



3. Create a line with furniture at home and let your child to cross it, using different ways.

Make small tunnels, as the children love to pass them.



1. Tape lines on your floor in different ways (zig-zag, curves, straight) and ask your kids to walk on them while trying to balance the best or pass them in several ways, like running, walking without touch them, etc. In the next step, you can propose to transfer a ball on the lines.



2. Play indoor golf! Use a big box and open some holes. You will also need small balls and a stick. Try to target the holes with your balls!



4. Use toilet paper and create a maze. Ask your kids to pass it without touching the obstacles.



5. Bring them down!
Use plastic cups in line.
You will need an old
panty hose to put inside
a ball. Then put it on your
head and try to knock
the bottles down.





Have fun!