



**Erasmus+ Programme**

**"Destination: Happiness!"**

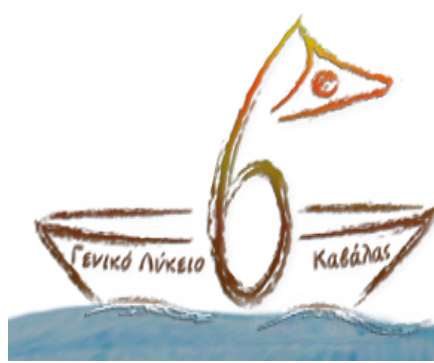
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**6<sup>th</sup> Senior High School of Kavala**

**Module III: Research**

**"Alcohol and young people"**

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### Main consequences of drinking alcohol

- ❖ Alcohol poisoning
- ❖ Accidents
- ❖ Problems in brain development
- ❖ Liver damage
- ❖ Mental disorders
- ❖ Risky behaviors
- ❖ Dangerous sexual behavior
- ❖ Low school performance
- ❖ Use of other substances

### Causes of alcoholism

- ❖ Feeling like adults
- ❖ Being accepted by their peers
- ❖ Curiosity
- ❖ Being fashionable

### Percentages

The figures for *Greece* from the World Health Organization are shocking as 30% of teenagers in our country have admitted to drinking an alcoholic beverage once or twice a week. At the age of 11<sup>th</sup> to 13<sup>th</sup> about 20% of teens have admitted to being drunk more than three times in the same year.

### Country with a higher percentage of alcoholic adolescents

In European countries, alcohol consumption is quite common among adolescents. *Greece* is ranking third after Denmark and Britain.





**Information links:**

- 1) Newspaper "free press", article "adults and alcohol" (18/3/2017)
- 2) Newspaper "freedom", article "young people and alcohol" (4/11/2016)
- 3) "Greek company of social pediatrics and health promotion"