

Name and Surname ...............................................................................................................

Date............................................................................

1. Read the article and answer the questions:



# Reading comprehension:

1. What does Mary eat in the

morning? ..............................................................................

.............................................................................................................................................

1. Who doesn’t drink anything in the

morning? ...................................................................

.............................................................................................................................................

1. Who likes eating

sandwiches? .........................................................................................

1. Who trains a

lot? ..............................................................................................................

1. Who enjoys drinking

soda/pop? .....................................................................................

# Writing about healthy habits:

**Write about Mary and Tim. In your opnion, which things does Mary do better than Tim to have a healthy life? and Which ones does Tim?**

................................................................................................................................................

................................................................................................................................................

................................................................................................................................................

................................................................................................................................................

................................................................................................................................................

................................................................................................................................................

................................................................................................................................................

................................................................................................................................................

# Write some pieces of advice to Mary and Tim to have a healthier life: You can use should or shouldn’t.

**Ex: Mary should drink more water.**

................................................................................................................................................

................................................................................................................................................

................................................................................................................................................

................................................................................................................................................

................................................................................................................................................

2. Complete the vocabulary:

|  |
| --- |
| Stew. Meatballs, Rice, Oatmeal, Pizza, Caesar Salad, Stir, Coffee, Tuna Sandwich, Roll up, Yorkshire pudding, Scones, Dice, Salmon, Roast Beef, Grill, Trifle,Milk, Stuffed tomatoes, Chop, Ice-cream, English Club Sandwich,Toast, Pancakes, Roast, Tiger Prawns, Fry, Gammon Steak, Yoghourt, Cereals, Steam, Bacon, Muffin, Cookies, Scrumble eggs. |
| BREAKFAST | LUNCH/DINNER | SNACK | DESSERT | VERBS |

Stew. Meatballs, Rice, Oatmeal, Pizza, Caesar Salad, Stir, Coffee, Tuna Sandwich, Roll up, Yorkshire pudding, Scones, Dice, Salmon, Roast Beef, Grill, Trifle,

Milk, Stuffed tomatoes, Chop, Ice-cream, English Club Sandwich,

Toast, Pancakes, Roast, Tiger Prawns, Fry, Gammon Steak, Yoghourt, Cereals, Steam, Bacon, Muffin, Cookies, Scrumble eggs.

