



Grădinița cu Program Prelungit „Floarea Soarelui” Craiova



HEALTHYLAND

2016-1-PL01-KA219-026474\_2  
2<sup>nd</sup> year activities



# Activities in HEALTHYLAND – 2<sup>nd</sup> year

- Games and movement
- Sports and exercise outdoor
- Talking with specialists
- Meetings and dissemination events

Physical education

Indoor games

Outdoor games

Fieldtrips

Visit at the  
Kinetotherapy  
clinic

Dissemination  
events

# Physical education activities





what do we practice:

- Warm-up exercises
- Gymnastics
- Yoga elements
- Types of walking / running
- Jumping
- Balance



# Indoor games



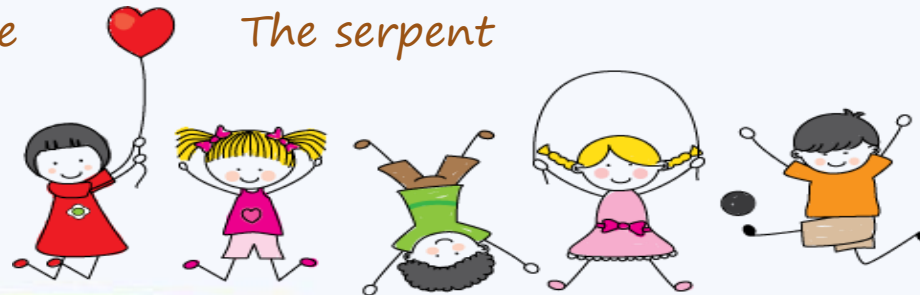
Who's dancing with the broomstick?



The serpent



Jump in the sack!





The fastest apple picker



Roll the ball



Twisted walk





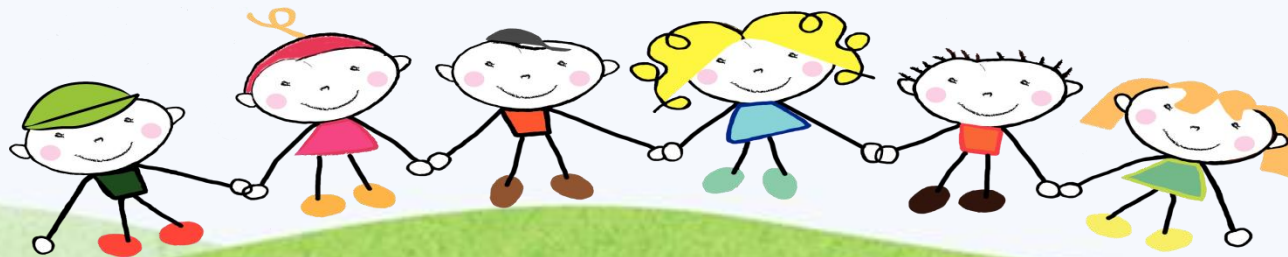
All passengers aboard!



Don't drop the ball!



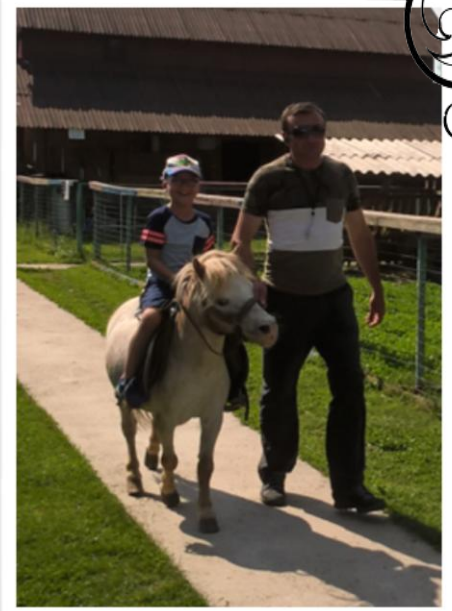
Fruits race

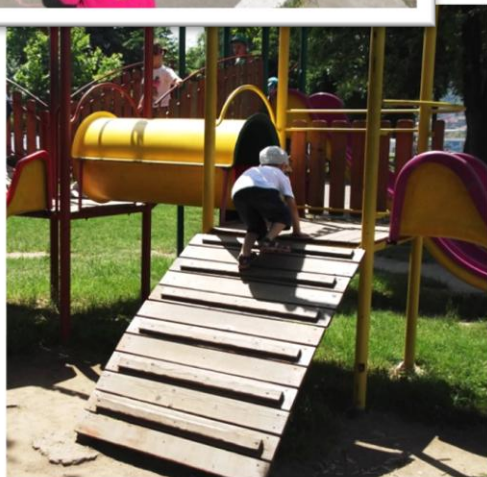




# Outdoor activities

Tyrolean traverse, Archery,  
Crossing the suspension bridge  
ATV ride, Pony ride, Carriage stroll





Just enjoying a breath of fresh air (or salty air in the saline), walking around the neighborhood, admiring nature, playing childhood games.

# Open-air games



Simon sais...



Country, country we  
want soldiers



Go hide and seek





## Talking with a specialist

Visit at the  
KINETOTHERAPY  
CLINIC FOR  
CHILDREN

-information about  
the human body

-exercises for  
posture

-gymnastics  
elements

# Dissemination events

-International Symposium "European values in Romanian education system", 27.10.2017

-Inter-county Symposium "Winter traditions in European and Romanian area", 15.12.2017

- The pedagogical meeting of preschool teachers in Dolj county, 27.01.2018

-National Round-table "Together we learn better", 24.02.2018

-International Symposium "Nature – an invaluable treasure", 27.02.2018

