



VDU LICĖJUS  
SOKRATUS

Welcome to LITHUANIA



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SOKRATUS

**Territory: 65 300 km**  
**Population: 3.00 million**  
**Capital: Vilnius 553 400**



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## **Ethnic Composition:**

83.5% Lithuanians

6.7% Polish

6.3% Russians



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**Official language: Lithuanian**

**Highest point: Aukštojas 294 m**

**Longest river: Nemunas 475 km in Lithuania**

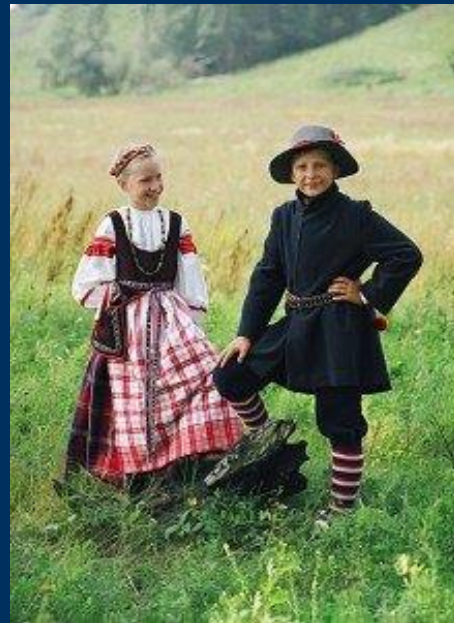


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**Lithuania** is located at the western end of the East European Plain. The last European pagan country (Christianity was only adopted in 1387)



There are four main historical regions in Lithuania, commonly called ethnographical regions. Each region has a distinct character expressed through differences in the folk culture, topography, flora, fauna and each one has its own dialect version of the Lithuanian language.



**AUKSTAITIJA** – the largest region covers the north, east and the middle of the country. The region contains pristine forests and beautiful lakes and has largely managed to retain its unspoiled charm.





**DZUKIJA** – the southern region of the country sits astride the Nemunas (River) and borders Poland and Belarus. The people here are characterised by their optimism and their love for songs, while also having successfully preserved many older traditions.



**SUVALKIJA** is the smallest region. The countryside here is flat and covered with small farmsteads, circled by trees. The Suvalkijans are renowned for their efficiency, pragmatism, law abiding nature and occasionally a touch of miserliness.





**ZEMAITIJA** – (historically called Samogitia).  
The people here are well known for being industrious and a large number of jokes also testify to their reputed stubbornness.



# VILNIUS



Vilnius, the capital of Lithuania, is a town of special architecture and lively spirit, which is always in full swing, full of pleasant surprises and startling views.

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The legend of its founding rests on the following story: the Grand Duke Gediminas once came here after a hunt, settled down for a rest and had a dream in which a big iron wolf stood close by. This dream the Duke then took to mean that a city should be built where he had slept, a city whose glory and deeds would then resound over the world....

## VILNIUS



# VILNIUS



The city is especially noted for its Old Town – one of the biggest in Central and Eastern Europe

# VILNIUS



The unrepeatable architecture styles – Gothic, Baroque, Renaissance and Classic – all reflected by different churches and “worship houses” has resulted in the Vilnius Old Town being included in the UNESCO World Monuments' List.



# VILNIUS



# TRAKAI



The town lies on a peninsula about 26 km from Vilnius, set between three picturesque lakes. The most remarkable spot in Trakai National Park is the fairytale castle on an island in the Galve Lake

# TRAKAI



Trakai is also a former capital of Lithuania.

# KAUNAS



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# KLAIPEDA



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# NERINGA



Here is easy access from Klaipeda to the striking beauty and tranquillity of the Curonian Peninsula – Neringa - which offers such varied attractions as pure “singing” sand dunes. Included in UNESCO.

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# PALANGA



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# PALANGA



The Museum of Amber, which holds the largest collection of rare pieces of amber in the world

# MAIN DISHES

Beetroot soup

[https://www.youtube.com/  
watch?v=TggyhB2f1v4&f  
eature=youtu.be](https://www.youtube.com/watch?v=TggyhB2f1v4&feature=youtu.be)

Video presentation created  
by SOKRATUS school  
families!!!



# MAIN DISHES

Potato pudding

[https://www.youtube.com/  
watch?v=f65LCZNDsUk](https://www.youtube.com/watch?v=f65LCZNDsUk)

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# MAIN DISHES

Lazy cake

[https://www.youtube.com/  
watch?v=KyqCdBh5exg](https://www.youtube.com/watch?v=KyqCdBh5exg)

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