#### 3rd March 2018

Dear Diary,

this is the night before the long-awaited day and I am super excited but also a bit sad to leave my country and my family for a week. Now I leave you because I'm tired and I go to sleep. We'll talk to you tomorrow, a kiss.

## Your ALESSIA ©

I had my suitcase, and the hand baggage, I'm full of emotions, I could not wait to leave.

Luigi Amodeo

today the Finland operation was a success: the journey was almost comfortable. The alarm clock was at 6:30, the joyful preparation all ended with the group meeting in Picerno. We took the bus that took us to 'airport of Naples from which we left to go to Monaco where we stopped and then continue and take off from the latter to Helsinki. The first flight was on time but the second landed late. Arrived at the capital of Finland, my host family was already there waiting for me. Later we went to get the mother of Utsab who had to finish the work shift and we went home where I took a shower and I ate going, shortly after, to sleep.

MICHELE VIGNOLA

4th March 2018

Dear Diary,

we are leaving, the tension is high because it is the first time I travel without my parents but at the same time I am very happy. After taking the bus and being boarded at the Naples port, we are now on the aero heading towards Monaco. After stopping over in Germany, landing in Helsinki and packing up, I'm going to my partner JENNA's house to have dinner and go to sleep. We'll talk to you tomorrow, a kiss.

## Your ALESSIA ©

I took the bus, to go to Naples, to take the plane, at 14: 00, I landed in Monaco, after a monk's birth and at 7:20 pm at Helsinki, I know Joel's parents, I go home dinner, I wash and go to sleep, so far this experience I liked a lot.

Luigi Amodeo

today the Finland operation was a success: the journey was almost comfortable. The alarm clock was at 6:30, the joyful preparation all ended with the group meeting in Picerno. We took the bus that took us to 'airport of Naples from which we left to go to Monaco where we stopped and then continue and take off from the latter to Helsinki. The first flight was on time but the second landed late. Arrived at the capital of Finland, my host family was already there waiting for me. Later we went to get the mother of Utsab who had to finish the work shift and we went home where I took a shower and I ate going, shortly after, to sleep.

MICHELE VIGNOLA

5th March 2018

Dear Diary,

I'm going to school for the reception. I can't wait to get to know all the boys and girls of the project. We are seeing all the presentations of the various nations. After angiato now we are in a fortress arina built on two islands called SUOMENLINNA is so cold!It's 7:00 and we're coming home. we'll talk tomorrow, bye.

Your ALESSIA©

I wake up at 7:00, I have breakfast, and I go to school, where I meet the other boys, after each team shows up and presents their schools, after I go to eat at the school cafeteria, after I visit a little Helsinki, then I take a ferry, to move in the beautiful frozen sea, arrived at the destination we meet a guide that explains the history of the islands where we are, then I go to eat at the burker king, I go home I washed and went to bed.

Luigi Amodeo

the day at school was very pleasant, starting with a long presentation of the boys, schools and countries of origin until lunchtime. All this followed by a walk in the city center during which we could become familiar with the capital in which we would have to live for a week. After the walk we went on a ferry that took us on an island not far from Helsinki called SUOMENLINNA, an ancient military base both naval and air. After this long day we came home, ate, drank hot water and went to sleep.

MICHELE VIGNOLA

6th March 2018

Dear Diary,

it's evening and I have not had the time to write to you before, I think that for the rest of the days I will always write to you for this time. Today we went to visit the University of Helsinki and after going to the Cave we went to the HELEN energy center. Around 3:00 we went to see an exhibition of modern art and the day is over here!

#### Your ALESSIA ©

I wake up at 7:00 am I have breakfast and I go to the University of Helsinki where a guide explained the history of the university then we went to the cave restaurant, then I saw an exhibition of modern art, then I went to a room I went home, I washed and went to bed.

Luigi Amodeo

today was an acculturated day. The reason was the visit to three different museums. During the morning we went to a museum that represented the history of Finland and its school because there was also the University within it. Lunch was tasted in an all you can eat called "Caverna". After lunch we went to HELEN, which is the most used electricity grid in Finland where they explained their operation and management of the whole. Then the guided tour continued for an artistic exhibition called HAM where we could admire many copies of famous works; also there was a small room where I and Gigi have valued the Bel Paese with a strong nationalist spirit and remembered the legendary 2006 world. Once the program of this day was completed, we retired to the homes of the guests and we prepare for the next day.

MICHELE VIGNOLA

#### 7th March 2018

Dear Diary,

today we cooked and we talked about what I wanted to bring with us from Finland. After eating we went for a walk in CENTRAL PARK. we came home and the day is over again!

## Your ALEESSIA ©

woke up at 7:00 am, and I went to school, where I had two workshops, one where we said what we wanted to bring us to Filandia's house and the other where we cooked, after I went for a little trip to Central Park, after I went out, I came home I had dinner, I washed, and went to bed.

Luigi Amodeo

today was a day of projects: both understanding and arguing about what you would like to bring with you from Finland entitled "WHAT WOULD YOU TAKE BACK TO YOUR COUNTRY?", both in the kitchen during which I identified with Chef Giovanna, Gigi and the Headmaster very much realizing how lucky I am to be born in the State with the best cuisine in the world ... ITALY; this reflection came to my mind, observing our dishes disappear in a moment even though we had very few ingredients available. The "delicacies" prepared by the whole group were our lunch. The afternoon

we were all the time in the shopping centers until the time of retirement in their homes where I and Utsab we played chess, chatted and expressed opinions of the girls seen during the day and went to bed.

MICHELE VIGNOLA

8<sup>th</sup> March 2018

Dear Diary,

on this day we did a KAHOOT on how to save the world and after lunch we recorded a video on what we wanted to be in 20 years.At tomorrow,kiss!

## Your ALESSIA ©

I woke up, I went to a social center, then we divided into groups to do a workshop, after I went to the canteen, I ate and then we presented our projects. I went home, I had a snack, I took a ride and then I came home, I washed and went to bed.

Luigi Amodeo

This morning was very educational even if slightly boring but fun at the same time because we were the guys to give solutions to the devastating environmental problems that our small but cozy as a house is hammered. Our solutions have been prepared with various schemes, summaries and Power Points. Lunch was not so much to my liking but, by force, I ate it. After this little lunch we went to the computer room provided by four LIM and Green Screen where our research was presented and widely discussed by everyone. At the end of this activity we have made another one entitled "in 20 years i will be ..." where we guys have expressed our opinions on our future-face-to-face interface with a camera. In the evening we did the most beautiful activity of all: the evening by the pool. The structure consisted of a pool with 27 degrees, one with 4 degrees and a sauna at 85 degrees in which I entered in all three. Beautiful experience for a swimming enthusiast. Back home, we had dinner with a plate of Italian fried Nepalese pasta ... After this hard blow to our kitchen we went to bed, however, preceded by the usual talk about the girls.

MICHELE VIGNOLA

9<sup>th</sup> March 2018

Dear Diary,

today me, Luigi and Michele have chosen to participate in an international music lesson while the others went to the incinerator I had a

lot of fun after lunch we talked in general about how it went this week and at 18:00 we did the goodbye party!! This was a beautifull experience.

## Your ALESSIA ©

I woke up, I went to school and I followed a music lesson in English, then I ate a sandwich, I went back to school we did a kahoot and then we planted a small tree. They went to the mall and went back to school for the final party. In the evening I returned and went to bed.

Luigi Amodeo

this last day I, Utsab, Gigi, Joel, Alessia and Jena will have had to go to the incinerator but given the great distance of the houses it has been impossible for us to be present at the established destination. As a result, we followed two hours of music in a very engaging multinational class initially and then became repetitive. Waiting for the group to come back from the incinerator we went to SubWay where we had lunch and spent a pleasant afternoon with the boys. In the evening we returned to school but before starting the planned activities a fierce snowball war was held. Afterwards we planted the Tree of the project and, immediately afterwards, a "party" was held with their typical dances. After the party, pop time, we returned to the houses and everyone prepared for the departure scheduled for the next day.

MICHELE VIGNOLA

# 10 march 2018

I woke up, I went to the airport, I took the plane and at 9.30 I landed in Frankfurt, from here I took a second plane and landed in Naples, from Naples I took the bus and I arrived in Picerno. There I found my father happy and smiling. Arrived home I unpacked the suitcase and greeted my loved ones. I thought back to all this experience, which made me grow and was unique.

Luigi Amodeo

All in all the experience was very nice that has contributed a lot to helping my English ...

I hope that in the future we can experience the genre again because they form the character, foster friendships with young people from other countries but above all they are a great stimulus for learning English. Best regards and thanks for everything.

MICHELE VIGNOLA