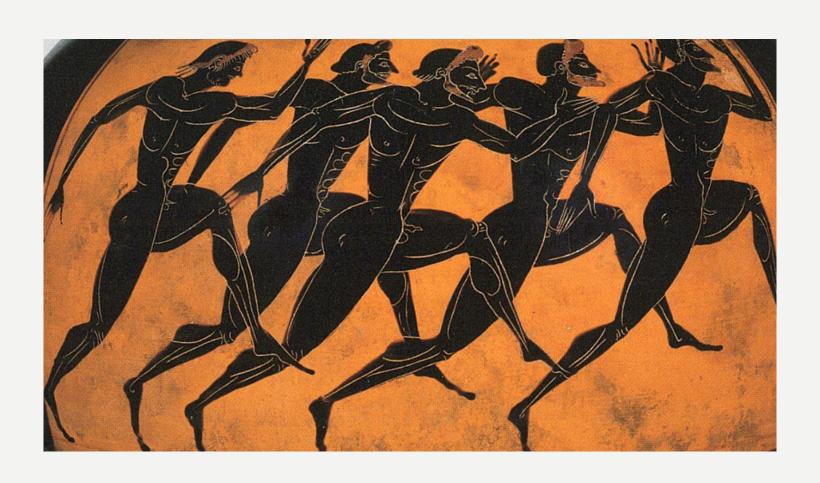
## SPORTAND CHEMISTRY

#### **CHEMISTRY AND SPORT:**

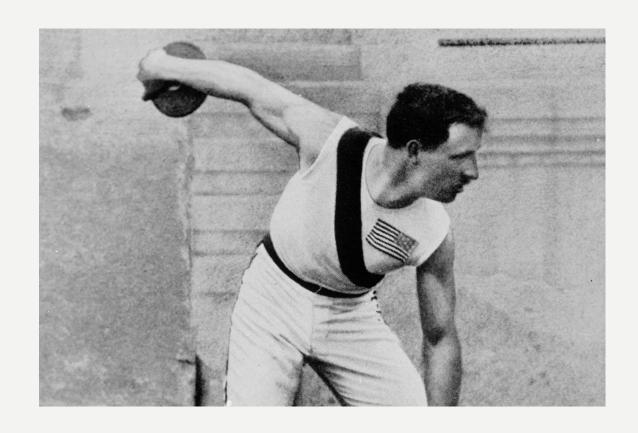
- •NEW MATERIALS
- **DOPING**

#### FIRST OLYMPIC GAMES



## IN THE PAST...





#### ... AND NOW





## **DOPING**



#### WADA 'PROHIBITED LIST'.

- S1. Anabolic agents, Anabolic androgenic steroids (AAS), Other anabolic agents, including but not limited to clenbuterol, tibolone, zeranol and zilpaterol
- 52. Hormones and related substances Erythropoietin (Epo) Growth hormone (Hgh), insulin-like growth factors, mechanogrowth factors (MGFS) Gonadotrophins (LH, HCG), prohibited in males only Insulin Corticotrophins
- 53. Beta-2 agonists
- 54. Agents with anti-estrogenic activity Aromatase inhibitors Selective estrogen receptor modulators (serms) Other antiestrogenic substances
- S5. Diuretics and other masking agents
- 56. Stimulants (prohibited in-competition)
- S7. Narcotics (prohibited in-competition)
- 58. Cannabinoids (prohibited in-competition)
- 59. Glucocorticosteroids (prohibited in-competition)
- P1. Alcohol (prohibited in particular sports)
- P2. Beta-blockers (prohibited in particular sports)

# DOPING SUBSTANCES AND METHODS CLASSIFIED ACCORDING TO THE SUPPOSED ERGOGENIC EFFECTS

Increase of endurance performances and oxygen-carrying capacity of the blood

Erythropoiesis-stimulating substances (e.g. erythropoietin)

Blood transfusions Artificial oxygen carriers

Anti-asmatic agents

Increase of power performances and muscle mass

Anabolic androgenic steroids (AAS) Recombinant hormones and gonadotrophins (growth hormone, LH and HCG) Other non-steroid anabolic agents (anti-inflammatory drugs)

Sports where concentration, steady action and ability to control movements are required

b-blockers

Calcium channel antagonists Masking agents (e.g. diuretics)

'Transversal' methods

Gene doping

Other substances with unlikely performance-enhancing activity

Stimulants

Narcotics

### THANKS FOR YOUR ATTENTION

