

Student`s survey results

Stalģene Secondary school, Latvia

Class, where are you learning

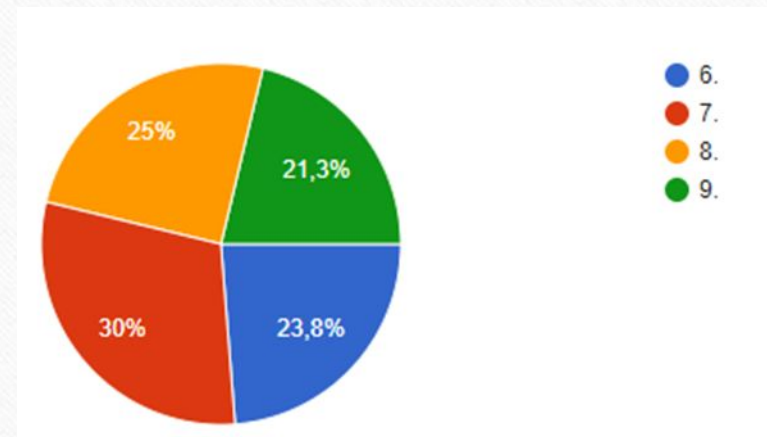
- At Staļģene Secondary school in survey took part

19 student`s from 6th class

24 student`s from 7th class

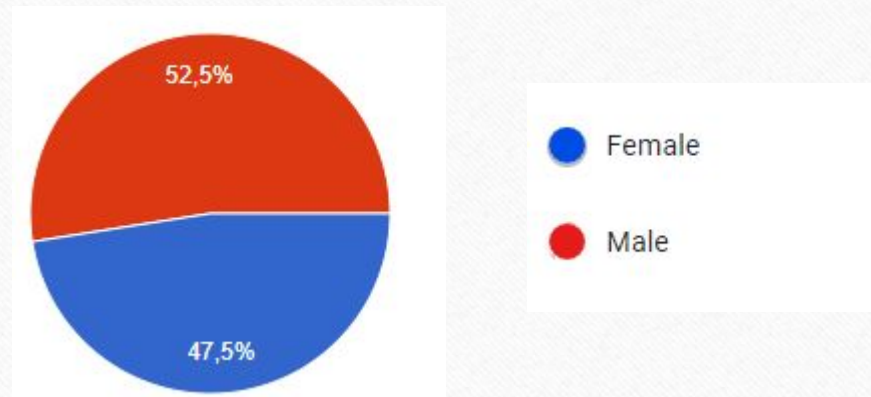
20 student`s from 8th class

17 student`s from 9th class



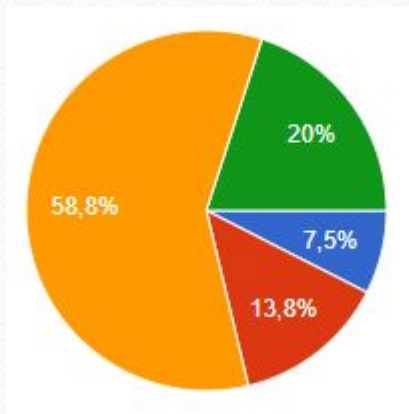
Gender

- From all student`s 52,7% or 42 people were male, but 47,5% or 38 - female



How do you feel when you have to learn at school?

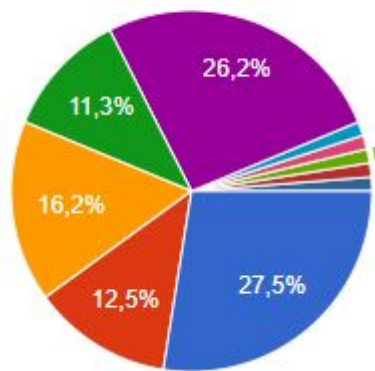
- To sum up only 20% admit, that they don't want to go to school. The rest students attend school according to their mood of particular day – sometimes they want to go to school, but sometimes don't.



- I go to school every day with pleasure
- In general I like to go to school, but there are some things I don't like about school
- There are days when I want to go to school and there are days when I don't want to
- Mostly I don't like being at school

How are you feeling when you have to learn remotely?

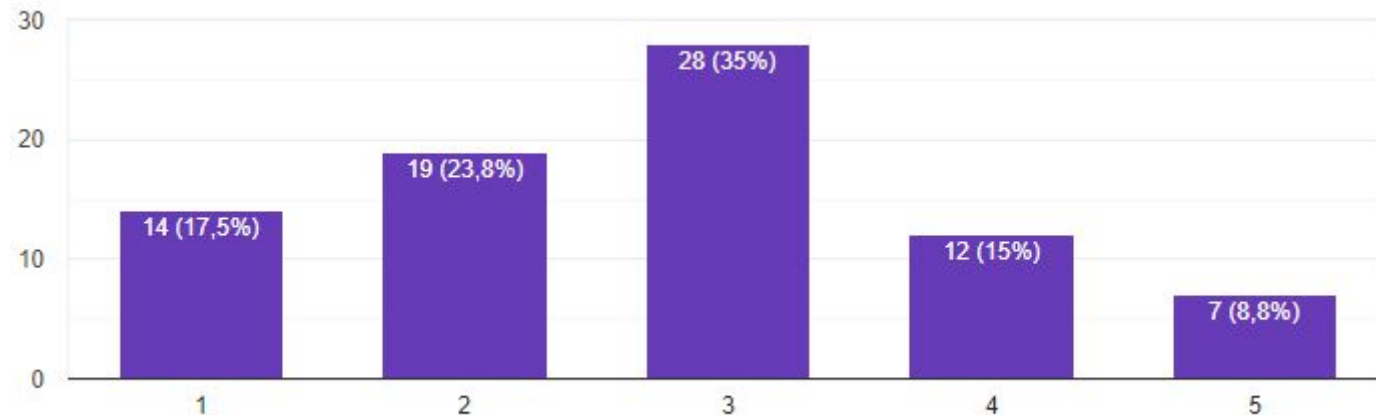
- Skolēni sniedzot citu atbildi raksta, ka vieglāk ir mācīties mājās, bet darba ir vairāk un nespēj visu paspēt izdarīt.
- Kā arī min, ka mājās ir garlaicīgi un pietrūkst skolotāju un klasesbiedru.



- I like learning at home - nobody bothers me, I plan my time myself, etc.
- I feel more comfortable when I learn using IT gadgets, instead of learning in school
- I miss my classmates and friends, lessons breaks and afterschool activities
- I feel a lack of teacher explanation, face-to-face learning
- It is hard for me: at home alone I can't focus on learning

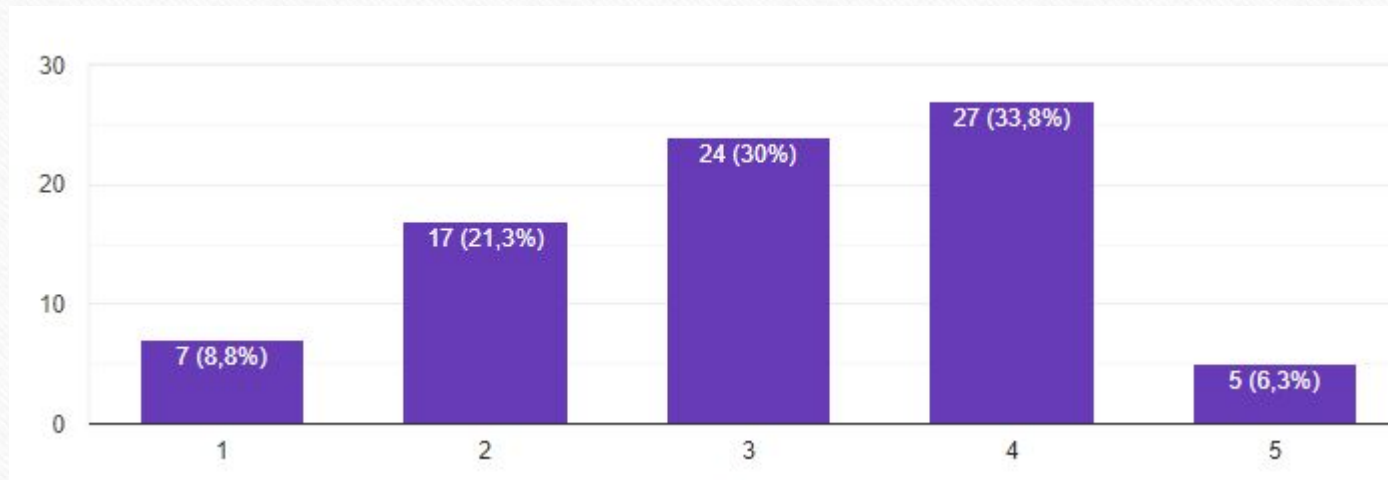
Please indicate your level of stress at school when you physically attend school?

- To evaluate stress level students used scale from 1 to 5, where 1 is I don't feel stress at school , but 5 - I am very nervous and stressful at school almost every day.



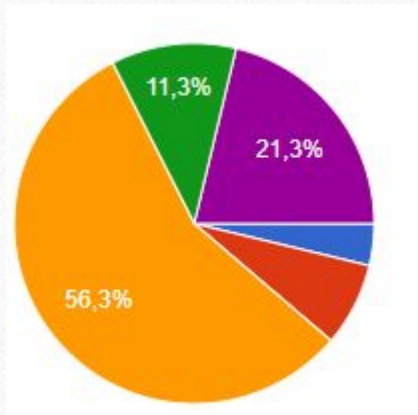
Please provide your self-assessment.

- To provide their self-assessment students used scale from 1 to 5, where 1 is I'm not happy with myself; I can't do anything, but 5 - I am happy with myself; everything is going very well for me.



What would you do if you saw someone being ridiculed or physically abused?

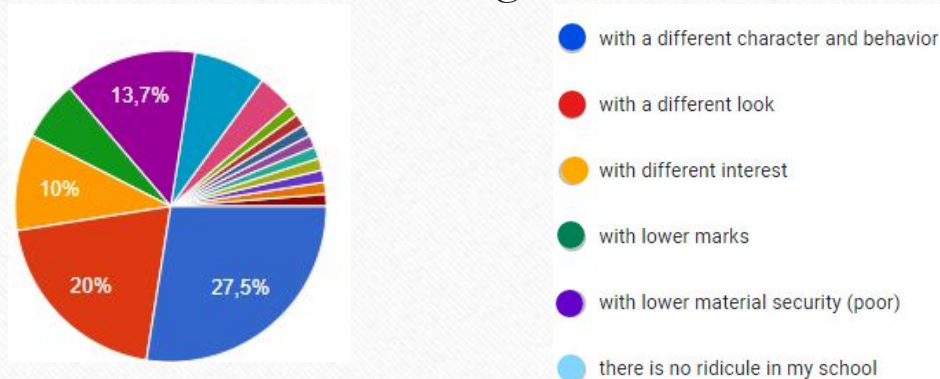
- Students admit, that they try to avoid conflicts, but in case they see one, they help to resolve it or look for an adult for help.



- I am often (at least once a month) ridiculed or physically abused by schoolmates
- I sometimes ridicule or physically offend others
- I don't like conflicts, I try to avoid them
- When I see a conflict, I immediately call a teacher or another adult
- I will be immediately involved in resolving the conflict

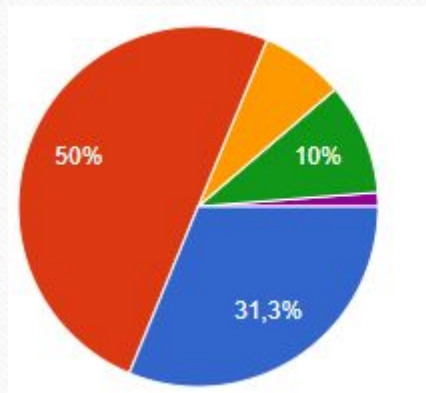
Which students are most often ridiculed or offended at your school?

- Among the answers there are also another options: 3 students affirm, that ridiculed are students who are unwell dressed and have strange/odd manners.
- One student mentions, that ridiculed are new students at school, one says – those who themselves offend others, one – who give different point of view from others.
- 3 students admit that ridiculing reduces in low secondary level, because students grow up.



Friends, relationships with classmates

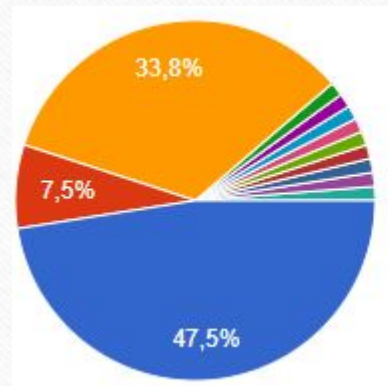
- More than 80% of students rate, that they have many friends and they try to be friendly with everybody.
- 6 students admit, they can't find friends although they want it very much.



- I have a lot of friends, I try to be friendly with everyone
- I have a good relationship with my classmates mostly
- I can't make friends but I want to
- I like to be alone, don't like society
- I often meet in conflicts, disputes

What you usually did during lesson breaks at school?

- 9 students explained their habits of spending time during breaks – they admit they did all offered things: went home, sat and read books, used phone, walked with friends around the school or took a walk outside.



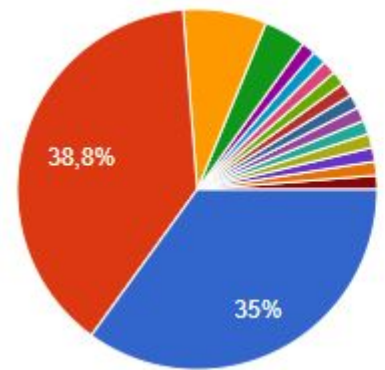
● communicate with friends and classmates

● play active games, move

● play games on smart devices, watch videos, use social network (TIK TOK, etc.)

How would you like to spend your free time after the lessons and during lesson breaks?

- Among answers 3 students would like to listen to music in their ear-phones and tune out of school`s rythm; 4 students would just go out, play sport games; 2 would like to go home, 2 students would love to read books and 1 student wishes more available games to play at school during breaks.



● I would like to communicate with friends and classmates

● I would love to play sports, active games, move

● I would like to play games on smart devices, watch videos, use social network (TIK TOK, etc.)

What do you think is a healthy lifestyle?

Summarized answers in the chart:

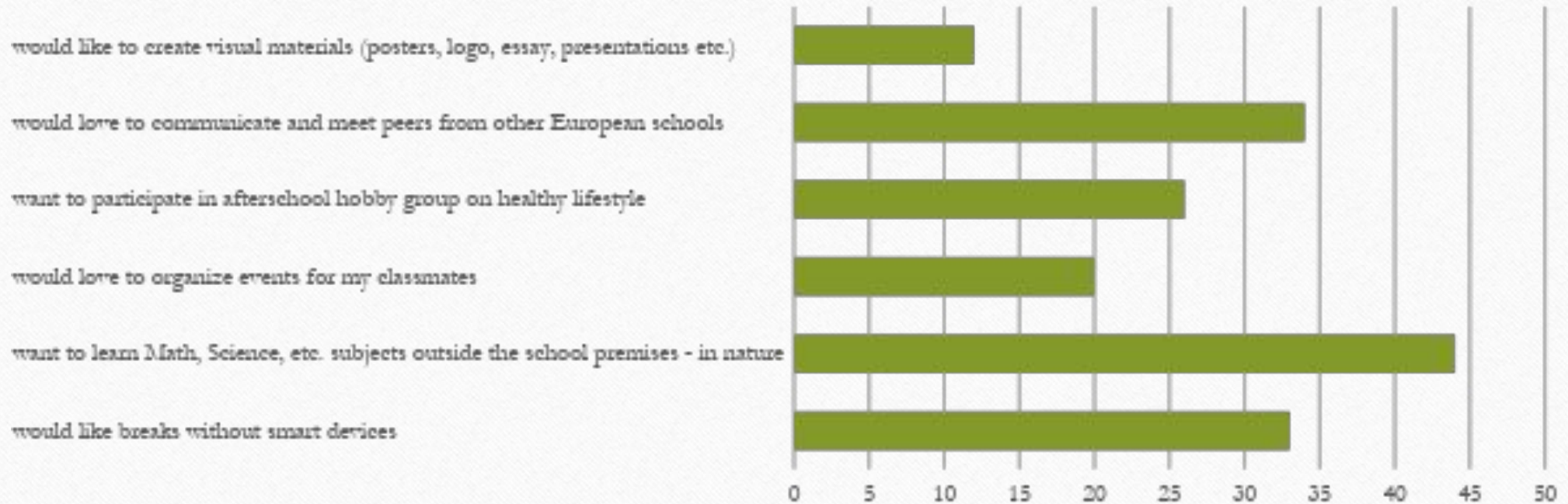
Students` answers	Number of students
Sport, healthy lifestyle	21
Actions/exercises outdoors	26
Healthy food	10
Don`t use all kinds of smart devices too much	9
Don`t use intoxicating substances	3
Other answers – arranged plan of the day; care for own body, have a good balance phisically and mentally; be vegan; have an unspoiled life; inner peace.	11

What do you think will help you become healthier and improve relationships with peers?

Summarized answers in the chart:

Students` answers	Number of students
Aktivities (hobby –groups, conversations, entertainment) together with class- and school –mates.	19
Sport	12
Change of eating habits	8
Less time spent indoors using smart devices, more spent outdoors	18
Change of own motivation, attitude	5
I am satisfied with my relationships with peers	7
Reduce stress that occurs from studies, conflicts	3
Don`t know	8

What kind of activities would you like to participate in during the project? (multiple answers can be marked)



Conclusions

- Although students like distance learning, they better attend school physically, because then it is more possible to communicate with classmates and friends.
- Students don't like conflicts and avoid them, but also admit that ridiculed are students who are somehow different from others
- Mostly students feel insignificant up to medium stress daily, also their self-evaluation is medium
- During breaks students would like most to communicate in different ways with classmates, and spend less time using smart devices
- Students comprehend the importance of healthy lifestyle, are ready to change their habits to become healthier – go in for sport, change eating habits.