|  |  |  |
| --- | --- | --- |
|  | Margarida Nobre | Tatiana Lopes |
| Starters | * Bolhão Pato’s clams * Bread with cheese and bacon * Grilled Farinheira (Portuguese sausage) | * Chicken gizzards * Grilled Black pudding * Grilled Snails |
| Main Dishes | * Codfish with cream * Portuguese stew * Grilled squids | * Brás codfish (codfish with French fries) * Duck rice * Lagareiro Octopus |
| Side Dishes | * Tomato Rice * Mashed potato * Salted vegetables | * Carrot rice * Broccolis * Mashed carrot |
| Dessert | * Chocolate mousse * Oreo mousse * Sweet rice pudding | * Semi-cold peach (Maria’s cookies with Chantilly and peach gelatine) * Almond pie |
| Fruit | * Apple * Banana * Strawberry * Melon | * Tangerine * Peach * Watermelon |
| Drinks | * Water * Coca-cola * Orange juice * Iced-tea * Tea * Milk with coffee | * Hot chocolate * Water * Tea * Coca-cola * Watermelon juice * Iced-tea |

|  |  |  |
| --- | --- | --- |
|  | Rafaela Gonçalves | Eduardo Medalha |
| Starters | * Chicken gizzards (stewed) | * Farinheira with honey and walnuts |
| Main Dishes | * Codfish with cream * Portuguese stew (salted pork and beef meet, cabbage, potato and chouriço, all boiled) | * Codfish in the oven * Wellington Steak |
| Side Dishes | * Salad * Potatoes * Rice | * Roasted potatoes |
| Dessert | * Home made pudding | * Olive oil and honey pudding * Vermicelli |
| Fruit | * Banana * Apple * Pear * Strawberry. | * Pear * Passion Fruit |
| Drinks | * Redbull * Water * Coke. | * Ice tea * Compal |

|  |  |  |
| --- | --- | --- |
|  | Miguel Leal | Francisco Andrade |
| Starters | * Cured meats * Cheese | * Gizzards * Snails * croquettes |
| Main Dishes | * “Bacalhau à Brás” - codfish with fried potato, egg and parsley | * “Feijoada” - Pork stew with beans * “Arroz de tamboril” - Monkfish rice |
| Side Dishes | * Fried eggs * Chips * Pasta * Tomato salad * Roasted pepper salad | * Chips * Rice * Mashed potato * vegetables |
| Dessert | * Chocolate mousse * Ice cream | * Caramel mousse * Tiramisu |
| Fruit | * Banana, * Apple, * Pear, * Strawberry, * Cherry, * Orange. | * Fruit salad, * Pear, * Strawberry, * Banana. |
| Drinks | * Coke, * Orange and peach fruit juice, * Water. | * Sprite, * Water, * Apple juice, * Ice-tea. |

|  |  |  |
| --- | --- | --- |
|  | Adriana Santos | David Cardoso |
| Starters | * Peixinhos da horta – polmed green beans | * Cheese * Smoked pork with bread |
| Main Dishes | * Codfish with creams * Zé do Pipo Codfish – fried Codfish * Cabidela rice – rice with blood and vinegar * Steak with eggs | * Bitoque – pork meat, rice, chips and eggs * Bifanas – pork meat in a sandwich |
| Side Dishes | * Rice * Pasta * Salad | * Rice * French fries * Pasta |
| Dessert | * Cheesecake * Wafer cake | * Sweet rice pudding |
| Fruit | * Strawberries * Apple | * Fig |
| Drinks | * Water * Natural juices | * Ice tea |

|  |  |  |
| --- | --- | --- |
|  | Rodrigo Almeida | Luís Ramiro |
| Starters | * Bread with butter and garlic * Fried squids | * Bread * Olives |
| Main Dishes | * Alentejana Pork meat – pork meat with chips and clams * Portuguese stew * Feijoada – Pork stew with beans | * Codfish * Lasagne * Pizza * Feijoada – Pork stew with beans |
| Side Dishes | * Rice * Pasta * Potatoes | * Rice * French fries * Pasta |
| Dessert | * Pudding | * Chocolate |
| Fruit | * Strawberries * Orange * Apple | * Pear * Pineapple * Mango |
| Drinks | * Water * Juice | * Coke * Juice |

|  |  |  |
| --- | --- | --- |
|  | Tomás Sá | Francisca Faustino |
| Starters | * Snails * Chorizo * Scrambled eggs with Farinheira | * Scrambled eggs with alheira * Cheese * Octopus salad |
| Main Dishes | * Seafood stew * Duck rice | * Bean Stew * Portuguese stew * Duck rice |
| Side Dishes | * Mashed potatoes * Portuguese cabbage * Brussels sprouts | * Migas - bread crumbs with cabbage * Green salad * Rice * Mashed Potatoes |
| Dessert | * Pannacotta * Almond pie | * Sweet rice pudding * “Drunken pears” |
| Fruit | * Grapes * Cherries * Raspberries | * Pineapple * Orange * Red berries |
| Drinks | * Sumol | * Water * Coke * Sprite |

|  |  |  |
| --- | --- | --- |
|  | Kassandra Campos | Diogo Pinto |
| Starters | * Octopus salad * Bread * Olives | * Greek salad * Octopus salad |
| Main Dishes | * Alentejana pork meat – pork meat. clams and chips * Codfish with cream * Duck rice | * Bitoque – pork meat, rice, chips and eggs * Grilled mackerel * “Bitoque” – pork meat with rice, chips and eggs |
| Side Dishes | * Rice * Potatoes * French fries | * Rice * Salad * Potatoes |
| Dessert | * Pannacotta * Cheesecake * Créme Brullé | * Sweet rice pudding * Pastel de nata pie |
| Fruit | * Mango * Strawberries * Passion fruit | * Apple * Kiwi * Banana |
| Drinks | * Water * Natural juices | * Ice tea * Coke * Red Bull |