**Do we have real friends?**

Friendship means trust, sincerity, a connection of the soul, which cannot be broken by anyone or anything.

Goodwill is not enough to forge a friendship. It is not enough to want a friend, you have to make an effort, to become someone's friend yourself. In principle, anyone could maintain a true friendship, respect certain rules and "obligations" and then enjoy all the rights, freedoms and fulfillments they bring you. If the people you call friends are the people you occasionally meet in the city, in the park, or on a weekend walk, the notion I'm trying to reach may seem a little exaggerated. This is because no one sees friendship as a serious relationship, in which you have to put considerable effort into making it work. The emotional involvement and sacrifices you make willingly and unforced by anyone are, from my point of view, the cornerstone of an ideal friendship. When you call at two in the morning and ask for help, you need to get one firm answer: ok, come on, don't get questions that start with: why ?. However, easy to say, hard to do. Especially when we have at every step examples of broken friendships, based on interest or in which trust is betrayed. Very few people understand what the word "friend" means and the responsibilities that come with it.

I enjoyed a few days this week with a dear friend who is not always close to me physically, but is close to my soul every day. We were desk mates for three years and now she lives with her parents in Bucharest.

Aristotle believed that in order to become a happy person, fulfilled on all levels, we must be a good friend. He considered friendship to be an art.

I've always said that life without friends is like a meal that misses dessert at the end. It is obvious how unsatisfactory the world would be in which we could taste all the cuisines of the world, without enjoying, in the end, the delight of a cake. True friendship, however, is more than that, it is the icing on the cake.

***Do you have real friends?***

"The only true friendship is one that was born for no reason."

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