

Emotional intelligence

A key to a child's success?

The posters from Iceland

- Involvement of the children
- A photo of the emotion
- A drawing of the emotion
- A drawing of when we feel the emotion



Anger

The children made an example story:

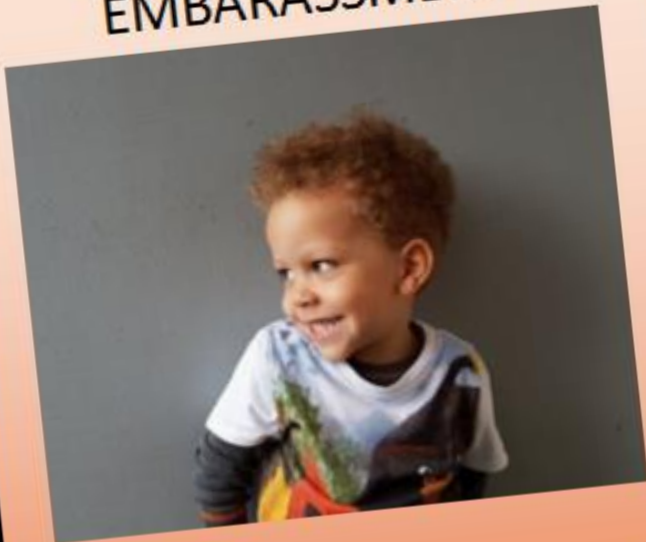
„I get angry when someone takes a toy from me“

Then we have guidance for the teachers on the back of the poster.

- When do we feel angry?
- What happens when we feel angry?
- What can we do when we feel angry?



EMBARASSMENT



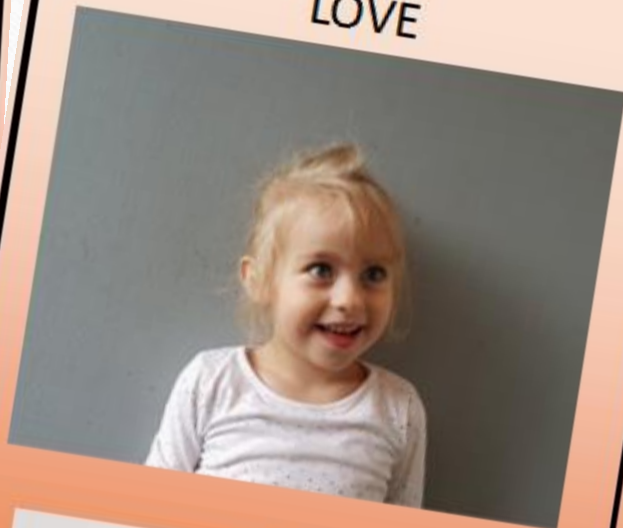
I feel embarrassed when I go to a birthday party

HAPPINESS



I feel happy when I get ice cream

LOVE



I feel love when I hold hands with my brother

ABOMINATION



I feel abominated when a spider crawls on me

ASTONISHMENT



I'm astonished when I see a cat on a swing

SADNESS



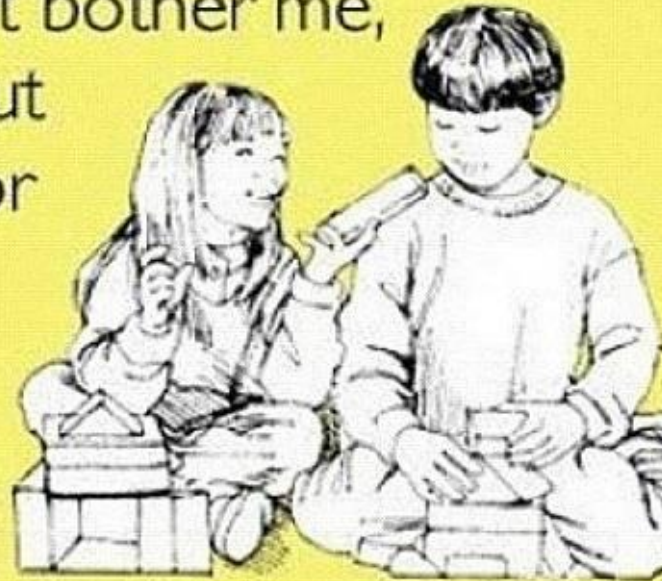
I feel sad when my doll is torn apart



Why it is important to teach emotional intelligence



I'm going to pretend that what you just said doesn't bother me, but I will flip out on you later for no reason.



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