**Fish spread**

**Ingredients:**

1 spread butter

1 tin of sardines or other fish

2-3 pickles

½ an onion

1 teaspoon of mustard

**Procedure:**

1. Put the spread butter into a bowl.
2. Pour off the extra oil from the tin of sardines and add them into the bowl.
3. Add finely cut pickles, onion and then mustard.
4. Mix everything thoroughly.
5. Put the spread on a bread or roll, and decorate.