

# POLAND



# THE HEART OF EUROPE

**Poland** is a country in central Europe, bordered by **Germany** to the west; the **Czech Republic** and **Slovakia** to the south; **Ukraine**, **Belarus** and **Lithuania** to the east; and the **Baltic Sea** and **Kaliningrad Oblast**, a Russian Exclave, to the north.





# NATIONAL SYMBOLS

**The flag of Poland** consists of two horizontal stripes, the upper one white and the lower one red.



**The White Eagle** is the national emblem. It is an image of a crowned white eagle with a golden beak and talons, and wearing a golden crown, in a red shield in a red field.

**Mazurek Dąbrowskiego** is the national anthem of Poland.

The lyrics was written by Józef Wybicki in 1797.

# REGIONS IN POLAND

**Poland** is divided into 16 districts (called voivodeships). The biggest one is Masovia with the capital city Warsaw.

The total area of Poland is **312,679 square kilometers**, making it the **69th** largest country in the world and the **9th** largest in Europe.

Poland has a population of over **38.5 million people**, which makes it the **34th** most populous country in the world and **6th** most populous member of the **European Union**.





# GEOGRAPHICAL FEATURES



The Polish landscape is very diverse, starting from the **Mountains** in the south through the central **lowlands** to the **Lake District Masuria** and **the Baltic Sea** – in the north.

The **Vistula** River is the longest river in Poland - **1,047 kilometers** in length.

The north-western summit of **Rysy** in the High **Tatras** is the highest point of Poland with **2499 metres** above the sea level.

**Śniardwy** in the Masurian Lake District is the largest lake in Poland – **113.8 square kilometers**.

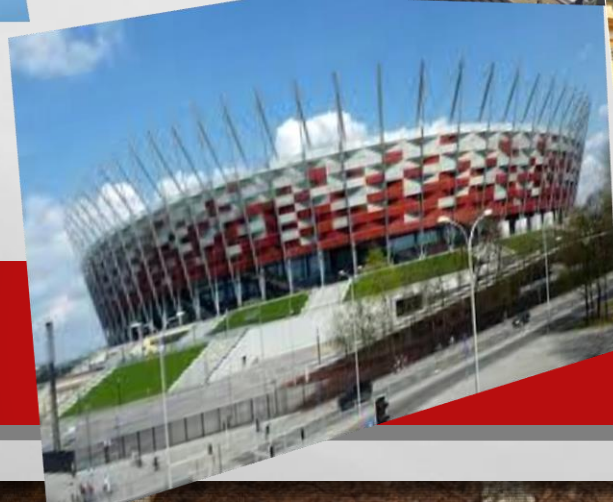
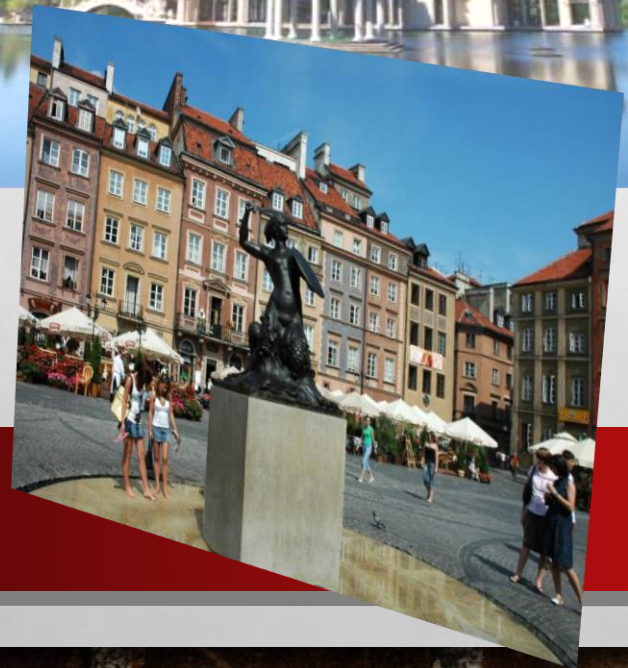
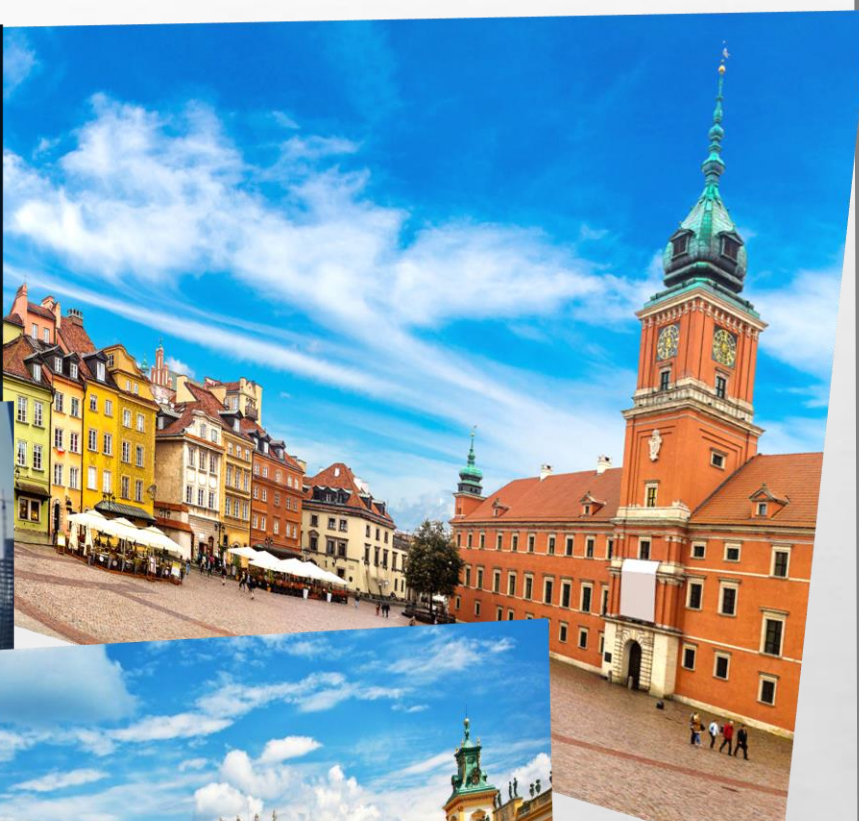
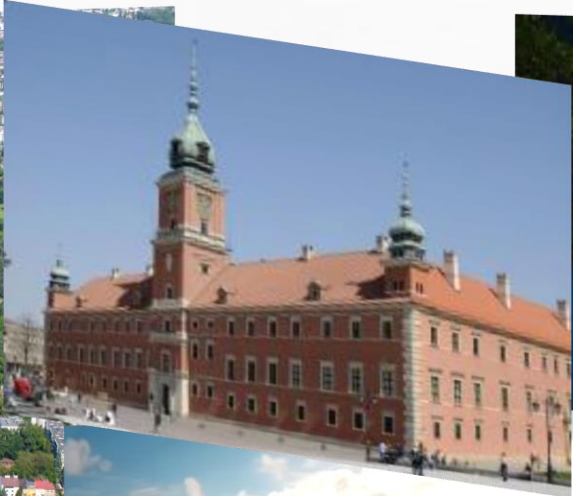
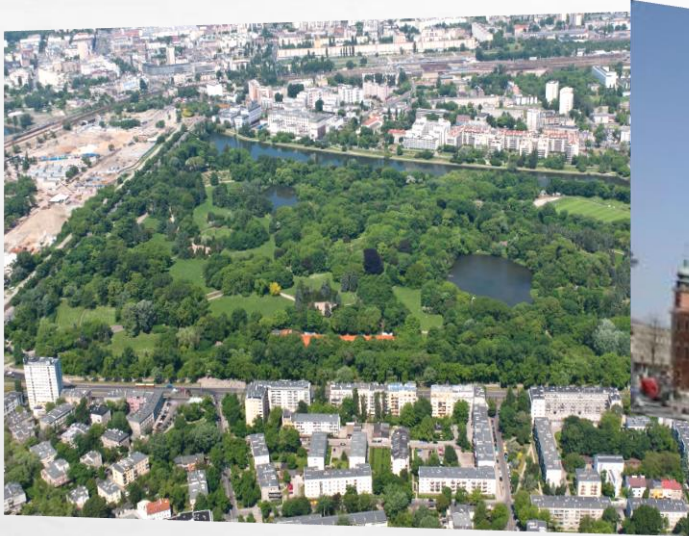
# WARSAW - THE CAPITAL CITY

**Warsaw** is the largest city of Poland. It is located on the Vistula River. It has a population of about 1,8 milion residents. Warsaw is an economic, political, and cultural centre. Warsaw is a bustling metropolis and features an unforgettable history. It's a city where a fourth of the terrain is covered by parkland and a city of culture for all tastes and budgets.

The symbol of the city is the Mermaid, featured on the city seal.









# **CRACOW** is the second largest and one of the oldest cities in Poland





# TOURISTS ATTRACTIONS IN POLAND





# FACTS ABOUT POLAND



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Litery pisane

**POLISH FACTS:**  
Polish alphabet consists  
of 32 letters (English of 26).

Litery drukowane

a	b	c	d	e	ę	f	g	h	i	j	k
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**POLISH FACTS**  
When foreign movies are dubbed for Polish TV,  
one man reads all the parts, even those of women and children.  
Viewers hear the original English soundtrack faintly in the background.



# PEOPLE

**Polish 97.6%**

**German 1.3%**

**Belorussian 0.6%**

**Ukrainian 0.5%**





# POLISH LANGUAGE

Polish is an **Indo-European** language belonging to the **West Slavonic** group. Polish began to emerge around the **10th century**.

The first written texts in Polish were translations of Latin prayers and sermons.

Polish is an **inflected language** with seven cases, two numbers, three genders in singular and two in plural.

Polish has **five major dialects**, spoken in Silesia, Malopolska, Mazovia, Wielkopolska and Kashubia.

**This film shows how Polish is perceived by foreigners.**

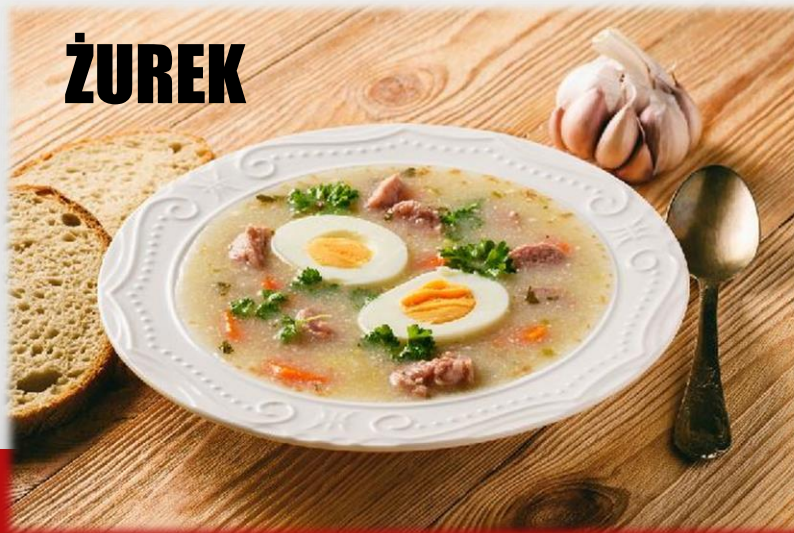




# Poland *tastes good*



Polish food is very diverse and unique. Polish cuisine shares some similarities with other Central European and Eastern European traditions. Polish national cuisine is rich in meat, especially in pork, chicken and beef, vegetables and spices. There are many varieties of dishes prepared with cabbage, barley, beet, potatoes and wild mushrooms. Among the most popular Polish national dishes there are:







# KOŃSKIE-OUR TOWN

**Końskie is a town in central Poland situated in Świętokrzyskie Region with about 20 thousand inhabitants.**



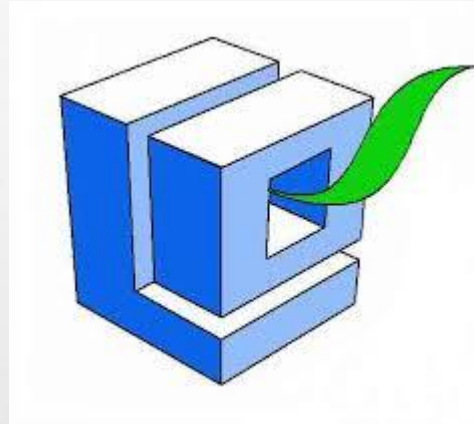


# OUR SCHOOL

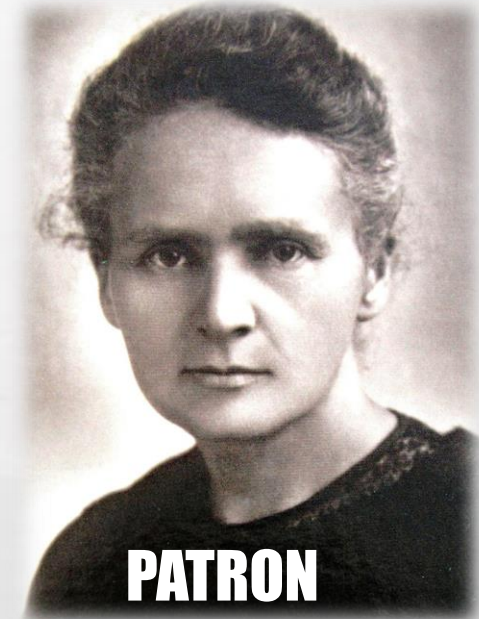
## II LICEUM OGÓLNOKSZTAŁCĄCE im. MARII SKŁODOWSKIEJ-CURIE



**SCHOOL**



**LOGO**



**PATRON**

**Our school is a secondary school of general education preparing students to national exams and studies at University. It lasts for three years and provides education for students aged 16-19. The school offers the students extended programme in foreign languages, maths, geography and other subjects needed for further education.**

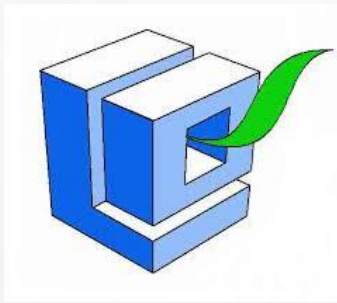
**Marie Skłodowska-Curie was a Polish scientist who was the first woman to win a Nobel Prize and the only person to win the award in two different fields – physics and chemistry.**



*And there is much, much more...*







Erasmus+



*Thank you for your attention!*

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