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| Approximate start date | Activity description | TWINSPACE |
| October/ NOVEMBER 2015 | Activity 1: Making the participants familiar with project aims. Preparing a detailed work schedule, nominating teachers responsible for activities and list of students-courses willing to take part. Working with the twinspace  | POwER POINT Presentation of every country and students to the other countries : Pictures of the course in twinspace |
| NOVEMBER 2015 | Activity 2: Gathering information about POPULAR RACES (history, benefits for health, kind of popular races, distance...) in each countryPOPULAR RACES most famous in each country | POwER POINT Presentation of the POPULAR RACES in your country (English and native lgs).Put information about your country and region in twinspace |
| NOVEMBER  | Activity 3: Designing a project logo – school competitionsPreparing a POPULAR RACES in your country (English and native lgs).  | PICTURES OF WINNERS LOGOS (3) OF EACH COUNTRY Choosing the best logo of the project,Logos exposition in TWINSPACETRAINING for the popular races |
| DESEMBER 2015 | Activity 4: 1st POPULAR RACE IN THEIR COUNTRY Cursa dels nassos 10 km BARCELONAOTHER COUNTRIES?? | POWER POINT-PDF Presentation of the POPULAR RACES in your country (English and native lgs).Put LINK in twinspace  |
| JANUARY 2016 | Activity 5:Training the students for hicking (preparing the exercises before and after running)  | COMUNICATION WITH THE PARTNERS (SKYPE...)Organizing the POPULAR RACES for the classTALKING about the experience |
| JANUARY – FEBRUARY 2016 | Activity 6:Planning the POPULAR RACES ( distance and time, days of training, ). (English and native lgs) | A short description of the POPULAR RACES prepared by each school |
| MARCH - APRIL 2016 | Activity 7:POPULAR RACES experience in every school2ND POPULAR RACE In their city : Barcelona: Cursa del Corte Inglés (10 km ...april 2016)OTHER COUNTRIES?? | POWER POINT AND PICTURES Each school explain their experience in twinspace |
| April 2016 | Activity 8: Exposition of the experience in the school (pictures, composition by students...)(English and native languages).  | PICTURES OF THE ACTIVITY (PDF) /DIARY OR ARTICLE OF THE ACTIVITY Exposition of the experience in Twinspace (pictures, composition by students...)(English and native languages).  |
| April - MAY 2016 | Activity 9: Conclusion of the experienceSchool project evaluations  | REPORT OF EACH SCHOOL Making a report in each school. |