Eh you! WHO ARE YOU? Who do you want to be? Who do you wish to be?

#### I AM as I AM !!!



Let's dance Let's draw Let's write who I am

## Our project?

4 teatchers for a class! 3èmes D accompanied by Mme Karine Bourgeois, Choreographer and Mrs Houppin (Letters) Dubravcic (English) and Gatti (Plastic arts)

#### Our speach:

« How can I reveal who I am beyond appearances, free of all influences except those I have of any influence except those I wish to claim? »

Why does she have to fit into the mould,
deny her flaws,
keep her aspirations to herself,
to hide, to repress, to forget oneself...?
What efforts should be made to fit into the group's codes,
to be integrated?

How to free oneself from the hold, the addictions, the lures... to reveal our natural, slightly crazy, shadowy side, our singularity? The princess can be a toad, the toad can be a princess, our vulnerability a strength. In search of the self.

### The project is linked to

- Erasmus activity "Me, myself and I" I'm dancing who I am
- Theatchers' themes
- Karine Bourgeois' play "Why does she cry?"
- The school's project "the richness of our differences"...

#### Students' words:

# What the interdisciplinary and dance project brought me?

« It allowed me to evolve. Indeed, I was able to recall good memories, key passages in my life, and reflect on myself. The past allows us to better understand the future by building the present. The choreographer taught us new dance techniques and gave us a framework in which we could express ourselves freely while being very attentive to others, allowing us to express ourselves in a different way, to take responsibility for ourselves and to give ourselves up to the public. » (Corentin)

« I liked this project because it allowed me to assert myself. Indeed, I was able to show myself as I really am and be proud of it, but also the darker parts that we try to hide, or the label that is stuck on our back. So I was able to discover the parts that I was trying to hide. I realised that as long as I was assertive and proud of myself, criticism, remarks or even insults would not get to me. And that I could love myself as I am because I am an important person and not something insignificant. » (Morgane)

« The project has allowed me to assert myself a little more. Indeed, it pushed me to show part of my personality and my personal memories. For example, the group poses or the physical description forced me to show or describe parts of myself that I am not necessarily used to talking about. It also allowed me to know what people thought of me during the etiquette scene, and it's not necessarily very pleasant to be judged without knowing the person. So this project was a way for the students to express themselves and assert themselves through an original dance and activity. » (Jeanne)

«« This project was very enriching, especially the memories: we had to coordinate our hands with our imagination, to evoke a still vague and distant memory, which gradually became clearer and ended up in the telling of a developed and amplified memory. All this had to be fed with precise sensations and emotions to give meaning to our gestures and captivate the audience. We enriched the gestures and the texts in alternation.

I loved this project because it allowed me to dance, to have fun, to have reminiscences. The music was great! It's interesting to dance with our bodies, to express ourselves.

This project brought me a lot of good humour and joy. The show forced us to have a lot of concentration and imagination. » (Alexis)

- « I learned that you can tell things without speaking even if people don't understand, they can imagine. »(Yann)
- « I liked this project because it valued the differences of each person, revealing our qualities, our faults/fragilities; we learnt to get rid of the label we are given, to think about addictions and their consequences.

This project allowed us to discover ourselves because we looked for and developed several aspects of our portrait. Indeed, we took time to define ourselves throughout the project as faithfully and sincerely as possible. For example, we tried to describe ourselves physically and morally in writing and then artistically through dance. We thought about our qualities, our faults, the labels. So we observed the image we give ourselves and represent ourselves in different ways ». (Mahé)

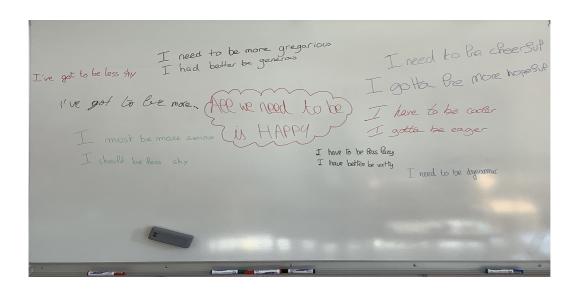
« This project has brought me development because I have developed many things by discovering myself and my friends. I learned more about myself and my opinion of people I didn't know. I was also able to reveal things so that they could discover a little part of me. I

## have thus enriched my experiences, my knowledge and my creativity. » (Léane)

« I liked this project because it was very instructive for me. It allowed me to discover dance and to integrate myself into the class. I would like to do a project like this again. « (Manoli)

« It allowed me to assert myself, to overcome my differences, to express myself freely. » (Basíle)

I remember
Me in the past in the present and tomorrow
my addictions
my aspirations
my assets
my weaknesses
the gaze of others





Je me souviens...



Moi au passé, au présent, à venir

# Je <sub>Suis</sub> comme je suis





Mes addictions.

Mes qualités



Karine Bourgeois

Mag

Mes fragilités

Ma part d'ombre







L<sub>e regard</sub> d'autrui





PIC.COLLAGE

