

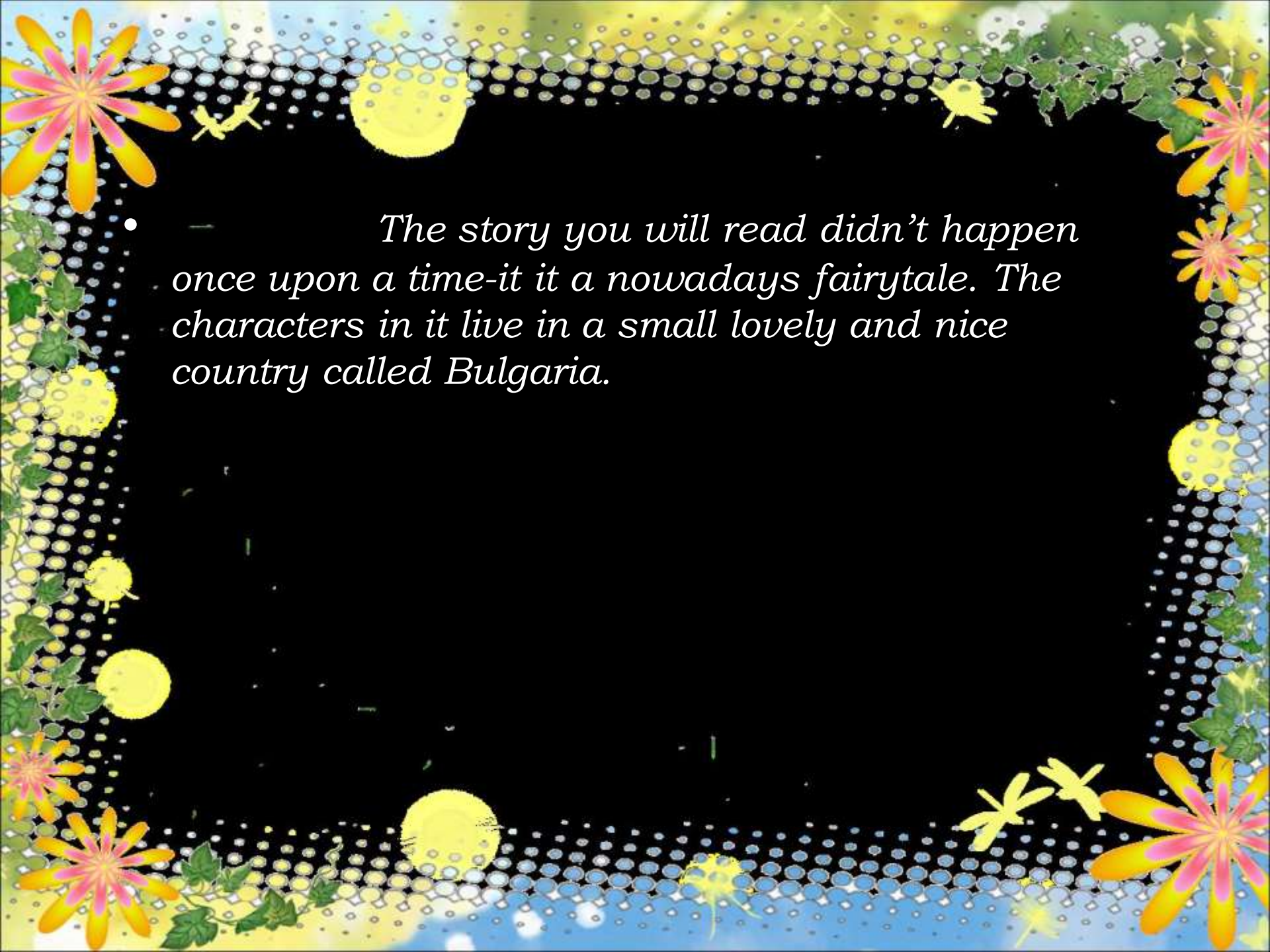


*“First of June “ kindergarten
Bulgaria
presents:*

Therapeutic fairy tale

“Where the rainbow starts and ends”





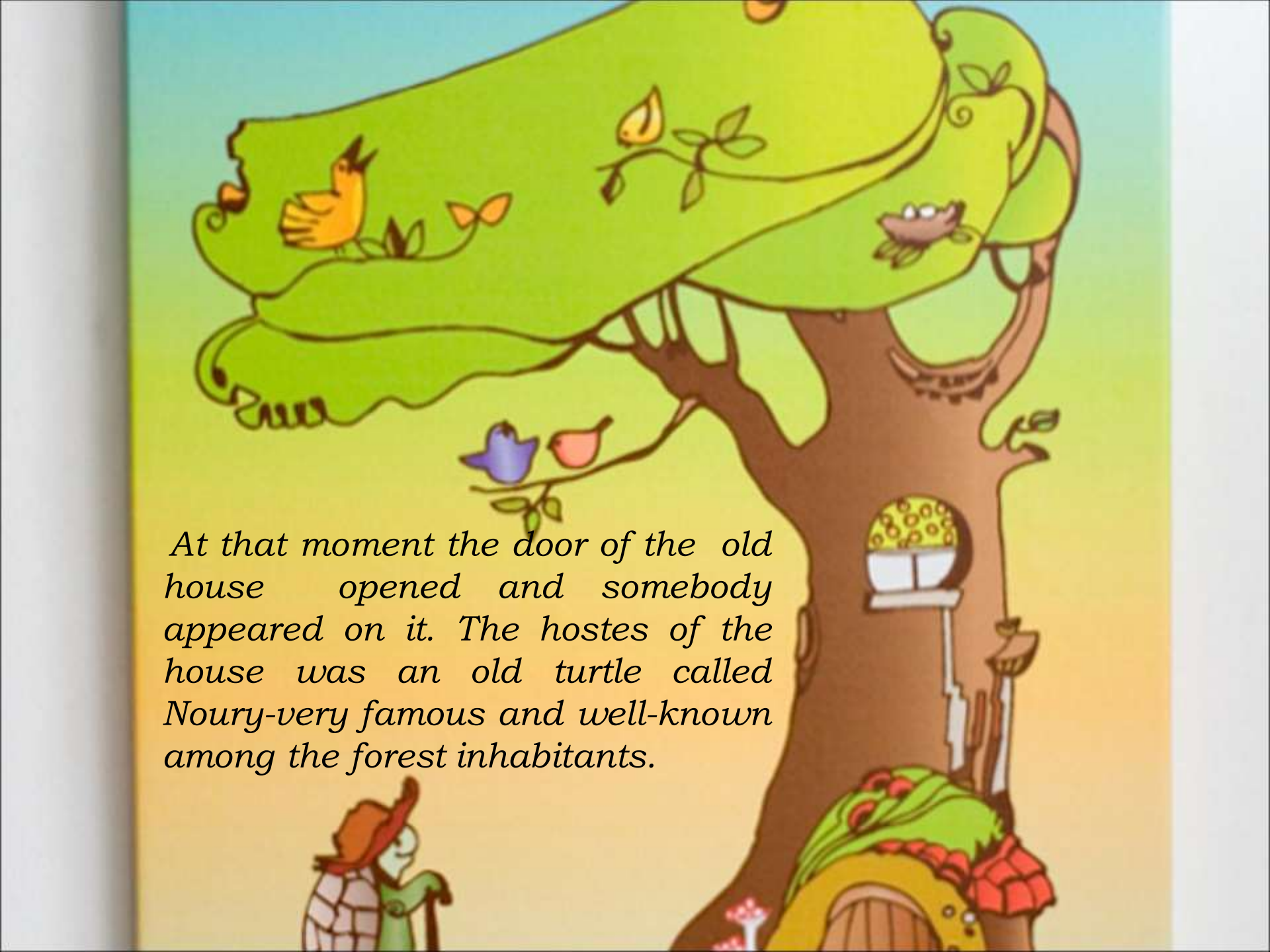
- *The story you will read didn't happen once upon a time-it is a nowadays fairytale. The characters in it live in a small lovely and nice country called Bulgaria.*



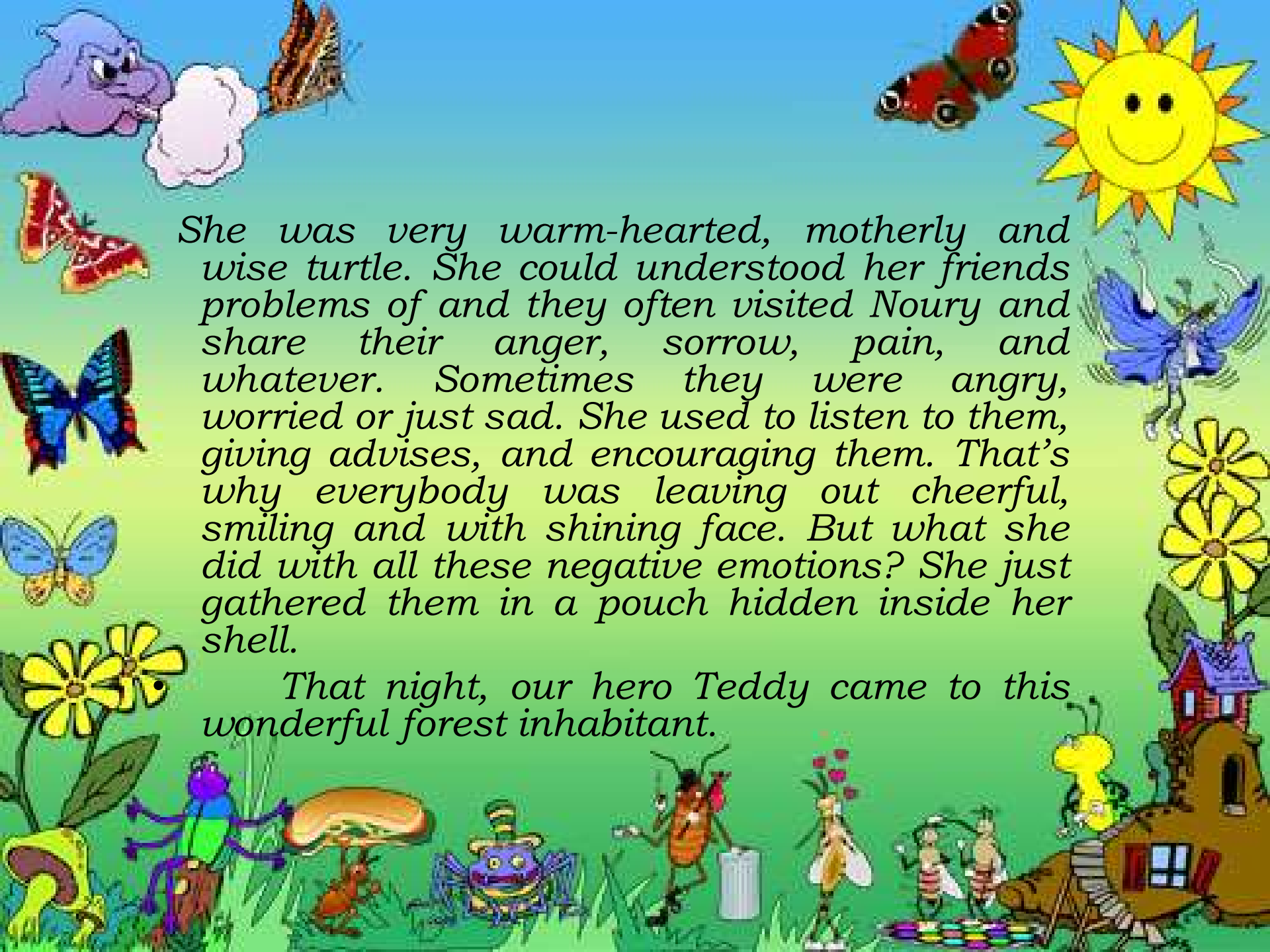
In Dobrich, a small town located in the heart of Golden Dobrudzha- the granary of Bulgaria lived a young beautiful girl called Boryana. Every day she went to her favorite kindergarten " First of June", where she had an all-day fun with her friends. Leaving for the kindergarten, she never forgot to take her favorite toy with. It was a small, cute, plush teddy bear named Teddy.

But one unfortunate day, when Boryana was traveling to the kindergarten she dropped her favorite toy on the ground and lost it. That's how Teddy got alone on his own in the middle of the road. Suddenly he felt so frightened and lonely. He started roving along the streets with hope, that he would find way back to Boryana, but vainly. The little bear, went so far away from the town, that he finally reached a forest. The night was on its way and our little hero had to hurry up. He walked through dense old bushes, scared and listening with hope to hear Boryana's voice, but ... in vain. Suddenly he saw a light in a short distance. His heart flickered and filled with hope. He quickly approached the house and intended to knock on the door but something stopped him. Teddy realized that it wasn't his home, it wasn't his precious Boryana's home. He sat on a tree stump and started crying.





At that moment the door of the old house opened and somebody appeared on it. The hostes of the house was an old turtle called Noury-very famous and well-known among the forest inhabitants.



She was very warm-hearted, motherly and wise turtle. She could understand her friends' problems and they often visited Noury and share their anger, sorrow, pain, and whatever. Sometimes they were angry, worried or just sad. She used to listen to them, giving advice, and encouraging them. That's why everybody was leaving out cheerful, smiling and with shining face. But what she did with all these negative emotions? She just gathered them in a pouch hidden inside her shell.

That night, our hero Teddy came to this wonderful forest inhabitant.



That night, our hero Teddy came to this wonderful forest inhabitant.

- Can I stay with you for the night? - Asked Teddy- I lost myself and I couldn't find the way back to home.


-Of course-said Noury - I will make tea for you and you'll be my guest the night.

Our new friends spent the whole night talking and acquainting each other. Teddy cried and told about his beautiful friend Boryana-how much they loved each other, how they used to play together, what kind of interesting things they learned in kindergarten, and how he got lost.



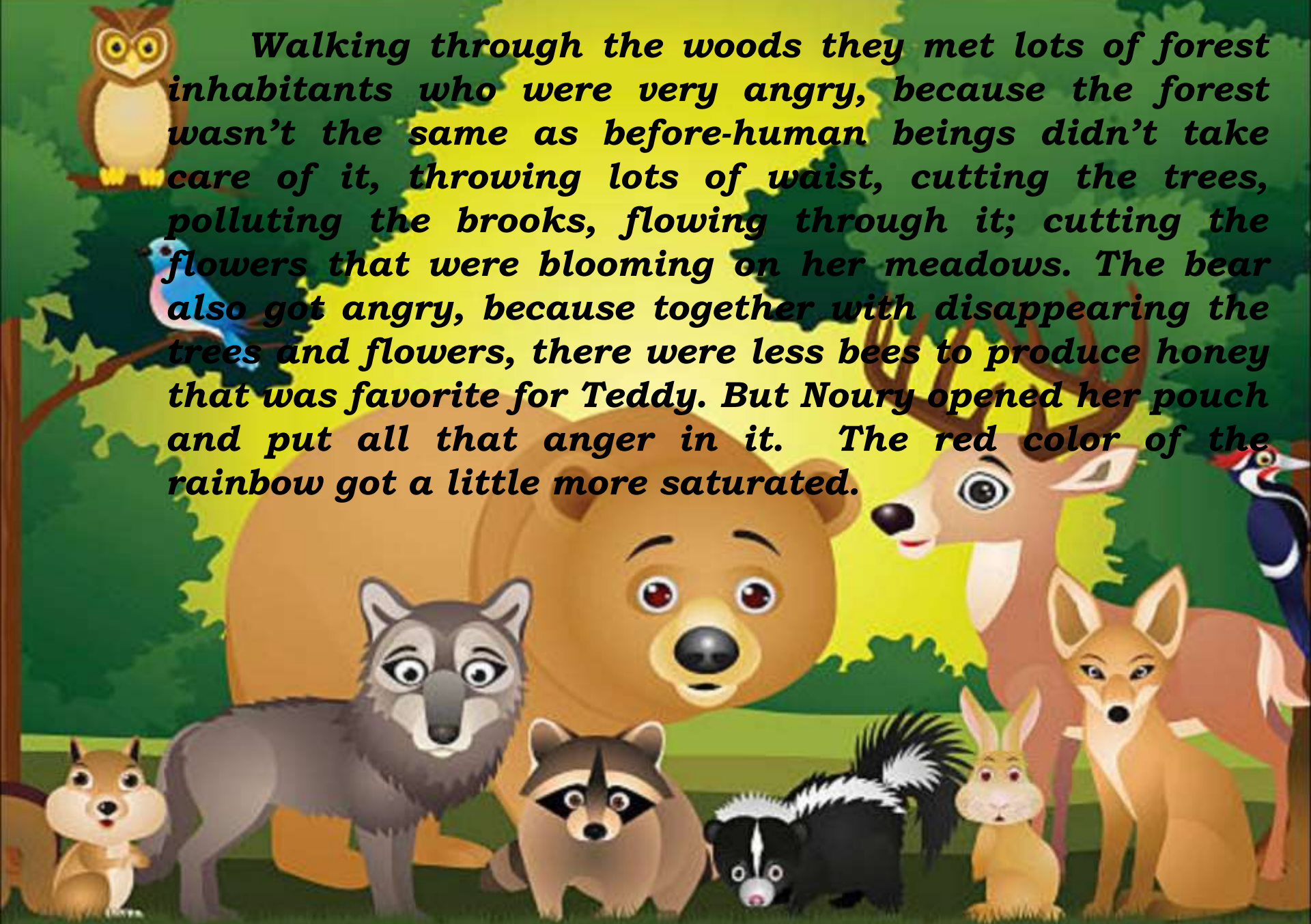
Noury opened her special pouch and put all bear's pain and sadness in it. Then dried Teddy's tears that flew like little rivers over his nozzle and soon they silently fell asleep.

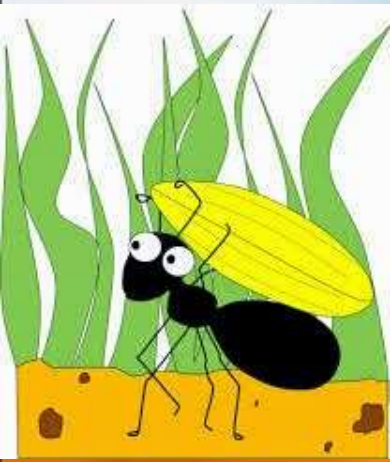


A vibrant illustration of a rainbow arching over a green field with white daisies under a blue sky with a sun and clouds. The rainbow is the central focus, with its colors clearly defined. The sky is a bright blue, and the sun is a bright yellow circle with rays. The clouds are white and fluffy. The field is a lush green, and the daisies are white with yellow centers.

On the next morning a beautiful smiling rainbow has appeared in the sky above the house to watch what would happen with our heroes. Noury and Teddy headed through the forest to find out the way back to Teddy's home and his beloved people.

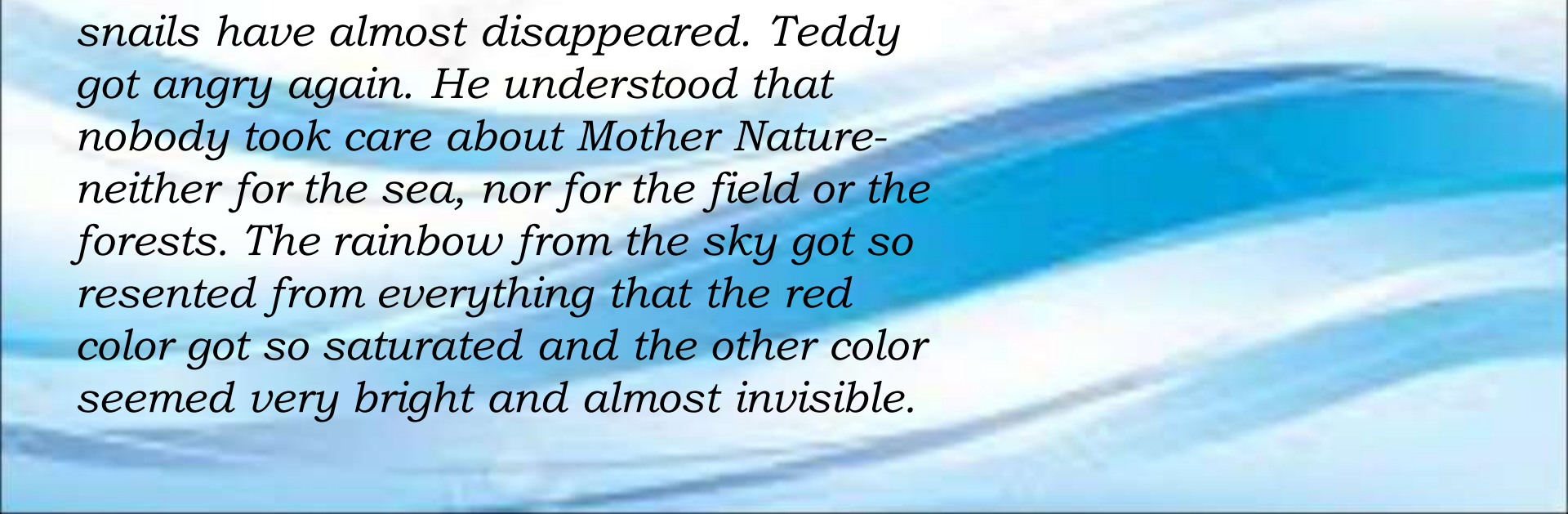
Walking through the woods they met lots of forest inhabitants who were very angry, because the forest wasn't the same as before-human beings didn't take care of it, throwing lots of waste, cutting the trees, polluting the brooks, flowing through it; cutting the flowers that were blooming on her meadows. The bear also got angry, because together with disappearing the trees and flowers, there were less bees to produce honey that was favorite for Teddy. But Noury opened her pouch and put all that anger in it. The red color of the rainbow got a little more saturated.

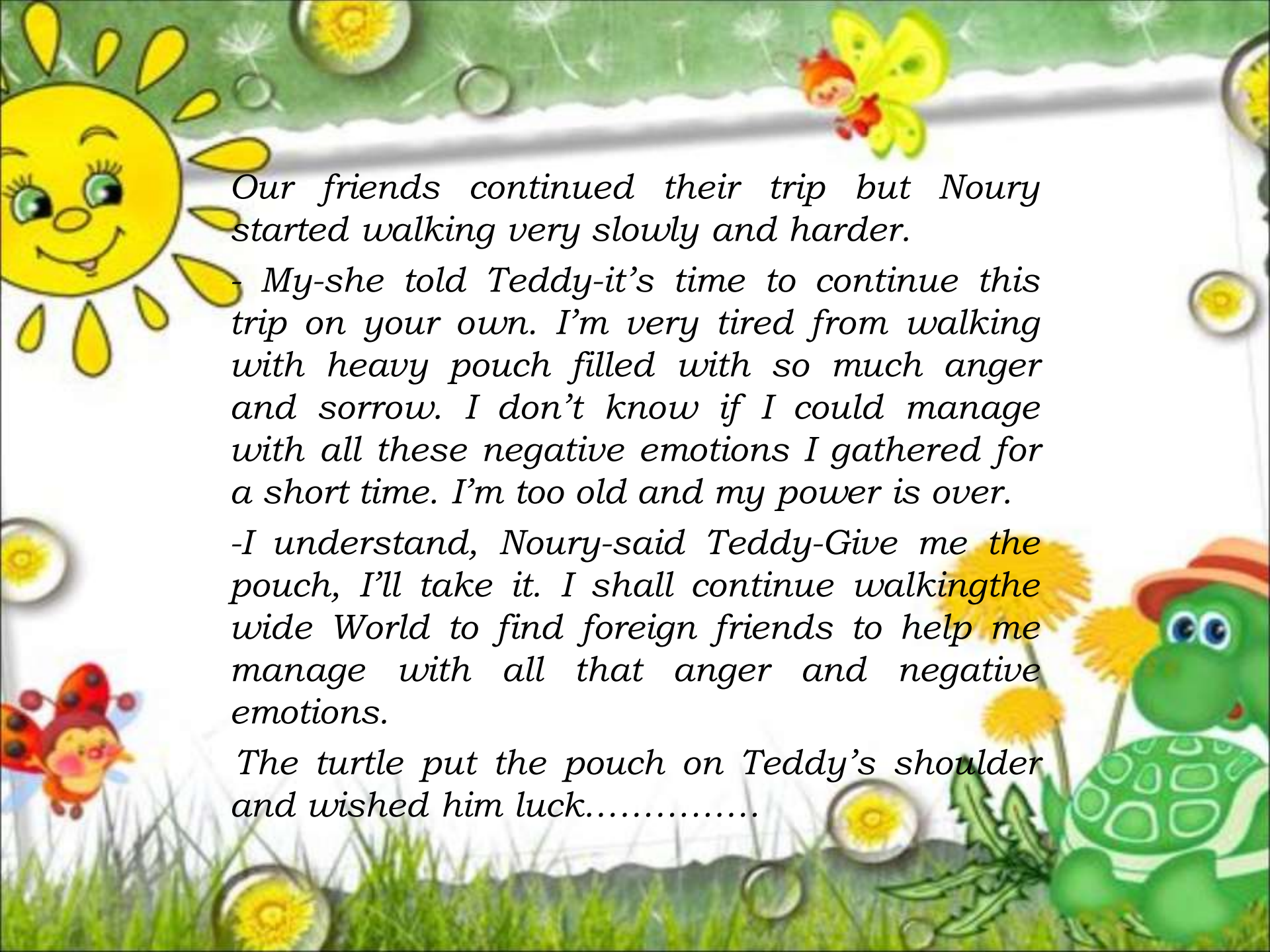




After leaving the forest our heroes found themselves in the middle of a wide field with wheat that had been swung by the wind just as it was a golden haired girl because the wide smile of the Sun made it look as it was shining. There they met an ant, called Andy. The fellows were very surprised, because she was very angry and worried-a few days ago some big iron “birds” sprinkled over the field a kind of white dust and every little insect that lived there got ill or already dead. The little ant was very afraid because she thought that everyone would die from that dust which was poisonous not only for them but also for the wheat. That’s why they wouldn’t have anything to eat for the winter. Teddy got really angry. That beautiful field and its little inhabitants were doomed. The rainbow got frowned too and the red color got even more saturated. But the magical turtle vanished all that anger by putting it into the pouch and continued her trip together with Teddy.

Soon they reached the beautiful Black sea. The dolphins that lived there were also angry because the waters of the sea were quite polluted and nobody took care of them. Noury and Teddy looked around and saw lots of branches, plastic bags, boat debris, huge oil spills and whatever you could imagine. The dolphins told them that the fish population has decreased- fishermen from the big ships were ruthless and every day tons of fish vanished into their nets and the sea snails have almost disappeared. Teddy got angry again. He understood that nobody took care about Mother Nature- neither for the sea, nor for the field or the forests. The rainbow from the sky got so resented from everything that the red color got so saturated and the other color seemed very bright and almost invisible.





Our friends continued their trip but Noury started walking very slowly and harder.

- My-she told Teddy-it's time to continue this trip on your own. I'm very tired from walking with heavy pouch filled with so much anger and sorrow. I don't know if I could manage with all these negative emotions I gathered for a short time. I'm too old and my power is over.

-I understand, Noury-said Teddy-Give me the pouch, I'll take it. I shall continue walkingthe wide World to find foreign friends to help me manage with all that anger and negative emotions.

The turtle put the pouch on Teddy's shoulder and wished him luck.....



*“CEIP Giner de los Ríos”
Spain
presents:*

Therapeutic fairy tale, 2nd part

“Where the rainbow starts and ends”



The turtle put the bag on Teddy's shoulder and wished him luck. Teddy crossed the Black Sea and arrived to Turkey, where he found a group of people who were very sad.

TEDDY AND BERNY



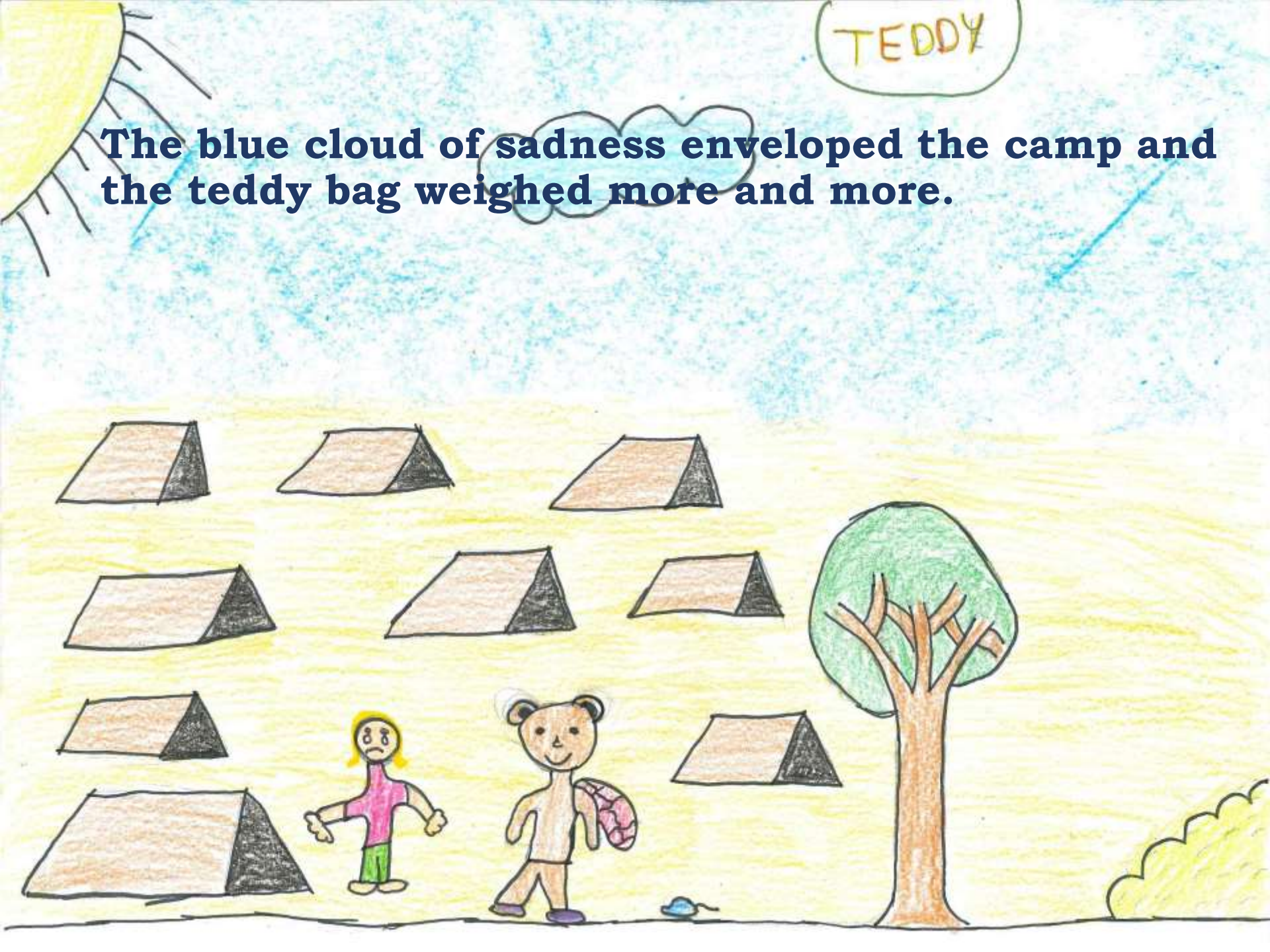
He approached a girl and asked her: where are you coming from? Where are you going? The girl replied: we came from Syria, we fled the war and we don't know where to go.

Our houses are destroyed. We are hungry and very afraid. Teddy decided to stay a few days with them.



TEDDY

The blue cloud of sadness enveloped the camp and the teddy bag weighed more and more.



TEDDY



The girl had a little mouse in a box that she brought from home and at night she took it out to play and made everyone laugh



While they laughed they forgot the sadness and the bag seemed to weigh a little less. The child said: take, I'm giving it to you to help you.



Then they shared the weight between the two and the bag weighed half.



Teddy and Berny, that's the name of the little mouse, went to look for more people to help, but also more people to help distribute that heavy bag.





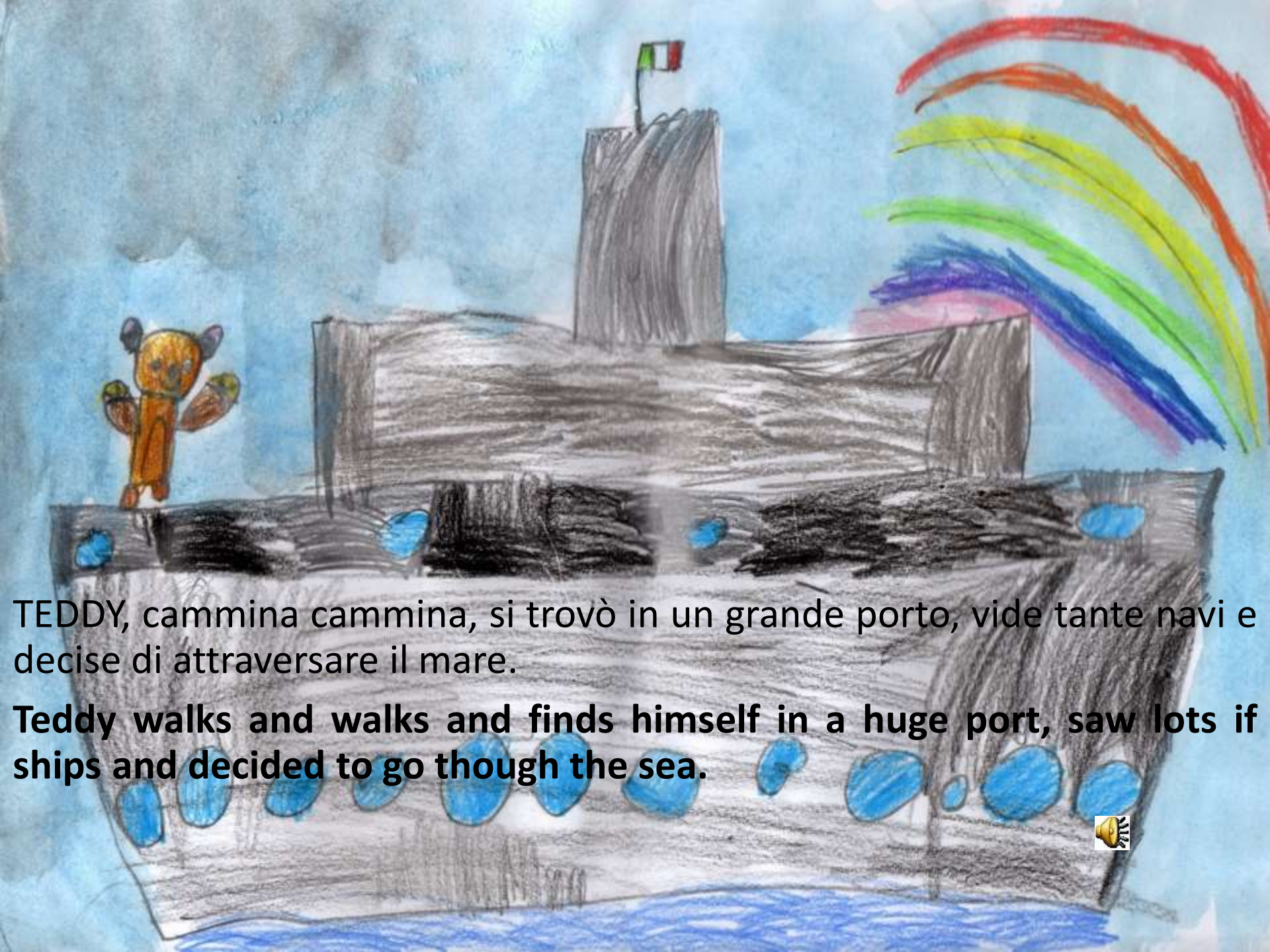
To be continued....



*Secondo Circolo Didattico “Cavour” - Marsala
Italy
presents:*

Therapeutic fairy tale, 3nd part

“Where the rainbow starts and ends”



TEDDY, cammina cammina, si trovò in un grande porto, vide tante navi e decise di attraversare il mare.

Teddy walks and walks and finds himself in a huge port, saw lots of ships and decided to go through the sea.





Il cielo era grigio, coperto di nuvole e l'arcobaleno diventava sempre più scuro.
All'improvviso diventò blu.

The sky was grey, covered with clouds and the rainbow kept getting darker. Suddenly it turned blue.

Scoppiò il temporale: tuoni,
fulmini, pioggia

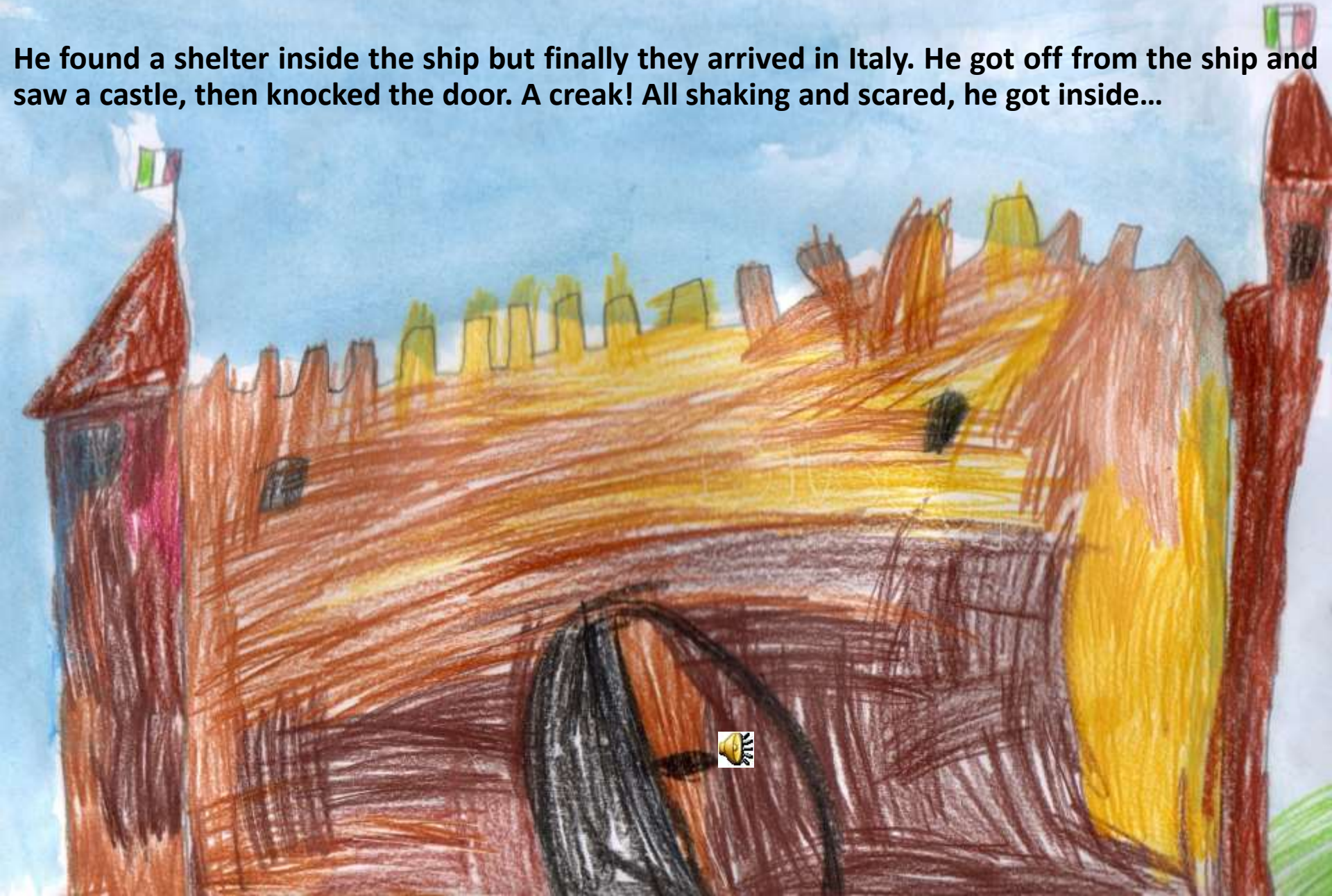
TEDDY tremava dalla **PAURA**

**A storm burst: thunders,
lightning, rain. Teddy was
shaking from the **FEAR.****



Cercò un rifugio dentro la nave, ma finalmente era in Italia. Scese dalla nave e vide un castello, bussò alla porta. Un cigolio! Tremante e spaventato entrò ...

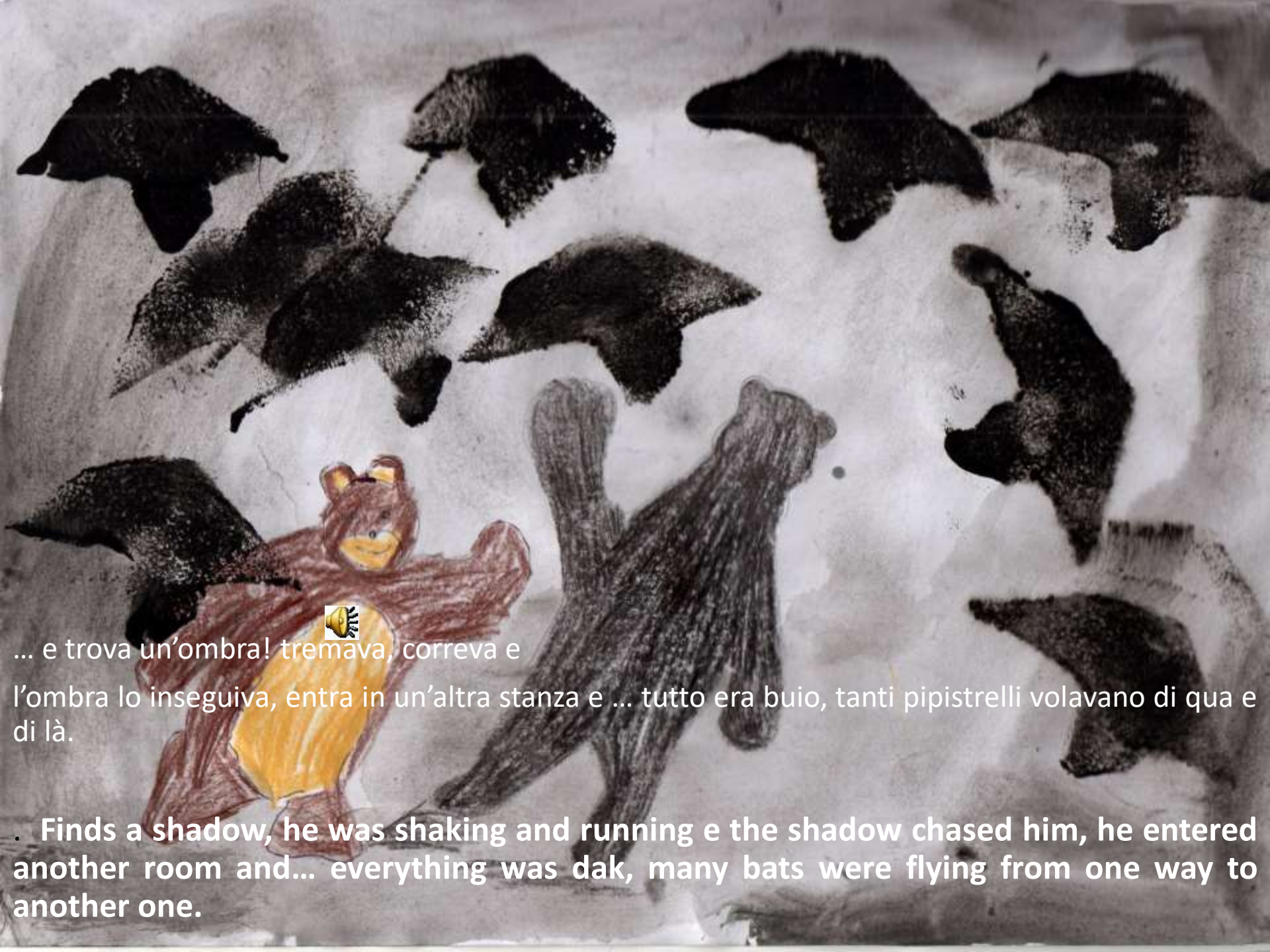
He found a shelter inside the ship but finally they arrived in Italy. He got off from the ship and saw a castle, then knocked the door. A creak! All shaking and scared, he got inside...





Si ritrovò in una stanza buia con una grande finestra, che con il vento si è chiusa. TEDDY scappa e ...

He was in a dark room with a big window that was closed by the wind. Teddy ran away and...



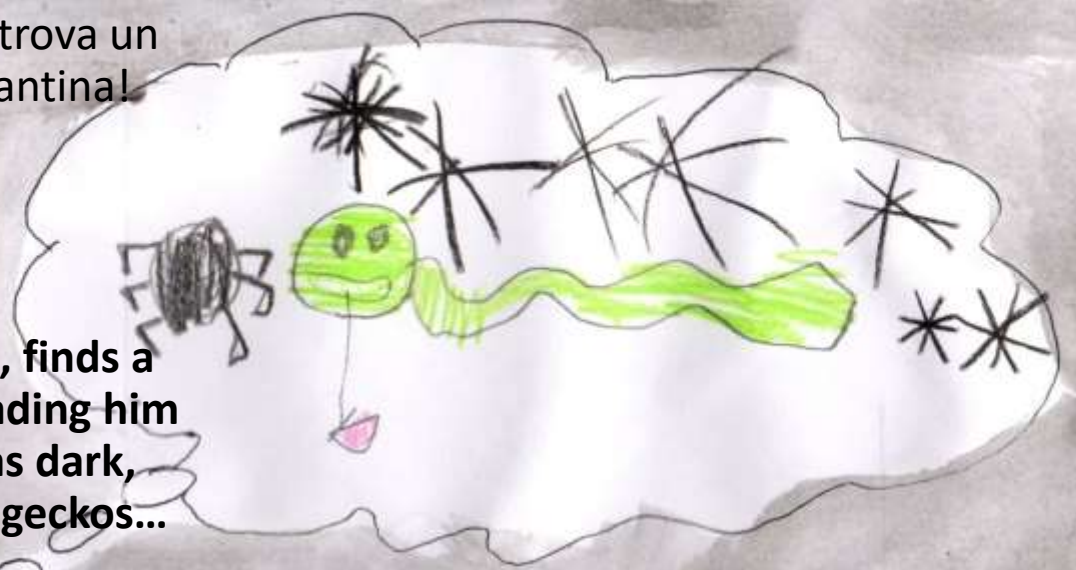
... e trova un'ombra! tremava, correva e l'ombra lo inseguiva, entra in un'altra stanza e ... tutto era buio, tanti pipistrelli volavano di qua e di là.

• Finds a shadow, he was shaking and running e the shadow chased him, he entered another room and... everything was dak, many bats were flying from one way to another one.

Teddy sempre più spaventato trova un buco, guarda dentro , ... una cantina!

Tutto era buio , vedeva topi, ragnatele, gechi,

Teddy, more and more scared, finds a hole and looks inside of it, leading him to a basement, everything was dark, he saw mice, spider webs, geckos...



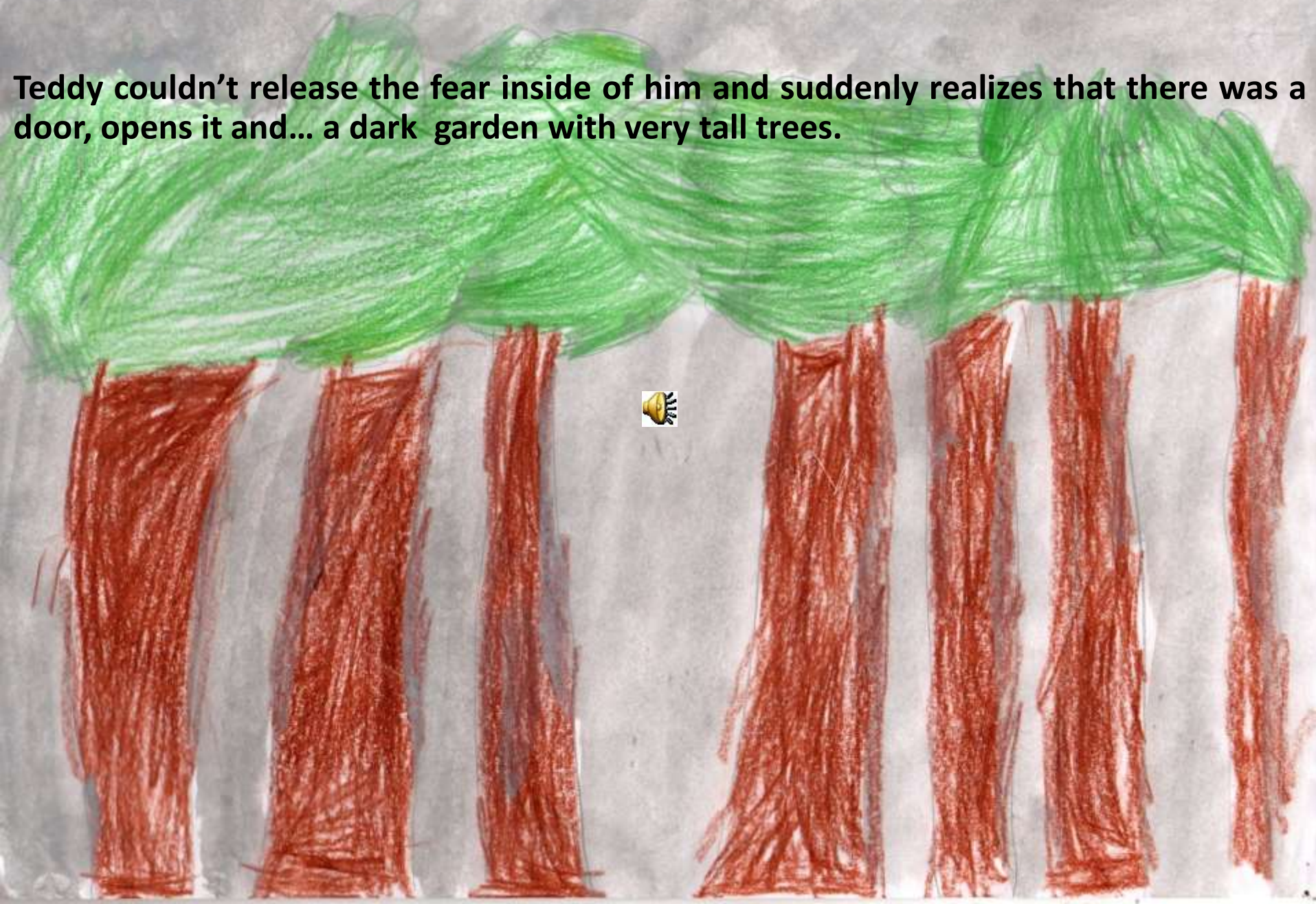
Accende la luce e scopre che erano solo addobbi.

Turns on the light and finds out it was all decorations.



TEDDY non riusciva a liberarsi dalla paura, ad un tratto si accorge che c'era una porta, apre e ... un giardino tutto buio con degli alberi grandissimi .

Teddy couldn't release the fear inside of him and suddenly realizes that there was a door, opens it and... a dark garden with very tall trees.



Esce e ... rumore delle foglie, la luna faceva giochi d'ombra, la civetta lanciava il suo grido e da un albero saltava fuori uno coniglio.

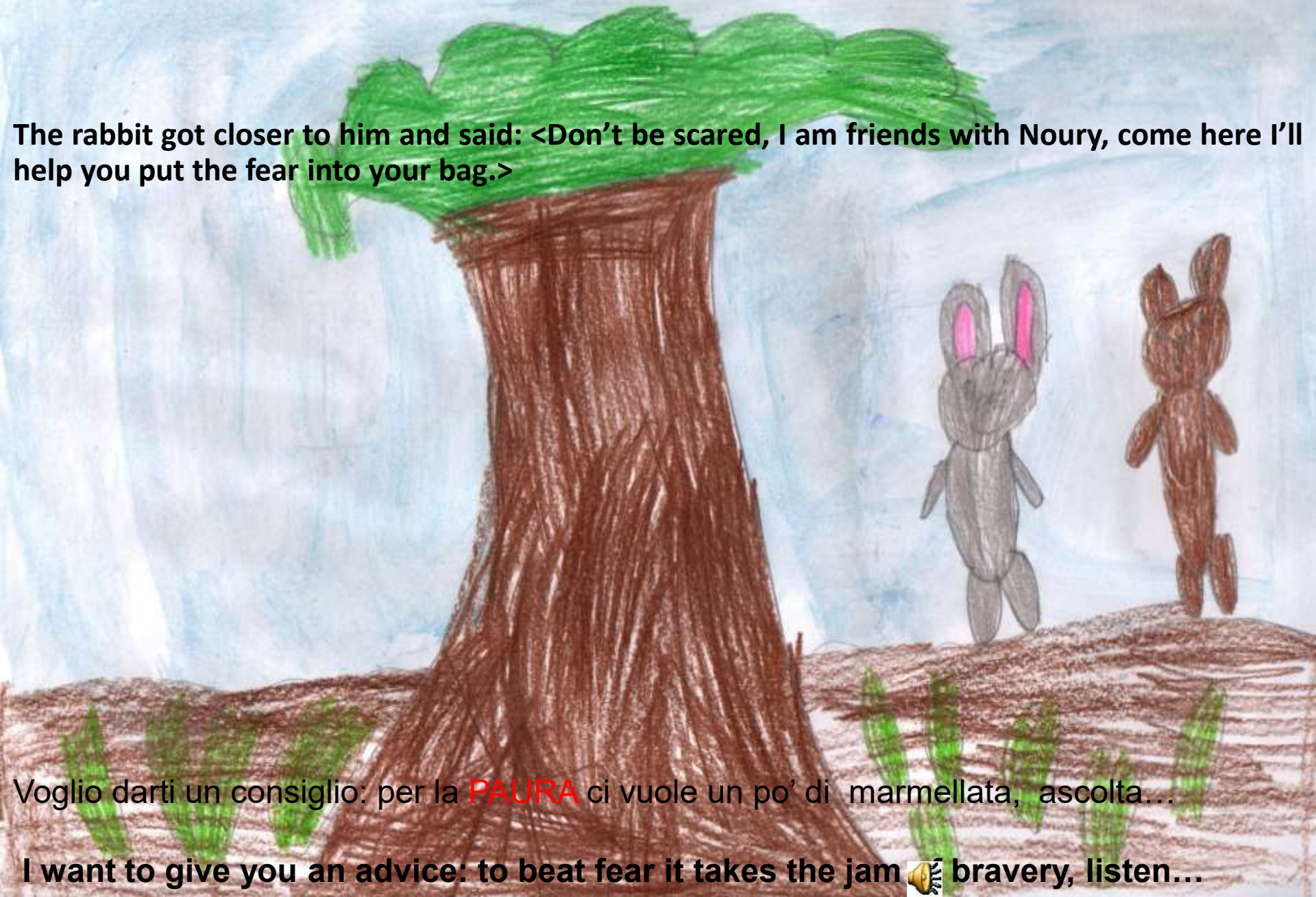
TEDDY fece un passo indietro per lo spavento e cadde

He got out and... noises from the leaves, the moon played with its shadow, the owl burst into a scream and from a tree a squirrel pops out of nowhere.



Il coniglio gli si avvicinò e gli disse : <<non aver paura, io sono amico di Noury. Dai, vieni che ti aiuto a mettere la paura nella borsetta>>.

The rabbit got closer to him and said: <Don't be scared, I am friends with Noury, come here I'll help you put the fear into your bag.>



Voglio darti un consiglio: per la **PAURA** ci vuole un po' di marmellata, ascolta...

I want to give you an advice: to beat fear it takes the jam 🍷 bravery, listen...

In un bosco misterioso , **In a mysterious wood**
c'è un *coniglio* sorridente , **there's a smiling**
bunny

che ha inventato la ricetta **who invented the**
recipe

che fa bene a tanta gente **that's good for many**
people

Con due fragole è un mirtillo **with two strawberries**
and one raspberry

Quattro more e sei lampone **four blackberrys and**
six raspberrys

Mette dentro a un pentolone **He puts it all inside a**
cauldron

Tutte quante le emozioni. **All of the emotions.**

E poi mescola così' **And stir like this**

E poi mescola cosa' **And stir like that**

Gira bolle fa blu blu **Make blue bubbles**

Cosa mai se ne fara' **What will it use it for**

E poi mescola così' **And stir like this**

E poi mescola cosa' **And stir like that**

Gira e bolle e dopo un po' **Stir and make it bubble**
and after a while

La PAURA se ne va **FEAR** *goes*



Perché la marmellata fatta mia

Because the jam made mine la sana confettura
che la PAURA porta via

the healthy jam that FEAR takes away

Spalmata sulle cose di ogni di

Spread on everything

Ti da un sorriso e sta sicuro che è così **Gives**
you a smile and be sure it's like this

E la marmellata fatta mia **and my own jam** Il
magico alimento **this magical food**

Che vivere ti fa **which gives you life**

Tu c'è l'hai nel cuore **You have it in your heart**
E se nascosta a volte e' **And if sometimes it's**
hidden

Tu mescola e rigira **Just stir and stir**

Vedrai che in fondo c'è. **You'll see it's there, in**
the bottom



Teddy mangia qualche cucchiaino di marmellata, e poi mette tutta la sua paura nella borsetta. Inizia un nuovo viaggio,

Teddy took his cup of courage, puts all of his fear into the bag and begins a new journey....



To be continued....