**My brain tells me that the article for miraculous recipe for faster brain work is unreliable**

After the Erasmus+ workshop about reliability in journalism, I got the task to find one journalistic article that I think is not reliable. I looked it up online and decided for the article posted on the portal [DNEVNO.HR](https://www.dnevno.hr/zdravlje/recept-za-cudotvorni-sirup-samo-dvije-zlice-dnevno-ubrzati-ce-funkcije-mozga-rezultati-su-zapanjujuci-1694754/).

The article I found unreliable was posted on March 17th, 2021 under the title 'Recipe for miraculous syrup': Just two spoons a day will speed up brain functions, results are astonishing!' The supertitle of the article was 'Brain week'.

The introduction of the article mentions the Brain week, the scientific-educational-promotional manifestation held from 15th to 21st of March on the Faculty of Medicine in the University of Osijek. It also states that the main topics of the conference are prevention and impacts on the brain alongside with sleep and sleeping.

After the introductory part, the recipe for faster brain work is mentioned. The ingrediencies for the potion are horseradish, ginger, honey, lemon, and cinnamon. The author of this recipe was not mentioned nor the scientific evidence that it really improves brain functions. Instead of the sources and evidence for the effectiveness of the recipe the following sentence was served to the reader: 'In the spirit of the manifestation, we bring you the recipe that improves brain functions, improves memory, hearing, and sight'.

In my opinion, the things that contribute to the unreliability of this article are the facts that it was not signed by the author and the illustration that is not connected to the content of the article. I think that it was written with the intention to attract the reader to click on it and contribute to the earnings of the portal. /**Anastazija Blagaj**, 7B/