**This tea cures over 50 diseases: Drink one cup every morning for a**

**HEALTHY and SLIM body!**

The subtitle of this article was: You will be healthy every day!

The article has been published 31.1.2020. on the espreso.co.rs

https://www.espreso.co.rs/lifestyle/zdravlje/503651/ovaj-caj-leci-preko-50-bolesti-svako-jutro-popijte-po-jednu-solju-za-zdravo-i-vitko-telo

The news caught my attention because the article gives the exact recipe for making this tea. They state that it is necessary: honey, ginger, turmeric, cinnamon and cardamom.For each of these ingredients, they individually listed which diseases they treated.The article is not signed, the author is unknown. It does not say where the recipe was taken from. There is no stated opinion of any doctor or scientist.

I find it very frivolous, naive and risky to make drinks like this and use them. The use of such drinks can also have negative consequences for human health.

The article would be useful if it contained the names and number of respondents who used it. These people could express their opinion and experiences with consuming this type of tea. It would be useful to hear the opinions of doctors or scientists.

This is how it looks like someone took a few minutes for the sake of more likes on the Internet and came up with a recipe and a title.

Milica Lazić 8.razred