

Teacher : Purcari Anca
Date: 10.02.2020
Grade Level: 5th Grade

Lesson Plan

Subject: Social Education – Critical Thinking and Children`s Rights

Unit: Rights and Responsibilities

Topic/Title of lesson: Children`s Right to Happiness

Learning aims: - reflecting on the concept of *happiness*, on one`s needs and the needs of others to be met in order to ensure happiness;
- developing positive attitudes towards oneself and others.

Time: 50 minutes

Lesson objectives:

O1: students will be able to analyse the facts that contribute to one`s happiness;

O2: students will be able to define, in their words, the concept of *happiness*;

O3: students will be able to identify what prevents people from being happy;

O4: students will be able to formulate a set of rules for a happy life;

O5: students will be able to imagine a set of measures to be taken in order to create a happier school environment.

Teaching methods: brainstorming, conversation, plenary discussion (debate), collaborative learning, presentation, problem solving, group work.

Resources: student handout (Appendix 1), post-it notes, sheets of paper, pens / markers, bowl containing small pieces of paper with students` names on them, laptop, video projector.

Evaluation: Observation of students` activity,
Individual and group work assessment,
Self-evaluation.

Sources: <http://www.opensourceteachings.com/wp-content/uploads/2018/02/Lessons-In-Happiness-Open-Source.pdf>
Happiness Is . . . : 500 Things to Be Happy About by Lisa Swerling and Ralph Lazar, Chronicle Books, 2014.

Lesson description

Stages	Objectives	Teacher`s and students` activity	Time	Teaching methods Resources	Evaluation
Getting the students` attention Introduction		<p>The teacher announces the topic, <i>Children`s Right to Happiness</i>, and asks the students to rate how happy they currently feel on a scale from 1 to 10.</p> <p>The teacher announces the objectives of the lesson.</p>	3 min	Conversation	
First activity What is happiness?	<p>O1</p> <p>O2</p>	<p>The teacher distributes the worksheets (Appendix 1) and asks students to select their three favourite quotes about happiness. Afterwards, students will complete the list with their own drawing or text about happiness.</p> <p>The teacher will name some students to present their options and to give a reason for choosing those particular definitions. Students` contributions to the list will be displayed in a place accessible to all.</p> <p>The teacher will ask next `What are the things that make us happy?` in order to start a plenary discussion about happiness and ways to improve well-being, stressing the importance of little things, of our loved ones and of positive attitudes in improving the quality of our lives.</p> <p>As a conclusion of this first activity, students will be asked to come up with a definition of happiness. They`ll work in pairs and write their definitions on post-it notes which will be presented and displayed on a board.</p>	12 min	Brainstorming Conversation Plenary discussion Debate Presentation Student handouts Post-its Markers	Observation of students` activity Individual and group work assessment

<p>Second activity What prevents us from being happy?</p>	<p>O3</p> <p>O4</p>	<p>Students watch the following clip <i>Why do we smile?</i> (https://www.youtube.com/watch?v=t4bVmJy8Gtc) followed by a plenary discussion. Students reflect on and identify the common causes of unhappiness. They'll look for ways to surpass these causes while proposing a set of rules for maintaining a happy state of mind. Students work in groups and present their list of rules in front of the class.</p> <p>All the class will draw conclusions, stressing out that people can learn to be happier, that they have the power to change their lives and decide to adopt a more positive attitude towards themselves and others. Children's rights will be added to the discussion, emphasizing the power that each of us has over the state of happiness of those around us.</p> <p>Students will be asked to draw a piece of paper from a bowl containing the names of all the students and write, on its back, a nice thing about that person, a compliment or a happy thought. These notes will be exchanged at the end of the class.</p>	<p>15 min</p>	<p>Brainstorming Conversation Collaborative learning Problem solving Presentation</p> <p>Laptop Video projector Bowl containing students' names</p>	<p>Observation of students' activity</p> <p>Individual and group work assessment</p>
<p>Third activity Happier schools</p>	<p>O5</p>	<p>Students are organized in groups of 5. The teacher asks each group to come up with a list of measures for promoting well-being and happiness in schools. Students will imagine and present, in text or drawing, a 'Happy School'.</p> <p>Outcomes will be displayed in front of the class and will receive feedback from other groups.</p>	<p>15 min</p>	<p>Brainstorming Conversation Problem solving Group working</p> <p>Sheets of paper Markers</p>	<p>Observation of students' activity</p> <p>Individual and group work assessment</p>
<p>Feed-back and conclusions</p>		<p>Teacher asks students to exchange the notes containing compliments / happy thoughts. The children will be asked to rate again their state of happiness and reflect on its eventual change.</p> <p>The teacher asks for and gives feedback.</p>	<p>5 min</p>	<p>Conversation</p>	<p>Self-evaluation</p>