



Co-funded by the
Erasmus+ Programme
of the European Union



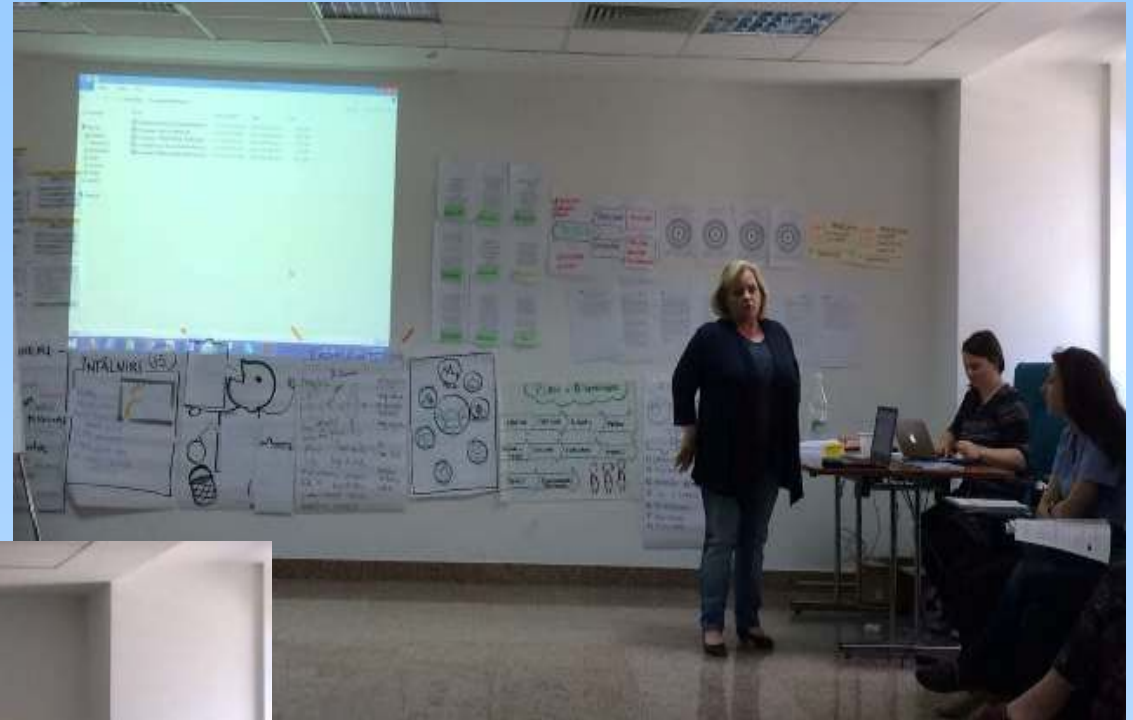
**ERASMUS + PROGRAMME- STRATEGIC PARTNERSHIP
'Youngsters Nowadays. Where from, Where to?'
2017-1-RO01-KA219-037190_1**

The presentation and dissemination of the project results during the workshop Erasmus+Results that was organized at the Romanian National Agency -ANPCDEFP

Target group: the teachers who are in charge with the coordination/implementation/ dissemination of Erasmus + strategic partnerships that were approved in 2017

The dates of the activity: 23.04.2018-25.04.2018

The coordinator of the project talked about the project objectives, its final products, its campaigns and the expected results.

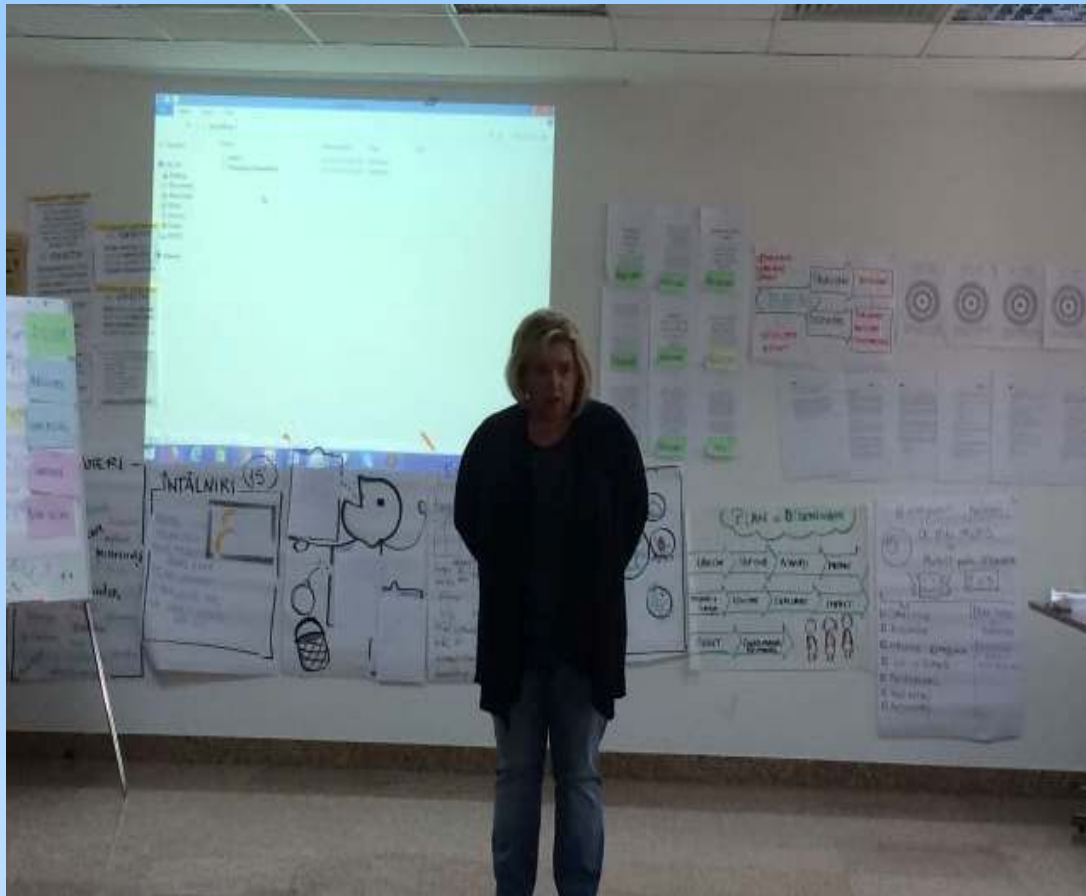


This workshop was held after the first learning, teaching and training activities that we had attended in March at the partner school in Portugal, so the coordinator referred to the results that we had obtained during this project meeting.

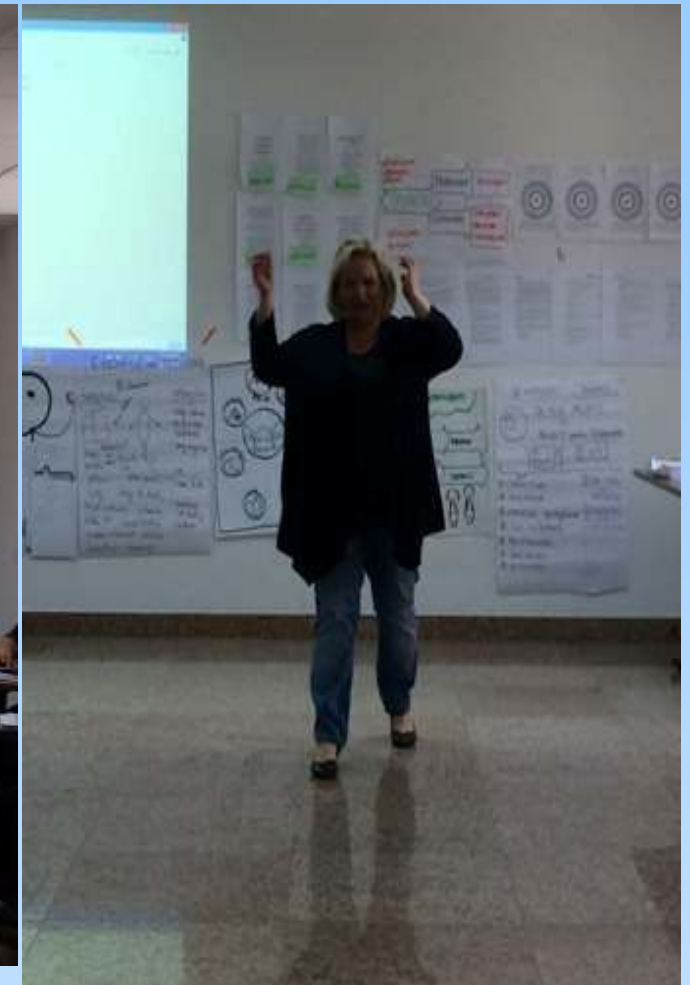
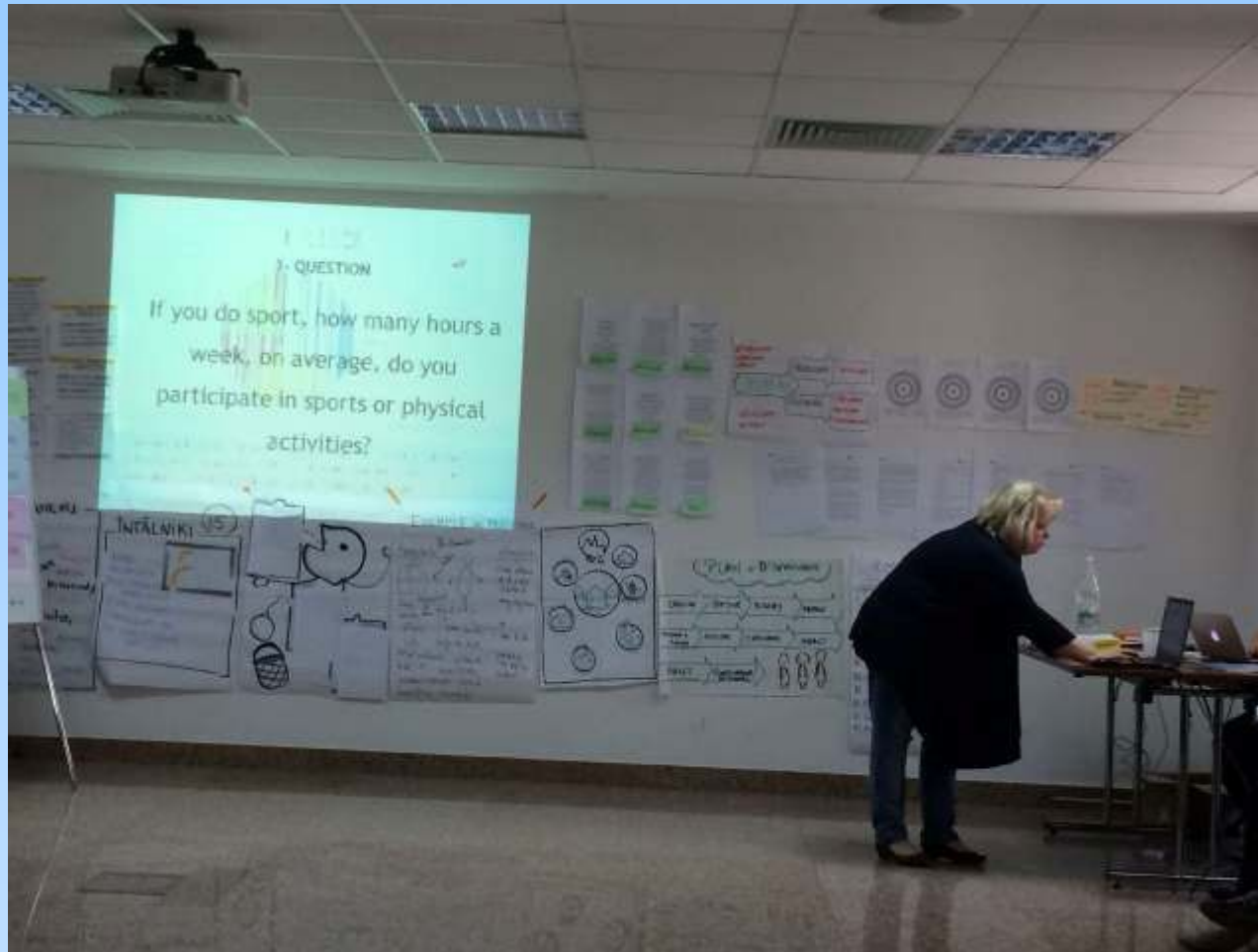


The first final product, that we created in Portugal, 'Let's know what we eat and drink', is a compendium which contains the youngsters' actual diet and each school did this through a survey that we conducted in our school based on a common questionnaire





The students did an analysis of their diet habits, compared and contrasted their eating and drinking habits with their partners and they analyzed the results. The last part of the compendium was a suggestion of the European youngster's perfect diet. The coordinator explained how we had achieved the project goals through this final products and what we had learnt.



The final product 'Let's Do Sports!' is a guide based on a questionnaire applied in each school and which took into consideration the types of sports, if the students practised sports or not, the amount of time allocated to doing sports, and their feelings while doing sports. The participants compared and contrasted the results and drew conclusions. The coordinator showed parts of this final product and explained what the participants had learnt from creating it.



Some of the answers that are in the final product
'Let's Do Sports!'



‘This project has been funded with support from the European Commission. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.’