

MANUAL OF GOOD PRACTICE



EDGE – EQUALITY, DIVERSITY, GENDER, EDUCATION

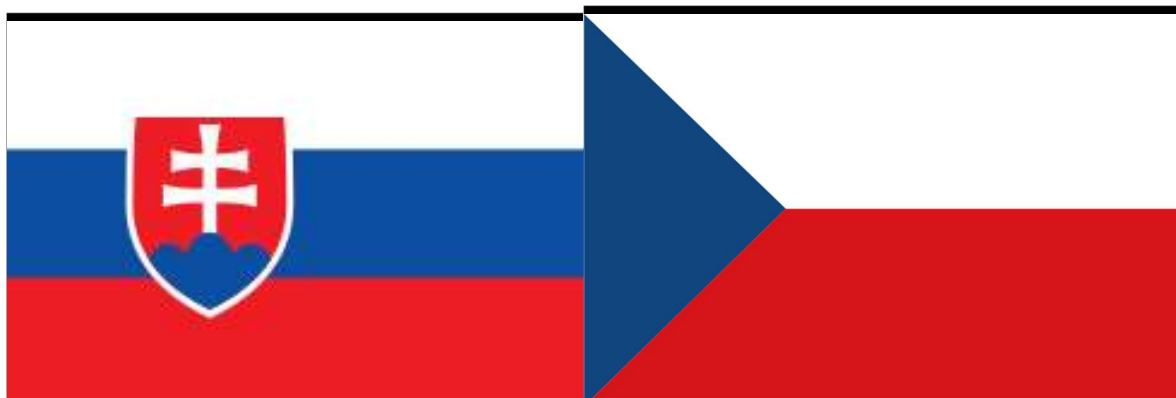
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SPAIN

Our first meeting took place in Spain in November 2018 and it was an amazing experience. We had so much fun and made new friends, saw beautiful sights, tasted new food...



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Short-term student exchange

12th to 16th November 2018

Mairena del Aljarafe, Spain

Mairena del Aljarafe is a [Spanish municipality](#) in the [province of Seville](#) , [Andalusia](#) . In [2017](#) it had 45,471 inhabitants. Its surface area is 17.7 km² and it has a density of 2,569 inhabitants / km².

<i>Mairena del Aljarafe</i>	
<i>municipality of Spain</i>	
<div>   </div> <div> flag Shield </div>	
<i>country</i> <ul style="list-style-type: none"> <i>Com. autonomous</i> <i>Province</i> <i>Region</i> 	<div>  Spain </div> <div>  Andalusia </div> <div>  Seville </div> <div> Aljarafe </div>
<i>Mayor</i> (<i>2015</i>)	<i>Antonio Conde</i> 1 (<i>PSOE</i>)

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THE FIRST DAY IN SPAIN



As I said many times about the experience in Spain – it felt just like home, even from the first day there. Despite the rainy weather, it was such an awesome day. First, we went to the school and we saw it for the first time and I have to say that everyone made us feel so welcome. We got to know each other for the first time in real life and the teachers from each country introduced their team. The Spanish team had prepared for us a music performance which consisted of three students from the arts branch playing some lovely songs on the violin; and we also played a funny game where we had to recognize different songs from the different partner countries. Then, each team introduced their country through a Powerpoint presentation/video. After breakfast at school, we went to the town hall of Mairena del Aljarafe where we learned some things about the town and its history. After lunch, it was time to go to Seville for a wonderful bike tour in the city – to be honest, this was one of the things I enjoyed the most in the whole week because I love cycling and it was so nice to discover

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for the first time the city of Seville.



That being said, the first day was totally amazing – arriving for the first time at the school, getting to know for the first time the teams in real life and seeing for the first time Seville.



By Vasile Ferariu

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First day was amazing. We started being polite with boring speeches, from our assistant principal Lola and the Spanish coordinator in several languages with an awful accent.

But music changed everything. We stood up and tried to guess songs in all languages, even in Silesian... Spanish girls introduced "Macarena" and everybody danced. We even heard the European anthem. I forgot that we were delighted with a piece of violin music by three amazing students. The second part was related to our ppt. We enjoyed our students' work and their shared information

By Juanma Gonzales Canales



TUESDAY

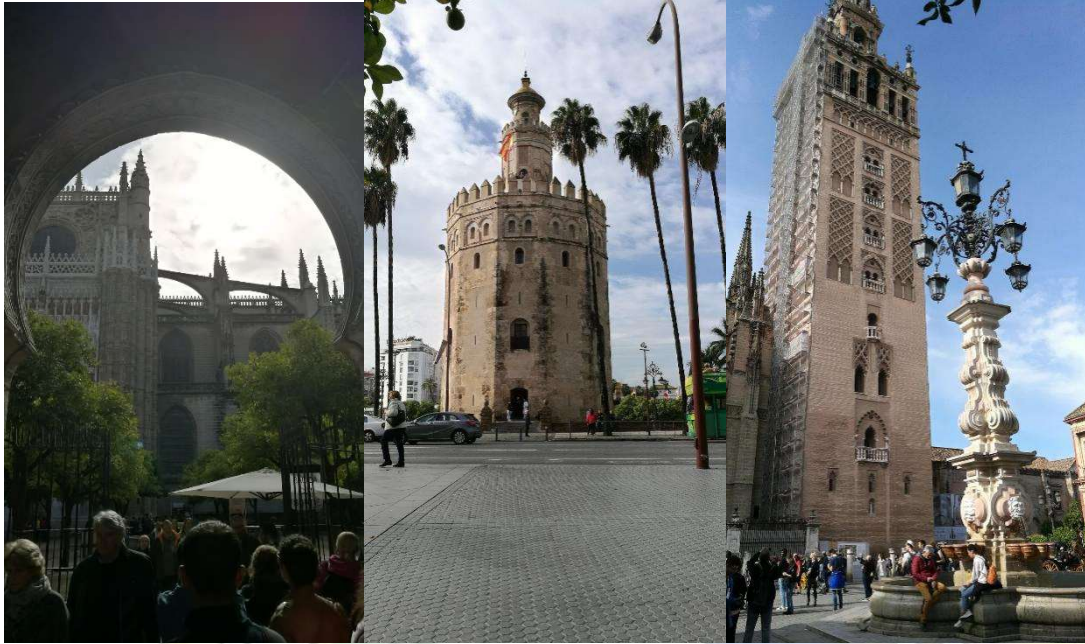
On 13 November at 8:00 we all gathered outside the Hotel 'LUX' in Mairena. Then we went to school. Beyond the main entrance, now in

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the courtyard we were nicely greeted by local students. The school is very different from Polish standards. Very colorful, lively, full of positive energy. In school we were welcomed warmly by the principal and our Spanish coordinator Mr Juanma Gonzalez Canales. After a short welcome we went to the Conference room for the official greeting of all the teams and their presentations. Each of our team represented something about our country, region, city and school. After the official part we went to the canteen to eat breakfast and get to know people from other countries through conversations. After breakfast break, following the schedule we managed to visit Seville with guides or teachers from school in Mairena: Rosario Rueda and Eva Marquez. The tour we started from the banks of the river where there was a military outpost known as the Torre del Oro. After some time we got to the center of Seville, in which you can notice the Cathedral of the Blessed Virgin Mary. This is the largest Gothic church in the world and is on the World Heritage list. At 1:30 we had lunch planned in "EN LA ESPERO TE ESQUINA". After a very tasty lunch was waiting for us another attraction, then tour the Reales Alcázares, which is located in beautiful gardens. An interesting fact is that in these gardens filmed scenes from the popular tv series "game of Thrones" which greatly increases the curiosity of visiting this place by fans of the series, but not only. Gardens were an extraordinary place, as if totally cut off from the hustle and bustle of the city. Felt there calm and you can move your thoughts in a different world. After a long sightseeing in these gardens began to get darker and we headed back to the hotel. So I just ended up this extraordinary day.



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WEDNESDAY

On Wednesday in the morning we were on 15th Film Festival. We saw a film “Jellyfish” and had a meeting with a director. The film was about difficult life of a teenager with a mother in deep depression. Film was very stirring and after watching you could recognise that our life problems aren't important and aren't real problems compared to problems of the girl in the film. I really like that film and I recommend you watch it. After this we went to Plaza De Espana with is a big square, cathedral, fountain and monuments. We visited a Museum Of Art where we could see and know better a culture and art of Spain. In the afternoon we had lunch in the restaurant where we tried some traditional food for example croquettes or salad with shrimps. During the dinner we could talk and integrate with each other. Next we were sightseeing a main square and had a walk in the town. In the evening we came back from Seville to Mairena to our hotel and spent the rest of the day together with games and fun.

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THURSDAY

In the morning we went to an ancient Roman city. Italica was founded in 206 BC by the African Scypion. We visited the ruins and remnants of the mosaics. Then we went with everyone to the park. Older students from Spain were waiting there for us. They prepared for us dances, sports and integration games. It was a wonderful meeting. Then we went to flamenco evening, which was exciting and delightful. The dancers had wonderful costumes, live music played in the background.

This day was incredible. I met some interesting people.



FRIDAY

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It was our last day of the first meeting. We spent it at school in Mairena. At first we had an integration with our exchange's friends (some kind of sports activities). Then we had breakfast and later we had classes (English or Art) and at the same time our teachers had their own meeting connected with etwinning. Later we had a photo session with some props and lunch. At the end we were very sad because of the last day. We all said goodbye to our friends and we hope we will meet very soon.



Students' and teachers' impressions:

Paulina:

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I really enjoyed time in Mairena and in Seville. It was really a great experience. I met fantastic people and saw amazing places. Now I know what lessons look like in Spain or even I could compare my school to Spanish school. I would like to come here again with Erasmus+

Lena:

This project gives me a lot of new experiences. My English got better, I'm more confident and open towards new people. I visited and learnt many things about new country and culture. I met fantastic people and made friends with them. I'm glad that I could take part in this exchange and learnt more about our world.

Maciej:

That week was awesome. We could learn to tolerance and socialize with the other. By the way we could sightseeing beautiful country and met interesting and lovely people. I will miss that time.

Kinga's:

This exchange was fantastic. At first i was afraid to speaking with each other. But I made many frendships. People were fantastic. I got to know a new country and culture. I look forward to this exchange.

Mikołaj's:

This project is very controversial and couragous. It teaches us first of all tolerance. Let us meet new people, it is so interesting. I understood that none of us should judge anyone.

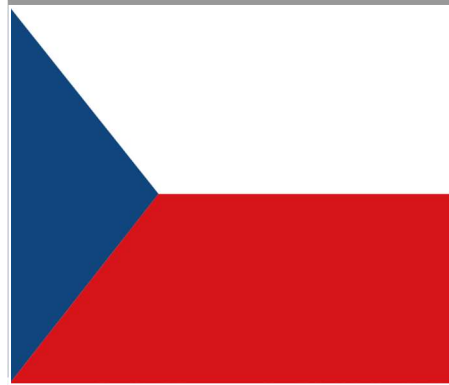
Izabela:

An inspiring trip and unforgettable place, full of history, a rich one and magic power. We learned real integration, understanding, tolerance and explored a lot during the week. Thank you for hospitality and wonderful friendships we made.

Julita:

An awesome feeling I experienced visiting Seville and the nearby areas. Our meetings were fantastic and we got know a lot od experience.

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CZECH REPUBLIC

1st - 5th April 2019
Havířov, Czech Republic
2nd short-term student exchange



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HAVÍŘOV

Havířov is a **medium- sized town** in **Moravskoslezský kraj** in the **Czech Republic** . It was built in 1955 and is located in the Moravian-Silesian industrial area (Ostravsko-Karvinsko).

Havířov is located at the confluence of the **Sušanka** and **Lučina** . In the north it borders on the mining **regions Petřvald** , **Orlová** and **Karviná** , in the west on the municipalities **Šenov** and **Václavovice** . The landscape is slightly hilly and intersected with brook and river valleys. From the west to the east the landscape crosses the railway connection and trunk road Ostrava - **Svinov** to Český Těšín. A densely populated residential area runs along the trunk road.

Havířov	
Basic data	
State :	 Czech Republic
Region :	Moravskoslezský kraj
District :	Karviná
Area :	3207 ha
Height:	260 m nm
structure	
Status:	Statutory city
Districts:	8th
administration	
Mayor :	Jana Feberová (as of 2016)

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MONDAY 1st April 2019

The day started with us leaving the hotel and going to Gymnázium Komenského Havířov where we were warmly welcomed by the school with a nice performance of the choir.



Then, we continued with presentations about our countries, we worked on the Historical Background topic so we talked about historical personalities, the right to vote, women in politics and the history of education.



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We participated in lessons of French and English. We answered some questions about Czech Republic. We made groups of 4 people where 1 of each group had to draw something listening to the teammates' instructions who were describing a picture which the one who was drawing was not allowed to see. It was really funny and interesting. After leaving the school, we took part in a very fun activity, using an interesting app created by Anezka. We had to look around the Minor Statue in front of the school for a small paper where the first code was hidden. We had to introduce it in our phones so we could look for the next hint. In this way, we had the first chance to visit lots of interesting and good looking places around the town.

At every step we made, we had to accomplish some tasks before moving forward:

- we had to take lots of selfies in front of different buildings;
- we had to ask strangers about their toothpaste color and other crazy things like this;
- we played a funny game where some of us had to stay upside down, with the head on the ground;
- we had to draw different buildings only using our mouths.



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At the end of this activity, we participated in a picnic the Czechs organised for us. We ate a lot and, after that, we went to a shopping center and bought even more food or some clothes.

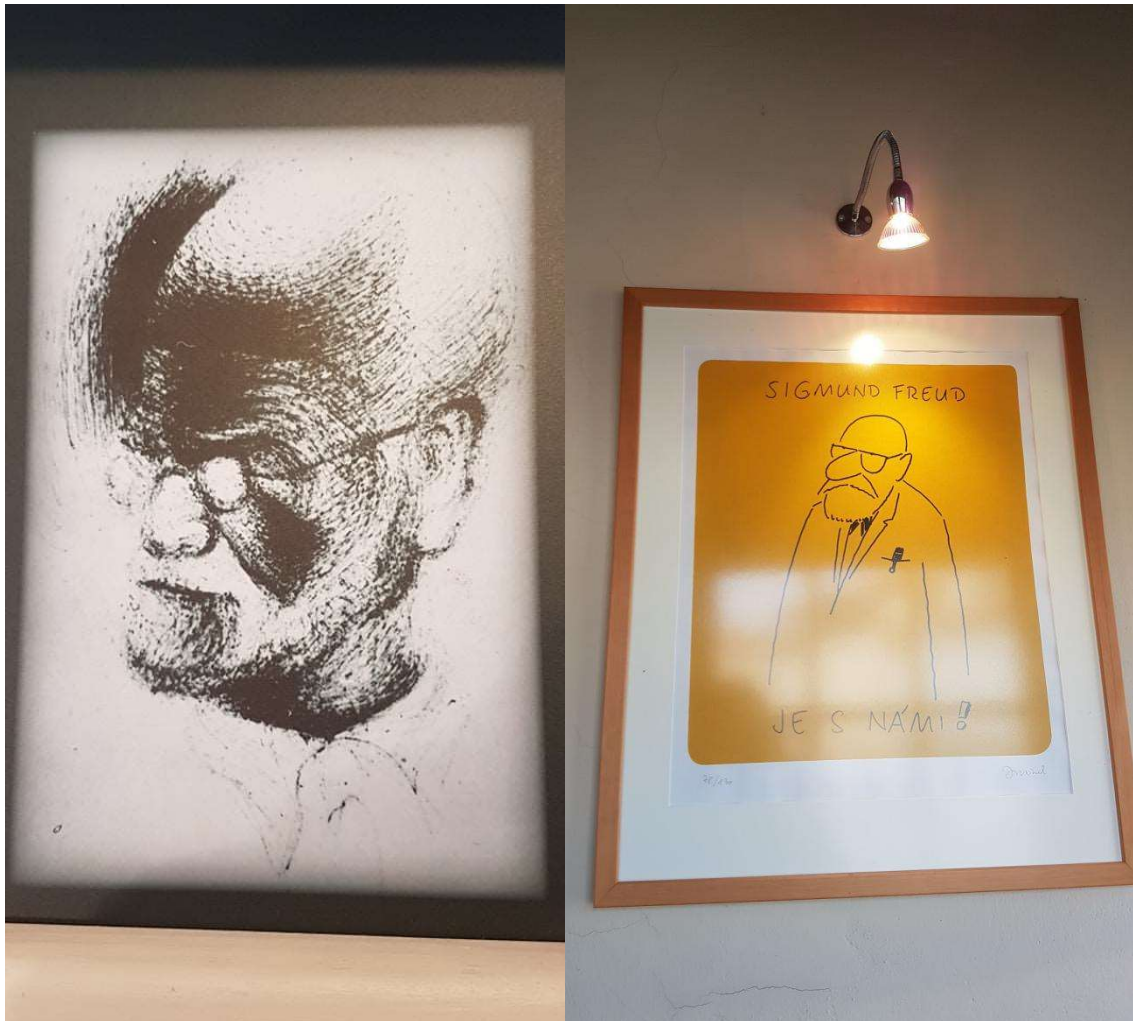
In the evening, after having lunch at the restaurant, we went back to the hotel, went to bed and waited for another amazing day to start.

TUESDAY 2nd April 2019

We started our day with the arrival to Pribor where we visited the museum of Sigmund Freud.



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We had to go in two groups because the museum was too small for all of us. Everybody was either on a short walk and in the museum. We also had a chance to climb on a belfry where we could use the bells.

Then, at 1 pm, we arrived to Frydek-Mistek where we went to the Marlenka Factory. We had a chance to try traditional sweets and watch how the employees produce them.

GENDER EDUCATION

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Then, at 3 pm, we arrived to the brewery Koniček. We got to know a formation process and we could try Czech regional beer. We got special beer glasses and we could buy beer from there as a gift for our parents and friends.

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It was great to see a beer production place inside. The brewery was too small so half of us were playing outside.

WEDNESDAY 3rd April 2019

On Wednesday morning we went to Ostrava, we woke up quite early to take the train there. First, we went to a short movie festival and we watched a 50-minute-long documentary about the sequels that global warming is already having in the world. Then, we visited the former steel factory and we climbed up to the top thanks to a guided visit and we saw very beautiful views of the city. After that, the group was given the opportunity to choose between going to a shopping centre near the train station or going to a science museum next to the factory. Both experiences were good and enjoyable for the ones who chose them. After that, unfortunately, we had to take the train back. Lastly, we went to a restaurant for dinner, there we ate chicken and mashed potatoes, and we drank the not so popular water with lemon.

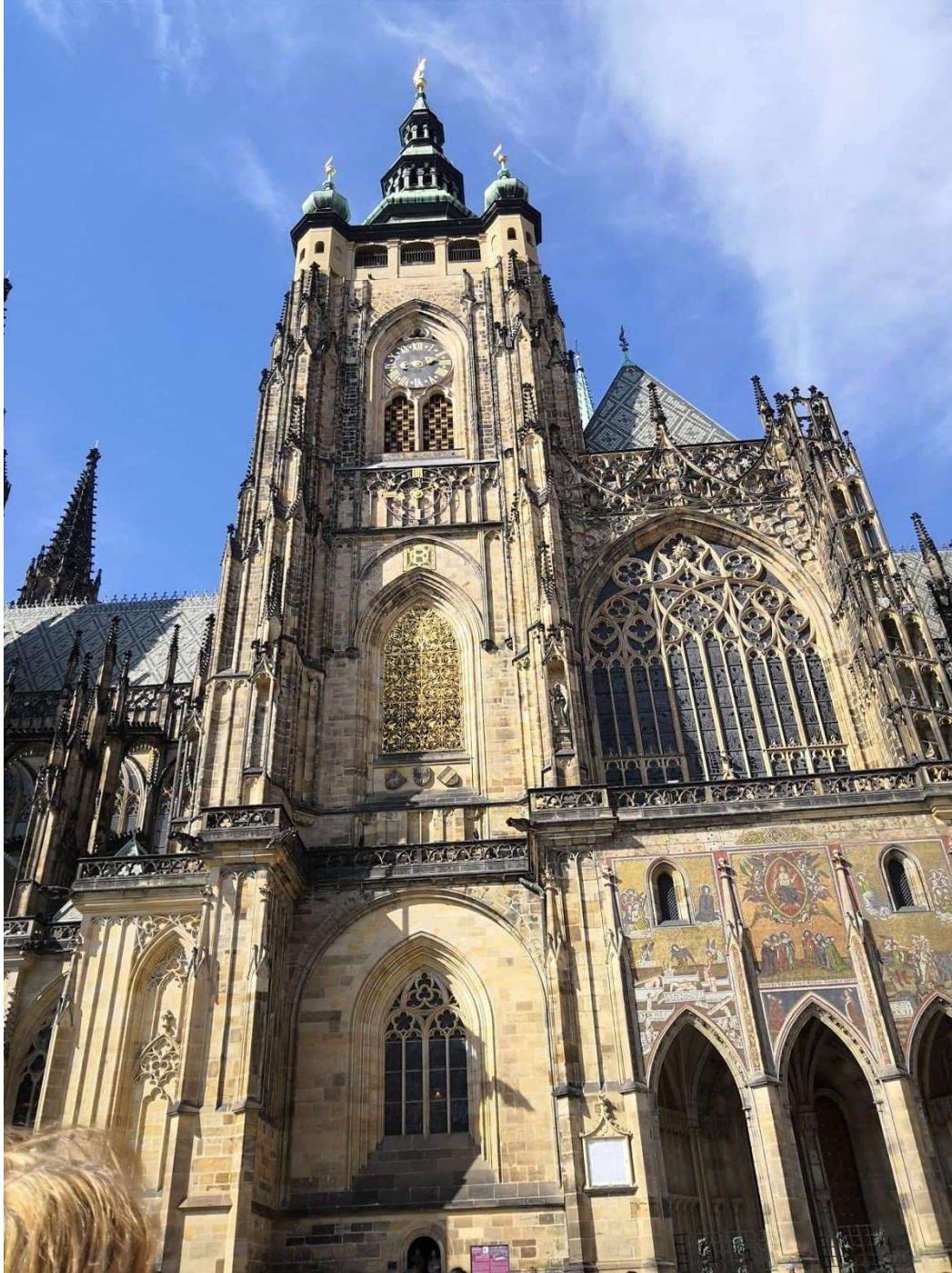
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THURSDAY 4th April 2019

On Thursday morning at 6:50am we started our beautiful but at the same time tiring trip to Prague, the capital of Czech Republic. We spent around 4 hours travelling by train to get there. We got out of the train at 11:20am and after that we went to see the most beautiful and popular tourist attractions. We saw the Wenceslas square, walked through the Old Town Square where we stopped by to have a look on the very famous Astronomical clock. At 12:00 we saw figures which were changing their positions. After that our steps lead on the Charles Bridge where we enjoyed the delightful scenery. We went up to the Prague castle and then to St. Vitus Cathedral. At the end of our Prague trip we just walked through the city. Although it was a really exhausting trip we came back to Havířov at 21:30 with wonderful memories of beautiful Prague.



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FRIDAY 5th April 2019

we woke up and we met at the school at 8.45, then we started to work with twinspace the we made a few questionnaire. At the same time TV came to make a short interview. After the workshops we had lunch in school canteen.

In afternoon we made a few activities outside the building because the weather was beautiful, then we went to the bowling at 18. our last activity for friday was common dinner and free time.



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The results of the questionnaire

1. What was the BEST experience this week for you?

my best experience are going to prague in train , i can use the time on the train for know more the boys and the girls near to me in the train

The best experience was sightseeing in Prague.

Everything was great, I especially very enjoyed the trip to Prague

The visit to Prague

Tasting local Czech beer and some sweets from Marlenka factory.

For me it was trip to Prague and finding new friends.

sightseeing in Prague, tasting Czech beer and meeting new people

The visit to Ostrava.

can not choose 1

Meeting intersting people, visiting new places (Marlenka factory, Dolní Vítkovice).

everything

It was very difficult to choose one, but I think that our visit in Praha.

I cant choose because all the experiences were THE BEST

The BEST and most amazing experience for me this week was the trip to Prague where we had the opportunity to see the capital and its beauty. We got the chance to walk around the most beautiful parts of it and enjoy the great views.

The best experience is visit to the Museum of Sigmund Freud.

meeting new people and getting to explore the country together

For me, the best experience was the visit to Sigmund Freud's house. I am interested in psychology so it was an awesome experience in my opinion.

everything

meeting my friends, music lesson

seeing again my freinds from excgange in Spain and meeting new members of this project and music lesson.

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2. What was the WORST experience this week for you?

my worst experience was wait at the restaurant but its ok why i can spent time with my team

Nothing was bad.

The moment when we had to say the last goodbye to each other on Saturday

The visit to the steel factory

I had fun evert day

Nothing, everything was great.

guide who speaks only Czech in Unesco zone

It will probably be having to leave.

theres any one

Long journey to Prague.

nothing

I think that it is going to be say goodbye to my friends.

Drink water with lemon

There was no bad experience for me this week, everything went perfectly fine.

The worst experience is the participation in lessons of french.

trying to start conversations on the first day

I haven't had any bad experiences, everything was amazing.

Barča's lost wallet

everything was great

Everything was great. I honestly nothing came to my mind.



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3. What would you prefer to do during the next meeting? What would you change?

i don't change anything

I would like to see more interesting places and have more time to integrate.

I would like to do more activities like playing bowling f.e. as we did on friday evening

I would like to take part in more activities for teens, like a ride on bicycle, or a ride by boat on a river.

Less walking, more free time .

Do a lot of teambuilding activities and visit interesting places. Just like Prague.

more free time for integration

I would like not to be in a rush, like we were in Prague.

more free time

visit interesting places, try some local food

more time for sightseeing

I would like to spend more time with the friends from the country in which I am.

The water with lemon jajaja

Maybe try more traditional food.

I would change the wake up time.

there is nothing i would want to change, i really enjoyed my time

Everything was awesome so I don't want to change anything.

Program si very well planed every time

i want to more talk with other, new people in this project

Time with other students.

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4. What do you think is the most attractive thing about your work on this project? Are you good at working in Twinspace?

the most attractive thing was the cooperate with the new friends C:

The most attractive thing about mzs work on this project is taking photos on exchanges. I think yes.

Meeting new people and having fun with them during the week, visiting interesting places

I really enjoy to work in groups. The Twinspace site is pretty hard to use, but it is cool.

The most attractive are people. I think so

Meeting new places, friends and cooperation with them. I do not think I am good at working in Twinspace.

the most interesting is meeting new people, improving our English and seeing new places
I am not good at working in Twinspace

I really like being able to see what the other countries are doing while they can see what my team is doing.

make an interview for the presentation

Learning new things, discussing about interesting topics.

i think yes.

I think that it is that we can work together been in different countries. I think that twinspace is a really good idea to work.

In my opinion the most attractive is to work online with the others countries

The most attractive thing would my work be the constant involvement and communication on the Facebook group and on the Twinspace page and the presentations I have done in collaboration with my colleagues.

The most attractive thing about this work is the questionnaire and the hangman game.

i enjoy learning about different people and cultures, i like making new friends and exploring the world

I think the most attractive thing I did was the presentation about important personalities. I think I am pretty good at working in Twinspace.

Reading projects

looking at the history and opinions of other exchange countries

Getting to know interesting facts about other partners countries.

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5. Add any comment you think might help the coordinators to improve in their work on the project.

we need more free time or a space for expend more time for know the people , and mix the teams at the rooms for a new experience

I think you can do more integrating activities.

Maybe a "team-building" can be a really nice activity to do at the start of the meeting :D

We want to have more fun, not so many museums to visit, more interactive stuff meant for teens.

I really enjoy this week

Do a lot of teambuilding activities.

everything was great

Next time, you should have in mind that we would rather see less things if it meant not being in a rush 24/7 and at least seeing a few things well. Apart from that, I think the meeting and organization were great.

we think that they know what to do

Make more teambuilding activities.

dinner

I think all is ok.

I think that the coordination was perfect

There's not much I can add.

I don't know

i think more creative activities or those where we talk about our interests could help the pupils feel a bit less shy, but i do not have anything in particular that i feel that needs to be changed. the coordinators are doing a great job

Keep up the good work, you're amazing!

Everything is going well so far, i do not see any imperfections.

This project and exchanges learnt me so much and I am so thankful for that. It is all because of you and your hard work in this project. Thank you.

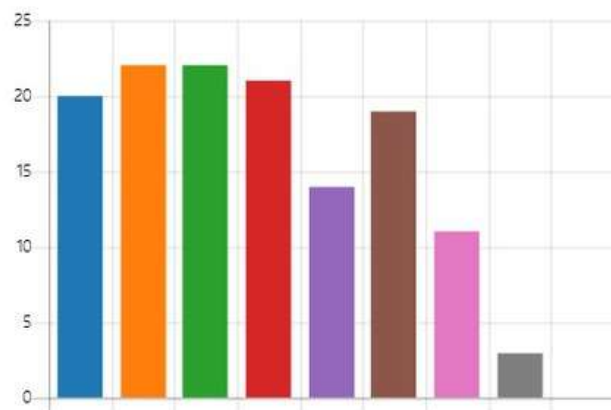
This project is one of the best things. It learnt me so much and that is all because of your hard work. Thank you.

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1. During the short-term student exchange in Havírov, Czech Republic I have:

[Další podrobnosti](#)

found out some new informati...	20
made new friends	22
had fun	22
seen a lot of places	21
tasted local food	14
spoken some words in Czech	19
fallen asleep on the train	11
missed my parents :-)	3
felt bored most of the time	0



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SLOVAKIA

23rd - 27th September 2019

Martin, Slovakia



3rd short-term student exchange



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MARTIN

Martin is a Slovakian city in [central Slovakia](#) . It has 54,168 inhabitants (as of December 31, 2019) and is the center of the [Turz](#) region and a historically significant cultural center of the [Slovaks](#) . Martin is the administrative seat of [Okres Martin](#) within [Žilinský kraj](#) .

Martin	
coat of arms	map
	
Basic data	
State :	Slovakia
Kraj :	Žilinský kraj
Okres :	Martin
Region :	Turiec
Area :	67.736 km ²
Residents :	54.168 (Dec. 31, 2019)
Population density :	800 inhabitants per km ²
Height :	395 m nm
Administration (as of November 2018)	
Mayor :	Jan Danko

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Monday 23rd September 2019

We arrived at GVPT and we finally got to see our Slovak friend's school, we enjoyed some entertaining from the folclor dancing club, and after that we took part in a class, where we were divided in teams and we had some activities.

After that our friends from Slovakia prepared a little treasure hunt that was meant to make us familiar with the town, by going around the city looking for famous places that had some clues that were leading us to solving an equation. The solution of the equation was a number that opened the lock and we had some prizes there. After that we enjoyed some free time with our Slovak friends, it was one of the best experiences from this week.



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Tuesday 24th September 2019

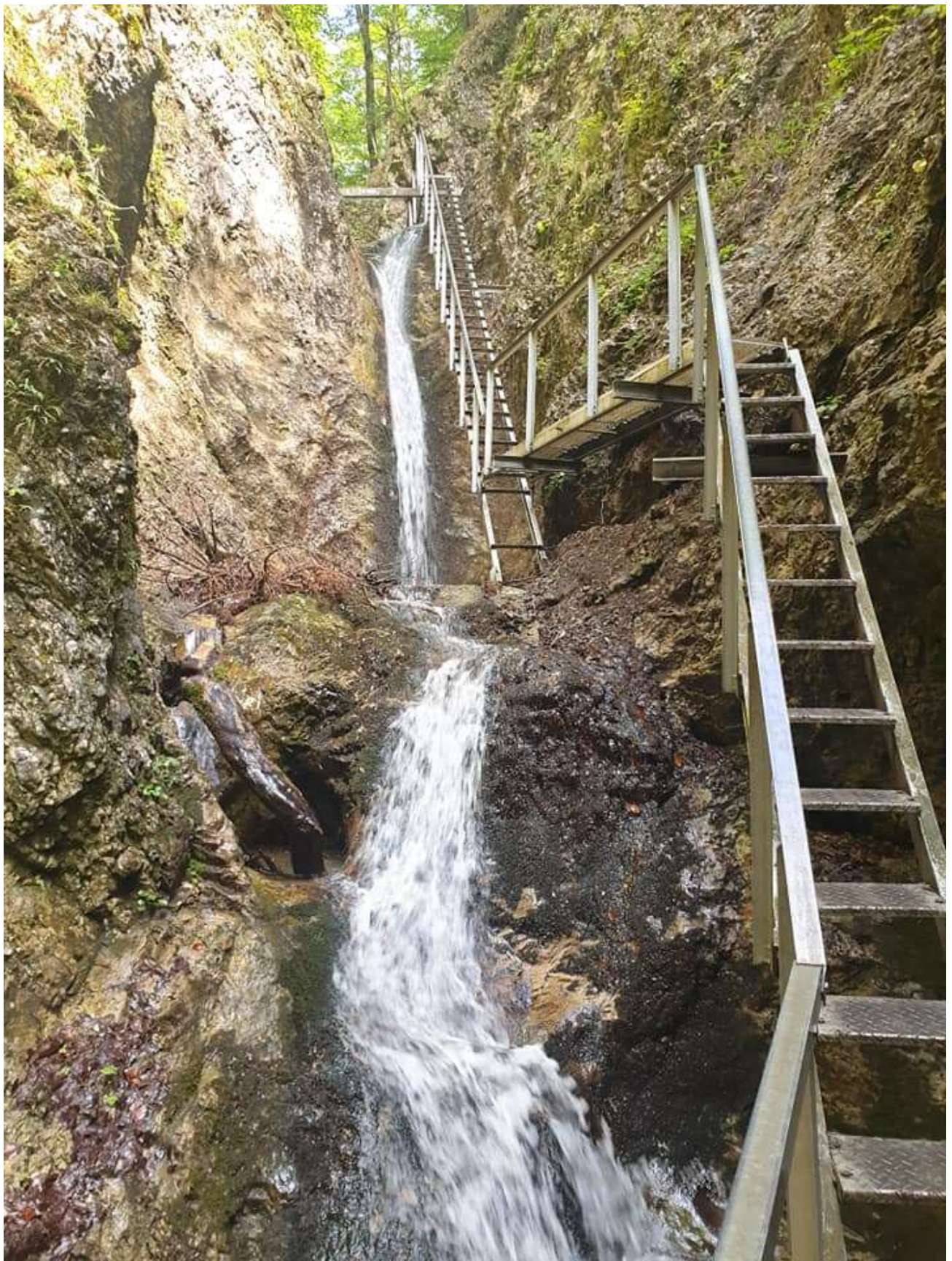
We visited Strečno castle and got to know a lot about that place thanks to a great guide, who told us almost everything. After this experience we moved to Jánošíkove diery and we had there a great time, even though the one hour walk became more like a three hours long survival game. Thankfully at the end of the day all the teachers and the students were okay and came out of it fortunately with no injuries. Exhausted and hungry we arrived to the hotel and we had there dinner. Then we were relaxing and looking forward to the next adventure.



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Wednesday 25th September 2019

On Wednesday we got up later and I think everybody was glad. Then we went to the Bojnice castle and it was really nice. We got to know a lot about this place, because we had a guide who told us many interesting informations. Then we had all the afternoon free so we rested and went to the supermarket.



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Thursday 26th September 2019

On Thursday we got up early and we went to the ice cave. It was a fantastic experience, We could see the ice in the cave and beautiful nature.

Then we went to štrbské pleso, and even it was just for a while, it was really nice and the view was beautiful

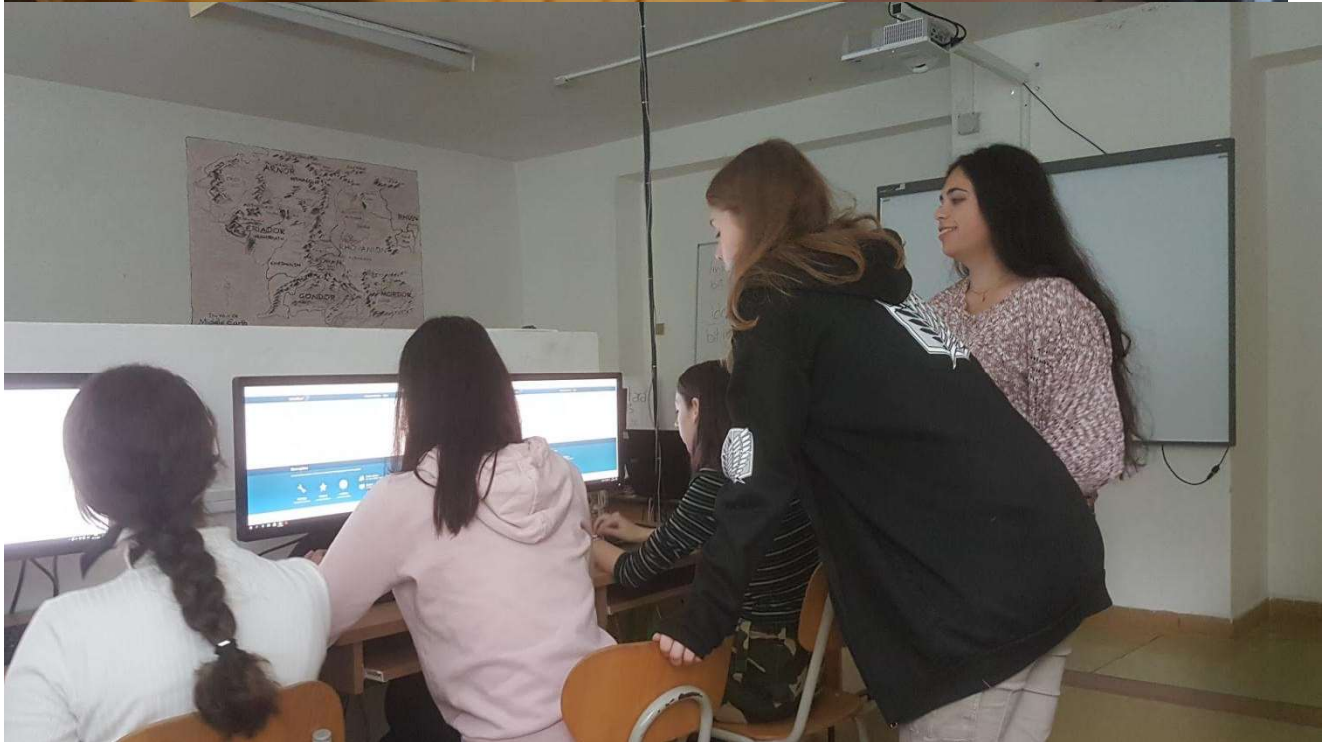
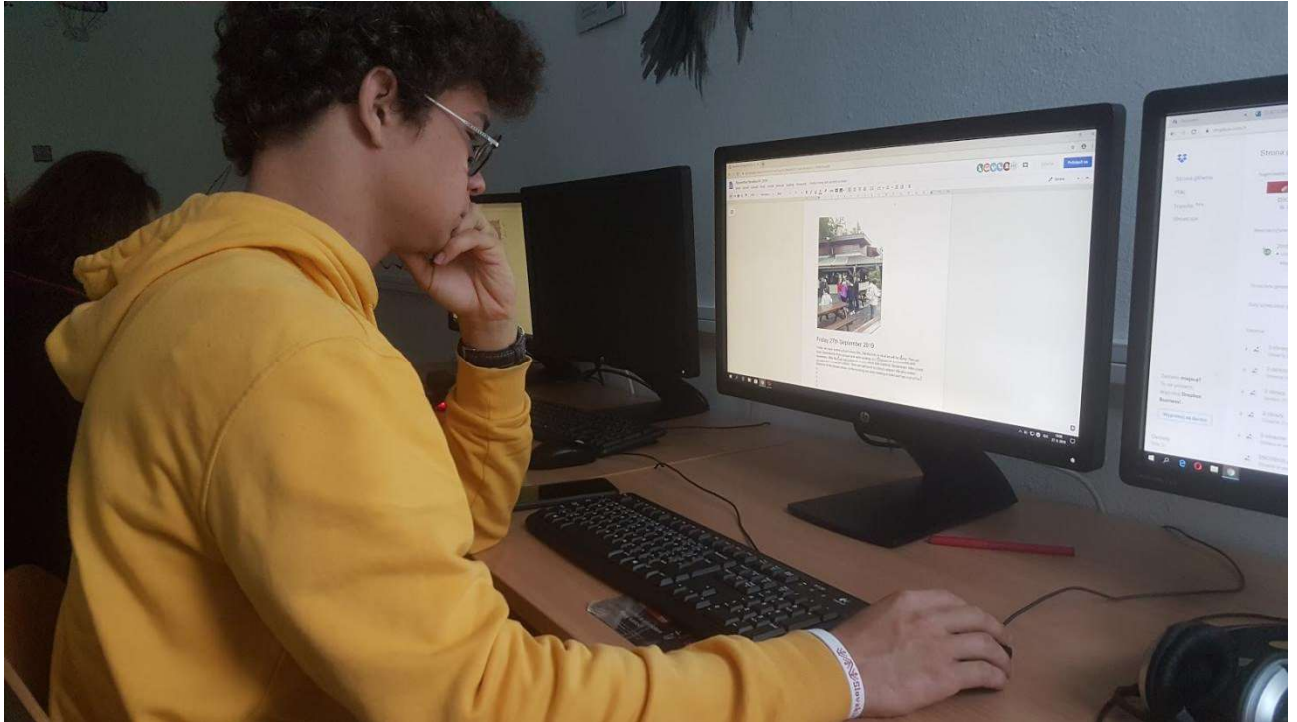
After a really good lunch, we went to the Aquapark and it was a very funny activity



Friday 27th September 2019

Firstly, we have visited the school where Mrs. Zdenka told us what we will be doing. Then we have separated to three groups and went working in I.T. classes at the questionnaire and newsletter. After this, we had a time for snack, which was made by the Slovak team, for example homemade cakes, they were delicious! After the snack we were presenting our comics. Then we had lunch in school canteen. We also visited Museum of the slovak village. In the evening we were chatting in hotel and had a lot of fun. Also we had to pack because on saturday we had to leave this beautiful country. We already miss our friends but it was a great experience.

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The results of the questionnaire

1. What was the BEST experience this week for you?

The best experience for me was visiting the ice cave and the AquaPark.

Janošíkove diery

meet a lot of new people from other countries and explore new places

Explored new places and meet new people.

Swimming in Baenova

I think it was meeting new people. It is always a challenge.

climbing at janošikove diery and swimming in basenova aquapark

Talking with new interesting people in english

the places that we visited

For me the best experience was visit in Bojnice Castle and hiking in Jánošíkové diery.

Aquapark Bešeňová

The best experience for me this week was when we went hiking and saw the ice cave.

The best experience was the visit of the Bojnice castle and the hiking

visit Bojnice Castle

Bojnicky castle

The places that we had visited

It is very much experience for mine this week , but visiting lake, castle and

The best experience at this week for me was spending times with new friends, seen interesting places and learned things about Slovakia.

We climb a mountain and also I have a lot of fun making new friends and learning about Slovakia .

I made a lot of new friends and also have a lot of fun for example when we have to climb on ladders in Janošikovy diery. Every day we have a lot of fun in hotel in the evening. I am also glad that I could get to know Slovak culture and I find that is really similar to Czech culture. I have never been bored, because there is so much things to do. Slovak friends take us to interesting places and made this week incredible and I am glad that I could be here.

The best experience was probably the Aquapark visit in Bešeňová, because I tried some new activities I've never tried before.

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All exchange was amazing but in my opinion the best day with all attraction is Thursday , because we have fun in Aquapark , and I love a water

All exchange was amazing, but I think Wednesday was the best day for me, because I love architecture and Bojnice Castle is one of the interesting Castle I ever seen.

The best experience for mine this week is very much so pretty.

Friendship, education

What was the WORST experience this week for you?

Everything was amazing this week, I didn't have any bad experiences.

Bojnice castle - interesting but quite boring

its really hard to find still water

The water with gas and lemon.

Dinner on school

Nothing. I love it all.

not enough time to sleep haha

There wasn't any bad experience

In the free time, the Slovak team didn't do activities with the others teams in the afternoon and it was very bored the afternoons

City game with a Slovak guide.

Ice cave- it was very cool, but the tour was kinda boring and also you could not hear anything, but the place on its own was very interesting

I didn't have any worst experience. Everything was fun and exiting.

More plans at the afternoon

City game with a Slovak guide

Janoskove holes

I don't know

The worst experience this week for mine I was a very pretty.

It was not an initiative or a bad thing that can happen.

I don't have a worst experience this week .

I have not bad experience here.

The worst experience was climbing up and down the muddy hill in Janoškově diery- we had to do that in order to proceed on our trail and the trail there was under reconstruction.

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I think Thesday we was so tired and this day is hardest ,but i think is not worst experience

I think Tuesday is the hardest day on this exchange, but I think was not the worst experience.

The worst experience this week for mine I was a very impressed in Slovakia.

No such an experience

What would you prefer to do during the next meeting? What would you change?

Nothing, everything was perfect.

more icebraking games

I prefer to get up little bit later

I prefer have more activitis with students at afternoon.

everything was fine

I wouldn't change anything.

idk, everything was fine

I would play games for get to know each other.

More activities in the afternon

longer sleep
more funny activities
more local food

If hiking, maybe i would prefer if on the end there was something like a top of the mountain or a cool view, so that when it is difficult, you get some reward in the end. Also i know that museums are part of the history, but normaly they are the least interesting.

Well, i woundn't change anything because everything was perfect.

The activities from trhe afternoon

longer sleep hours

More plans at the afternoon.

The local team will prepare some activities or go with the others teams to shopping

I would prefer to do during the next meeting in Slovakia, but I love thisw persons.

I would not want to change anything. I like a lot all the activities we did.

I don t want to change nothing because we have a lot of fun learning, playing games and visiting a lot of turistical places .

Im contented with organisation and I think there is nothing to be change.

MANUAL OF GOOD PRACTICE

I would like to do less hiking, maybe visit local cinema or theater (see ballet or orchestra).

I would like to have a more time to meet other persons of other nationality, but I think that the great time

I think that this exchange was complete.

I would prefer to do during the next meeting, but is very much persons in Slovakia. I don't change.

Nothing

What do you think is the most attractive thing about your work on this project? Are you good at working in Twinspace?

Yes, I am used to work on Twinspace, the most attractive thing in this project is the huge amount of quality information.

I try to be

the possibility to meet new cultures

Meet new people and learn about different cultures.

I am not good at working on the Twinspace

I love meeting new people. Twinspace is very chaotic for me.

I am not good at working on a twinspace.

I think it is a really good experience for us. We can improve our English skills and use them in real life. We can also know more about another cultures and it is always really interesting. We make new foreign friends and I am really glad that I can be part of it.

I can improve my English and visit other places

I think the most attractive thing about my work is quiz about all project's countries. I hope I'm good at working on Twinspace but I'll try to do more.

I think meeting new people with different culture and customs and also learning about interesting topics. And no I do not think I am good with twinspace.

I would like for other people to say what they think about my work. I think I am pretty good at working in Twinspace.

The most attractive thing was the comics, because was funny made it and with the comics we can show the others countries a lot of interesting and important people from our country

work in quiz about all projects. I'm good at working in twinspace

I think that the most attractive thing that I work on this project was female on the politics. Yes though sometimes is difficult.

I don't know exactly

MANUAL OF GOOD PRACTICE

I think is the most attractive thing about work in this project, but I meet you news students. I don't working in Twinspace.

I can improve my english.

For me the most attractive thing about this project was to try to talk in english with my friend , to try to climb a mountain , to swim and of course to visited new places .

I think that the most attractive thing is that I can meet people from different countries and also make new friends.

I'd say that the most attractive thing is the communication, because normally I use my english passively while watching movies or TV series online and I think using english actively is just as important as using your native language. It's like that saying: Use it or lose it.

Yes i think thet twinspace is the good platform for students and teacher. This project is amazing , , i have a good time in this project . learn a lot of new thinks in this project and meet amazing people.

Yes I think that Twinspace is the good platform for students and teachers. This project is very intriguing and important for me, because I think people should learn about toleration and now on the world is a lot of conflicts and maybe people never learn anything, but we must try learn them

I think is the most attractive about my work on this project.

Yes, I am. Our long cooperation.

Add any comment you think might help the coordinators to improve in their work on the project.

Everything was perfect.

It was ok.

be more time in groups

Be more times with group

I love slovakia

I don't think I have any comment.

<3 Love you guys!

Just keep working on this projects, beacuse it is really awesome.

We didn't have a lot of time in the activities, we did all very quickly and I couldn't enjoy the activities

more talking with students about their thoughts

i think it is pretty hard to organise it, so that everyone likes it, so i do not have anything to add to the organisation

MANUAL OF GOOD PRACTICE

It's alright to make mistakes because everybody makes mistakes. You are great the way you are. You did a great job, i couldn't be happier.

the distribution of the activities, in the morning we do a lot of things and sometimes in the afternoon we were bored

change plans

More integration because some people are always alone or in small group. I think that it is an amazing opportunity to know new people.

They should do more interpersonal activities for the students

Nothing comment.

Keep it that way, you are the best!

I don't have any comment for the coordinators because everything was great.

I think that everything is great and I would like to thank for such an amazing organisation.

Do less hiking, do more culture stuff- not castles or museums, but cinemas, theaters with orchestra and stuff.

I don't have comment

In my opinion everything was the best

Nothing comment.

Everything is perfect



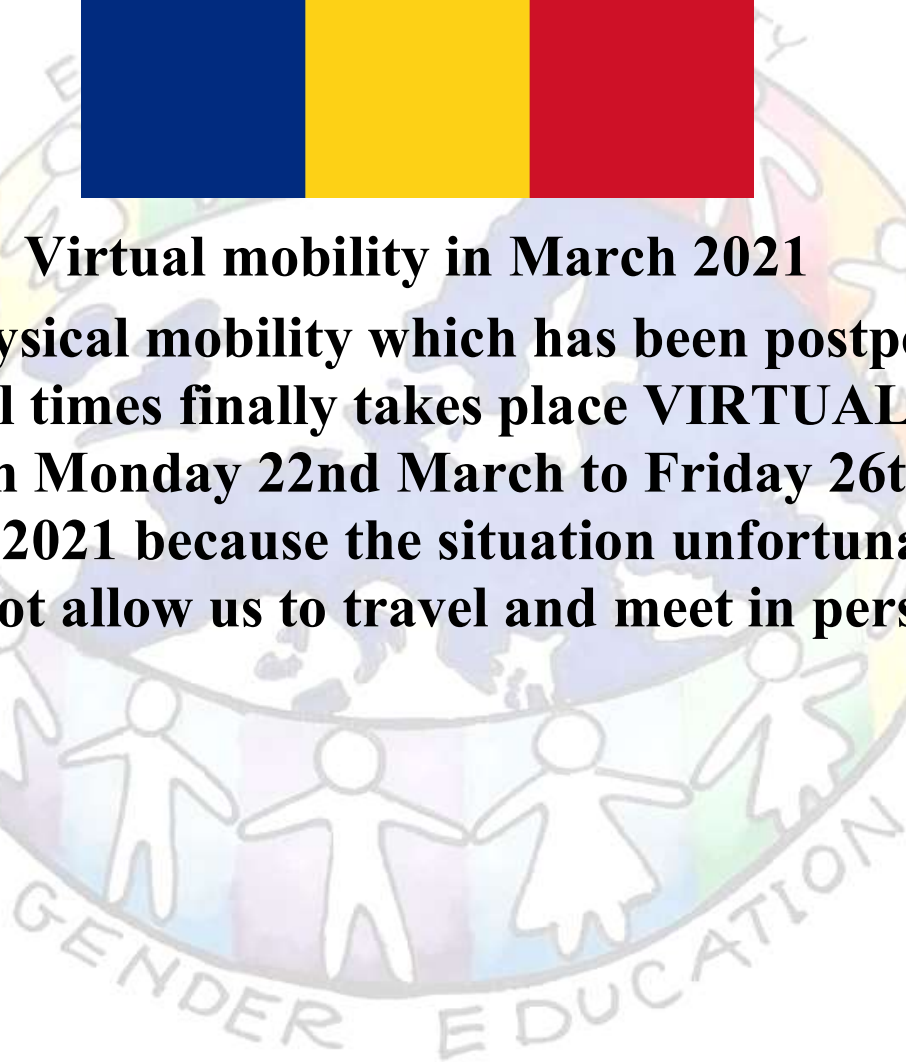
MANUAL OF GOOD PRACTICE

ROMANIA



Virtual mobility in March 2021

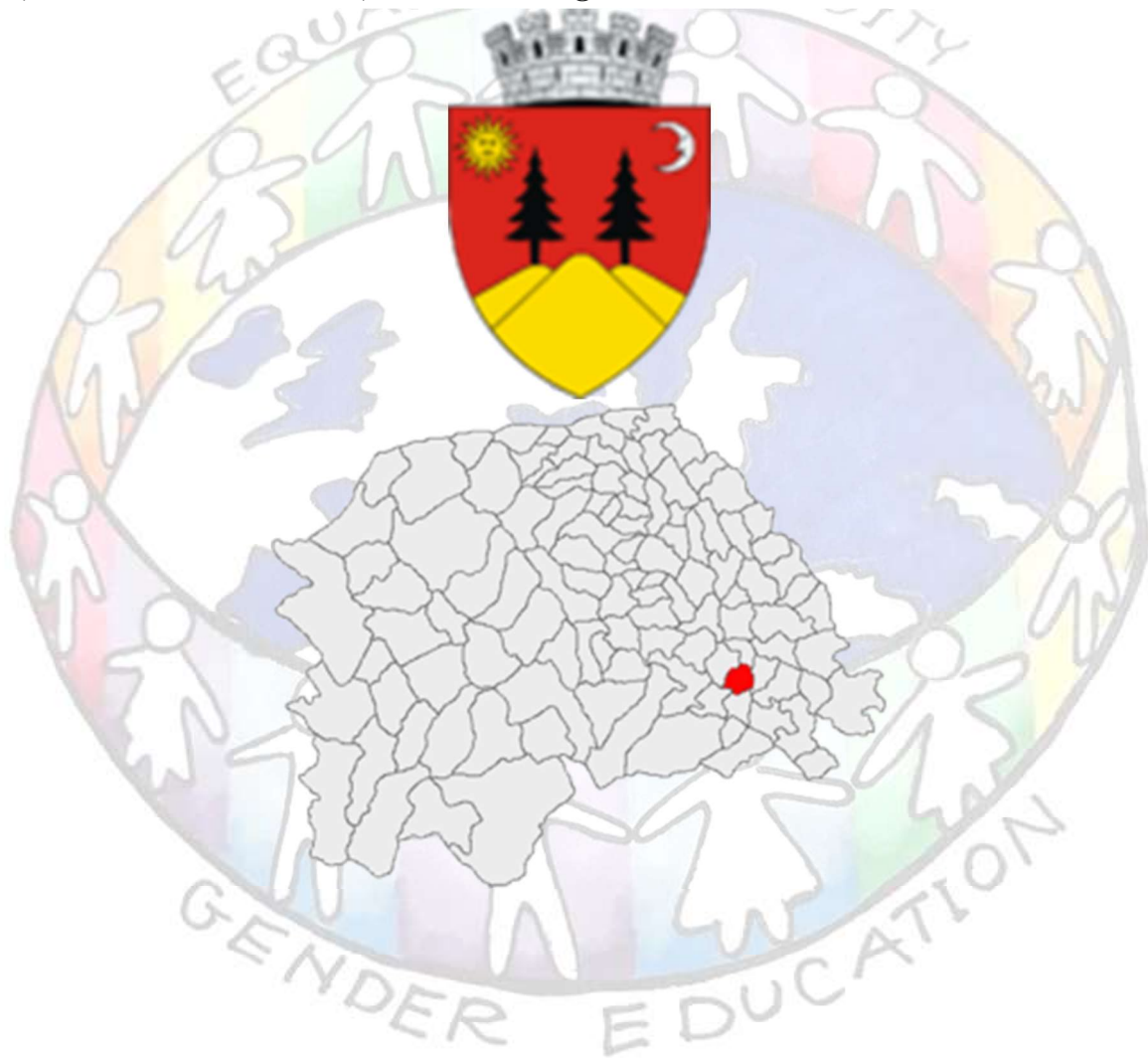
The physical mobility which has been postponed several times finally takes place VIRTUALLY from Monday 22nd March to Friday 26th March 2021 because the situation unfortunately does not allow us to travel and meet in person.



MANUAL OF GOOD PRACTICE

Fălticeni

Fălticeni is a [city](#) in [Suceava County](#), north-eastern Romania. It is situated in the historical region of [Western Moldavia](#). Fălticeni is the second largest urban settlement in the county, with a population of 24,619 inhabitants, according to the 2011 census.



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Virtual mobility in Romania - schedule of activities					
	Monday 22/3 (RO)	Tuesday 23/3 (CZ)	Wednesday 24/4 (PL)	Thursday 25/3 (SK)	Friday 26/3 (ES)
08:30 - 09:20	Welcome speech: Headmistress Claudia Suseanu, Presentation of the Romanian project team and the participants of partner schools	Welcome speech, Icebreaking activities (Klára), introduction of CZ team, current issues in our region, social problems, unemployment, minorities (Anička, Bára, Kája) if we have time we might have a presentation about Van Gogh's life (Val, songs about discrimination and bullying	Welcome speech, A song connected with freedom to greet by a student Dominika Okroj or Barbara Bartoszewicz-Stromska, Introduction of the Polish team, Poland-Martyna Gappa, Wiktoria Lademann, Memories from Romania-a puzzle, prepared by a student-Izabela Totzke- an icebreaking activity.	Introduction of Slovak team. Introduction of Slovakia and our hometown Martin and Turiec region. Kahoot - M. Adamko	Headmaster's greeting: Jose Maria Vazquez . Presentation of the Spanish team and our school. Form 1.
09:30 - 10:20	Presentation of the Programme, School presentation – video /PPT, Fălticeni town presentation- video	Speech by Leo from Amnesty International followed by a discussion. We will hear Leo's first-hand experience with the topic of LGBT and the process of coming out, self acceptance and the reaction of	Presentation of the programme: School presentation or a film-students Paweł Stefan, Robert Stefański, Joanna Pałucka, Paulina Jamrozik Poland,	Presentation covering theory of gender from the point of sociology and clearing questions about sex, gender	Social approach ppt Kahoot

MANUAL OF GOOD PRACTICE

		other people, perception of gender and non-binary gender.	Kashubian region and Puck/ PPT presentation- Gabriella Niewiadomska, Derc Zuzanna	and everything connected . How is gender affecting our lives and the society we live in? And why is it important to use the right pronouns? - A. Badáňová + discussion	
10.30-11:30	Presentation - Suceava county PPT, Suceava Citadel- video presentation, Romania and Bucovina region- PPT presentation, Bucovina video, Romania - video	Presentation given by Mr. Vítězslav Slíva who is a sociologist, interested in the topic of gender in education. He participated in research on homophobic bullying or in the preparation of methodologies for the prevention of bullying in schools. He also worked in the area of primary prevention in education and the issue of media literacy. He worked as a coordinator of the	A lecture on Solidarity, Censorship and Democracy by Anna Kotula-a tour guide from Gdańsk, a speech or presentation Workshops on Visualisation of our project: EDGE by Julita Stromska. A short lecture on " Role of women"- an academic teacher, Malwina Chelminiak	Andy Warhol presentation - P. Janíková + discussion . Discrimination of Women - presentation - L. Mrníková + discussion .	A lecture on social programmes on "Childhood in exclusion" by Pilar Kraan. (AZVI Human Resources Dept.) Game 2 (bamboo zle) SPAIN IS DIFFERENT

MANUAL OF GOOD PRACTICE

		gender equality project at the Ministry of Education, Youth and Sports, where he currently works in the Department of Strategies and Analyzes.			
11:30 - 12:00	BREAK	Break	Break	Break	
12:00 - 13:00	RO 2 Presentation of the research results, : (UN) EMPLOYMENT and DISCRIMINATION	presentation about single mothers (Jana, Anežka), online meeting with Jade Williams, a student from US about her experience of being "brainwashed", abolition of abortions in Arkansas, political correctness, BLM movement, Me too... discussion about discrimination at school. Kahoot (Val)	Unemployment and Discrimination- a survey and research results, prepared by Polish team , Mikołaj Hewelt, Sterotypes, Aniela Dubicka-unemployment, Barbara Wołoszyk-discrimination, a icebreaking activity-countries and towns-game or kahoot, Maksymilian Białk, Karol Rogowski, Małgosia Cieślak	Our school - I. Ostrihoňová + EU Statistics - Questionnaire	Conclusions Newsletter
	Each partner will present 2 materials about the topics: (UN)				

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	EMPLOYMENT and DISCRIMINATION				

Published by [Google Sheets](#)–Zgłoś nadużycie–Automatyczne aktualizacje co 5 min



Newsletter

EDGE: 2018-1-CZ01-KA229-047985

22nd March - 26th March

2021 Romania

4th mobility (**VIRTUAL**)

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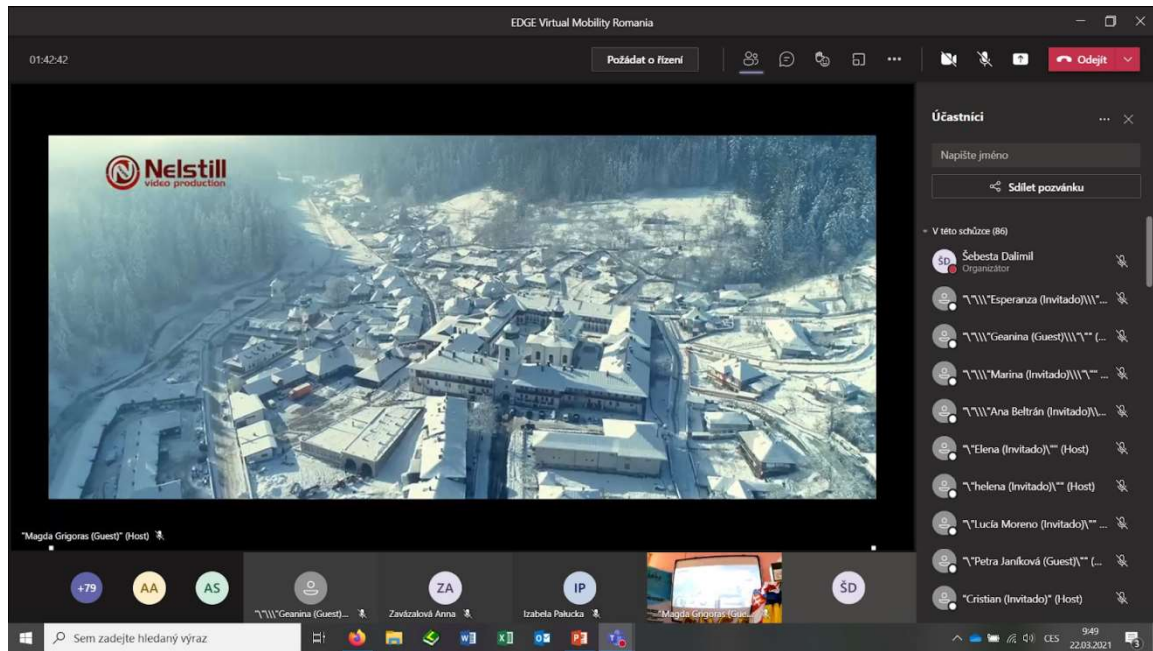
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Monday 22nd March



The first day began with Romanian team, as you all know. They presented materials about Romania, the Suceava country, Falticeni Town, Bucovina region from which we learned a lot of interesting things.

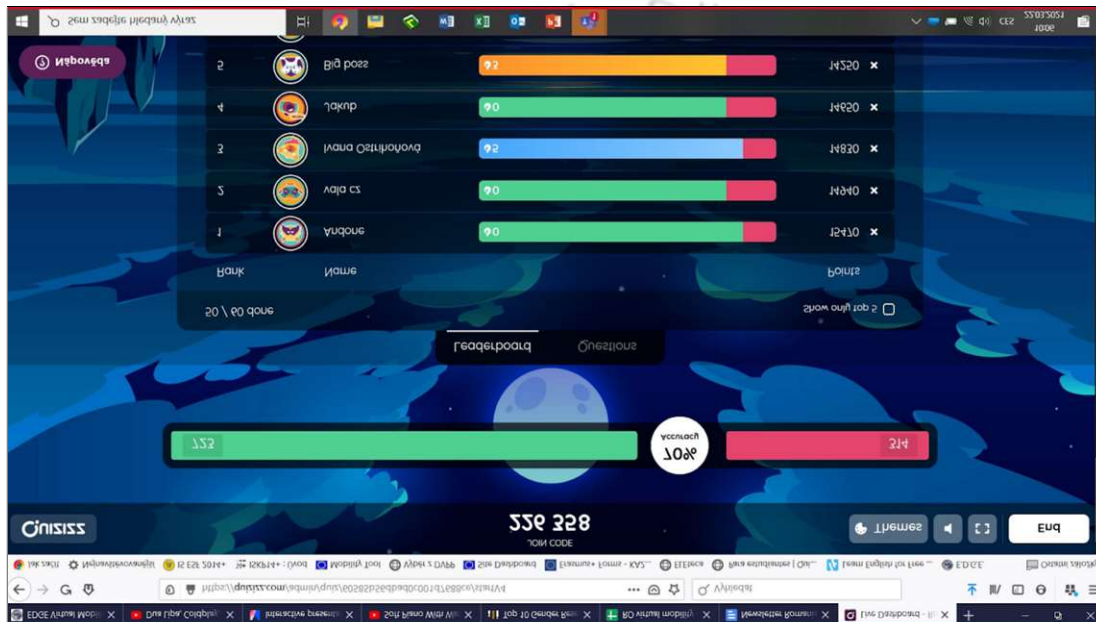
MANUAL OF GOOD PRACTICE



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It was a unique experience, by discovering new things about Romania. I felt very good. ;)

Firstly, they presented their country Romania with a presentation, also they showed a beautiful school. We saw an interesting video about Romania and we loved Romanian traditions so much!



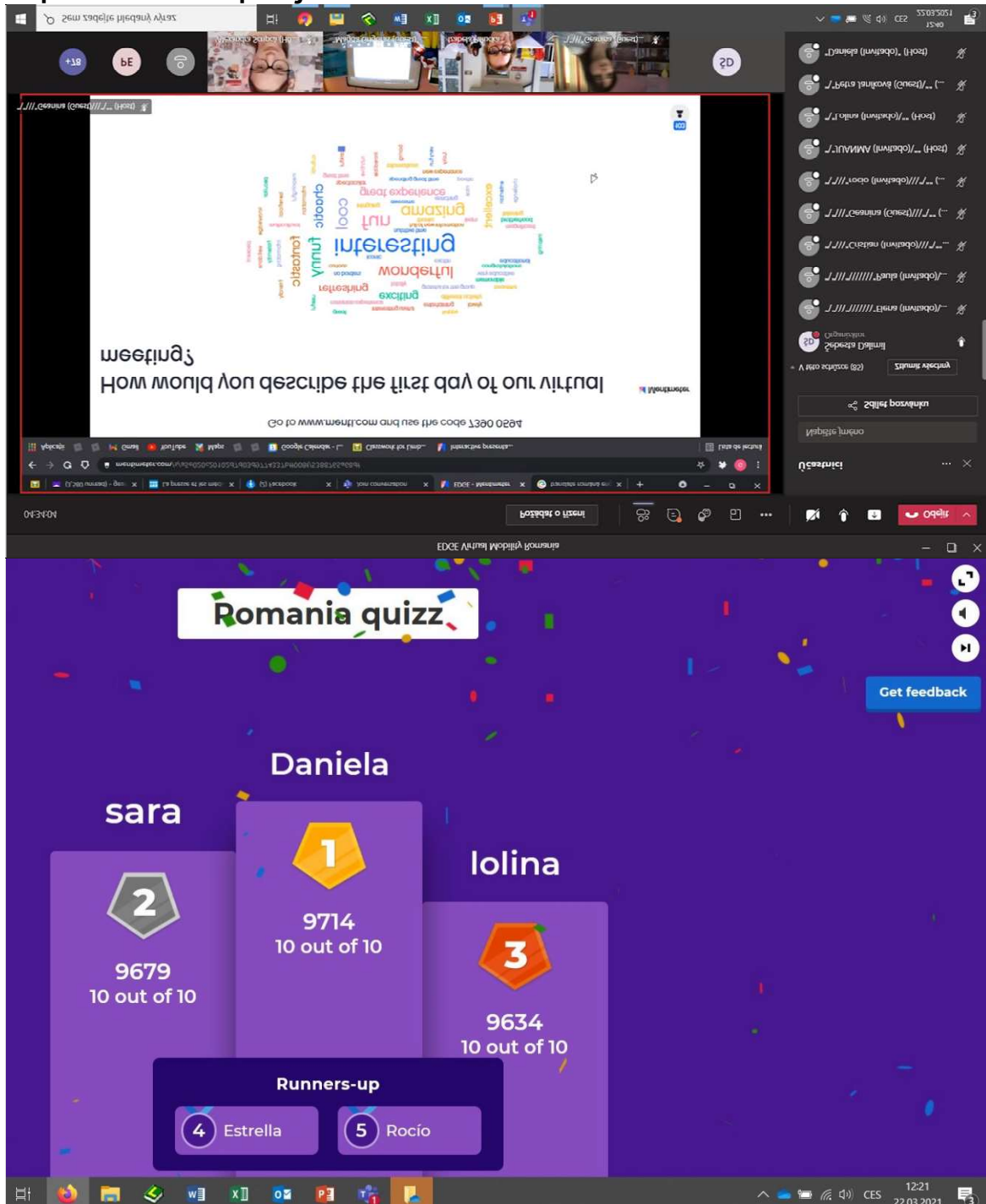
We had a chance to learn something about Romanian culture. Great kahoot, movies showing Romania and their school.



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We loved playing Kahoot and we think it was a really good way to starting the week

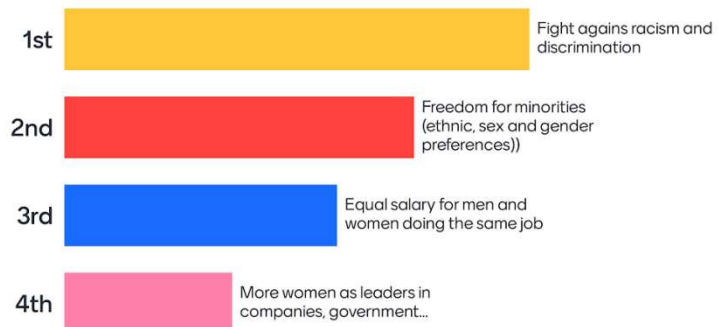
We also had very simple, but interesting activity - our work was to write one word which best describes the topics of our project.



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Order these issues according to their importance for you:

Mentimeter



38

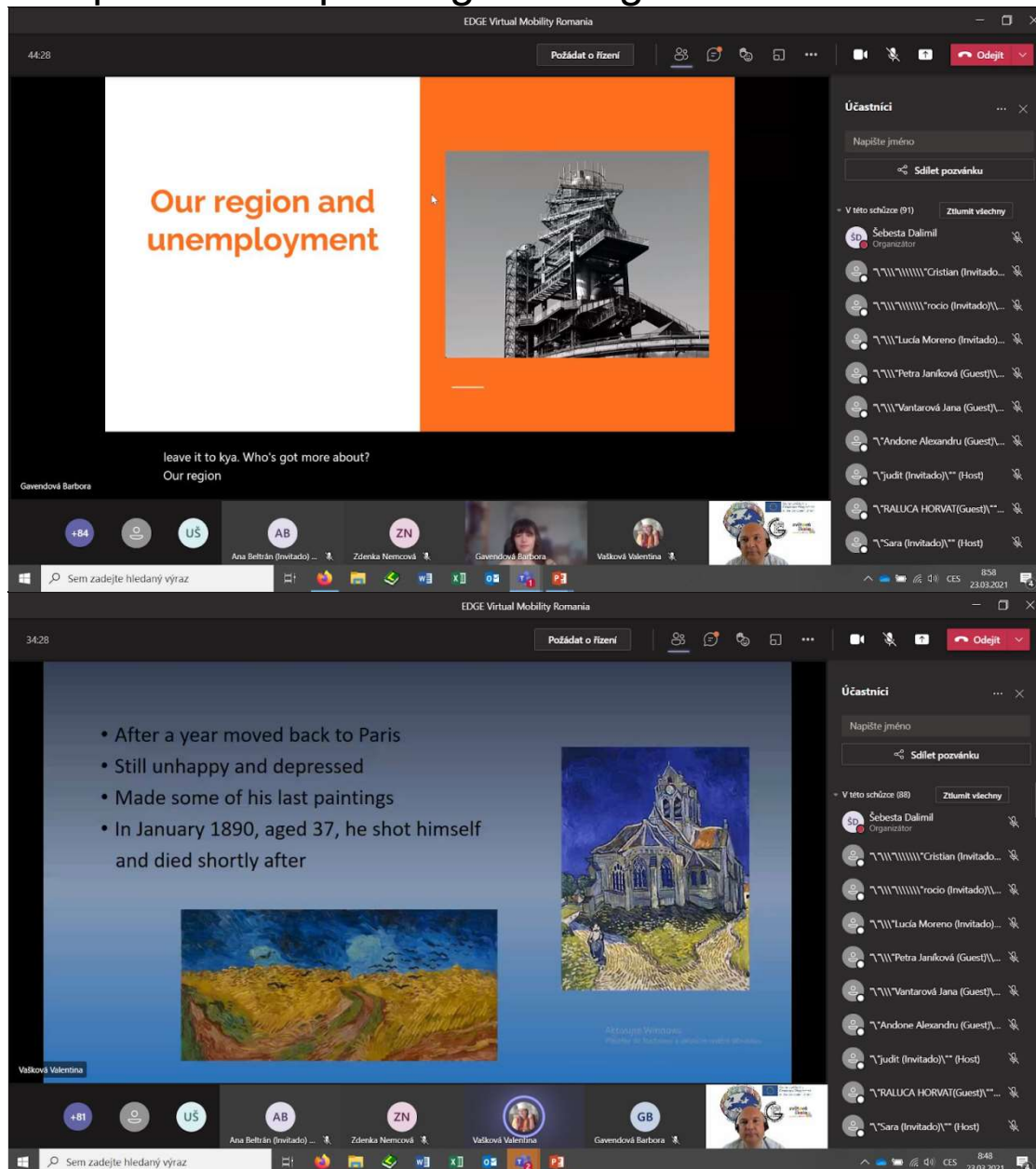
In this activity we had to order the issues like racism, discrimination, freedom for minorities, equal salaries for both genders or women as leaders in companies. The issue the most of us consider as the most important is to fight against racism and discrimination. This issue was followed by the freedom for minorities which includes ethnic, sex and gender preferences. On the 3rd place we put the equal salary and women as leaders ended up on the 4th place. We also had a very interesting conversation on this topic.

GENDER EDUCATION

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Tuesday 23rd March (CZ)

We started with a presentation about the painter Vincent van Gogh. The presentation was focused on his life and we saw what can bullying and discrimination do to a persons mind. The presentation was nicely done and completed with paintings of Gogh.



After this artistic insight into discrimination we moved to talk about unemployment in Czech Republic more specifically in the region that is Havířov located. We learned about the history of the city as the economy was

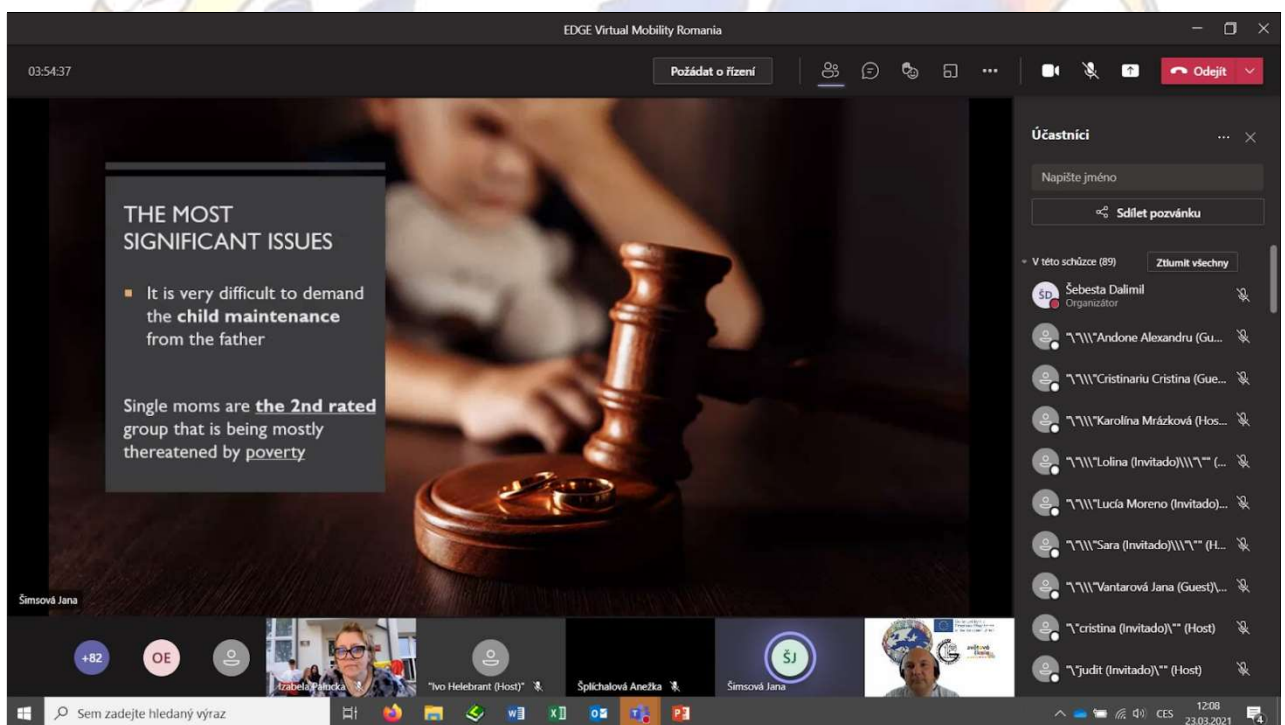
MANUAL OF GOOD PRACTICE

focused on mining. Later we talked about how communism affected the region. It was called the "Iron Heart of the Republic " as it was the driving force of Czech Republic. It gave a lot of insight about how the system worked and how it affected the modern economy. Later in the presentation we had a conversation about international workers and problems connected with them. We learned that many companies do not provide benefits to foreign workers.

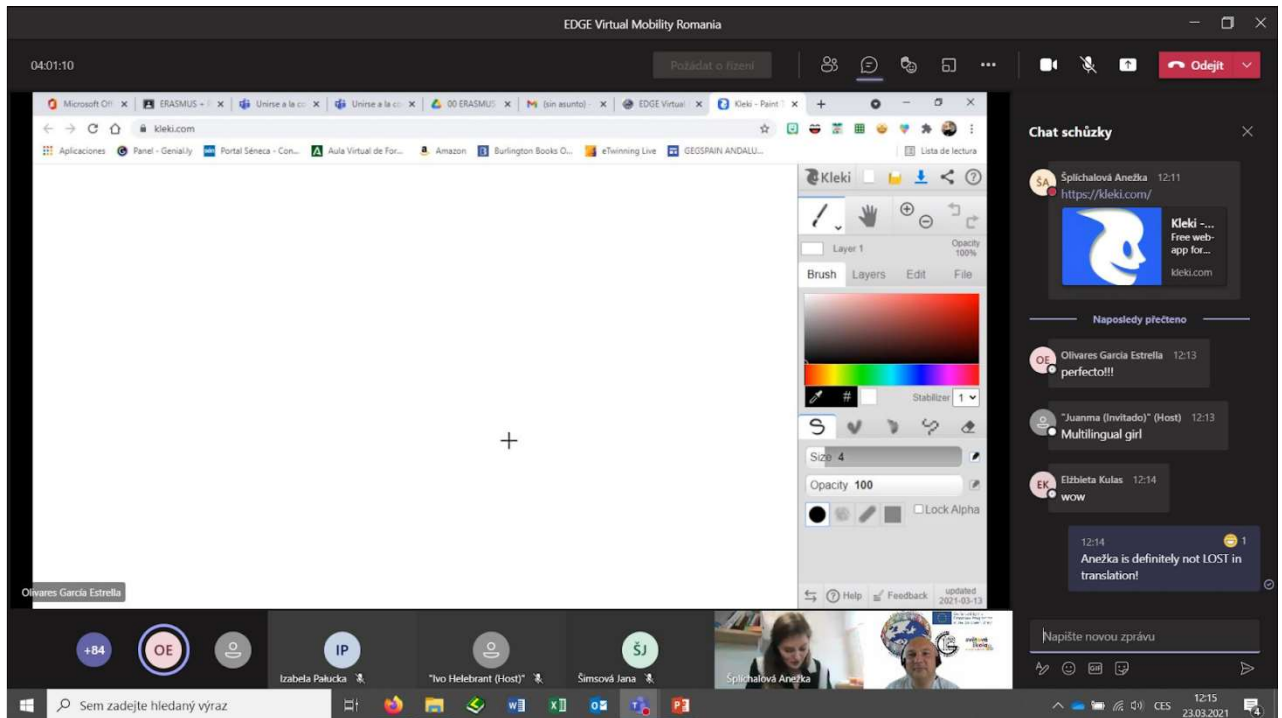
Then we focused on the role of unemployed women in Czech Republic. We were able to understand their hard position in today's society and how much they have to sacrifice in their lives. It was very eye opening and in some ways sad.



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MANUAL OF GOOD PRACTICE



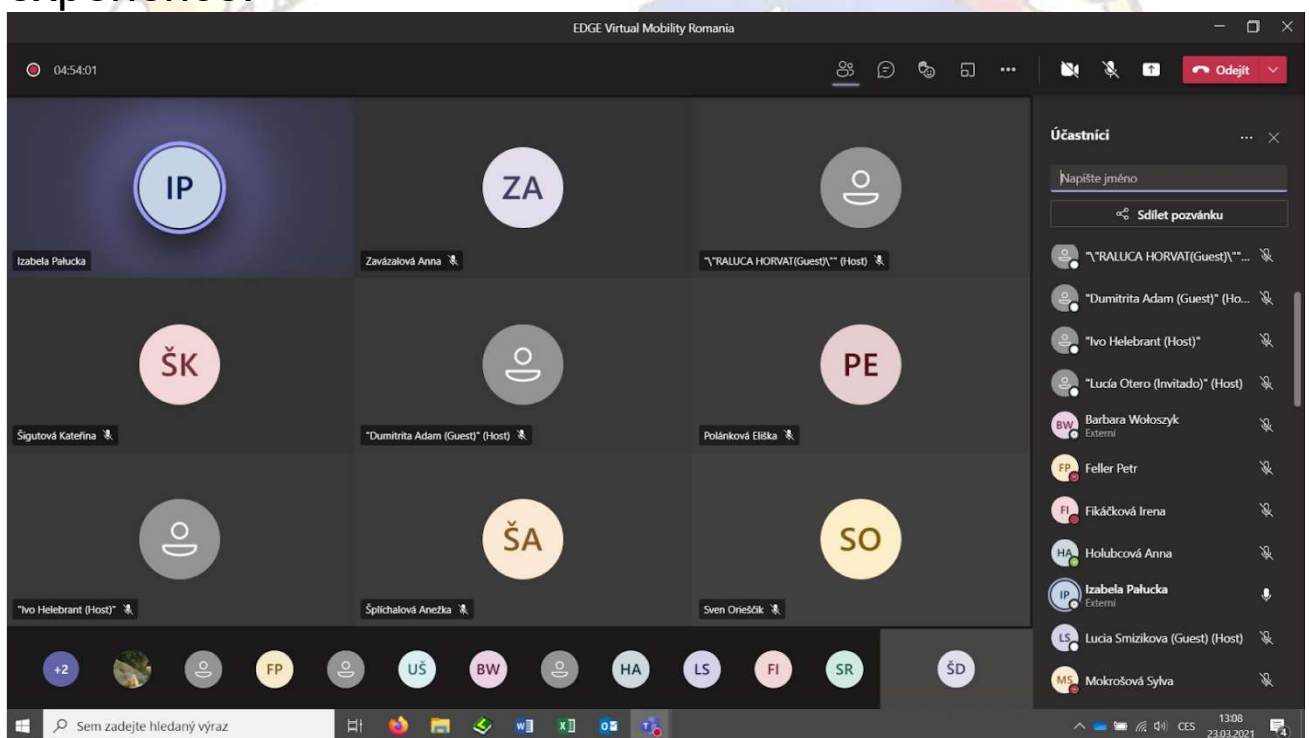
In this part we drew. It was fun. We had to guess what was drawn.



Leo from Amnesty International gave a speech in which he told us about his personal experience of what it was like when he realized that he was part of the LGBT community, how it was to accept this fact about him, how it was to confess to others and what reaction family,

MANUAL OF GOOD PRACTICE

friends and people around him had. Of course, at first it was a little harder, but over time he got used to it. What I liked the most is that despite the fact that maybe people judged him or just didn't get used to the idea that he is like that, he still found the strength to be himself and not be afraid of showing up with the person he really is. I respect him a lot and I like what kind of person he is and I was glad that he was able to answer the questions we asked. I realized that although we are different in many ways we can share things and experiences, we can learn a lot from each other and we can enjoy the fact that destiny brought us all together to live this wonderful experience.



Interview with American student was very interesting, we learned a lot of new information about America. Jade told us about the school system in America, racism, religion and life in Arkansas. She answered all of our questions.

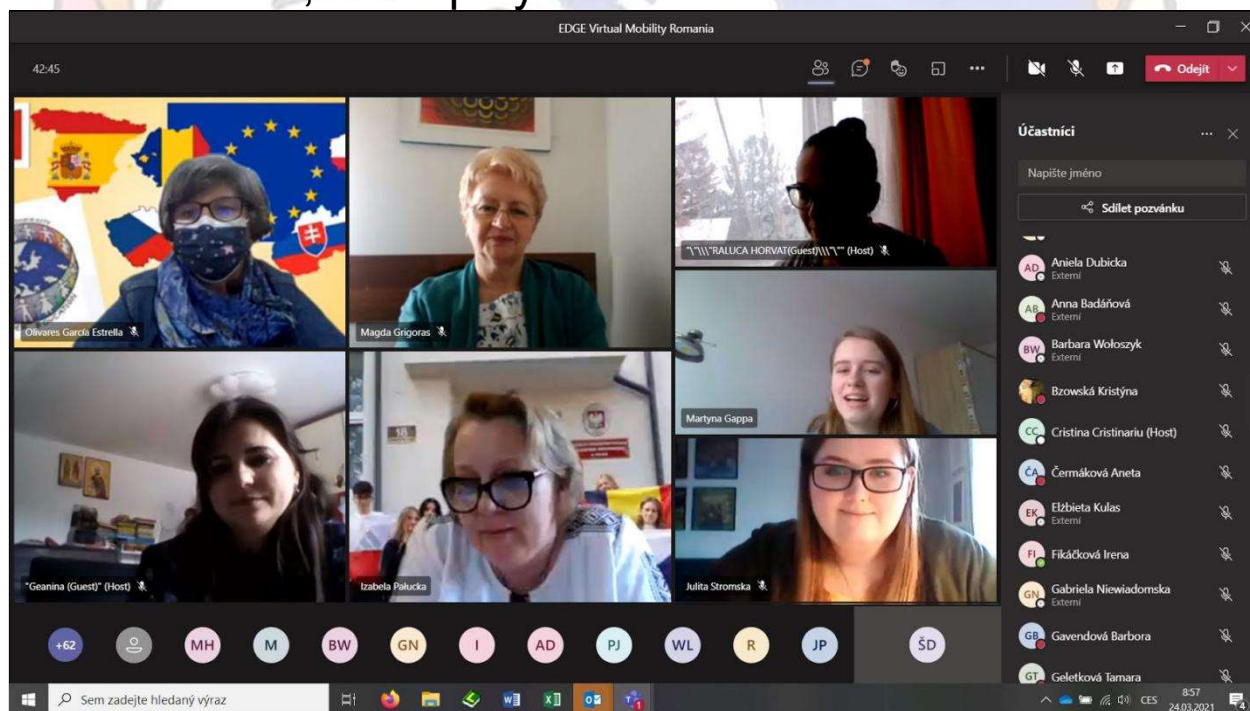
The American view of social problems has been

MANUAL OF GOOD PRACTICE

extremely enriching. The Czech guest has recognized the different feelings of part of the American society: on the one hand, hope facing the new president Biden and on the other concern about some remaining problems which her country still suffers. It's a perfect global view of both sides of the western world. Europe and America.

Wednesday 24th March (PL)

In the morning we started the day with a presentation about Poland, Kashubia and Puck. We have learned a lot about this region and important issues like discrimination, unemployment and intolerance.



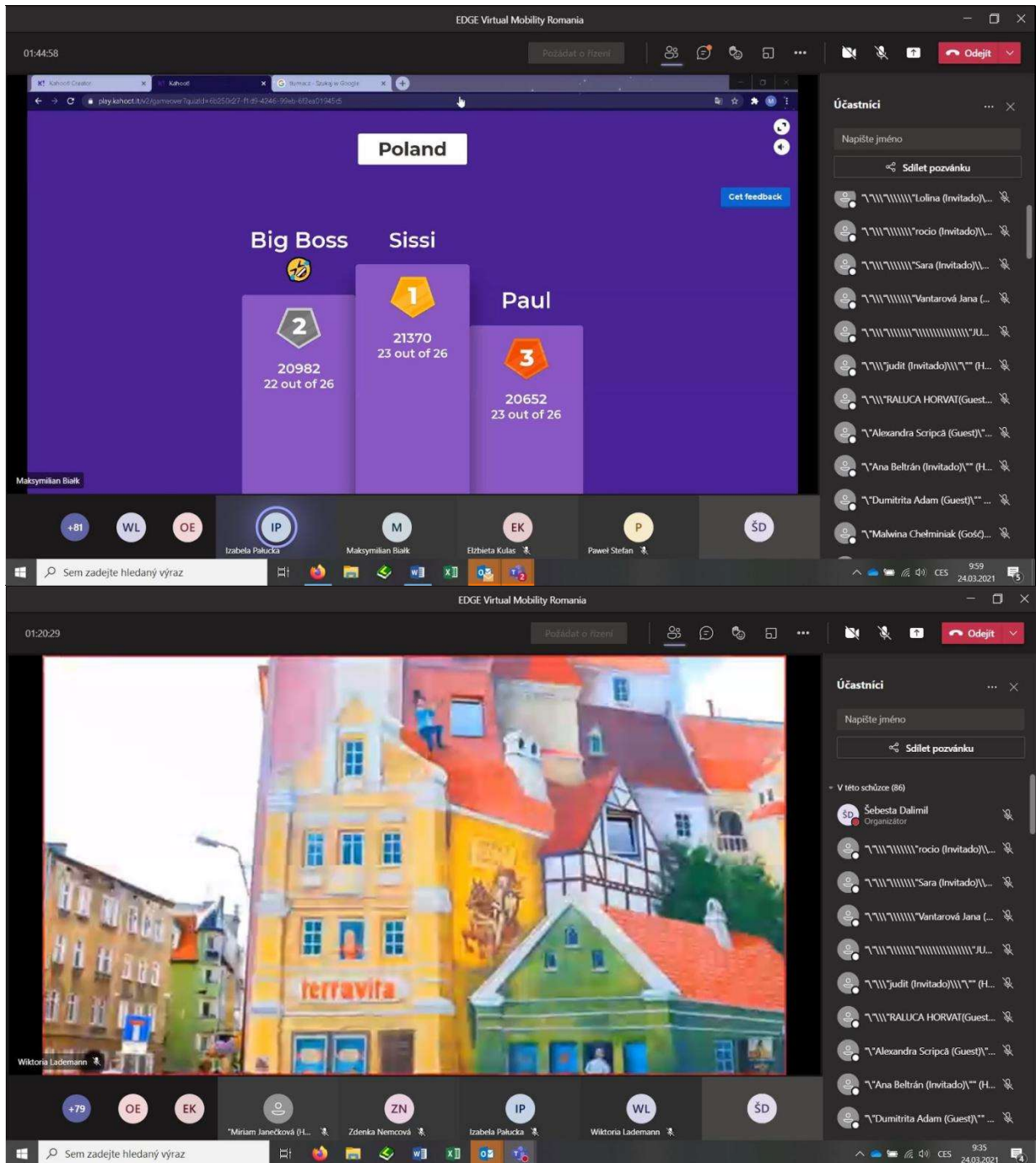
MANUAL OF GOOD PRACTICE



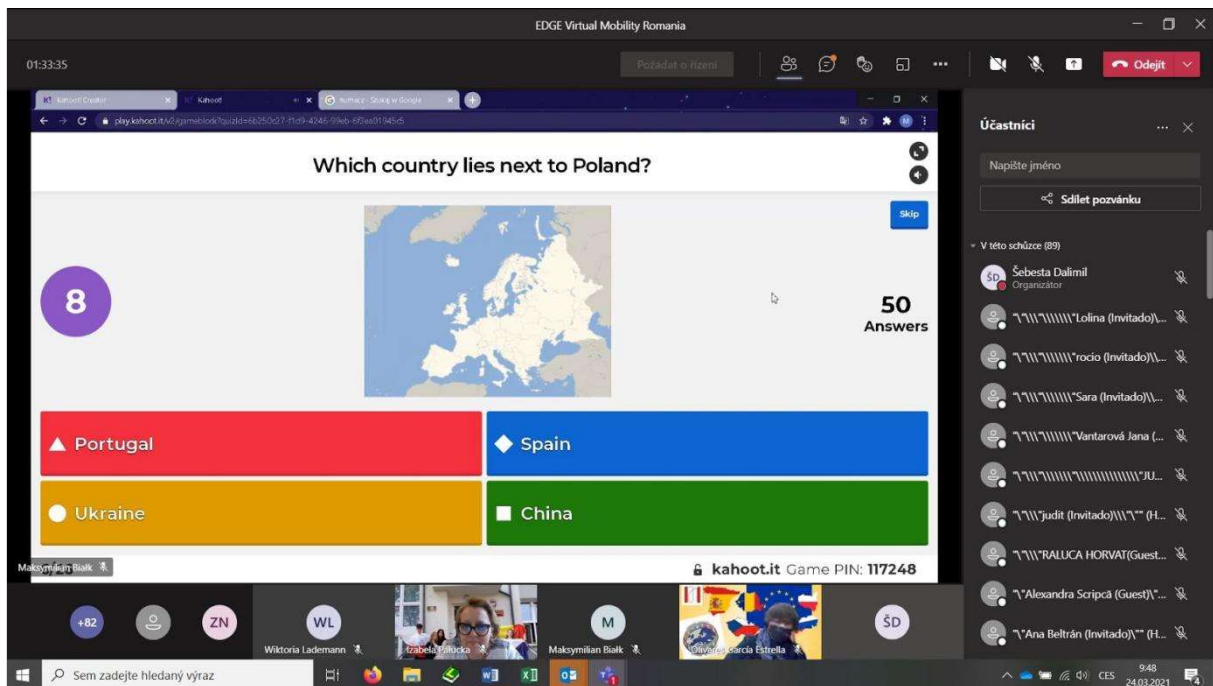
Presentation about the region Kashubia. It was very interesting.



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MANUAL OF GOOD PRACTICE



We played some games, it was so fun and entertaining. Big Boss must be sad that he didn't win.



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EDGE Virtual Mobility Romania

02:01:45

Požádat o řízení

Účastníci

Napište jméno

Sdílet pozvánku

Kukková Sofie

Kvochová Karolína

Ili, mnikova

Magda Grigoras

Maksymilian Bialk

Malgorzata Cieślak

Maliková Agáta


Martyna Gappa

Matúš Adamko (Guest) (Host)

Mihail Sovejanu (Guest) (Host)

Mikolaj Hewelt

The myth of the Polish Mother



Izabela Palucka

+82 JP PJ P R IP SD

Paweł Stefan Robert Stefański Izabela Palucka Malwina Chelminiak (G...)

Sem zadejte hledaný výraz

10:16 24.03.2021

EDGE Virtual Mobility Romania

02:16:13

Požádat o řízení

Účastníci

Napište jméno

Sdílet pozvánku

Kukková Sofie

Kvochová Karolína

Ili, mnikova

Magda Grigoras

Maksymilian Bialk

Malgorzata Cieślak

Maliková Agáta

Martyna Gappa


Matúš Adamko (Guest) (Host)

Mihail Sovejanu (Guest) (Host)

Mikolaj Hewelt

Zofia Stryjeńska (1891–1976)

Painter, illustrator, graphic designer



Izabela Palucka

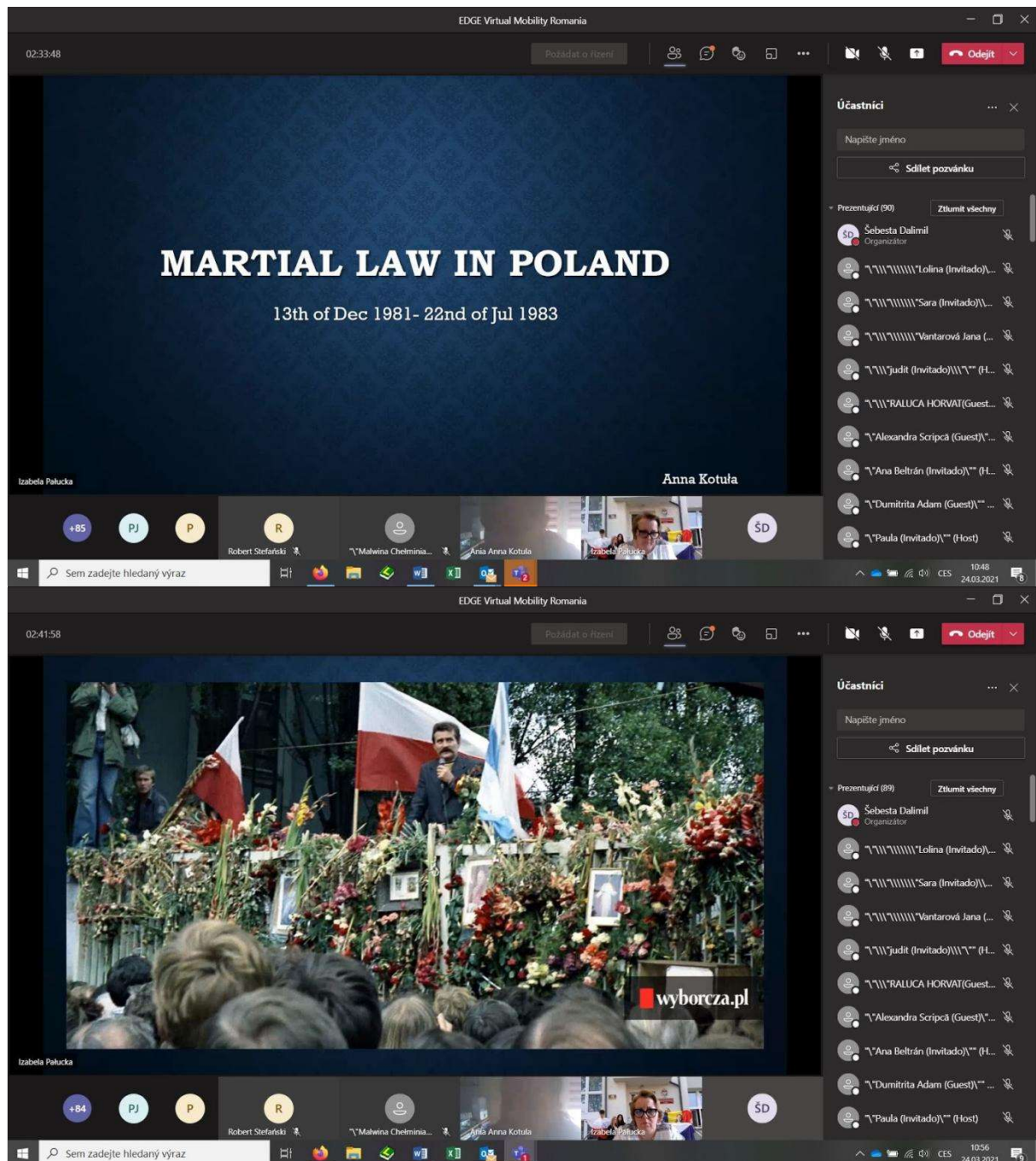
+82 JP PJ P R IP SD

Paweł Stefan Robert Stefański Izabela Palucka Malwina Chelminiak (G...)

Sem zadejte hledaný výraz

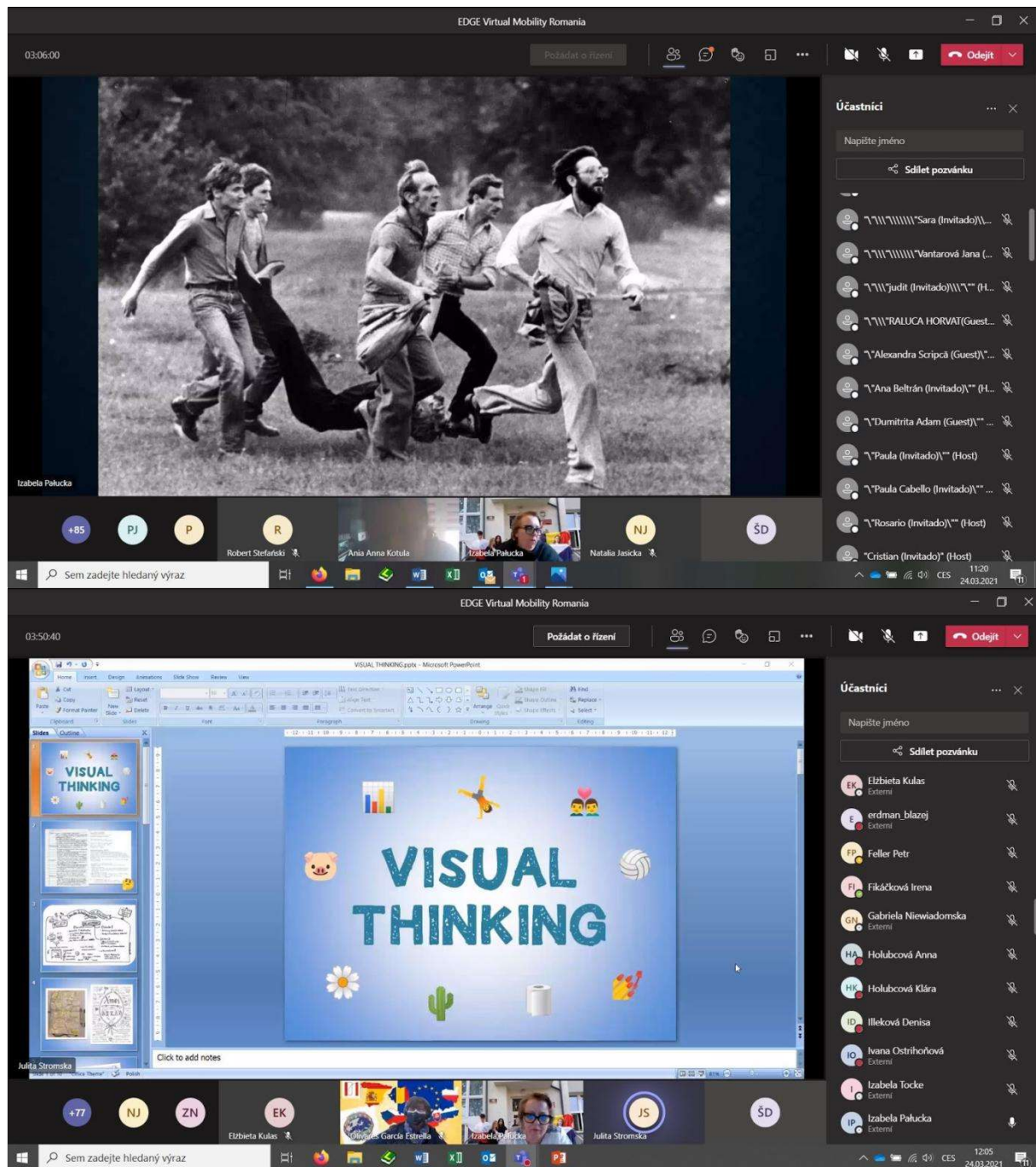
10:30 24.03.2021

MANUAL OF GOOD PRACTICE



Also we learned some interesting things about communism in Poland.

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We also had a presentation about visual thinking prepared by Julita Stromska. We made a mind map together about the topics from our project EDGE. We had a lot of fun while doing that.

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04:05:23

Požádat o řízení

Microsoft Whiteboard

Účastníci

Napište jméno

Sdílet pozvánku

Účastníci:

- "Miriam Janečková (Host)" (H...)
- "Petra Janíková (Guest)" (Host)
- Alexandra Scripcă (Host)
- Aniela Dubicka (Externí)
- Anna Badănoă (Externí)
- Barbara Wołoszyk (Externí)
- Bzowska Kristýna
- Cristina Cristinariu (Host)
- "Cristinariu Cristina (Gue..."
- Čermáková Aneta
- Elena (Invitado) (Host)

Julita Stremška

JS

ZA

IP

EK

ŠD

Sem zadejte hledaný výraz

04:12:50

EDGE Virtual Mobility Romania

COMMON GENDER STEREOTYPES

For women:

- Praise women who are thin and fashionable, and put down those who have other body shapes and styles
- Treat women and girls as sexual objects
- Portray women's key role in life as the caretaker or homemaker
- Show women as dramatic, catty, and over-emotional

Účastníci

Napište jméno

Sdílet pozvánku

Účastníci:

- "Miriam Janečková (Host)" (H...)
- "Petra Janíková (Guest)" (Host)
- Alexandra Scripcă (Host)
- Aniela Dubicka (Externí)
- Anna Badănoă (Externí)
- Barbara Wołoszyk (Externí)
- Bzowska Kristýna
- Cristina Cristinariu (Host)
- "Cristinariu Cristina (Gue..."
- Čermáková Aneta
- Elena (Invitado) (Host)

Mikolaj Hewelt

+B3

ZA

JS

EK

MH

ŠD

Sem zadejte hledaný výraz

We created a mind-map all together.
We shared with each other the different stereotypes
about our country or people from our country.
It was quite interesting.

MANUAL OF GOOD PRACTICE

EDGE Virtual Mobility Romania

04:29:05

Požádat o řízení

Účastníci

Napište jméno

Sdílet pozvánku

Unemployment discrimination

Unemployment discrimination occurs when an employer refuses to consider or offer employment to unemployed individuals based on a person's age, gender, sexual orientation, race, religion, political beliefs, national origins or disabilities.

Types of WORKPLACE DISCRIMINATION with Examples

Type of Discrimination	Percentage	Number of Cases
Retaliation	53.8%	29,110
Disability	33.4%	24,258
Race	3.5%	23,976
Sex	32.4%	23,852
Age	21.4%	15,573
National Origin	9.6%	7,009
Color	4.7%	3,415
Religion	3.7%	2,725

the balance

Aniela Dubicka

+80 EK MH ZA IP AD SD

Sem zadejte hledaný výraz

12:43 24.03.2021

EDGE Virtual Mobility Romania

04:34:51

Požádat o řízení

Účastníci

Napište jméno

Sdílet pozvánku

What are the reasons of discrimination?

Reasons of discrimination:

age	generation
caste	genetic characteristics
colour	marital status
criminal record	nationality
height	race
disability	religion
ethnicity	sex
family status	sexual orientation
gender identity	social class

Barbara Woloszyk

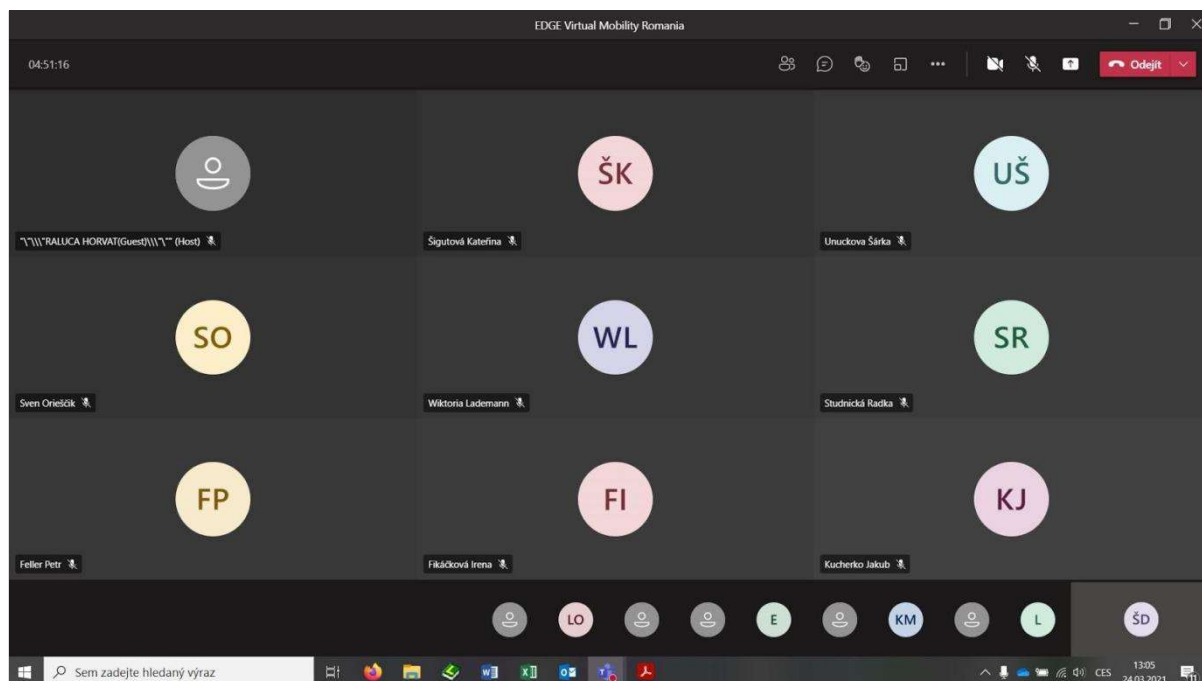
+78 EK ZA AD BW IP SD

Sem zadejte hledaný výraz

12:49 24.03.2021

We learned a lot of interesting things about tolerance and discrimination and how we can fix this problem.

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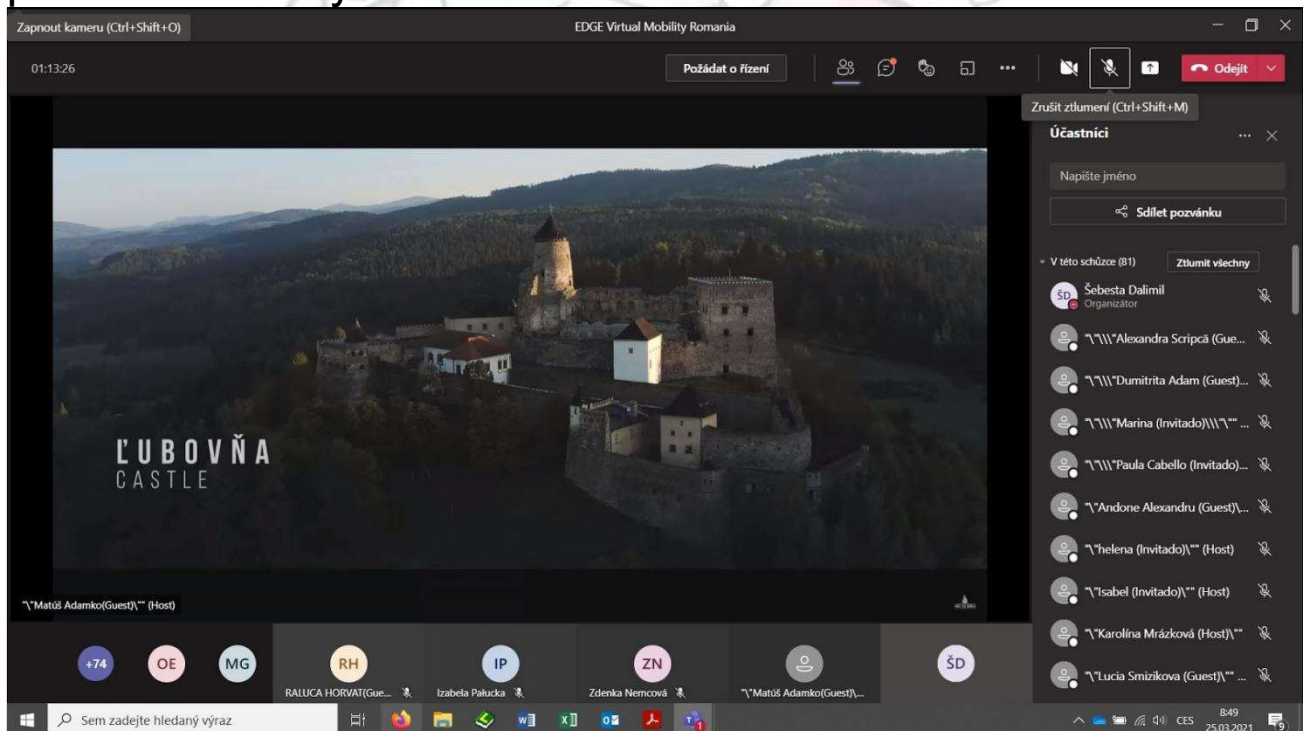
It was a pleasure to meet all these kind people and share our time with them in such a beautiful project.



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Thursday 25th March (SK)

On Thursday 25th March it was the turn to Slovakia. To get started, they showed us some amazing videos from their country. Wonderful castles on the top of hills, green spaces that contrast with the snowy landscape and lots of beautiful places. The spectacular scenery it's just gorgeous, I wish we could visit these wonderful places someday.



Art has been a very important subject during our meeting. The Slovak team has introduced a fantastic presentation about Andy Warhol. Pop art promoter has been chosen as a Slovak and universal artist.

MANUAL OF GOOD PRACTICE

EDGE Virtual Mobility Romania

02:08:19

Požádat o řízení

Homosexuality

- USA – homosexuality was criminalized and suppressed
- Openly expressed as a gay

'I wonder whether it's harder for 1) a man to be a man, 2) a man to be a woman, 3) a woman to be a woman, or 4) a woman to be a man.'

"Petra Janíková (Guest)" (Host)

Účastníci

Napište jméno

Sdílet pozvánku

V této schůzce (81)

Zitumit všechny

Šebesta Dalimil (Organizátor)

"Alexandra Scripcă (Guest)"

"Andone Alexandru (Guest)"

"Dumitrita Adam (Guest)"

"Marina (Invitado)"

"Paula Cabello (Invitado)"

"helena (Invitado)" (Host)

"Isabel (Invitado)" (Host)

"Karolína Mrázková (Host)"

"Lucia Smržikova (Guest)"

+74 AB RH IP ZD

Izabela Pakucka

"Juanma (Invitado)" (Host)

"Petra Janíková (Guest)" (Host)

Zavázková Anna

Sem zadejte hledaný výraz

10:38 25.03.2021

EDGE Virtual Mobility Romania

03:02:03

Účastníci

Napište jméno

Sdílet pozvánku

"Alexandra Scripcă (Guest)"

"Andone Alexandru (Guest)"

"Dumitrita Adam (Guest)"

"Marina (Invitado)"

"Paula Cabello (Invitado)"

"helena (Invitado)" (Host)

"Isabel (Invitado)" (Host)

"Juanma (Invitado)" (Host)

"Karolína Mrázková (Host)"

EDGE Virtual Mobility Romania

Hi, Linda. Nice to see you again

Odpovědět

Linda Mníčková (Guest) (Host)

+70 MJ EK MG CC IO ZN IP ZD

Sem zadejte hledaný výraz

10:38 25.03.2021

MANUAL OF GOOD PRACTICE

EDGE Virtual Mobility Romania

03:04:54

Požádat o řízení

Účastníci

Napište jméno

Sdílet pozvánku

Discrimination of Women At Work

Women make only \$0.81 for every dollar a man makes

38 percent of women have experienced sexual harassment in the workplace

Women make up less than 5% of CEOs

Fear of asking to be paid what they're worth

Linda Mmriková (Guest) (Host)

+76 IO IP ZN LM ŠD

Izabela Palucka

"Juanma (Invitado)"...

Zdenka Nemcová

Linda Mmriková (Guest) (H...

Sem zadejte hledaný výraz

1040 25.03.2021

We learned more about discrimination of women at work. It was really mind-blowing, and I think we all agree it's highly unfair, and we should talk about it more. For example how is it possible that Dwayne 'The Rock' Johnson has double the net worth of Sofia Vergara when they basically do the same job and are equally famous?

EDGE Virtual Mobility Romania

03:16:53

Požádat o řízení

Účastníci

Napište jméno

Sdílet pozvánku

Guess the difference of the net worth between the highest paid female actress and the highest paid male actor

Dwayne "The Rock" Johnson

Nationality: American
Age: 48
Debut Year: 1995
Net Worth: \$87.5 mil.

Sofia Vergara

Nationality: Colombian
Age: 48
Debut Year: 1995
Net Worth: \$43 mil.

"Linda Mmriková (Guest)" (Host)

+77 IP ZN ŠD

"Petra Janíková (Guest)..."

Izabela Palucka

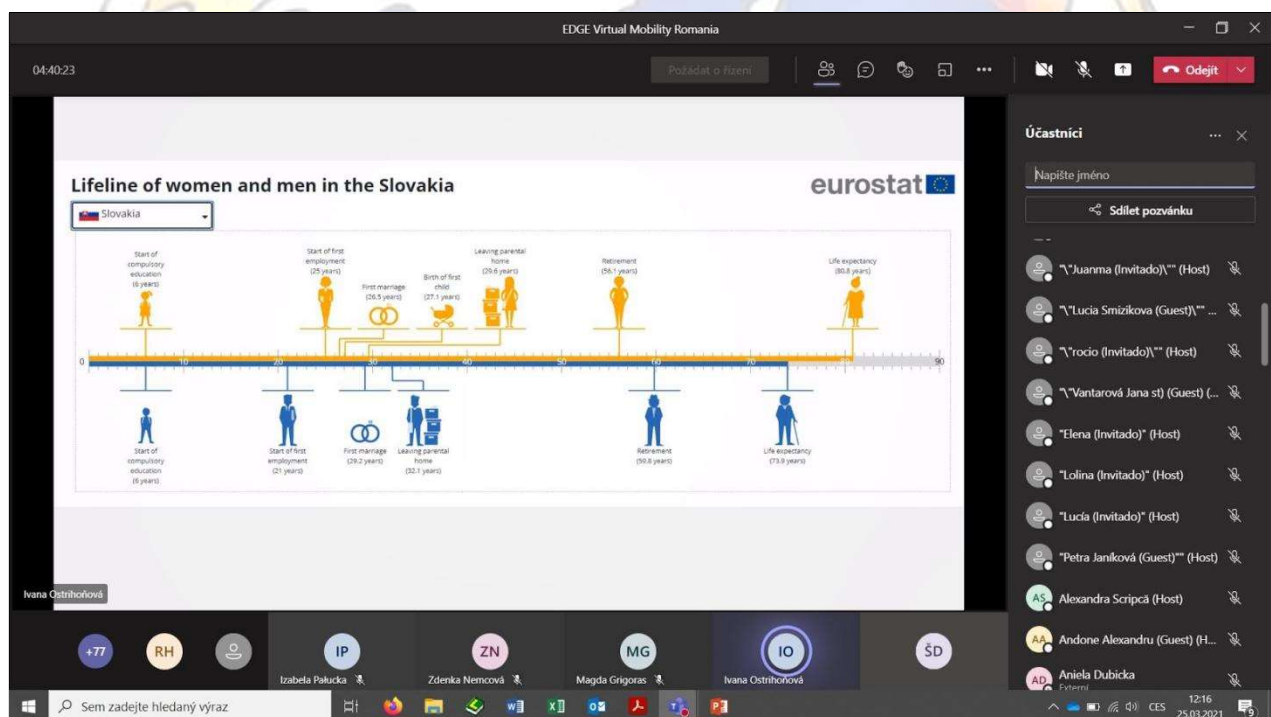
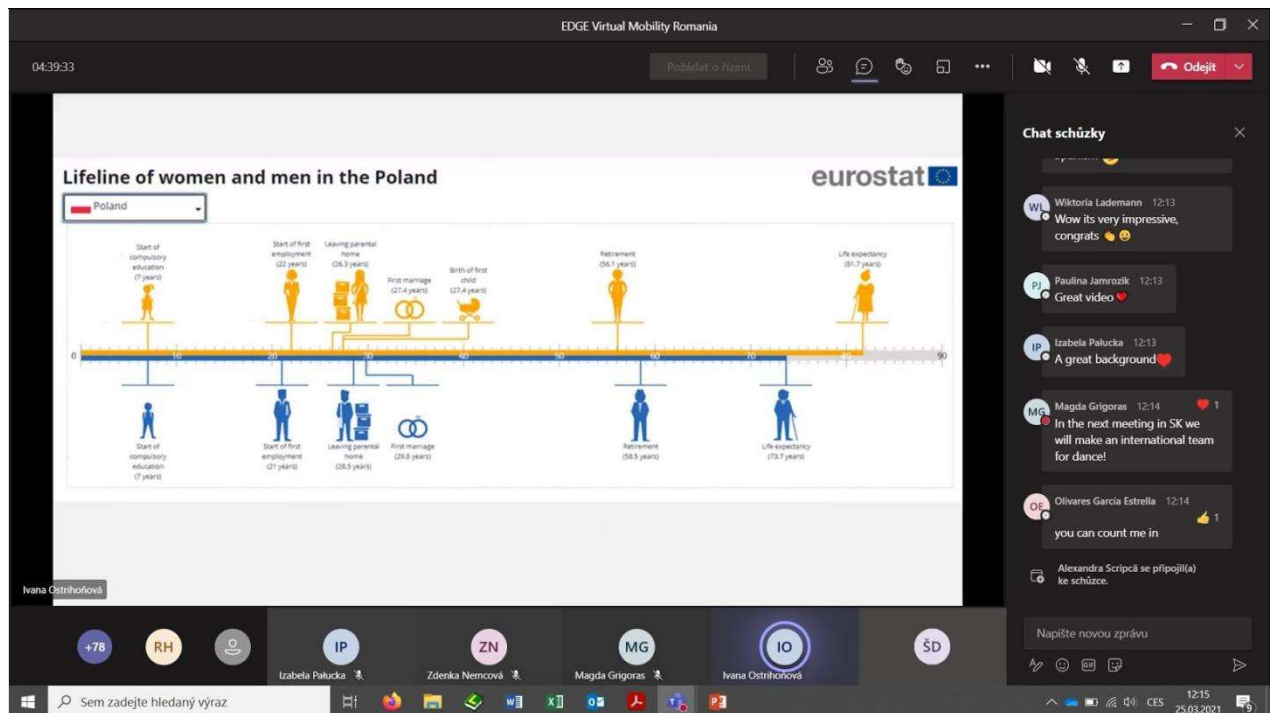
"Linda Mmriková (Gu..."

"Dumitrita Adam..."

Sem zadejte hledaný výraz

1052 25.03.2021

MANUAL OF GOOD PRACTICE



MANUAL OF GOOD PRACTICE

EDGE Virtual Mobility Romania

04:52:25

Požádat o řízení

Účastníci

Napište jméno

Sdílet pozvánku

DISCRIMINATION

- Discrimination based on ethnic origin (62%) is the most widespread form of discrimination in the EU followed by discrimination on the grounds of sexual orientation (51%) and disability (45).

Q1 Perception of discrimination on the basis of... - % EU

Factor	Year	Rare (%)	Widespread (%)
ethnic origin	2008	33	62
	2006	30	64
sexual orientation	2008	41	51
	2006	42	50
disability	2008	49	45
	2006	42	52
age	2008	32	42
	2006	48	46
religion or belief	2008	31	42
	2006	47	45
gender	2008	58	36
	2006	59	39

NB: "Don't know" and "non-existent" (SPONTANEOUS) answers are not shown
Note: 2008 figures based on EU27, 2006 based on EU25

Ivana Ostrihoňová

+75 RH IP ZN MG IO ŠD

Izabela Palucka Zdenka Nemcová Magda Grigoras Ivana Ostrihoňová

Sem zadejte hledaný výraz

12:28 25.03.2021

EDGE Virtual Mobility Romania

04:59:38

Požádat o řízení

AGENDA

What is gender?
Why is it important?
How it affects us?
Why does it exist?
How many genders are there?
Gender identities?

Chat schůzky

12:32 Great job, Ivana

12:32 Olivares Garcia Estrella Thanks for your lovely work

12:32 Juanma (Invitado) (Host) Accurate job

12:33 Wiktorja Lademann Very interesting presentation, thank you!

12:33 Dumitrita Adam (Guest) (Host) great presentation! good job!

12:34 Any questions? Go to www.menti.com and use the code 9977 0801

Napište novou zprávu

Anna Badániová

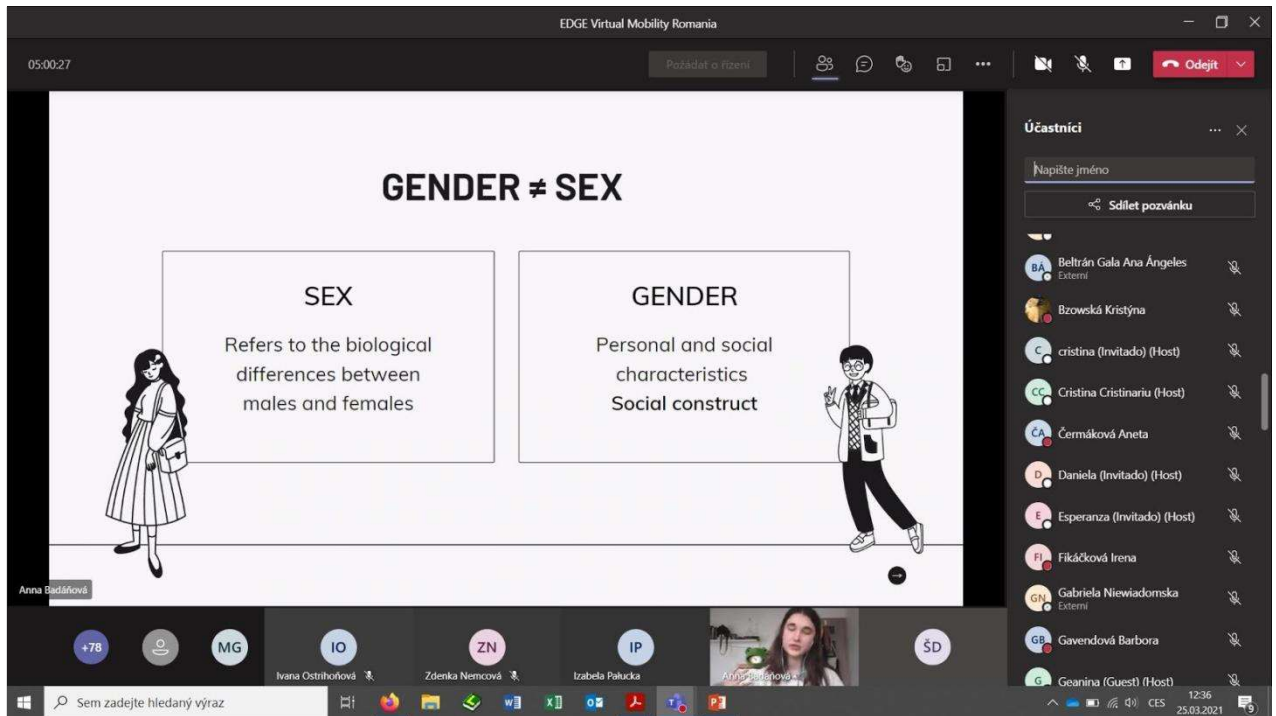
+78 IP ZN MG IO ŠD

Ivana Ostrihoňová Zdenka Nemcová Izabela Palucka Anna Badániová

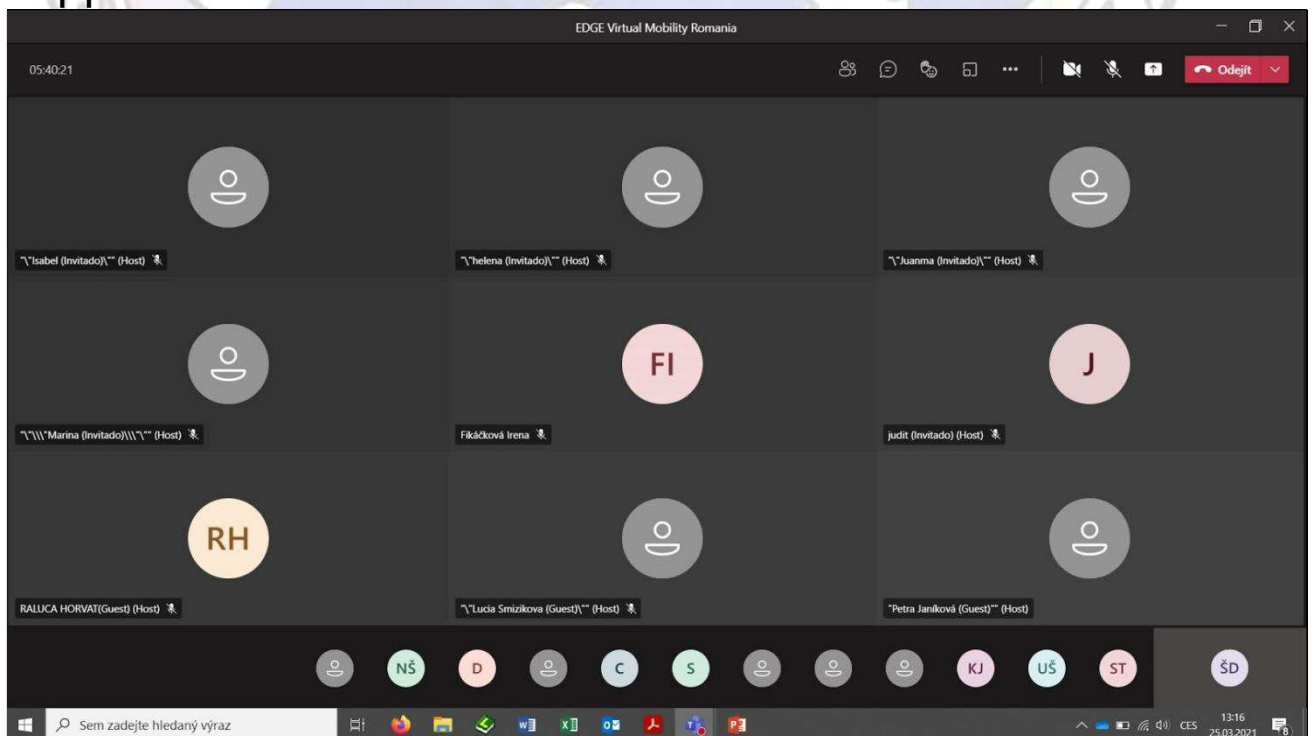
Sem zadejte hledaný výraz

12:35 25.03.2021

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We also had an incredible presentation about gender and why we should accept the others for who they are. Also managed to learn about what we should do to help the people who are still trying to find themselves and support them.



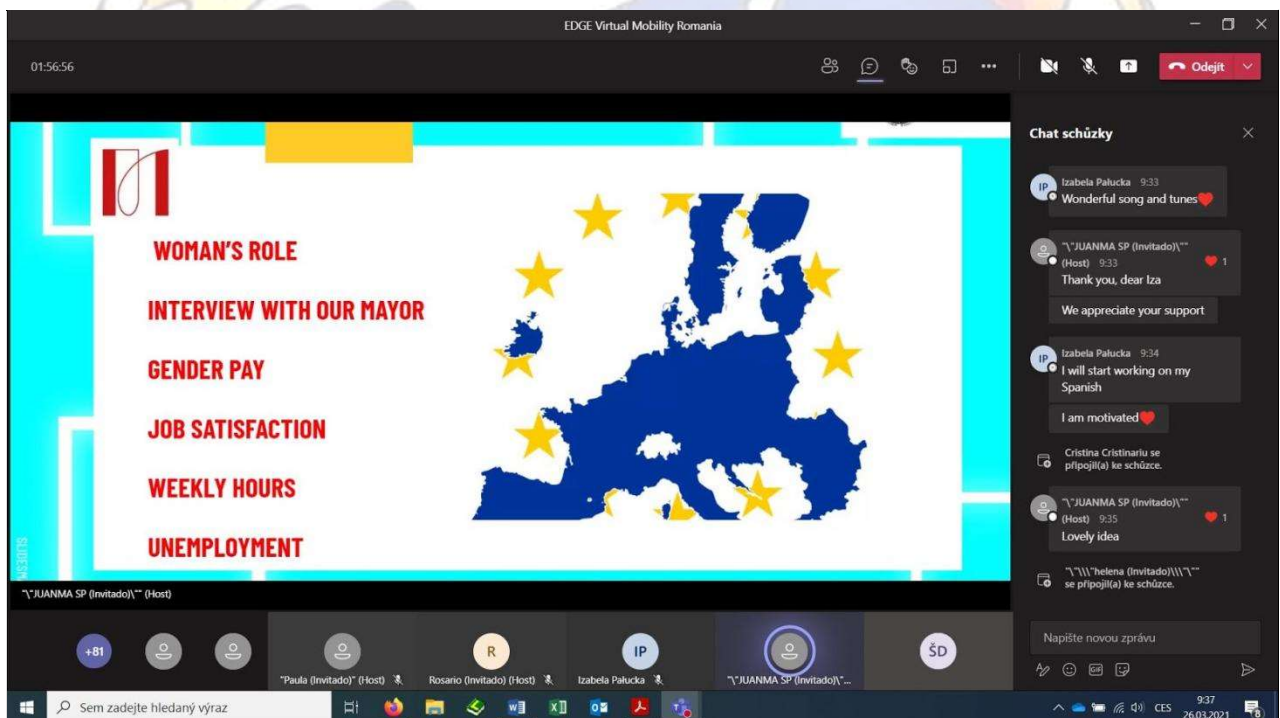
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Friday 26th March (ES)

Friday started with a very warm welcome from the Spanish team. All the students introduced themselves to us, said a bit about what they like etc and shared their interesting presentations on the topics such as gender pay gap, discrimination and other topics we have been working on in this project. It seems like the Spanish people know a lot about these things and we were all very happy they shared their knowledge with us and educated us on the biggest current issues

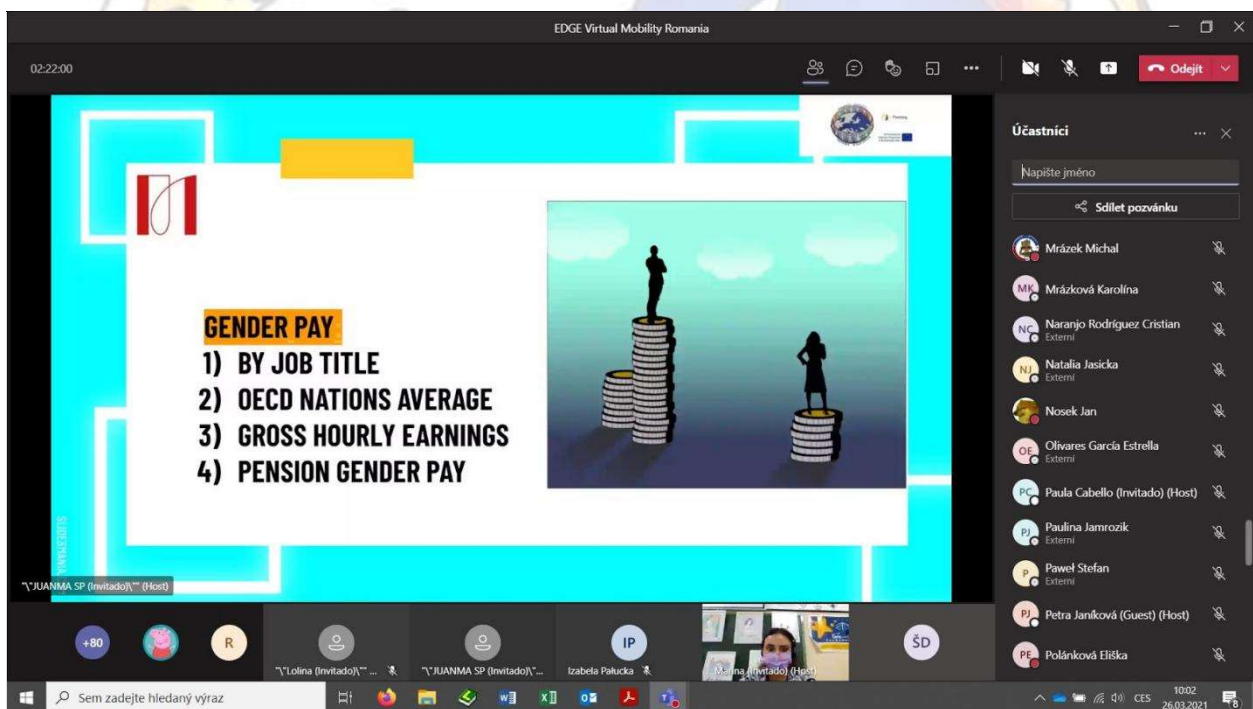


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In the picture above, you can see a screenshot of one of their amazing presentations they presented to us. We have learned so much about job satisfaction, unemployment and such things. What was wonderful was the speech of the mayor, really great part of this day.

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02:31:09
EDGE Virtual Mobility Romania

SALARY

A Spanish full-time employee, is usually paid 14 salaries a year. The minimum salary for them are 12600€. For those who aren't paid 14 salaries all over a year, they charge 1050€ monthly.

https://elpais.com/elpais/2017/07/17/inenglish/1500277240_151930.html

Účastníci

Napište jméno

+ Sdílet pozvánku

- Thelena (Invitado)
- Lúcia Smizková (Guest)
- rocio (Invitado)
- JUANMA SP (Invitado)
- Lolina (Invitado) (Host)
- Lucía (Invitado) (Host)
- Miriam Janečková (Host)
- Sara (Invitado) (Host)
- Andone Alexandru (Guest)
- cristina (Invitado) (Host)
- Espérance (Invitado) (Host)

+80

M

LO

R

JUANMA SP (Invitado) (Host)

Rosario (Invitado) (Host)

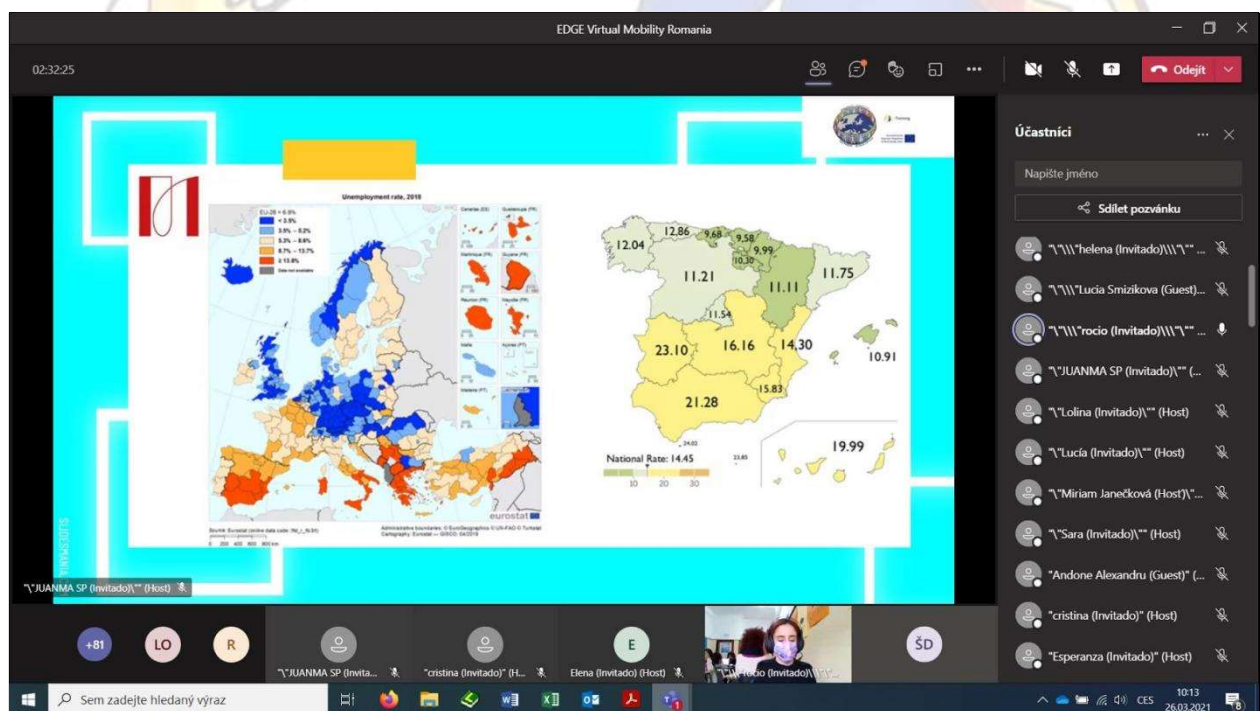
Cristina (Invitado) (Host)

Elena (Invitado) (Host)

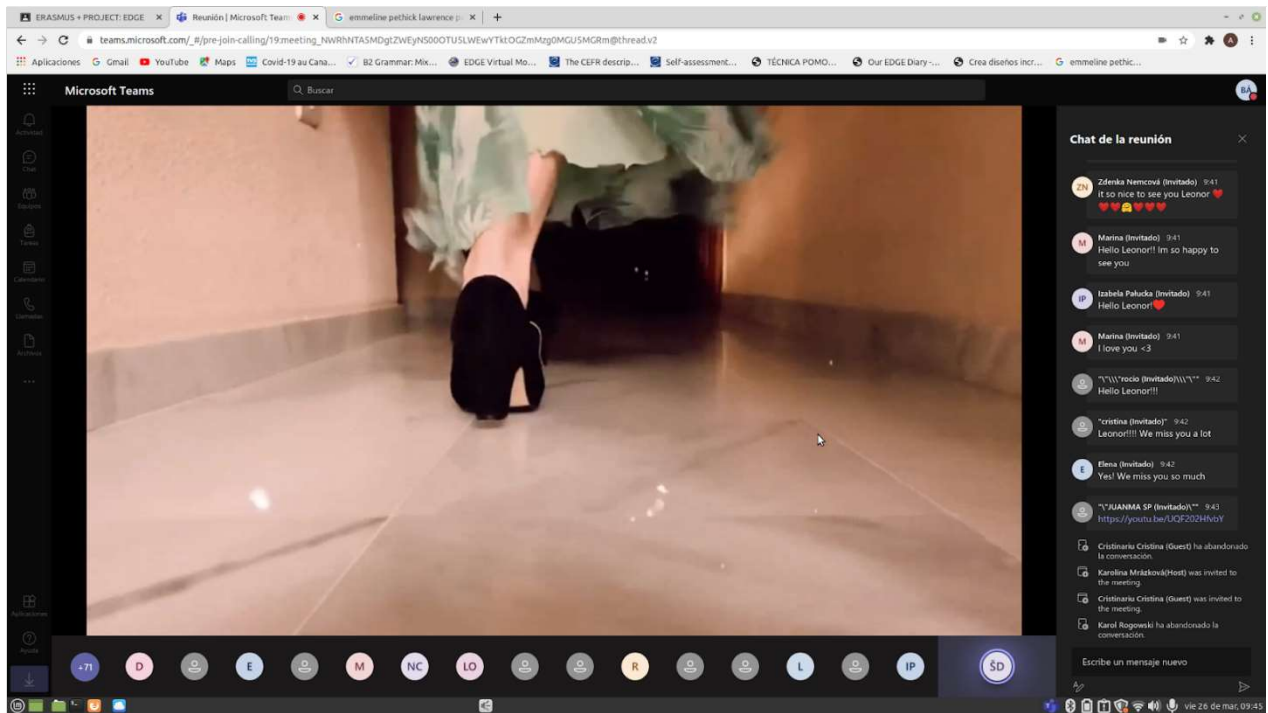
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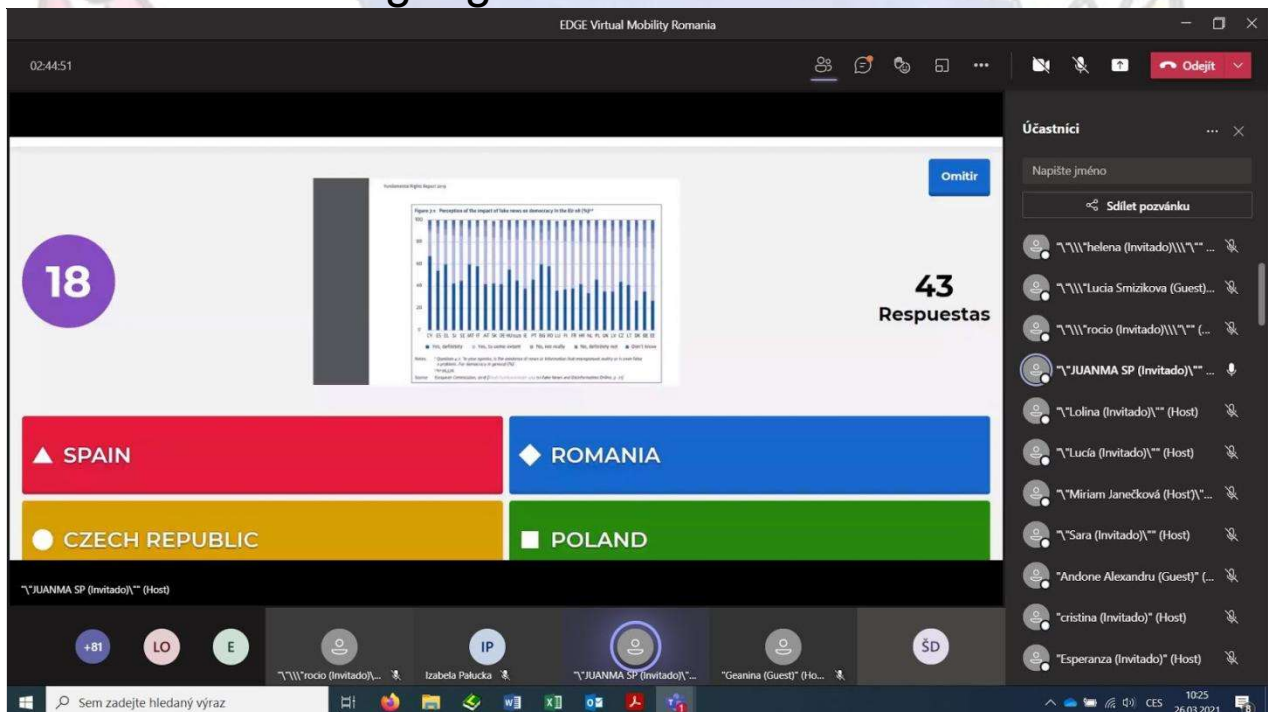
26.03.2021



MANUAL OF GOOD PRACTICE

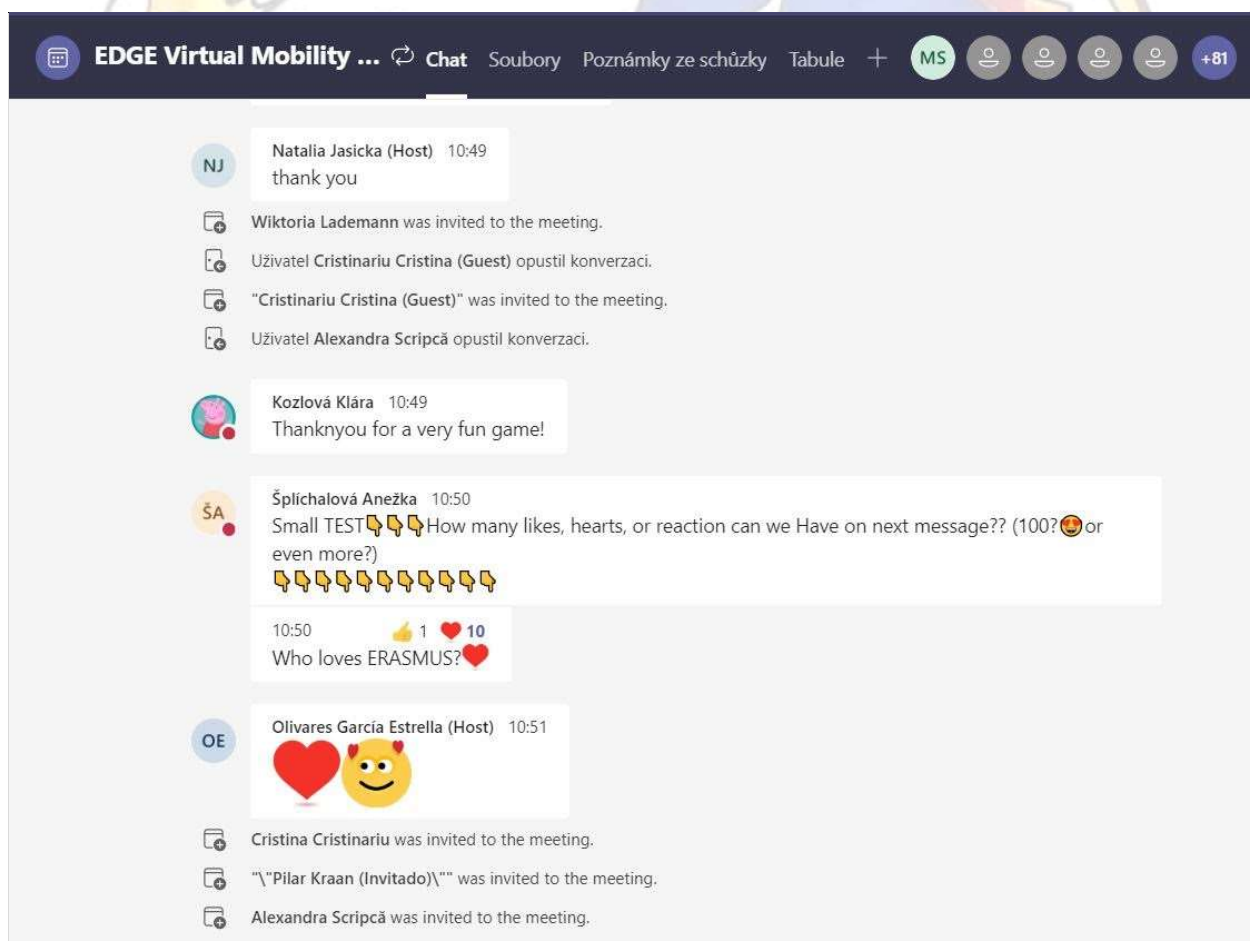
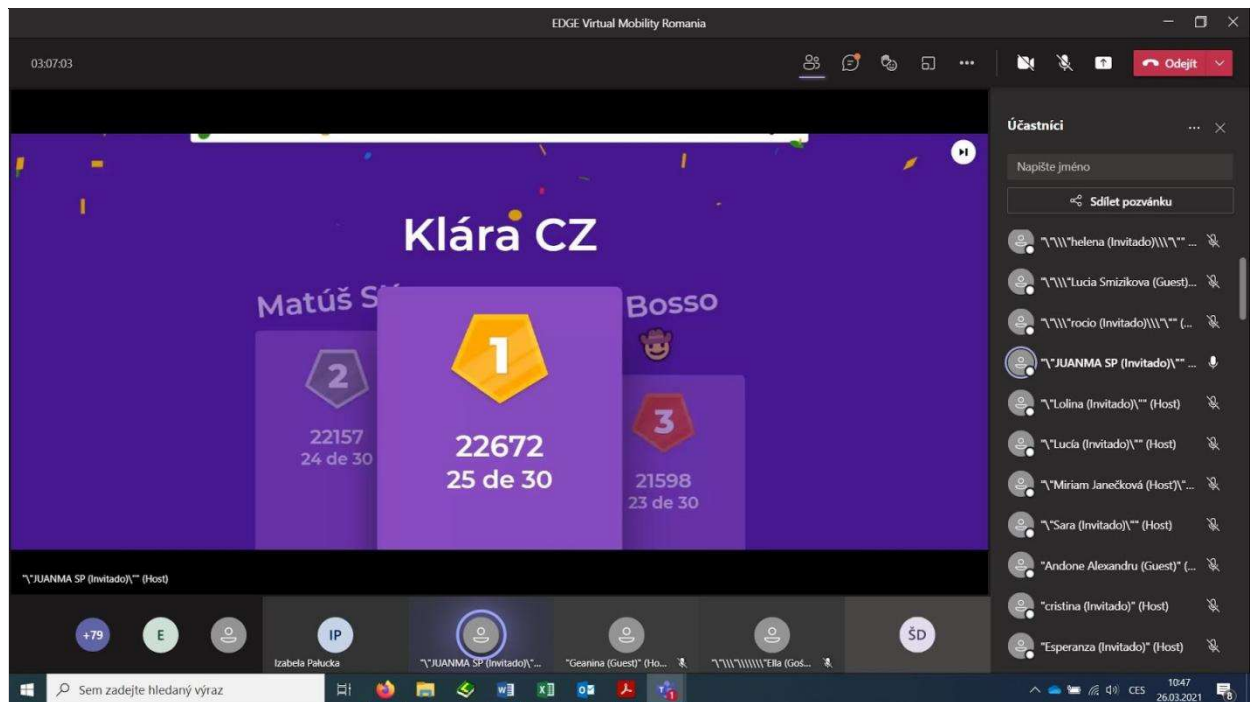


We played a fantastic kahoot in which we could all compete and enjoy at the same time, always learning about other cultures, issues in Europe and even some words in other languages.



And Czech Republic ended up winning the kahoot! Congrats!!

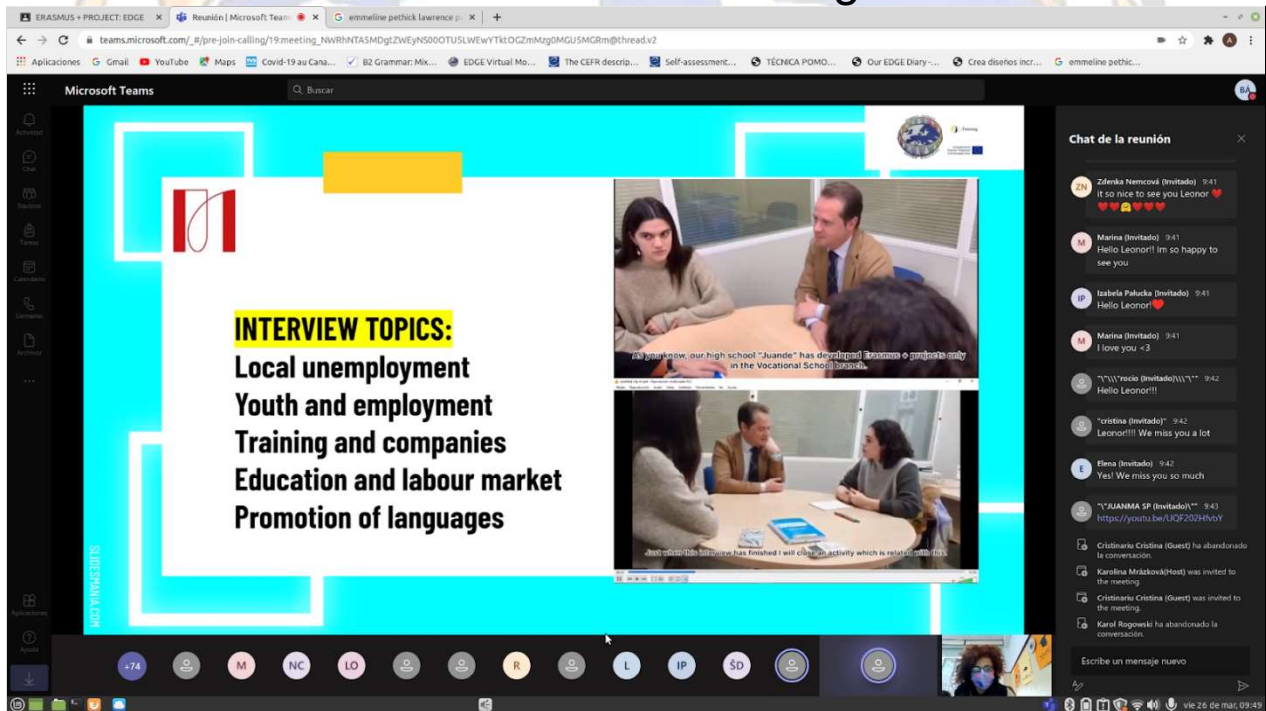
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MANUAL OF GOOD PRACTICE



Bravo for our students who could arrange the interview!



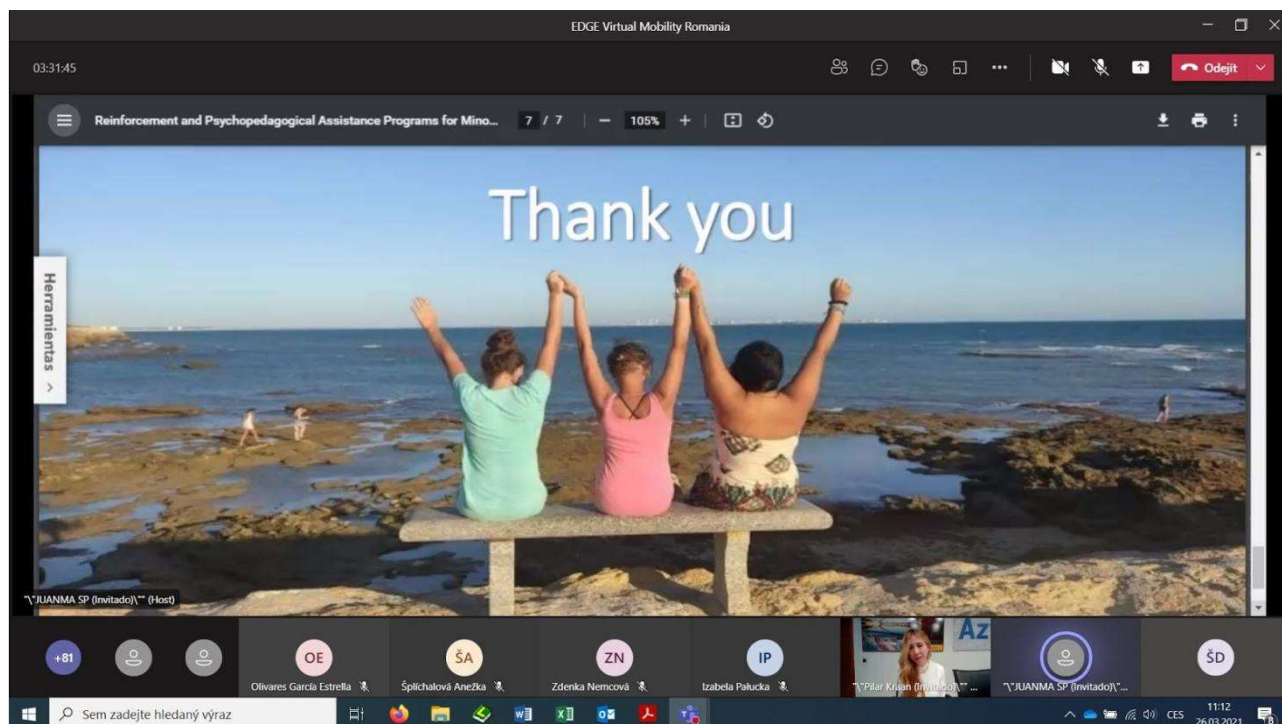
The lovely Mary Shelley's FRANKENSTEIN we have been working in our team.

Please, watch the winning video on Mary Shelley!

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THE RESULTS OF QUESTIONNAIRE

What was the BEST experience this week for you?

Probably the interactive presentations

All students' and teachers' presentations, guests' presentations, Leo - guest.

Talking with other students

speaking english and meeting new people

Learning about all the topic that are so very relevant now.

Interviews with interesting people.

Online conference

Lectures from guests

conversation with Leo

Receiving useful knowledge and hearing some inspirational presentations and stories

meet with Leo and American girl

Every day was unique.

Meeting with american girl, I've learnt a lot about situation in US

I 've learnt many interesting information about every country in this project and about the themes we talked about.

I learned some new facts about the countries and learned about the gender, quality, how to be supportive to someone,

Meeting new people and knowing more informations about countries

I LITERALLY LOVE EVERYTHING THAT WE DID THIS WEEK!

meet old and new friends and learn/discuss bout a lot or interesting subjects

The best experience of this week was when we learned about the participating countries different information, such as: their history, the regimes they went through, important places to visit, and much more.

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Everything, I would say! I do not have my favourite experience. Every country prepared separate programme, but this is it - the diversity, which I love!

meeting the american student

The fact that everybody has learned how to express openly their opinion

Everything was incredible

Finding more informations about LGBT

Talk with an american student, who told us about rasism and discrimination in her country and her personal experiences.

I learned a lot of interesting things about tolerance, gender equality and more of that.

I loved that there were some interesting people who told us their personal stories and experiences

seeing Mikolaj Hewelt's dog Archie when he turned his camera on

Meeting all teams and learning a lot of interesting informations.

The best experience was presentation from Vitek Sliva and also conversation with student from USA.

Being able to meet people from other countries without travelling

I loved learning new things from the different Erasmus countries

Playing games with all the participants in this project.

All of them were incredible!

Learning so much new things, learning English and made new friends

Get a multi-cultural experience.

Learning about Polish History, listening to the USA girl's experience and playing Kahoot.

I believe that the best experience this week was when we played Kahoot. It was funny and everybody was very competitive, so they were wonderful moments.

I think it marked me a lot when they talked about their stories, Leo and the American girl, and obviously the games. I love this Erasmus experience because I have learned a lot.

i loved videos about Slovakia

my best experience was participating in all the games and learning about all the countries.

Meet all of the students and teachers of the other countries.

Being able to hear everyone's own experience, meeting new people and discovering amazing facts about other countries.

Seeing how our students involvement and concern in the social issues dealt in this project.

the best experience this week for me was when we played different games because we got to know each other better and we felt good together. At the same time I liked all the presentations of those

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wonderful people in the project, they were very interesting and I realized that although we were born in different places of Europe we understand and appreciate each other.

I have learnt many things about the history and the politics of some countries which I didn't know before.

Seeing familiar faces again, unfortunately just online...

I learned new informations about other countries.

What was the WORST experience this week for you?

Didn't have one

none

The wifi of our school

I have no bad experience

I don't think there were any bad experiences

Some minor technical issues.

internet conection problems

No bad experience

nothing

When the internet let me down during my presentation

break out rooms

Nothing

Technical problems

Nothing, it was great!

The Long speeches was sometimes quite boring

I don't have experiences like that :)

The internet connection problems that I had :))))))

I don,t worst experience

During this period, I did not have any unpleasant experience, on the contrary, I felt like in a real family with our project partners. I love you all!

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no worst

don't think there was any

That we didn't have the opportunity to meet face to face

Nothing really

The fact that we weren't practically together, just virtual. It is sad that the pandemic has stolen our lives.

I don't have any special moment in my mind. I appreciate the work, so some technical problems are understandable.

Honestly, this week was great and I don't think there is something that I disliked.

My internet was very slow

when the other countries showed us some pics of their typical dishes and i got hungry :(

I don't have one.

I don't have any bad experiences, maybe sometimes there were some technical problems, but everything was alright

the problems with the sound and missing all hugs and smiles in real life

Having to lose some important classes, however I think it was worth it

Some presentations or speeches were too long.

None :)

Missing classes

see the problems with gender in the world

I wouldn't say worst but, sometimes there was too much information at once.

The worst experience for me is when the Spanish group hadn't WIFI the first day. I was very excited and amazed to see the presentations of Romania, unfortunately, we couldn't connect because there wasn't WIFI. However, it was an amazing day, filled by joy and fun.

Nothing is wrong.

that i would have loved to be able to travel

nothing everything has been great

I haven't had any bad experiences, this week was very interesting and wonderful.

Having to lose some important classes, but it's worth the effort.

Being aware of the tough and difficult times you must have lived in the past. History in books is totally different story from hearing it first hand from people who had to overcome it. Thanks for

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sharing so emotional experiences!

Absolutely none.

When we lost internet connection

Not able to hug my foreign friends

Worst was internet connection, he doesn't work.

What would you prefer to do during the next meeting? What would you change?

I don't know. I think that this meeting was practically perfect

See face to face.

Nothing!

be present and travel

I would prefer it to be in person

I would prefer to meet in person.

more games and maybe also more time together

I would prefer to see everyone face to face:D

maybe more games

I would like to hear more about the participants of the EDGE programme (their stories, about their life...)

i dont know

Meet my friends face to face.

more integration with others

Maybe more time to have chance meet others students.

Maybe I will add some more talking in the small group like we did one day

Maybe some more games?

I would change nothing.

to meet all parties face to face

In the next meeting I would like to have more games like Kahoot.

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I think it has been great so far, maybe some fun like dance, singing some traditional songs of the country.

breakout rooms or things that involving students so they can get to know each other more and make some friends

I really hope to meet all of you in Puck, Poland

Everything was greatthe way it was

Let's spend time laughing, hug when we see each other.

I prefer to have more interviews with experts or people who has more experiences in the area. Games were also fun, because we were involved.

I wouldn't change nothing . <3

I like to participate more.

less presentations, more games. Ofc would prefer if it was not a virtual one

I wouldn't change anything.

I would like to meet face to face but yet that because of the situation is imposible. Maybe I will appreciate less presentation and more conversation and games.

just face to face, visiting lovely landscapes, talking without a mask or a microphone

To have talked with other students for knowing them better

Maybe meet each other in person.

As a virtual meeting it was great, I don't think I would change anything?

I liked everything

see more videos about the country's.

I'd like to be able to interact more with other students from the project.

I would prefer talk a little bit more with other students. Apart from this, I wouldn't change anything.

Make it a bit more interactive, since there are times when they talked for a long time it felt boring.

more games and videos

well,i would like to do more kahoot because they are fun and i would not change anything.

I wish that we could meet face to face :(.
Anything, everything is great.

Obviously meeting face-to-face.

I would love having more breakout rooms where students could share experiences with others countries.

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I will change nothing cause this experinece is the best!

Anything will do because everything has been very well planned so far. I am sure it will be a great experience.

I would love to see and hug my friends from the other Edge team,

I would not change anything. I would prefer face to face meeting.

What do you think is the most attractive thing about your work on this project? Are you getting better at working in Twinspace?

I don't really know, but I think I'm getting better

Cooperation, friendship, information, everything.

Learning about other countries

It was everithing very good

I think the most important part is strenghtening international ties and gaining mutual understanding.

New experinece with working online.

most attractive are the topics and discussions
and no it is still Spanish village for me

Meeting new people, hearing opinions from people of different countries

I was only listening but I respect all for their work

I have never been good at working with Twinspace :)

the most attractive thing is that i can practice my english

Writing stories on facebook, etwinning, upload materials

I've developed opinions about serious issues

Every time I found out something new.

Yes, I think we learned a lot, and did some fun games

I'm getting better!! My English is better for sure

The thing that everyone was active to it. They listened to me. I hope so:))

the support each others

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Yes, I will definitely work in Twinspace. The most attractive thing in terms of work was the team spirit present and the sincerity of all.

This project definitely made me work in Twinspace and yes I am getting quite good at it. For this project I prepared a presentation and a quiz - the topic included education, equality, gender and, of course, fun!

i don't know. i think so

Twinspace is a wonderful platform and I am very glad I have discovered many interesting activities working on it.

The people who worked in this project were amazing

Cross-border cooperation.
Yes, surely.

Actually, I'm new in the project, so I don't have much work on presentations. But I think I learned a lot from others, so next time maybe I try to work harder.

The most attractive thing about working on this project is the fact that I have chance to make new friends. Yes, I think I'm getting better at working in Twinspace.

It is my first year so I was only listening, hopefully next time I can also participate

learning new things about other cultures, learning to understand the world around us in general. Yes, I do be getting more familiar with twinspace

I have possibility to develop my skills, meet new people and learn a lot about important topics.

I think the most interesting is getting to know new cultures and people or of course improve language.

the most attractive thing about this work is being awareness of social issues all over Europe; I was used to work in Twinspace so no news from there

The fact of talking with another countries students

Speaking out loud maybe.

The opportunity to learn about other cultures and talk with people from other countries.

The most attractive thing is having more knowledge about gender pay gap

Do my own project and helped with us

I believe our work related to feminism and women is pretty interesting.

I believe that the most attractive thing about my work on this project is the presentation of the high school. It was an amazing experience to prepare it with the teachers and the mates.

I think I have improved a lot

videos, yes.

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the most attractive thing has been the presentation of the high school girls and if i think i am improving.

The amount of information that I learn about unemployment.

The fact of being able to discover interesting new things about important matters, such as equality o job satisfaction.

Planting the seed into tomorrow's European citizens who can make the difference!

I think I do better in both English and using Twinspace. I am most happy that I managed to get involved in various activities.

To get to know some wonderful people.

The most attractive thing about this project are the topics we can discuss and also meeting new people. Yes, I think I'm getting used to working in Twinspace.

Games, definitely :D

Add any comment you think might help the coordinators to improve in their work on the project.

.

none

Nothing, everything was very fun!

You are doing a great job, thanke you

No :)

I believe we will meet in person next time.

Just continue in what are you doing

No comment

nothing on my mind

Well, I enjoyed this one-week-long meeting, however, I'd like to hear more from the students next time...

.

Always support our European team

maybe better organization

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Meeting face to face with everyone or even more talking with the students in the small group

I don't know

They are already the best!

We have a great coordinator.! Thank you Dali for great coordination, for your support in this online meeting and during all project!

I have nothing to add. Everything was wonderful !!!

I do not think there is any improvement in coordinators needed. However, I would be really glad if the students weere more active, I mean, they would not be ashamed to talk, so maybe to encourage them to speak.

more activities that can involve students on the meeting

Let's hope everything will come to normal and have the chance to enjoy our meetings face to face!

I don't have something to add

He is the best coordinator. Never change, Dalimil!

Discussions were more usefull for me than presentations. To specify it, fakts and datas were interesting, but some of presentations were too long and overwhelming. It will be better to give us shorter interpretation and start a discussion. Questions over mentimeter were also a perfect choice for shy students, because it's more anonymous.

I don't think that the coordinators need to change anything.

Maybe better time management because many presentations had to be cut short and we didn't have time for some of the activities

maybe turning their mics off when they are not speaking, it makes it harder to listen to the one speaking

I think all coordinators were great and their work was amazing!

I think that they are doing excellent job

The best is making students face in front of the other speaking in English and sharing their work, much better than listening to formal people. In my opinion, it is the best way to make them put their English into practice.

I think everything was quite good taking into a count the situation.

I don't really think there is anything i can say, all the problems were caused because of internet.

Everything was fine and they couldn't have done it better!

Its perfect

Take the same motivation!!

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Add more interactive activities between students from different countries.

Do not change, stay connecting countries by travels or by Internet please. So we can learn the culture from other countries and some useful information.

Above all continue with the same enthusiasm. You are all incredible and you have done a great job, congrats :D

when it project one people it will see better

continue with the same spirit as this week.

I don't really now, in my opinion everything was great. :)

I believe everything was fantastically prepared so I do not have any recommendation.

I believe students could have more time participation time over the adults. They are after all the main characters.

Everything under the supervision of their teachers, of course!

Thank you!!

This week I felt very good, I learned various things both about us as people and about how to understand others. I enjoyed listening to all the things that were presented to us and I will definitely want to be able to participate in this kind of projects again. The atmosphere was very pleasant and I felt so good this week spent with you! Thank you all for your work, you are the best!

Everything was all right to me but if I had to say something maybe you could try to get students together with some activities just for them when they are visiting a country, when the official project activities finish in the afternoon.

I think they're doing a good job!

This is hard question, I think that everyone do his best.



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POLAND



Puck

— miasto i gmina —



Herb



Flaga

Państwo

 Polska

Województwo

 pomorskie

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Powiat	pucki
Aglomeracja	trójmiejska
Data założenia	XII wiek
Prawa miejskie	1348
Burmistrz	Hanna Pruchniewska
Powierzchnia	4,9 km ²
Wysokość	0-25 m n.p.m.
Populacja (31.12.2017)	
• liczba ludności	11 265 ^{[1][2]}
• gęstość	2351,8 os./km ²
Strefa numeracyjna	(+48) 58
Kod pocztowy	84-100
Tablice rejestracyjne	GPU

Newsletter

EDGE: 2018-1-CZ01-KA229-047985

31st May - 4th June 2021

5th mobility in Puck, Poland

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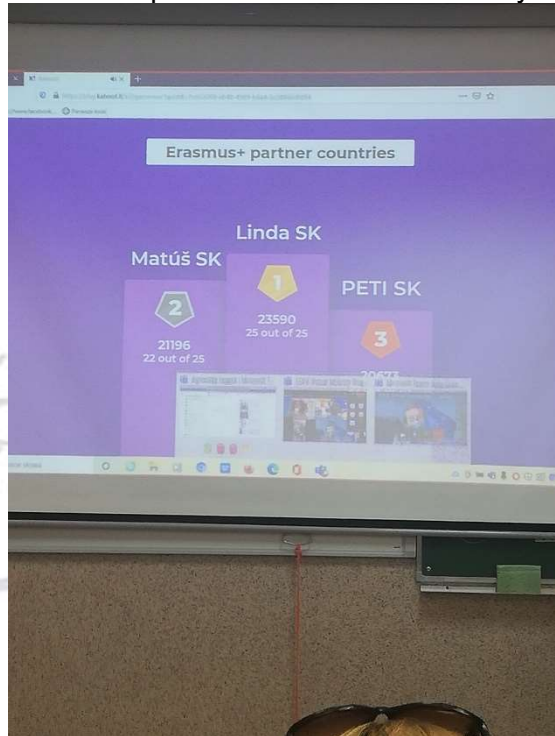
Co-funded by the
Erasmus+ Programme
of the European Union

Monday 31st May 2021

After we met up at 8:45 a.m in front of our hotel we went to the Polish school to learn more about the history and culture of Puck and Poland itself. The presentations started with a musical introduction that traced the experiences of Polish people during the War times and in regime after the war. The singing of polish students was of course breathtaking and we were at a loss for words with songs like *Hymn ludzi stojących w kolejce*. After a shorter presentation about important Polish women, men and important dates in Polish history we headed out on tour around the school. We had a lesson about visual thinking and for those

MANUAL OF GOOD PRACTICE

who wanted there was an opportunity to have a short sports lesson. Understandably we did



not miss an opportunity for a Kahoot game.

Our time in the building of school slowly came to an end and we divided into smaller groups. One went to the Puck glass blowing business and the other had a workshop with mosaics. The small shiny rocks were arranged into simple but precise pieces while the others watched how we are able to work with glass. The glassblowing was fascinating and a treat for an eye.



After that lovely experience we had a city game. Puck, even if it's not the biggest city, is a certain one to look at. We had many stops. The docs, town square or interesting statues. With a map in one hand and mobile phone for photos in the other we ended the day on a pleasant note.

Tuesday 1st June 2021

Our day started in Jastarnia. We got on the bus at 8:45 in the morning and then traveled towards Hel.

We went to many places, such as the Fisherman's house, where we saw how fishermen lived in the past, and the Saint Marie's Church but we unfortunately did not go inside, and only got to peak at the beauty, that was hiding within the church.

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We also saw the harbour in the centre of the town near the Baltic sea and afterwards we stopped in Jurata and we walked on the gorgeous pier and took many photos with the Jurata statue. The tour guide shared with us the tragic story of the goddess of the sea, Jurata, and even if it is only a legend it was still moving.

Afterward we traveled to the Muzeum Obrony Wybrzeża, where we got to learn about the Polish military history and got to look at military equipment, which included the old and the new. In the museum, there were a lot of models of military tanks, airplanes, bombs, guns, pistols and even realistic uniforms that soldiers wore. Before entering the museum, we received a card with access to an audio guide, that explained each room that we went to, and almost everything we could see.

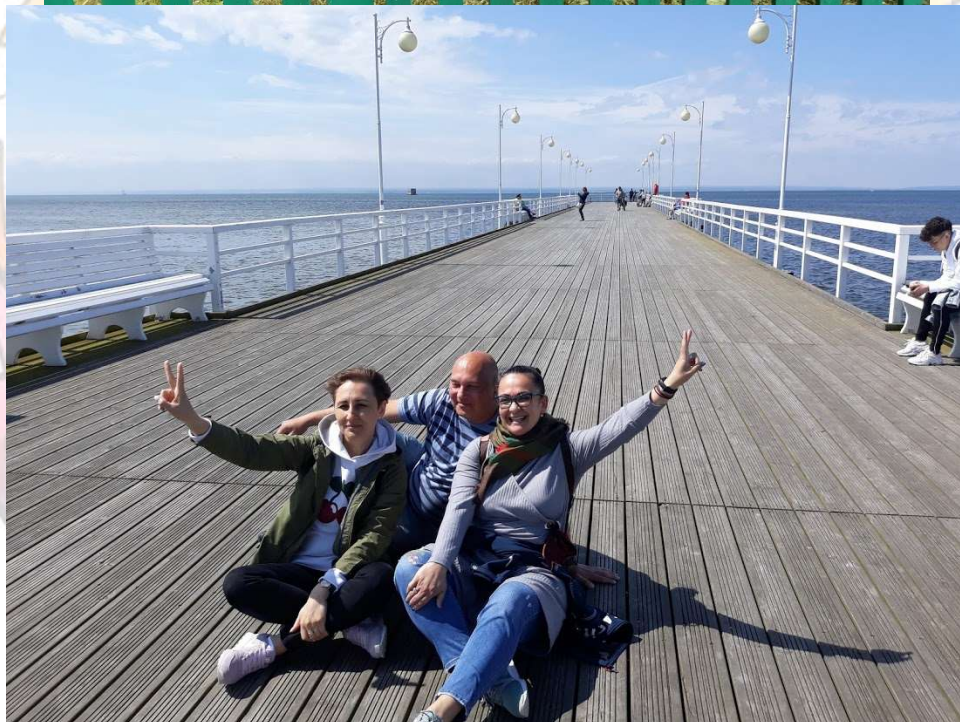
We continued with our tour and reached our main destination in Hel. Everyone was in awe by the breathtaking beauty of the city. After a long walk, we got to see the beginning of Poland, Kópc Kaszebów.

We got to rest on the beach near Kópc Kaszebów, and then we continued on with our trip to dinner, which was accompanied by people in traditional Kaszubian folk costumes. We also got to taste some traditional Kaszubian food and tobacco. After dinner we had free time and got to dance to music with other students, which we all enjoyed.

We arrived at our hotel at about 11 p.m. and got ready for the next day.



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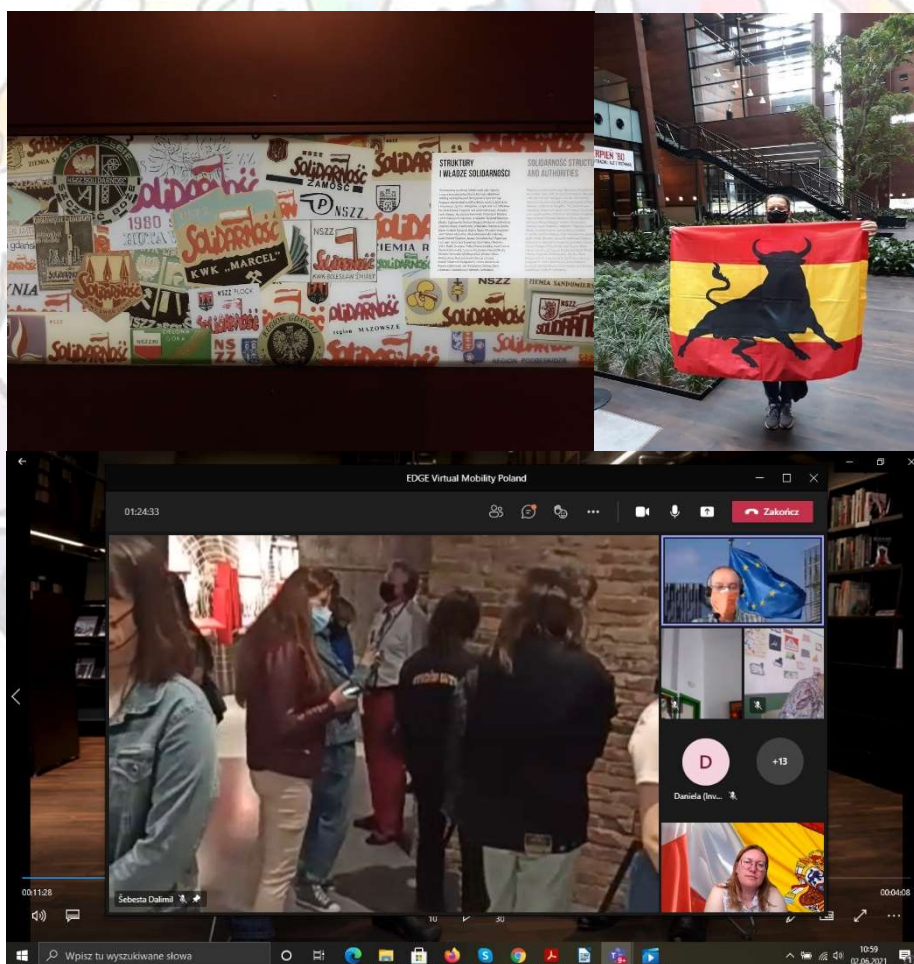
Wednesday 2nd June 2021

Everybody met at the bus station at 9.00 a.m., and we went on our route to Gdańsk. Then we arrived at the European Solidarity Centre, where we met our tour guide, who displayed us the beauties of the museum and the city.

After that, we took some rest at the Green Bridge, which had a beautiful view of the Motława river. Afterwards we ate an extraordinary dinner at a restaurant.

Hence, we explored the outstanding city Gdańsk, we saw various tenement buildings and the St. Mary's Church.

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On the way back to Puck we stopped at Rzucewo, where we had an opportunity to eat some cakes and have a conversation about our trip to Gdańsk. It's a very glamorous and peaceful place :)

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Thursday 3rd June 2021

Everybody met at the train station at 9.00 a.m. And we went to the National Park Slowinski. The view of the bay was very lovely and serene. After that we went on a deck to check the surroundings. Then we went to the Łeba Ruchome Wądo and spent 4 hours there. We visited the sand dunes, which were incredibly beautiful and we also visited the Baltic Sea. On our way to the sea we learned about the shore and how big it was. We went near it, looked at the waves and took walks. After that we took the bus and went for lunch at Leba-Star One resort. The food was extraordinarily good and we really enjoyed it. After lunch we went to buy some souvenirs and then returned to the hotel. It was a very nice and exciting day.



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Friday 4th June 2021

We met at 8:45 at the hotel. We visited the Museum of Puck Land. We were listening to the guide about the traditions and the customs.



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We saw a lot of ancient tools, rooms, works, and paintings. We were watching a short film about the Kashubian language and the alphabet. Kashubians history is very interesting and educational for all of us.

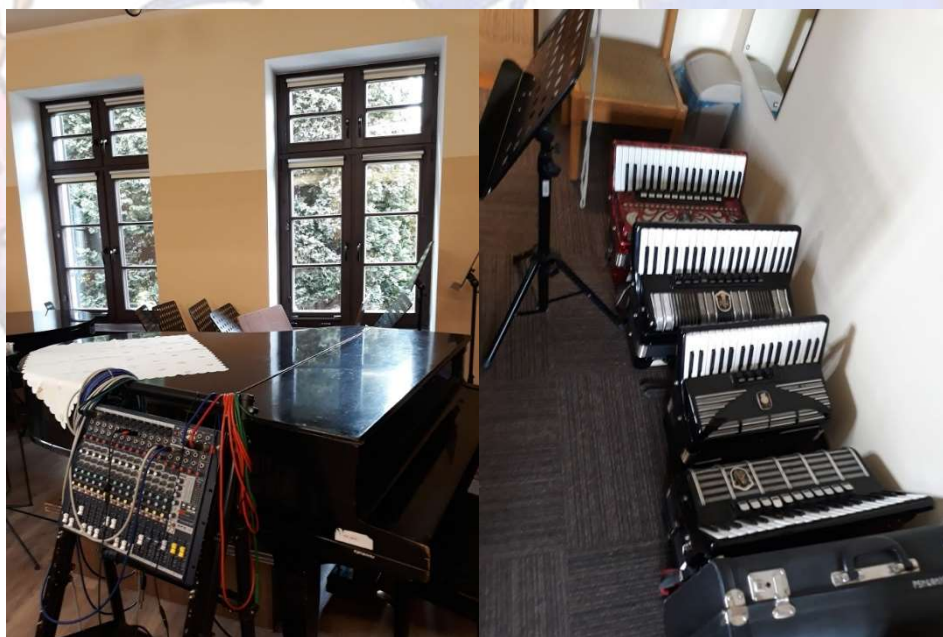


After that, one of the groups had a workshop at the museum. They were painting on the glass: an angel, St. Barbara and St. Antonio.

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The second group had a workshop at a Music School. They were dancing and watching the instruments to Kashubian's songs.



Later, we went to the Main Square and saw an exhibition of amber, archeological and the history of the town. Beautiful ancient pottery, cutlery from the XV century.

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At 12am we went to the school and we were writing the newsletter. After we finished, we went out to eat dinner at the “Na Molo” restaurant.



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Then, we went sailing on a boat around the Puck Bay. Afterwards, we went to a bowling alley.

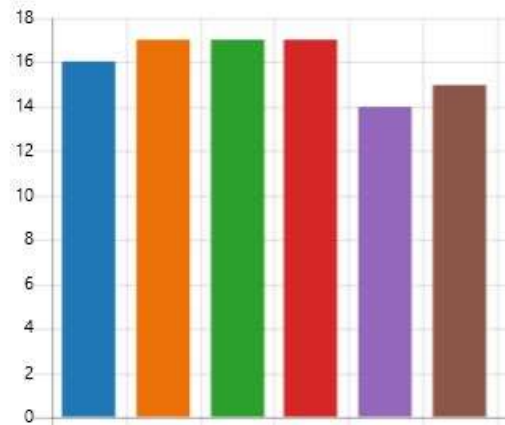


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During the short-term student exchange in Puck in Poland I have:

[Další podrobnosti](#)

learned some new informatio...	16
made new friends	17
had fun	17
seen a lot of interesting places	17
tasted typical local food	14
spoken some words in Polish	15
missed my family :-(0
felt bored most of the time	0



What was the BEST experience this week for you?

[Další podrobnost](#)  Insights

17

Odpovědi

Nejnovější odpovědi

"The dunes in Leba"

"I have a lot of beautiful memories, but the best experience was on Th...

"The best experience for me this week was when we went to Gdansk a...

What was the WORST experience this week for you?

[Další podrobnost](#)  Insights

17

Odpovědi


Nejnovější odpovědi

"not seeing foky"

"The worst one? Maybe travelling by the bus, but I do not think it cou...

"I didn't experience anything bad."

What would you prefer to do during the next meeting? What would you change?

[Další podrobnost](#)  Insights

17

Odpovědi

Nejnovější odpovědi

"nothing"

"Maybe more of relax would be great, because we were really tired aft...

"I wouldn't change anything. Everything was perfect "

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Was the meeting well organized?

[Další podrobnost](#)  Insights

17

Odpovědi



Průměrné hodnocení: 4.65

Were all objectives of the meeting achieved?

[Další podrobnost](#)  Insights

17

Odpovědi



Průměrné hodnocení: 4.65

Were all the topics from the agenda covered?

[Další podrobnost](#)  Insights

17

Odpovědi



Průměrné hodnocení: 4.65

Did you like the programme of the meeting? Was it interesting for you?

[Další podrobnost](#)  Insights

17

Odpovědi



Průměrné hodnocení: 4.82

What do you think is the most attractive thing about your work on this project? Are you getting better at working in Twinspace?

[Další podrobnost](#)  Insights

17

Odpovědi

Nejnovější odpovědi

"the most attractive thing is getting to travel to new places and meeti...

"Yes, I am definitely getting good in working in Twinspace. "

"Yes, I think that I am getting better at working in Twinspace. I loved t...

0. Add any comment you think might help the coordinators to improve in their work on the project.

[Další podrobnost](#)  Insights

17

Odpovědi

Nejnovější odpovědi

"THE FOKY"

"It was very well organized, it was my first Erasmus exchange, Maybe ...

"Nothing to comment"

MANUAL OF GOOD PRACTICE

What was the WORST experience this week for you?	What would you prefer to do during the next meeting? What would you change?	Was the meeting well organized?	Were all objectives of the meeting achieved?	Were all the topics from the agenda covered?
Probably the long journey to Puck.	Learn more about lokal traditions.	3	4	4
Sand in my bed	More free time	4	4	5
I have not had any unpleasant experiences	Everything was very ok. I would not change anything.	5	5	5
I missed my dog	Less walking because it was kinda exhausting but I got the point we saw so many things	5	5	5
Nothing	I would not change anything, everything was perfect.	5	5	5
Nothing.	The same programme.	5	5	5
I didn't experience something like this, everything was amazing!	Every activity is interesting and new for us so I think it's perfect how is it now.	5	5	5

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I have had a lovely time in here and I can't think of anything negative, maybe that I couldn't spend a lot of free time at hotel with my friends...

I wouldn't change anything, only if that i could have spoken to one team earlier, because they were (are) amazing

5

5

5

I wouldn't say that it was bad experience, but military museum was the less interesting to me, but it's because I'm not into it.

i would maybe travel to nature more and i'd like to have more free time on trips.

5

5

4

I didn't have a bad experience for this week.

I wouldn't change anything. I would love to do the same things. This experience was the best of my life!!

5

5

5

I don't know. I really enjoyed everything, maybe it was sometimes to much information for me, for example in Gdańsk I would appreciate more free time to talk with others from erasmus and getting know each other better.

Like i would prefer more free time and chilling activities. Maybe sometimes slow down a little.

5

5

5

I think some museums were not that interesting as others.

Maybe i would add more trips to the nature.

4

5

5

I didn't have any bad or worst experiences.

I wouldn't change anything. Everything was so lovely and the people were so nice. The support teams were also very helpful.

5

5

5

too much walking

More free time and more traditional food

4

3

3

I didn't experience anything bad.

I wouldn't chance anything. Everything was perfect

5

5

5

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The worst one? Maybe travelling by the bus, but I do not think it counts as an experience.	Maybe more of relax would be great, because we were really tired after the whole day.	5	4	4
not seeing foky	nothing	4	4	4
Did you like the programme of the meeting? Was it interesting for you?	What do you think is the most attractive thing about your work on this project? Are you getting better at working in Twinspace?	Add any comment you think might help the coordinators to improve in their work on the project.		
5	Meeting new people and discovering new places. Yes I am getting better at working on Twinspace.	Maybe its better not to have that many things prepared. Because sometimes i felt like I am in a hurry.		
5	.	They are all great enough :)		
5	The fact that I contributed to the participation of this project was a unique experience, through which I learned many things. I also worked on the Twinspace platform.	I have nothing to add. Everything was great.		

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5	Thinking about the topics and then arguing about them. And yes this year I started to understand this page finally	This project is great but my advice is to talk about the program with their students at first and ask them if it would be interesting for them as students
5	Cooperation, LGBT topic, lectures, online meeting.	To keep the projects like this.
5	LGBT TOPIC	To continue this projects.
5	The most attractive thing about my work it's that I improved my english skills and also the thing I made on glass, I like it a lot.	You're just amazing people cause I love to be here because of your hard work for making everything so perfect and fun.
5	It is making new friends for sure (especially during this time), working with twinspace will never be my cup of tea :)	I tink that you all are doing an amazing job!! Thank you for everything you are doing for us and letting us enjoy the time during each meeting.
4	I made some videos about erasmus. During the project I've improved at working on twinspace.	Thanks for your hard work, I feel really grateful.
5	I have made a lot of friends and I improved my English skills. Yes I'm getting better and better at working in Twinspace	All the coordinators were perfect and I don't think they need to improve something
5	I like meeting new people, seeing new places and also i like the friendly environment. Yeh and I am also getting better with twinspace.	I don't have any comments. You are perfect at your job.

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4	Yes i can otient in twinspace better then before for sure but I still have a lot of work to do there.	Maybe to figure if we have wifi or not. Or to have more cohesive plan and to buy tickets before hand
5	yes, i think i am getting better at working in twinspace, also i loved working with other people and seeing new places.	everything did a great job and i had a great experience.
4	spending time with others is the most attractive. Im pretty decent at working at Twinspace	Less museum, more modern attractions :)
5	Yes, I think that I am getting better at working in Twinspace. I loved that I had to cooperate with other students	Nothing to comment
5	Yes, I am definitely getting good in working in Twinspace.	It was very well organized, it was my first Erasmus exchange, Maybe to stay in the rooms of the hotel in mixed groups, I mean like if the room was for three people, it would include Czech, Slovak and Romanian. I think we would get to know each other better. I am really thankful for this experience.
5	the most attractive thing is getting to travel to new places and meeting new people that i wouldnt normally meet.	THE FOKY

MANUAL OF GOOD PRACTICE

THE END AND GOOD JOB

