**How well have I done in the test?**

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| --- |
| I know that you care about the marks you get in tests. But those marks depend on a number of factors, some of which you can control.  The more aware you are of your difficulties, and their causes, the more easily you will overcome them.  Analyse your test and reflect upon your performance and your main problems. |

|  |  |
| --- | --- |
| **MY PERFORMANCE** | **MY PROBLEMS** |
| *Did I…*   * try to understand the purpose of the test? * know what the teacher wanted to evaluate? * pay attention to the instructions? * make sure I understood the tasks? * answer what I was asked? * try to express myself clearly? * try to use correct language? * ask for help when I needed? * revise my work before handing it out? | *Did I have trouble with…*   * motivation? * attention/concentration? * preparation? * instructions/tasks? * topics/ideas//information? * language? * time? * relaxation (I was nervous…)? |

(Vieira & Moreira, 1993:115)