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ERASMUS + PROGRAMME- STRATEGIC PARTNERSHIP
‘Youngsters Nowadays. Where from, Where to?’
2017-1-RO01-KA219-037190_1

The First Learning, Teaching and Training Activities

took place at
Insignare – Associacao De Ensino E Formacao -
Fátima Hospitality Vocational School– Fatima Portugal

05.03.2018-09.03.2018



Partner schools:

- **Colegiul National "Ion Luca Caragiale"-
Moreni, Romania– coordinator**
- **Gymnasion Me LykeiakesTaxeis Asopias-
Assopia, Greece**
- **Istituto Tecnico Tecnologico "G. Malafarina" -
Soverato, Italy**
- **Insignare – Associacao De Ensino E Formacao -
Ouerem, Portugal**
- **Ahmet Erdem Anadolu Lisesi -Bursa, Turkey**



INSIGNARE is a non-profit association located at Ourém, in the center of Portugal. It has several working areas - two VET secondary schools, with more than 550 students (EPO - Ourem Vocational School and EHF - Fátima Hospitality Vocational School), one local employment centre (GIP, with more than five hundred people enrolled), one guidance and validation centre (CQEP), one European Information office (Eurodesk) and one unit dedicated specially to European Cooperation (GCI).

Ourém Vocational School (EPO), founded in 1990, has Management, IT and Multimedia, Metalworking, Industrial Maintenance, Mechatronic and Electronics courses, following the strategic decision of becoming an industrially focused VET school. EPO is fully equipped with the facilities needed to proper and efficient work environment training.

The project meeting took place at Fátima Hospitality Vocational School, as this is the school involved in this project. This school has Cook, Waiter, Receptionist and Tourism courses, and has fully equipped facilities for a practical training of these subjects, highlighting the two training kitchens, one industrial kitchen, one training restaurant and bar.





Fátima is a town which is located in the Santarém district, in the central Portugal, with a population of about 11,600 inhabitants.

Fatima is famous for the apparitions of the Virgin Mary to three shepherd children in 1917 and since then it has become one of the most important catholic shrines in the world.





At this first learning, teaching and training activities, the project team from Colegiul Național ‘Ion Luca Caragiale’, was represented by the teachers Matei Mirandolina - project coordinator and Crăcănel Doina – responsible for disseminations and the students, Constantinescu Dragoș, Popa Cristina, Ghindă Denisa, Zaharia Andra, Petrescu Giulia, Bucur Danina and Văduva Emma Carmina.

The activities carried out during the first learning, teaching and training activities were in line with the meeting programme that had been agreed on by the partners before the meeting. The activities were chosen to meet the project objectives for the first LTTA. The purpose of this meeting was to increase the participants' health and well-being through making them analyse their and their peers' food and physical activities habits and through making them aware of the importance of leading a healthy life. These activities were held throughout five full days in a friendly and respectful atmosphere. We organised workshops, case studies, food exhibitions, sports events and we made PPT presentations based on our research and work.

On the first day, the members of the Portuguese project team welcomed us .

The overall project coordinator told the participants about the objectives of this meeting, about the way we planned to organise the interactions to obtain the expected results.



The hosts did interesting and funny activities for all of us through which the participants had the opportunity to present themselves and to meet one another.





Then, there followed the PPT presentations of the teams about their country, region, town and school, which was an opportunity to know our partners better.





The Romanian students

The Romanian pupils offered the girls the March trinket, the symbol of the spring, an occasion on which we shared our partners a tradition of our country.

During this project meeting we created two final products, made a food exhibition with traditional food taking into account what a healthy life meant and we held a sports activity about traditional sports or games.

The first final product, 'Let's know what we eat and drink' is a compendium which contains the youngsters' actual diet and we did this through survey that each partner conducted in their own school based on a common questionnaire. It also contains aspects regarding traditional food versus international one. The last part of the compendium was a suggestion of the European youngster's perfect diet.



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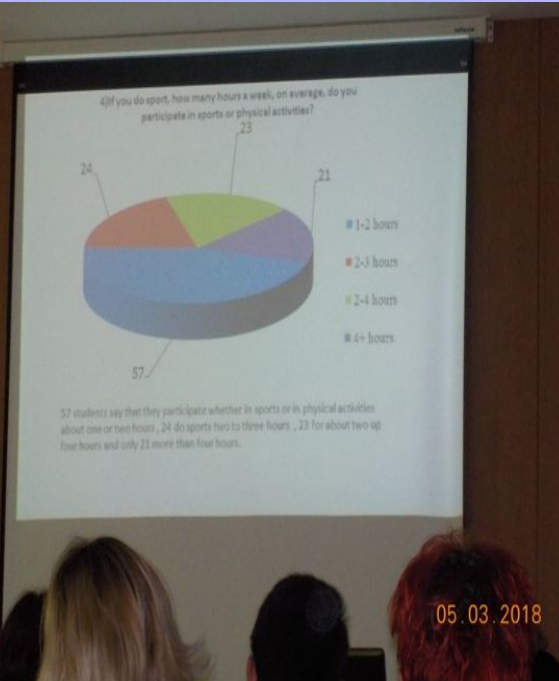
'Let's Know What We Eat and Drink!'

During this meeting, the students did an analysis of their diet habits, compared and contrasted their eating and drinking habits with their partners, they analysed the results and drew the conclusions about what they had in common and what was different.

The second final product ‘Let’s do sports!’ is a guide based on a questionnaire applied in each school and which took into consideration the types of sports, if the students practised sports or not, the amount of time allocated to doing sports and their feelings while doing sports. The participants compared and contrasted the results and drew conclusions. They presented the national sport for each country with their rules to play.

There was also a sports competition named ‘Our friendship, our fair play’, which had several events in which they taught their partners their national sports, they played them together and they also participated in different games and sports events.





Each team's presentation of the results for the survey which was conducted in each partner school.



The students were divided into five mixed teams: Group A: Simona Halep, Group B: Ekaterini Stefanidi , Group C: Valentino Rossi ,Group D: ArdaTuran and Group E: Cristiano Ronaldo.

An example of the tasks they did:

Group A: Simona Halep – Synthetise national findings on eating/ drinking habits;

Group B: Ekaterini Stefanidi – Compare traditional national food vs international food;

Group C: Valentino Rossi – Describe 5 national traditional games;

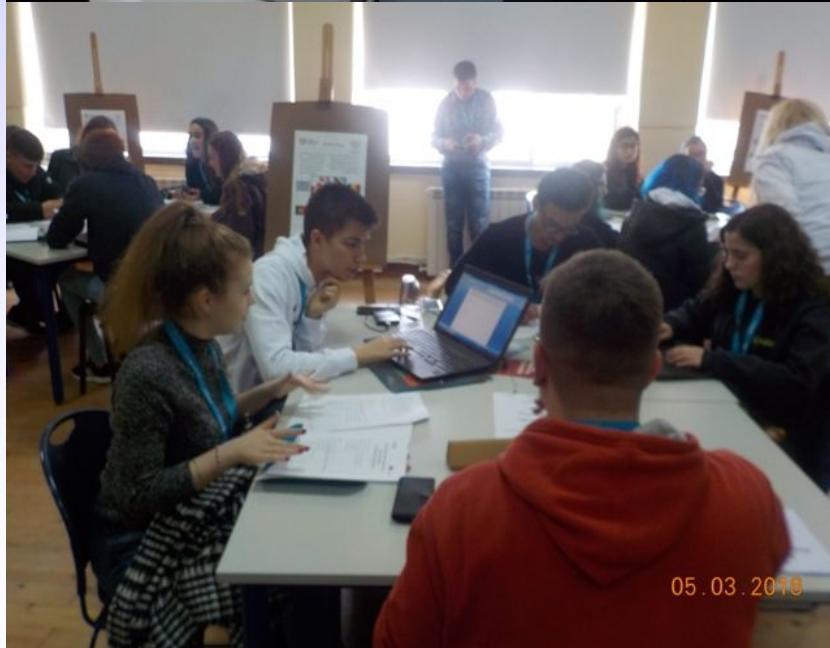
Group D: Arda Turan - Synthetise national findings on sports;

Group E: Cristiano Ronaldo – Describe 5 most common European sports and their rules.





Working
in
teams
to
create
the
final
products



Some extra information, explanations and suggestions about how to design the final products





COOPERATION
AND
MUTUAL
UNDERSTANDING



Let's start the sport event named
'Our friendship, our fair play' !









The hosts presented how to use the ISSUU platform, the world's largest digital discovery and publishing platform.

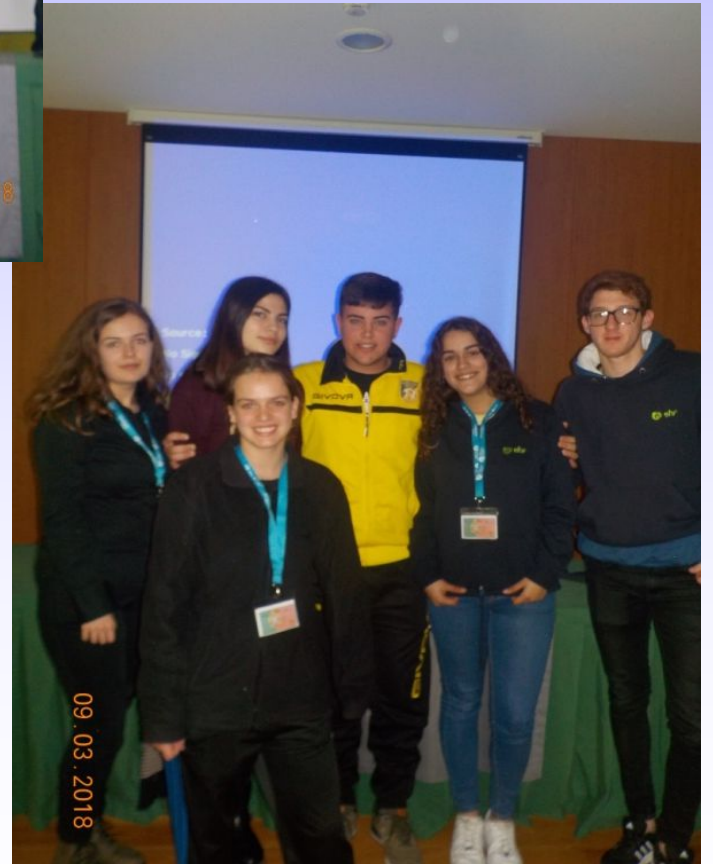


Not only students became friends...but also the teachers.



The last day of the meeting was dedicated to the presentation of the final products and to the evaluation of the meeting.





Feedback time. The participants answered a questionnaire which had been devised during the first transnational meeting. After the interpretation of results it was seen that all the objectives of this project meeting had been achieved.



The participants worked in mixed international teams to develop their capacity to analyse facts, to face challenges and find solutions, to solve issues of interest to young people. This experience of cooperating and exchanging information with their peers from other countries will help students in their school life, in personal life and their future career . The European dimension of the project was promoted and the students learnt about other educational systems, they became more interested in their education as they got more motivated to know English well, to use it in real communication situations and to increase their digital skills, competences and skills whose development could be seen gradually during the activities. The participants showed their tolerance and openness to what is different, they learned to understand and respect other religions, cultures, customs and lifestyles.

The target group improved their health and wellbeing, they raised their cultural awareness, their ability to do research, to make comparisons, be analytical, work in a team, draw conclusions, present results and they developed their English and ICT skills. Students were guided and monitored by their accompanying teachers and they achieved all the results in mixed teams.





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Presentation made by Matei Mirandolina- project coordinator