

## **HOW TO RAISE A SMART AND A HAPPY BABY**

### **A SHORT GUIDE TO NEW PARENTS**

1. Understand the passion of your children, don't reject it and don't force your kid to achieve your passion.
2. Don't try to force your own interests on your children, instead try to invest in and support their interests.
3. Spend a lot of time with your child, enjoy this time for as long as your kids are kids. Don't focus on the future too much, just live in the moment.
4. Encourage your children to learn foreign languages. If you can, speak two languages at home, so your child can start learning them from a young age -
5. Always try to understand your child's needs and perspectives. Never force your beliefs on them. Support them unconditionally.
6. Develop emotional intelligence in them.
7. Read to your child even during pregnancy because you will develop his love for reading and books.
8. Don't force them to spend hours practicing and learning. Let them develop in their own pace
9. Try to show them interesting things surrounding them. Let them explore and figure out their interests. Don't push them into something they do not want to do.
10. Don't micromanage your children's life. Allow them to freely pursue interests.
11. Never force your child to try new things, try to make them interested in the subject so they can willingly do it.
12. Try to be both supportive and stimulating. You should praise and encourage your children, as well as provide them with learning opportunities (ex. read them books, give them smart toys).
13. Try to understand your children's feelings.