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ERASMUS + PROGRAMME- STRATEGIC PARTNERSHIP
Youngsters Nowadays. Where from, Where to?

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A Healthy Eating Week

The Romanian students present

My Healthy Sandwich

May 2018

During the campaign 'A Healthy Eating Week' that we organised in May 2018 at Colegiul Național 'Ion Luca Caragiale' from Moreni, Romania, the students made a short film in which they presented their ideas of what a healthy sandwich should contain. They recorded how they were actually making the sandwich. The interesting part is that most of them used cheese, tomatoes, lettuce and cucumbers.

This presentation shows some of their suggestions.

























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