

## IDEA 7

### 7) EMOTIONAL RELIEF THROUGH ARTISTIC EXPRESSION

IT IS A PROJECT CREATED TO ACCOMPANY THE EMOTIONAL SUFFERING OF PATIENTS SUFFERING FROM A CHRONIC, NEURODEGENERATIVE OR TERMINAL DISEASE. GIVE SUPPORT TO THESE PEOPLE, THROUGH INDIVIDUAL OR GROUP SESSIONS OF ARTISTIC EXPRESSION THROUGH WHICH A RELATIONSHIP OF HELP IS ESTABLISHED BASED ON A GOOD COMMUNICATION WITH A SPECIALIZED PROFESSIONAL THAT HELPS THEM TO MANAGE AND CONDUCT POSITIVELY THE PROCESS OF IMPROVEMENT OF MIND.

