**Bullying lesson plan**

**“Hurtful words – Students teach students”**

**Age group:** 6-15

**Aims of the activity:**

*This lesson is initiated by our oldest students who wanted to talk to the younger students at school about the power of words. There is not a lot of bullying at our school, but we can sometimes hear hurtful words in the schoolyard. Our students wanted the younger students to be more aware of the words we use.*

*We often think of bullying as being a physical act in which someone pushes, shoves, and hurts someone else deliberately, but bullying can also be emotional. Calling someone names, spreading lies and rumors about them, making verbal threats, and sending mean comments to someone via social media are all examples of emotional bullying. This kind of intimidation often goes unnoticed as it is easier to hide from others, but the damage can be just as bad, if not worse than traditional forms of physical bullying*.

**Materials used:**

iPads, whiteboard, projector

**Activities:**

The students worked in groups. They started collecting all the hurtful words they had heard at some point during their time at school, and they divided the words into different groups. Afterwards they defined all the words, so they could explain the meaning behind the words. When they had finished their power points, they went to the different classes at school to perform their presentations.

The older students are important role models in the school, and we believed their presentations were powerful and strong. Some of the presentations were only used for the oldest students because of their content.

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