

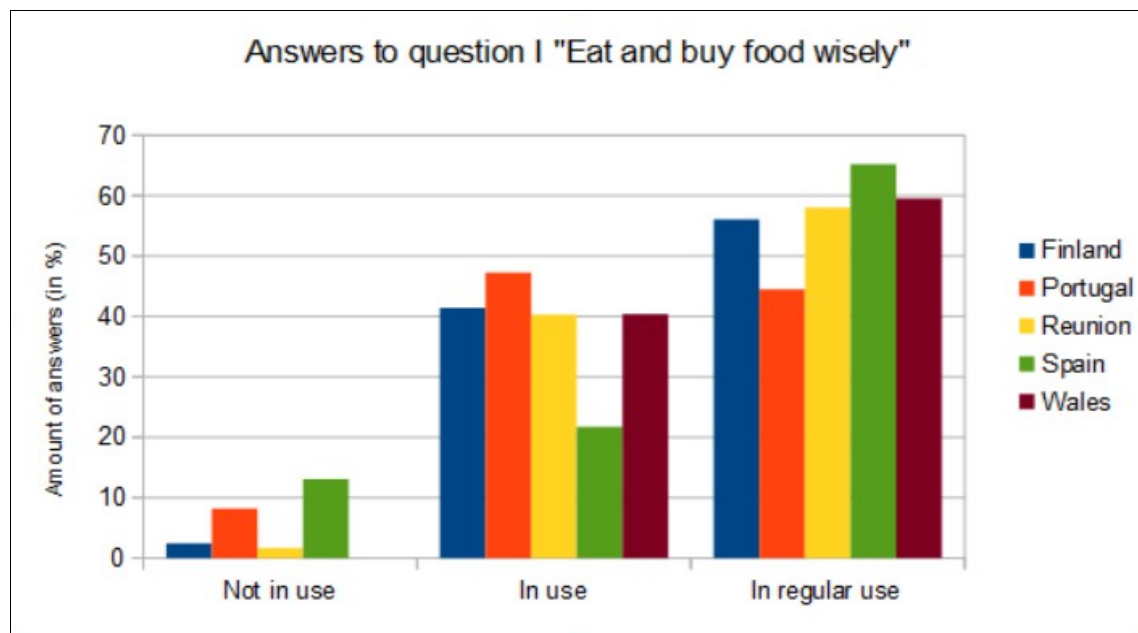
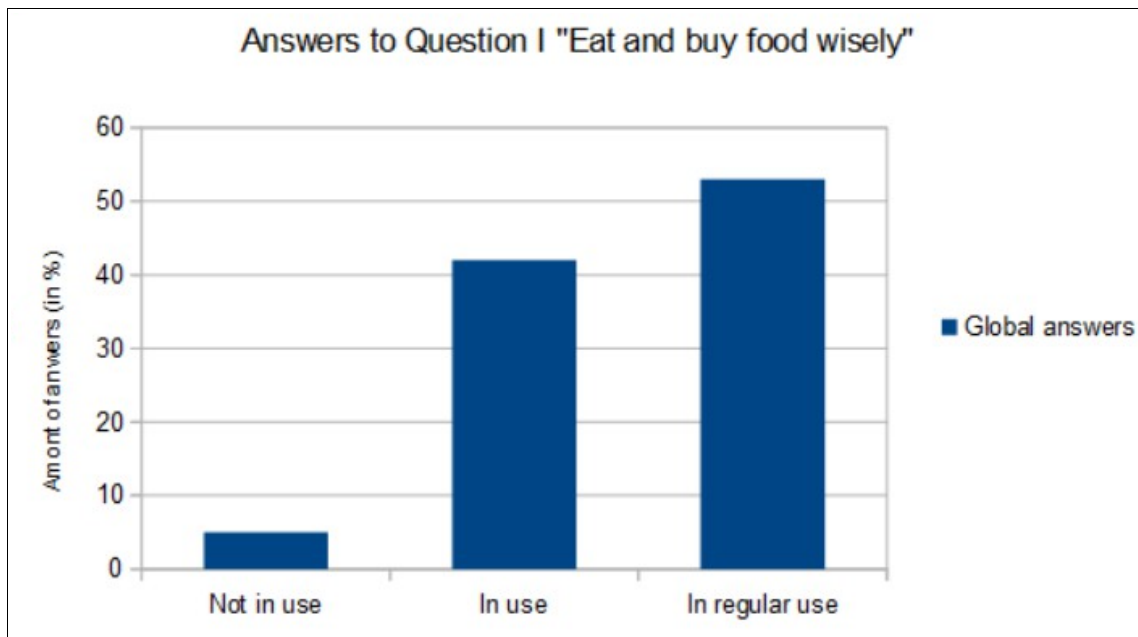
Question I :
EAT and BUY FOOD WISELY.
First, actually eat all the food you buy.

For an Erasmus project a total of 283 students across 5 different countries (Finland, Portugal, Reunion, Spain and Wales) were asked about how committed are they to the environment. The purpose here is to see if the young generation is acting for the environment in their daily lives. Thus they were asked several questions about if they waste food, water or electricity for example and the results turned out to be surprising.

But first is it really important for us to ask ourselves these questions ? And are things like spoiling food or water dangerous for the environment ? The short answer is yes. In fact right now in Europe each person spoils about 173 kilograms of food each year according to a UE report. This is an issue that we have to deal with because as a consequence almost 30% of the world food production ends up being wasted and not used. Because some countries are suffering from a lack of food, and because we are struggling to find enough space to farm food for all the people in the world, we need to actually eat all of the food we buy and we need to be careful about what we eat . In fact producing some types of food such as beef is very polluting and destroys the environment. Therefore with our choices and our action we can lower the amount of food that is wasted or choose to eat more reasonable food. For example we can reduce the global consumption of meat and this can be very helpful to the environment.

Asking this question to the young generation is also important because it enables us to check if people know about the danger of wasting food for the environment, and if not we can then do some awareness campaigns to tell the people to lower their consumption. Also asking the young about that makes them think about what they are doing as a consequence it leads them to a more responsible lifestyle which is very important as the young are the future of our planet.

Now that you understood why all of this is important let's see what did the students answered to question I : “EAT and BUY FOOD WISELY. First, actually eat all the food you buy.” .They were asked to chose between 3 proposition : Not in use, In use or In regular use.



According to the first graph that shows us the global results taking into account all the votes of the 283 students most of the young people understand about the issue of wasting food. In fact only 5% of them don't mind caring about what they eat and how much they waste but 42% does ! And also 53% of them really care about about what they buy and about eating all of what they buy. We can say that globally people are very much aware of this problem and the young generation is doing great about trying to reduce food wastage.

Even when we look at the second graph the results between the different countries are pretty much even and the differences can be explained by the fact that the survey does not cover many peoples in each countries (only 41 in Finland, 110 in Portugal, 62 in Reunion, 23 in Spain and 47 in Wales). In fact Spain has both the most answers about "In regular use"(65% of the total answers) and the most answers about "Not in use"(13% of the total answers). So as the survey on Spain only relies on 23 people it explains that the results are a bit paradoxical. However Portugal is the 2nd country that has got the most "not in use" answers, as both of this countries are located in Europe we can provide another explanation other than just the lack of people asked. In fact first they are both very industrialised countries that produce a lot, also, as in every well developed country here people are living with an American, capitalist lifestyle that leads to overconsumption. This can explain why these two countries are the ones that answered the most to "Not in use".

In an other hand we can notice that in Wales even if 47 students were asked none of them said that they don't care about wasting food, all of them are aware that it represents a massive threat for the environment.

All of these results looks very promising and gives us a lot of hope for the future. In fact as the youth is aware about both food issues and consumption issues maybe we can hope to complete some of the SDG's like Zero Hunger and Responsible consumption and production in the future.