

Classe 610

2016/2017

Collège Mille Roches

Reunion Island



COLLÈGE MILLE ROCHES

Traditional dishes



THYME



TOMATOES



TURMERIC



SAUSAGES



GARLIC



ONION

Rougail Saucisses

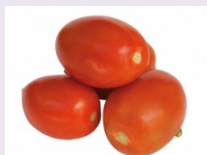
Rougail Saucisses is a mixture of spices and sausages. You can eat it with rice, beans, **rougail*** or lettuce.



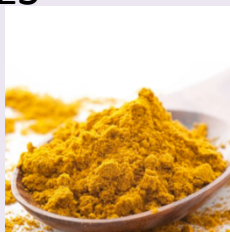
CUMIN



THYME



TOMATOES



MASSALE



CABRI MASSALE



GINGER



GOAT



GARLIC



ONION

Cabri Massalé is a mixture of spices , **massalé** * and goat. You can eat it with rice and rougail.



BICHIQUE
or
fish larva



TOMATOES



THYME



TURMERIC



ONION



GINGER

CARRY BICHIQUES

Carry Bichiques is a mixture of spices and bichiques*. You can eat it with rice, and mango rougail*.



GINGER



GARLIC



ONION



TI JACQUES



TURMERIC



TOMATOES



STREAKY
BACON

TI JACQUES BOUCANE

Ti Jacque Boucané is a mixture of spices, *ti jacques** and streaky bacon. You can eat it with rice.



- * *Rougail* is a mixture of chili, onions, salt, tomatoes or lemon.
- * *Massalé* is the creole word for massala.
- * *Bichiques* in Creole are fish larva, called «alevins» in French.
- * *Mango Rougail (Rougail Mangues)* is a mixture of chili, onions, salt and mango.
- * *The Ti Jacques* is the Creole word for the jackfruit (jacquier in French).