





Teachers training & Coordination week



Mental Health for European youth
03.10.2021 – 07.10.2021 at BBZ Homburg

| Participants | Hosts |
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|  <p style="text-align: right;">Greece: 2 people</p> |  <p>Germany: Mr Opp, Mr Kohlberger, Ms Kleist & Ms Burger from BBZ Homburg</p> |
|  <p style="text-align: right;">Austria: 2 people</p> | |
|  <p style="text-align: right;">Portugal: 2 people</p> | |

Planned program

| Sunday, October 3 rd 2021 | |
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| Between 6 pm and 8 pm | <ul style="list-style-type: none"> • Arrival of guests at Frankfurt Airport • Arrival of guests at the train station "Homburg (Saar) Hbf" • Greeting & transportation to "Hotel Apado" via 9-person bus or by car |
| Around 8:30 pm | Welcome-Dinner at pizzeria "Ohlio" |

| Monday, October 4th 2021 | |
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| 8:30 am – 10 am | 30 min for introduction of participants 60 min project planning (presentation of “Mobility week”) |
| 10 am – 10:30 am | BREAK |
| 10:30 am – 12 pm | Workshop “How to improve mental health in the classroom?” (PUGIS e. V.) |
| 12 pm – 1 pm | Lunch in the school kitchen |
| 1 pm – 2 pm | 60 min appointment with District Administrator (Saar-Palatinate district) |
| 2 pm – 3:30 pm | Project planning |
| 3:30 pm – 6 pm | BREAK |
| 6 pm - open | Dinner “Wirtshaus Homburger Hof” |

| Tuesday, October 5th 2021 | |
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| 8:30 am – 11:30 am | Excursion to “Biosphärenreservat Bliesgau” Tour “Wild herbs & medical plants” |
| 11:30 am – 12 pm | BREAK |
| 12 pm – 1 pm | Lunch at “World food trip” (vegan restaurant) |
| 1 pm – 2 pm | BREAK |
| 2 pm – 4 pm | Presentation „Childhood and Youth psychology” (Mrs Prof. Dr. Möhler, University hospital of Saarland, Homburg) |
| 4 pm – 6 pm | BREAK |
| 6 pm - open | Dinner in the school kitchen: South Korean with Mr Opp |

| Wednesday, October 6 th 2021 | |
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| 8:30 am – 11:30 am | <ul style="list-style-type: none"> • Workshop „Inclusion and mental health of students“ <p>(Mrs Glauben, teacher at „Gemeinschaftsschule Neue Sandrennbahn)</p> <ul style="list-style-type: none"> • Project planning |
| 11:30 am – 12 pm | BREAK |
| 12 pm – 1 pm | lunch |
| 1 pm – 3 pm | <ul style="list-style-type: none"> • Presentation of the results of the project • Dissemination • Certificates • Co-working “Twinspace” |
| 3 pm – 3:30 pm | BREAK |
| 3:30 pm – 6:30 pm | Leisure activities (different options) |
| 6:30n pm – 7 pm | BREAK |
| 7 pm - open | Saarland BBQ with Mr Becker |

| Thursday, October 7 th 2021 | |
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| Morning | <ul style="list-style-type: none"> • Transportation from “Hotel Apado” to the train station “Homburg (Saar) Hbf” via 9-person bus or by car • Goodbye & departure of guests |