

LESSON PLAN

Form: 7th

Subject: Personal, social and health education

Teacher: Saulius Rudelis

Topic of the lesson: Help in accident situation

Objectives of the lesson: After discussing the common symptoms for sudden illnesses of their relatives, students will be able to recognize them and provide first aid.

List of required material: multimedia, slides and video about first aid, pens in different colours, conference paper.

Process of the lesson: teaching and learning activities

The activities during the lesson were organized using such methods as brainstorm, a discussion, mind map, individual and group work, teaching first aid practical skills.

At the beginning of the lesson students were asked to discuss the question "What is first aid?". Each group created mind maps and shortly presented their answers. A teacher notified the objective of the lesson.

Brainstorming was used to engage students express their ideas about common symptoms for sudden illnesses of their relatives. Different kinds of illnesses and attacks were written on conference paper in various colours. Students discussed how they can help in these situations and when they need the professional help. Then teacher demonstrated slides and video about first aid. Students took notes while watching this material. After that, a comic book about Justyna Avgul was presented. Students took their notes about providing first aid and kindness as well. Students expressed their ideas about the story and supplemented their mind maps.

The task for students was to name a sudden illness or attack and to provide first aid to it. At the end of the lesson students self-assessed themselves using traffic lights method.

Additional material (tasks, handouts/worksheets):

1. Comics about Justyna Avgul.
2. Presentation and video about First Aid.

Sources:

1. <http://sauga-sveikata5-8.mkp.emokykla.lt/>