**ISWC, MATHS IN MY CUISINE**

**VOCABULARY IN ENGLISH/GERMAN/SPANISH**

**HEALTHY EATING**

**(UK)**

1. **HEALTHY EATING ADVICE FOR CHILDREN/PARENTS**
2. **VOCABULARY (ENG/GER/SPA)**
3. **QUESTIONS ON HEALTHY EATING**

* **Is it okay to skip meals if I have a heavy breakfast?**
* **What are good midnight snack food options?**
* **Will cutting out rice from my diet help me lose weight?**