Cyberbullying Lesson Plan

School: Institut Consell de Cent (Barcelona, Spain)

Teachers: Eva Garcia, Gemma Guim

Age group: 13-14

Learning Objectives:

- Define cyberbullying and recognise examples of it
- Give advice about how to prevent or stop cyberbullying
- Explore challenging scenarios and appropriate responses

Materials used: Video projector, paper/laptops, internet.

Activities

Activity 1: Ask students what they understand by the word "cyberbullying" (mind map). What is cyberbullying? Can you give examples? What would happen in our school if we found out a student had been cyberbullied?

Activity 2: Role-play
Students pick a scenario about a student who is experiencing cyberbullying and they respond/give support in resolving the conflict.

Salima has been friends with Ikram for two years. Salima checked her phone at break time and saw that Ikram has put up a social media status about how she hates hanging out with snitches and has tagged her in it. Later that day she finds that Ikram has blocked her on all the social media sites and won't pick up her calls.

Muhammad overhears his friends talking about a party they are going to at the weekend. He asks them where it is and they change the conversation and pretend to ignore his question. That weekend he sees them posting pictures from the party online saying 'best friends forever'

Students write their own made-up cyberbullying scenario and they discuss how they would help or advise the person in each situation.

Activity 3: Students come up with as many sticky notes as possible that should be included in the school anti-bullying policy. The teacher reviews the sticky notes and she turns them into a wall display.

Activity 4: Make a meme.

Students create a meme with an anti-cyberbullying message.