



FRIENDS AT HOME FRIENDS ABROAD

LESSON PLAN



Recommended Age 7+



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LESSON GUIDE

Students will understand each other by empathizing. During student-centered activities, students will see emotional and physical violence and learn that they should and should not actually do. It is aimed to show the harms of intentional and purposeful bullying. By doing activities, they will understand the importance of this.

LEARNING OBJECTIVES

- Understanding the harmful of the violence and consequences of harming others.
- Behaviors and actions that are negative towards others are positive in the process.

MATERIALS

- A sheet of plain paper
- Piece of papers
- Scissors
- Glue
- Colour markers

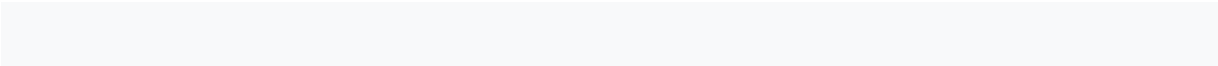
INITIAL PROCEDURES

It is a short story with no speech in it. There are some questions a teacher may ask about the students who are bullying and being bullied.

- Why did the pupils accept him first and then not want?
- What he might have felt?
- What does heartbreak mean? Can a broken heart be repaired again?
- Can we help someone who has been bullied?
- Do you think bullying is an epidemic?
- If so, what can you do as a person?
- Which is dangerous, digital or physical bullying?

At the end, pupils realized that if you break someone's heart it is difficult to restore it. They will be able to empathize with all newcomers and learn to try to understand what he is going through.

As David Walliams said, a bully can only make you feel bad if you let them.



THE HEART EXPERIENCE

ACTIVITY 1-Emotional Bullying

There are two hearts,one is hurt and the other is happy.



Ask some students to say that a friend plays a musical instrument very well.

Then ask the other ones to say that this friend does not play it well.

Next ask the students how they think their friend feel.

At the end show an image of the student's heart.One is happy one is hurt.



ACTIVITY 2- Physical Bullying

A new friend in the classroom. At the first step all the students accept and play with her on the outside and inside.

A few days later they start beating her.

Ask students how they think the New one.

At first she is very happy that her friends treated her well.

But then she doesn't understand why they beat her and she leaves school.

Her heart is like a butterfly first but then it hurts.

ACTIVITY 3-Crumbled Paper

Ask each student to take a sheet of plain paper. After that ask them to squeeze it in their palm.

They will see the paper crumple and understand that a person's heart can be broken Just like that.

ACTIVITY 4- Cut-Glue Paper

Ask the pupils to take a piece of paper and cut it with own scissors ,then glue the paper back on.

Ask if it has become a plain paper again.They will see this is not so and realize that when someone's heart is broken,it is hard to fix it.

