

Dear future me,

I am sure that you will be more wise than me so I am not going to give you some advice that you would have already learnt. But I will talk about the things I am afraid you might forget sometimes. So here it is.

Everything is temporary, the bad and also the good. There is no way you can stop it. But whenever you feel bad and start to think that there is no way out, remember that it will end at some point, there is always a light at the end of the tunnel. And the same with the good moments. Don't get your expectations too high, because sadly the good things end too. But that's ok because new ones always come at some point.

Also please always try to get to know yourself better, to be in continuous change and evolving, but never try to change yourself for somebody else. Do it only for yourself, if you feel like it is the best thing for you, if it makes you a better person.

Finally, I hope that you find your path, and that you will never lose your passion for what you love to do.