

## MUSIC: A MELODIC METHODOLOGY

## IN TEACHING AND LEARNING

## MUSIC - WHAT AND WHY I LISTEN TO

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## Music - what and why I listen to



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$\rightarrow$ Opera is the musical style less heard by school students (38,5\%).
$\rightarrow$ Students have no contact with this musical style in the most common media, being a musical genre that students are not used to hear.
$\rightarrow$ it is a musical genre that does not appear frequently on TV or is rarely used in advertisements that appear in the most popular media.

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4. How do you listen to music? Number the options below from 1 to 8 (being 1 the one you use the most).


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$\square_{1} \square_{2} \square_{3} \square_{4} \square_{5} \square_{6} \square_{7} \square_{8}$

$\rightarrow$ The most voted was youtube and spotify, standing out from the rest.
$\rightarrow$ The one that collected the least votes was Pandora and iTunes.
$\rightarrow$ Pandora is a little known platform in Portugal and iTunes will no longer be used by students because it is not accessible to many students.

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10. Do you know the lyrics to all the songs you like?


Always
Almost always
Sometimes

- Never
$\rightarrow$ There were very similar values between "Almost always" and "Sometimes".
$\rightarrow$ This may be related to the fact that a large number of students refereed liking songs sung in another language.
$\rightarrow$ Most of the songs indicated are in English, a language not yet fully understood by most students.


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12. Which do you prefer, songs in English or songs in your own language?


Songs in English

- In my own language
$\rightarrow$ There was almost a tie between the 2 options.
$\rightarrow$ This may be related to the choice of song titles and singers / groups that sing not only in Portuguese from Portugal, but especially due to the songs sang in Brazilian Portuguese.


## Music - what and why I listen to

13. Why do you listen to music?


- It relaxes me
- It makes me feel optimistic

It recharges my batteries
It helps me deal with the problems I have
It helps me to focus when I do my ho...
It helps me to work better

- It helps me to socialise

It helps me when I feel lonely
It helps me to pass the time in a pleas...

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$\rightarrow$ There are a wide variety of motives chosen.
$\rightarrow$ To point out: - "It helps me deal with the problems I have" $(29,2 \%)$

- "It relaxes me" (27,7\%)
- "It makes me feel optimistic" $(18,5 \%)$
$\rightarrow$ Analyzing these reasons, we can conclude that the majority of people who responded associate music with positive feelings, which comfort them and lift their spirits.

