

I want to act against violence and discrimination.

I intervene when I witness acts of hatred.

I defend anybody who is being hurt or insulted.

I participate in community activities.

I defend human rights in online spaces e.g. social media.

I can change my opinion after listening to others' arguments.

**I feel empathy
towards all kinds of
people, not only
people who are like
me.**

**I try to understand
others' behaviours,
attitudes and
opinions, even when
they are different from
mine.**

**I accept critical
feedback.**

**I continue
communicating even
when I disagree with
someone.**

**I choose to cooperate
rather than compete.**

**I am interested in
finding out about
other peoples' beliefs
and worldviews.**