportages

13.30 – 14.00 – Evaluation of the virtual mobility; preparation for dissemination