

SAY NO TO BULLYING,
SAY YES TO FRIENDSHIP!

-OPTIONAL INTEGRATED CURRICULUM-

2021-2022 school year

Proposed by

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No. of hours: 1 h / week

Duration: 1 school year

Total no. of hours: 35

ARGUMENT

The values of freedom, tolerance, respect for diversity and non-discrimination are the cornerstones of European societies. Bullying in schools damages these values, being a key factor in early school leaving and having serious long-term effects.

In order to support the European values mentioned above and at the request of our students, we thought of this optional integrated subject. It is proposed to take place over the course of a school year in order to complete the students' knowledge in the subject areas of the curricular areas "Counseling and Guidance", "Man and Society", "Arts and Technologies", ICT, "Language and Communication". The basis of this integrated optional is the European strategic school partnership project in the field of school education, the Erasmus + KA 229 "Friends at home, friends abroad".

The optional curriculum is designed to be carried out integrated considering the target group on the border between two generations: Generation Z and Generation Alfa. It is intended for students who have a high degree of empathy, who want to broaden their horizons of knowledge regarding the phenomenon of bullying and in identifying the most appropriate means to successfully face this challenge. Thus, each student will be trained in an activity of knowledge through discovery, through investigation, through theater techniques, learning based on the realization of projects. Each child will become aware of the rights they have, will be aware of the causes and effects of bullying, will identify and take appropriate measures to tackle discrimination and aggression of any kind. Emotional intelligence will be at the heart of all learning activities. The use of active-participative methods will contribute to the manifestation of the critical, tolerant, open and creative spirit. The focus is on carrying out various activities that highlight the type of intelligence specific to each child, so that they feel integrated, valued. Children will have the opportunity to participate in their own learning and the development of life skills necessary for a safe life. The flexibility of the contents allows adaptation to concrete conditions, the formation of essential values and attitudes in the formation of personality.

The contents respect the particularities of the age of the students and contribute to the formation of the profile of the secondary school graduate. The innovation consists in the learning methods discovered during the mobilities: critical thinking, IBL (Inquiry Based Learning), PBL (Project Based Learning), learning through collaboration and cooperation, theatrical art in education, more precisely Boal's Methodology. These innovative methods will ensure the formation of transferable skills and abilities within this optional curriculum specially created for this purpose for 6th grade students. The web 2.0 tools we will use in the classes will also be innovative.

This integrated optional curriculum contributes to the development of 21st century skills: responsibility and adaptability, communication skills, creativity and intellectual curiosity, critical thinking and systemic thinking, information and media skills, collaboration and interpersonal skills, identifying, formulating and solving problems, self-training, social responsibility.

GENERAL COMPETENCES

1. Applying European values in everyday life.
2. Developing the attitude of social empathy.

SPECIFIC COMPETENCES

- 1.1 familiarization with European values (freedom, tolerance, respect for diversity, non-discrimination)
- 1.2 demonstrating an empathetic behavior in everyday life in order to tackle the bullying phenomenon
 - 2.1 developing a critical spirit on the bullying phenomenon
 - 2.2 carrying out an inclusive behavior in school and beyond

1. Applying European values in everyday life

SPECIFIC COMPETENCES	LEARNING ACTIVITIES
1.1 familiarization with European values (freedom, tolerance, respect for diversity and non-discrimination)	<ul style="list-style-type: none"> • Searching for information about European values • Familiarization with European legislation. Paris Declaration (2015) • Reading fragments of literary and non-literary texts relevant to European values and inclusive behavior • Presentation of some books from universal literature • Watching movies, videos, TedTalks • Presentation of life situations that reflect European values • Creation of multimodal texts • Creating illustrations that will be used for greeting cards, flyers, bookmarks, story books (e-book)
1.2 demonstrating an empathetic behavior in everyday life in order to tackle the bullying phenomenon	<ul style="list-style-type: none"> • Identifying the causes and effects of the bullying phenomenon • Expressing own opinion on the phenomenon of bullying and supporting it with arguments and examples • Interpretation of situations observed in everyday life • Acting out situations observed in everyday life • Writing short narrative, descriptive, dialogic texts according to their own affective universe that reflects their way of receiving and understanding a life situation • Writing multimodal texts • Creation of an e-book using web 2.0 tools (storyjumper) • Designing some flashmobs

2. Developing the attitude of social empathy

SPECIFIC COMPETENCES	LEARNING ACTIVITIES
2.1 developing a critical spirit on the bullying phenomenon	<ul style="list-style-type: none">• Expressing some reasoned personal opinions• Holding a motivational speech on the topic of bullying, non-discrimination, social inclusion• Creation of inspirational video materials for social networks (TwinSpace, school Facebook page)• Creation and presentation of group portfolios• Creating and publishing e-books
2.2 carrying out an inclusive behavior in school and beyond	<ul style="list-style-type: none">• Identifying life situations that require inclusive behavior• Interviewing colleagues on the bullying phenomenon• Participation in role-playing games• Carrying out documentation visits <p>*Technological High School "Cezar Nicolau", Brănești, Ilfov *CJRAE Ilfov</p>

CONTENTS

"Unity in diversity" - short history of the EU

European values - everyone's values: Freedom. Tolerance. Diversity. Non-discrimination.

Paris Declaration, 2015

What is empathy?

What is bullying? Bullying: causes and effects

In what environments and how does bullying manifest itself?

Cyberbullying - a form of modern aggression

Robot portraits of the aggressor and the aggressed/ oppressed

Promoting factors of intolerance, discrimination, oppression

Inclusive society - a desirable and achievable ideal

Child rights

Inclusive behavior in school and beyond

Think critically about the bullying phenomenon!

Drama – Augusto Boal's Theater of the Oppressed

Bullying in my village

Bullying in my school

The trial. The role plays

The case studies

Effective strategies to tackle bullying

Respect and display good manners in everyday life!

Digital book vs. the traditional book

TedEx

The flashmob as a way to protest against bullying

The power of social media

Blog and Vlog as means of expression

eTwinning and TwinSpace

ASSESSMENT

- oral and written tests
- surveys
- self-evaluations
- projects
- portfolios
- PPT/ word/ pdf/ video/ e-book materials
- systematic observation
- criterion evaluation grids

At the end of the course, each child will benefit from an individual map (portfolio) with works, results, personalized comments and recommendations, which will be handed to parents.

BIBLIOGRAPHY

Palacio, R.J- *Miracle*

McKee, David- *Elmer the Elephant*

Rowell, Rainbow- *Eleanor & Park*

Slater, Kim- *A seven letter word*

Madonna- *The English Roses*

<https://bullyingnoway.gov.au/>

<http://www.kidspots.ro/cyberbullying-o-forma-de-agresiune-moderna/>

<https://www.unicef.org/romania/ro/>

<https://www.cualtecuvinte.com/>

YouTube- inspirational/motivational videos/TedTalks

Films inspired by the above books

METHODOLOGICAL SUGGESTIONS

Project Based Learning (Project Based Learning)

Inquiry Based Learning

Collaborative and cooperative learning

Storytelling

Drama in Education

Role playing games

Boal's methodology - Theater of the Oppressed

Study and documentation visits

Interpretive readings

Exercises in producing and receiving messages

Interactive didactic methods

Practical activities

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“FRIENDS AT HOME, FRIENDS ABROAD” (2019-2021/2022)



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