

ACTIVITIES SHEET ERASMUS+

Title: The wheels of happiness

Age of the students: Pupils with special needs from 6 to 12 years old.

Objectives:

- ⑩ Promote the integration, interaction and participation of the pupils.
- ⑩ Identify their emotions.
- ⑩ Change the mood, from being sad to be happy through different actions and activities.

Materials:

- ⑩ Funny stories and jokes.
- ⑩ Cards where indicate the action that the pupil must do to change the mood of his classmate.

Development of the activity:

There are two teams with six pupils. One of them is the leader of the team. The pupils make a circle. The leader starts by saying: "I'm happy because...." Then he makes a question to the student on the left: "And you... How are you?" And the pupil answers: "I'm sad". Next, the pupil who have made the question, must change his mood, tickling him. When he starts laughing, he says: "Now, I'm happy". He asks to another pupil the same question and he answers: "I'm sad". This time he tries to make laugh telling a joke. And so on with all the pupils making gestures, shaking hands, dancing and with contagious laughter. The leader ends by saying: **JOY BE WITH YOU. STRETCH THE HANDS AND TAKE THEM WHEN YOU PASS**".