

Lesson plan “Putting a stop to bullying”

Audience: elementary students

Resources needed: a computer or a smart phone

PURPOSE

In this behavioural reflection lesson students practice responsible decision making and relationship skills by reflecting on what bullying is and how they can stop it. The lesson provides students with positive behaviour replacement strategies using direct instructions.

GOAL

Children learn to define different kinds of bullying, ways to solve the the situation when they see bullying or are bullied.

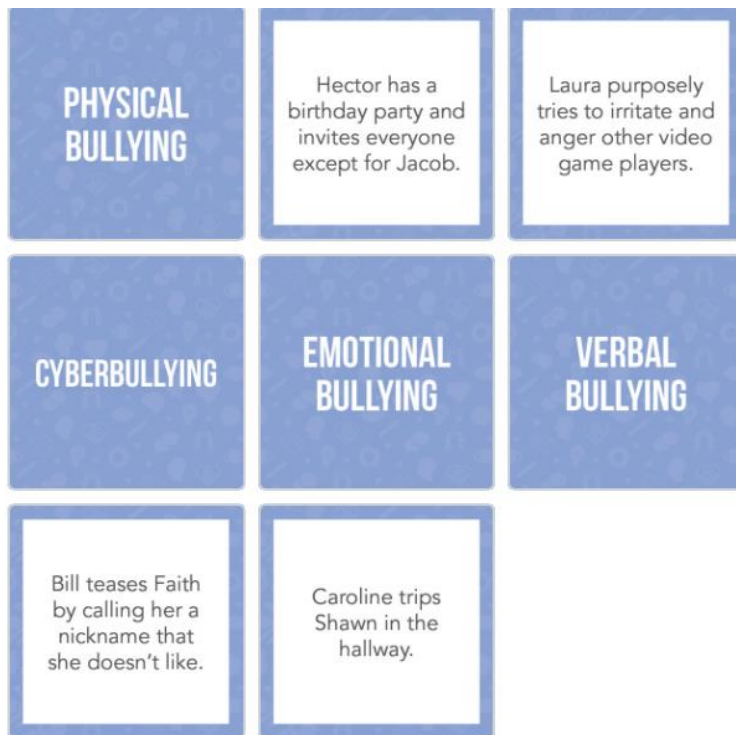
ACTIVITIES

Provide a brief overview about the topic and the aspects that will be covered in the lesson.

- 1.What is bullying? – ask students to share their definitions, collaborating create the most informative definition of bullying.
2. Can you recognize all kinds of bullying? What can you do about bullying? – ask the students to watch a video link

<https://www.youtube.com/watch?v=vGV5jzPYvm0>

After watching the video, ask your students to match the types of bullying with a suitable example.



3. Are you a target for bullying or a bully?

Ask the students who is bullied or maybe they bully others themselves.

Ask the students what should they do, if they hurt somebody. Give the advices:

<p>If you hurt someone, you should apologize.</p> <p>When we apologize, we say sorry for the hurt we've caused.</p>	<p>Steps for Apologizing</p> <ol style="list-style-type: none"> 1. Look at the person in the eyes. 2. Say, "I'm sorry..." 3. Explain what you are apologizing for. 4. Say how you will act differently in the future. <p>Example:</p> <p>"I'm sorry for teasing you during recess. Next time, I will use nicer words when we play tag."</p>
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Ask the students to reflect their behaviour:

Did you apologize to those that you hurt? If you haven't, will you apologize to them?

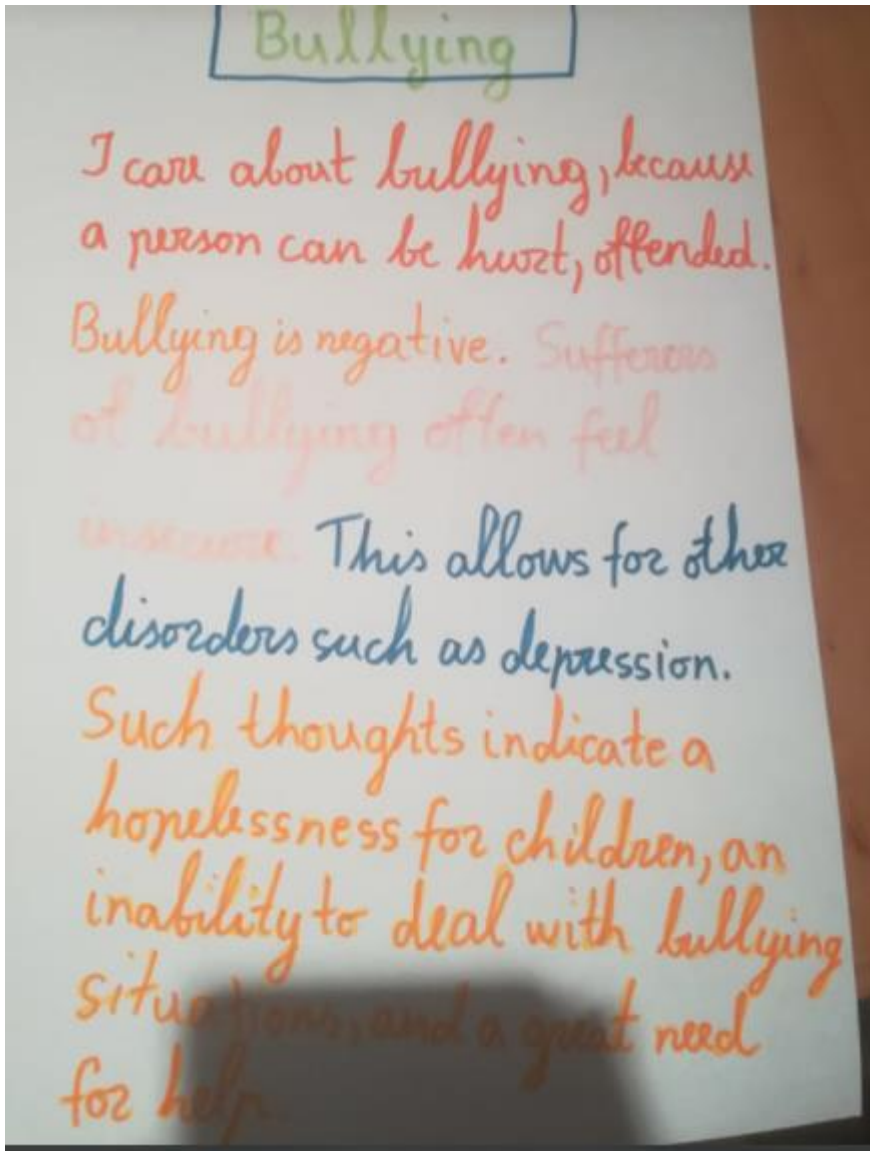
4. Summarise the discussion.

Ask the students to write a few sentences why is it important to speak about bullying, why should they care about bullying and make poster with the opinions provided.

5. Closing the lesson.

Encourage all children to behave friendly, to create a safe environment for everyone.

Ask the students to create or find the most suitable image reflecting the issue of bullying and add it on their profiles next time when joining a lesson.



Teacher of English Daiva and her pupils,
online lesson