



INSTITUT MOLÍ DE LA VILA, Carrer Call 56, 08786 CAPELLADES, CATALONIA, SPAIN

C5 CATALAN MOBILITY

2nd-6th March 2020

Waste cut and how to measure it

1. Meeting plan

SATURDAY 29/02/2020		SUNDAY 01/03/2020
Arrivals		
MONDAY 02/03/2020 (REUSING DAY)		
7:45	Departure of the bus from the hotel (teachers, Slovak and Greek team)	Igualada
8:00-9:30	<ul style="list-style-type: none"> Welcome to Capellades. Speeches of the management. 8-8:10 h Short presentation of Spain, Catalonia, Capellades, and Molí de la Vila Secondary School 8:10-8:30 h Presentation of all the guest teams 8:30-8:45 h Small representation of Catalan/local folklore 8:45-8:55 h Small theatrical performance of "Each type of waste in its container" 8:55-9:05 h Joint song with all the participants from different countries 9:10-9:30 h 	School
9:30-9:50	Short guided visit to the installations of Molí de la Vila Secondary School	School
10:00-10:30	Reception of the Mayor of the town of Capellades	Conference room of the Paper Mill Museum
10:30-11:00	Coffee break	
11:15-11:45	Small introduction to the most necessary phrases in the Catalan language	School

11:45-12:40	Recognition games. Group dynamics	School playground
11:45-12:40	Teachers meeting	School
12:40-13:35	<ul style="list-style-type: none"> ● Presentation of the project on waste by first-year students. ● Presentation of the Yard Brigade Project: For a School Free of Aluminum Foil and Film ● Guided visit to the exhibition: "Reusing materials" and activities about it 	School
13:35-14:30	Games of over the world with reused materials	School
14:30	<p style="text-align: center;">LUNCH</p> <ul style="list-style-type: none"> ● Polish, Romanian and Turkish students with hostess families. ● Teachers and Slovak and Greek team at "Dalt i baix" restaurant 	Capellades
16:00	<ul style="list-style-type: none"> ● Teachers and Slovak team: return to the Hotel by bus ● Students of Greek team stay in Capellades with hostess families 	Igualada Capellades
18:00	Tour of the center of Igualada with teachers and Slovak team.	Igualada
19:00	<p style="text-align: center;">FREE TIME, DINNER</p> <ul style="list-style-type: none"> ● Teachers and Slovak and Greek team remain in Igualada ● Greek students will be returned to Igualada by host families to have dinner at 20:00h 	Igualada
TUESDAY 03/03/2020 (RECYCLING DAY)		
7:45	Departure of the bus from the hotel (teachers, Slovak and Greek team)	Igualada
8:00-9:15	Workshop: Let's do our boc'n'Roll (I)	School
9:15-9:45	Explanation of the door-to-door waste collection system by the Counsellor who implemented it, Mr. David Sánchez	School
10-11:30	<ul style="list-style-type: none"> ● Half of the group will visit the Paper Mill Museum and will do the recycled paper workshop. ● The other half of the group will visit the archaeological Paleolithic site of "L'Abric Romani", where there is evidence of the life of the Neanderthal man. 	Capellades
11:30-12:00	Return to the Institute and coffee break	School
12:00-12:45	Workshop: Let's do our boc'n'Roll (II)	School



13-14:30	<ul style="list-style-type: none"> • Half of the group will visit the Paper Mill Museum and will do the recycled paper workshop. • The other half of the group will visit the archaeological Paleolithic site of "L'Abric Romani", where there is evidence of the life of the Neanderthal man. 	Capellades
14:30	LUNCH "PAELLA", all together in the institute	School
16:00	Workshop: "Trencadís" workshop (the technique Gaudí used to decorate his buildings, made with recyclable material)	School
17:00	<p style="text-align: center;">FREE TIME, DINNER</p> <ul style="list-style-type: none"> • Teachers and Slovak team: return to Igualada by bus • Greek students: stay with host families and after that return to Igualada by host families to have dinner at 20:00h • Polish, Romanian and Turkish students stay with hostess families in Capellades 	Igualada Capellades Capellades
WEDNESDAY 04/03/2020 (TOURIST DAY)		
8:00	Departure of the bus from the School (Turkish, Romanian and Polish students and Catalan teachers)	Capellades
8:10	The bus picks up teachers, Slovak and Greek team, at the hotel and departure for Barcelona	Igualada
9:30	Arrive to Barcelona	Barcelona
10:00-11:30	Visit to Park Güell	Barcelona
12:00-13:00	Visit to Sagrada Familia Cathedral	Barcelona
13:00-13:30	Lunch break: picnic	Barcelona

14:00-16:30	<ul style="list-style-type: none"> ● Passeig de Gràcia, Catalunya Square, Rambles, Cathedral ● Free time 	Barcelona
16:30	Departure to Igualada by bus	Barcelona
17:50	<p>Arrive in Igualada</p> <p>Teachers and Slovak and Greek team stay in the hotel. Romanian, Polish and Turkish students will be welcomed by their partners in the hotel.</p>	Igualada
19:30	All the group will be accompanied by Catalan teachers, on foot, in Igualada city, to the "Cotxeres of the moixiganguers"	Igualada
20:00-21:30	Visit to the rehearsal of human towers Moixiganguers d'Igualada	Igualada
21:30-23:00	<p>DINNER, FREE TIME</p> <ul style="list-style-type: none"> ● Teachers and Slovak and Greek team: Tapas dinner in the "Cotxeres of the moixiganguers" restaurant ● Polish, Romanian and Turkish students with their partners will be picked up by their host families and returned to Capellades. 	Igualada
23:00	Teachers and Slovak and Greek team will return to the hotel	Igualada
THURSDAY 05/03/2020 (REDUCING DAY)		
8:00	Polish, Romanian and Turkish students, departure by bus from Capellades to Igualada, Hotel America	Capellades
8:30	Meeting of the entire group in Hotel America.	Igualada
9:00h-11h	Artistic and historical guided tour of the town of Igualada	Igualada
11:15 -11:45	Return to Capellades by bus and coffee break	School
11:45	<p>e-twinning workshop</p> <ul style="list-style-type: none"> ● Padlet of different ways to reduce packaging ● Ideas to reduce waste in our institute 	School
12:40	Workshop: Let's do our boc'n'Roll (III)	School
13:35	Workshop: Percussion beats with recycled instruments	School
14:30	LUNCH, FREE TIME	Capellades



	<ul style="list-style-type: none"> Polish, Romanian and Turkish students take lunch with their host families. Free time in Capellades Teachers and Slovak and Greek team return to the Hotel Amèrica in Iguialada and have lunch in the hotel. Free time in Iguialada 	
18:45	Teachers and Slovak and Greek team will be picked up by bus from the Hotel and return to Capellades	Iguialada
19:00	<p style="text-align: center;">FAREWELL PARTY</p> <ul style="list-style-type: none"> Shows percussion rhythms worked together in the morning with a group of professional batucada Folk demonstration Informal dinner with all the families, students and participating teachers Music from all over the world to dance 	School
22:00	Teachers and Slovak and Greek team: return to Iguialada by bus	Iguialada
FRIDAY 06/03/2020 (LAST DAY)		
8:00	Departure of the bus from the school (Romanian, Turkish and Polish students and Catalan students and teachers)	Capellades
8:10	The bus picks up teachers, Slovak and Greek team, at the hotel and we all departure to visit Montserrat Mountain	Iguialada
8:40	Visit to the Montserrat Mountain Natural Park and the Basilica of Montserrat Workshop: "Geological formations: an example of reusing natural materials"	Montserrat
13:00	Return to Capellades	School
13:35	<ul style="list-style-type: none"> Summary, conclusion, handing certificates and signing list of attendance. Joint song with all the participants from different countries 	School
14:30	<p style="text-align: center;">LUNCH</p> <ul style="list-style-type: none"> Polish, Romanian and Turkish students with host families. Teachers and Slovak and Greek team at "Tots a taula" restaurant 	Capellades
16:00	<p style="text-align: center;">FREE TIME, DINNER</p> <ul style="list-style-type: none"> Teachers and Slovak team: return to Iguialada by bus 	Iguialada Capellades

	<ul style="list-style-type: none">• Greek students: stay with host families and after that return to Igualada by host families to have dinner at 20:00h• Polish, Romanian and Turkish students stay with hostess families in Capellades	Capellades
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