## The İmportance Of Water And How We Protect It

The Importance of Water: helps breathing, helps the body absorb nutrients, makes up 83% of your blood, removes waste.

If you wash our vegetables in a bowl full of water instead of hand washing, you will consume much less water

120-150 liters of water is used in the bathroom, and less water is used in the shower. You can reduce water comsuption bu 25% by taking a shower instead of bathing

Turn off the water while brushing or shaving: The water expense that we leave open while brushing or shaving is 12 tons per person per year, although we do not use it. In a family of 4, this figure is on average 48 tons.

Rainwater harvesting: It is a system of catching rainwater where it falls. In rooftop harvesting, the roof becomes the catchment, and the rainwater is collected from the roof of the house/building.