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Erasmus+ Programme
of the European Union



EAT SMART SAVE YOUR LAND

Project number: 2020-1-EL01-KA229-078815

KA2 – Cooperation for Innovation and the Exchange of Good Practices

KA229–School Exchange Partnerships

PROGRAMME

6TH LEARNING TEACHING TRAINING ACTIVITY

Activity Title: Dietary shifts and technology that meet environmental and social challenges

D A Y 1 - 23/ 05 / 2022

10:00 Welcome Ceremony: Papacharalambous Hall.

- Presentation of teams from each country participating in the project meeting
- Presentation of countries/cities and schools involved
- Cultural exchanges
- Buffet lunch offered by the educational team and parents

13:00 Visit to school facilities: transnational team design-icebreaker activities

14:30 Online Lectures

15:30 Sustainable diets: Collaborative storytelling by making use of STEM comics

17:00 Discover our city sights in a game-based way (transnational teams)

19:00 Free time

D A Y 2 - 24 / 05 / 2022

7:30 Departure from Nafpaktos - Day trip to Mykines- Nafplio- Ancient Epidavros)

- Archaeological site of Mykines (Atreides Palace, the Tomb of Agamemnon and the Archaeological Museum)
- Aspis Hellenic Juice industry
- Nafplio -first capital of Greece (Bourtzi fortress, Palamidi Venetian fortress, Syntagma square)

- Archaeological site of Ancient Epidavros

D A Y 3 - 25 / 05 / 2022

09:30 Departure from Nafpaktos - Visit Messolonghi-Aitoliko

- Saw fishery
- Avgotaracho Stefos industry
- Tournalida islet
- Salt lakes (Alykes of Messolonghi)

15:00 Lunch Sousouro restaurant

16:30 School activities

- Escape room: Sustainable diets
- Gallery walking: SDGs
- Healthy meal planning

19:00 Free time

D A Y 4 - 26 / 05 / 2022

8:00 Departure from Nafpaktos to Patra

9:00 St Andreas Church - free time at Patras center

12:30 Visit to Koulou Loucumia-Vanilla industry

14:30 Lunch

16:00 Visit to Achaia Clauss winery

18:00 e-magazine with experiences, feelings, highlights of mobility

19:00 Ending Ceremony: Evaluation of the meeting: Exit tickets. Feedback questionnaires - Certificates & Europasses

20:00 Dinner for teachers at Ev oinos restaurant (offer by the hosting school)

D A Y 5 - 27 / 05 / 2022

7:00 Departure from Nafpaktos to Athens

10:00 Walking tour to Monastiraki- Plaka - Anafiotika.

11:30 Acropolis archaeological site

12:30 Lunch

13:50 Acropolis Museum

15:30 Greek Parliament at Syntagma square - Monument of the Unknown Soldier guarded by the Evzones

- Say “goodbye”, “hope to see you soon” to our partners: Turkish partners will be transferred to the Airport and others to the hotel Apollon.

17:30 Departure from Athens to Nafpaktos

Headmaster