



FRIENDS AT HOME FRIENDS ABROAD PREVENTION OF DIGITAL BULLYING

LESSON PLAN PARENTS INFORMATION



Co-funded by the
Erasmus+ Programme
of the European Union

2019-1-BE02-KA229-060213

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LESSON GUIDE

Paying attention to bullying at home & at school is necessary. In recent years there has been an increasing focus in the media on the phenomenon of bullying of children/young people. Bullying is of all times, it happens now in schools between students and it happened all the years before. In that respect, there is nothing new under the sun. The unprecedented possibilities of social media are a development of recent years. Through social media - which children already have to deal with at elementary school (and also like to have to deal with) - bullies have all kinds of new opportunities to harass and bully children they don't like. Bullying often happens out of the sight of parents and of teachers. This is true of both offline and online bullying. As a result, parents often do not always know immediately what is going on in their son or daughter's life. It is therefore important to give parents as many handles as possible to guide and help their child in this matter.

We would like to give you some practical tools to work with as a school and as parents with their child on cyberbullying.

LEARNING OBJECTIVES

- Recognize that behavior is influenced by advertising and media
- Distinguish strikingly good and not so good media use - express themselves about it
- Experience and determine that information from media content is often a subjective representation of reality
- Develop a critical and reflective attitude toward one's own and others' dealings with media and with the media world - Use one's own criteria in assessing one's own and others' media use
- Experiencing and recognizing that standards apply and agreements are needed even in media communication

MATERIALS – PREPARATION

- GUIDES – WEBSITE Internet Matters
- POSTER Safe Online
- computer – internet – projector

TOOL for SCHOOLS

- 1 Internet-Matters Parents evening presentation cyberbullying 2021

TOOLS for PARENTS

HOW to FIND out about your children's DIGITAL HABITS?

- 2 Internet-Matters Leaflet Toolkit <https://www.internetmatters.org/nl/digital-family-toolkit/>
- 3 Internet-Matters Things you need to know about cyberbullying

HOW to PROTECT your CHILD?

- 4 Internet-Matters Protect you child from cyberbullying

WHAT to DO by cyberbullying?

- 5 Internet-Matters What to do if your child is being cyberbullied?

HOW to TALK about CYBERBULLYING with your CHILD?

- 6 Guide cyberbullying conversation starters 6 – 10 years
- 7 Guide cyberbullying conversation starters 11 – 13 years
- 8 Guide cyberbullying conversation starters 14 plus

TOOL for children

- 9 POSTER Safe Online