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|  | Margarida Nobre | Tatiana Lopes |
| Starters | * Bolhão Pato’s clams
* Bread with cheese and bacon
* Grilled Farinheira (Portuguese sausage)
 | * Chicken gizzards
* Grilled Black pudding
* Grilled Snails
 |
| Main Dishes | * Codfish with cream
* Portuguese stew
* Grilled squids
 | * Brás codfish (codfish with French fries)
* Duck rice
* Lagareiro Octopus
 |
| Side Dishes | * Tomato Rice
* Mashed potato
* Salted vegetables
 | * Carrot rice
* Broccolis
* Mashed carrot
 |
| Dessert | * Chocolate mousse
* Oreo mousse
* Sweet rice pudding
 | * Semi-cold peach (Maria’s cookies with Chantilly and peach gelatine)
* Almond pie
 |
| Fruit | * Apple
* Banana
* Strawberry
* Melon
 | * Tangerine
* Peach
* Watermelon
 |
| Drinks | * Water
* Coca-cola
* Orange juice
* Iced-tea
* Tea
* Milk with coffee
 | * Hot chocolate
* Water
* Tea
* Coca-cola
* Watermelon juice
* Iced-tea
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|  | Rafaela Gonçalves | Eduardo Medalha |
| Starters | * Chicken gizzards (stewed)
 | * Farinheira with honey and walnuts
 |
| Main Dishes | * Codfish with cream
* Portuguese stew (salted pork and beef meet, cabbage, potato and chouriço, all boiled)
 | * Codfish in the oven
* Wellington Steak
 |
| Side Dishes | * Salad
* Potatoes
* Rice
 | * Roasted potatoes
 |
| Dessert | * Home made pudding
 | * Olive oil and honey pudding
* Vermicelli
 |
| Fruit | * Banana
* Apple
* Pear
* Strawberry.
 | * Pear
* Passion Fruit
 |
| Drinks | * Redbull
* Water
* Coke.
 | * Ice tea
* Compal
 |

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|  | Miguel Leal | Francisco Andrade |
| Starters | * Cured meats
* Cheese
 | * Gizzards
* Snails
* croquettes
 |
| Main Dishes | * “Bacalhau à Brás” - codfish with fried potato, egg and parsley
 | * “Feijoada” - Pork stew with beans
* “Arroz de tamboril” - Monkfish rice
 |
| Side Dishes | * Fried eggs
* Chips
* Pasta
* Tomato salad
* Roasted pepper salad
 | * Chips
* Rice
* Mashed potato
* vegetables
 |
| Dessert | * Chocolate mousse
* Ice cream
 | * Caramel mousse
* Tiramisu
 |
| Fruit | * Banana,
* Apple,
* Pear,
* Strawberry,
* Cherry,
* Orange.
 | * Fruit salad,
* Pear,
* Strawberry,
* Banana.
 |
| Drinks | * Coke,
* Orange and peach fruit juice,
* Water.
 | * Sprite,
* Water,
* Apple juice,
* Ice-tea.
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|  | Adriana Santos | David Cardoso |
| Starters | * Peixinhos da horta – polmed green beans
 | * Cheese
* Smoked pork with bread
 |
| Main Dishes | * Codfish with creams
* Zé do Pipo Codfish – fried Codfish
* Cabidela rice – rice with blood and vinegar
* Steak with eggs
 | * Bitoque – pork meat, rice, chips and eggs
* Bifanas – pork meat in a sandwich
 |
| Side Dishes | * Rice
* Pasta
* Salad
 | * Rice
* French fries
* Pasta
 |
| Dessert | * Cheesecake
* Wafer cake
 | * Sweet rice pudding
 |
| Fruit | * Strawberries
* Apple
 | * Fig
 |
| Drinks | * Water
* Natural juices
 | * Ice tea
 |

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|  | Rodrigo Almeida | Luís Ramiro |
| Starters | * Bread with butter and garlic
* Fried squids
 | * Bread
* Olives
 |
| Main Dishes | * Alentejana Pork meat – pork meat with chips and clams
* Portuguese stew
* Feijoada – Pork stew with beans
 | * Codfish
* Lasagne
* Pizza
* Feijoada – Pork stew with beans
 |
| Side Dishes | * Rice
* Pasta
* Potatoes
 | * Rice
* French fries
* Pasta
 |
| Dessert | * Pudding
 | * Chocolate
 |
| Fruit | * Strawberries
* Orange
* Apple
 | * Pear
* Pineapple
* Mango
 |
| Drinks | * Water
* Juice
 | * Coke
* Juice
 |

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|  | Tomás Sá | Francisca Faustino |
| Starters | * Snails
* Chorizo
* Scrambled eggs with Farinheira
 | * Scrambled eggs with alheira
* Cheese
* Octopus salad
 |
| Main Dishes | * Seafood stew
* Duck rice
 | * Bean Stew
* Portuguese stew
* Duck rice
 |
| Side Dishes | * Mashed potatoes
* Portuguese cabbage
* Brussels sprouts
 | * Migas - bread crumbs with cabbage
* Green salad
* Rice
* Mashed Potatoes
 |
| Dessert | * Pannacotta
* Almond pie
 | * Sweet rice pudding
* “Drunken pears”
 |
| Fruit | * Grapes
* Cherries
* Raspberries
 | * Pineapple
* Orange
* Red berries
 |
| Drinks | * Sumol
 | * Water
* Coke
* Sprite
 |

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|  | Kassandra Campos | Diogo Pinto |
| Starters | * Octopus salad
* Bread
* Olives
 | * Greek salad
* Octopus salad
 |
| Main Dishes | * Alentejana pork meat – pork meat. clams and chips
* Codfish with cream
* Duck rice
 | * Bitoque – pork meat, rice, chips and eggs
* Grilled mackerel
* “Bitoque” – pork meat with rice, chips and eggs
 |
| Side Dishes | * Rice
* Potatoes
* French fries
 | * Rice
* Salad
* Potatoes
 |
| Dessert | * Pannacotta
* Cheesecake
* Créme Brullé
 | * Sweet rice pudding
* Pastel de nata pie
 |
| Fruit | * Mango
* Strawberries
* Passion fruit
 | * Apple
* Kiwi
* Banana
 |
| Drinks | * Water
* Natural juices
 | * Ice tea
* Coke
* Red Bull
 |