

LESSON PLAN

Form: 8th

Subject: Ethics

Teacher: Algina Plūkienė

Topic of the lesson: Significance and happiness of life

Objectives of the lesson: Students will describe a highlighted moral problem in pairs by analysing the life experience of Ieva Krivickaitė and will substantiate their own opinions while writing a short essay.

List of required material

Ideas of Heraclitus, Plato, M. Aurelius, Spinoza, L. Tolstoy, F. Bacon and J. Tumas Vaižgantas, printed material about Ieva Krivickaitė, handouts with questions, threads and beads.

Process of the lesson: teaching and learning activities

The activities during the lesson were organized using such methods as lecture, questions, pair work and writing an essay. While lecturing and demonstrating (piercing the beads), the information about person's limit aspiration such as significance and happiness of human life was presented. The teacher emphasized that active lifestyle and its results give meaning to our life. Then pair work started. Students had to find his/her pair by looking for the student with the strip of the same colour. Each pair fulfilled a different task. They discussed the ideas of various authors about significance and happiness of person life and read the material about Ieva Krivickaitė and her activities as well as answered the given questions. After this, students were asked to write an essay. The topic was "The more one forgets himself—by giving himself to a cause to serve or another person to love—the more human he is and the more he actualizes himself." V.E. Frankl

Sources:

1. L.Jekentaitė, R.Sabaliauskaitė, *A person between people*. Vilnius: Kronta, 2002.
2. V.E. Frankl, *Man's search for meaning*. Vilnius: The world of Catholic, 1997.
3. B.Kuzmickas. *Happiness, personality, values*. Vilnius: LTU publishing centre, 2001.

