



AGRUPAMENTO DE ESCOLAS
MOIMENTA DA BEIRA



“Inside Out”

2019-I-NL01-KA229-060290_6

11th – 15th OCTOBER 2021
Portugal

Travel day: *Monday 11th*

Arrival Times

Time	Countries
15:40	The Netherlands
18:15	Slovakia
15:15	Poland
Arrival on Saturday	Turkey

Travel day: *Friday 15th*

Departure Times

Time	Countries
07:00 (flight at 11:25)	The Netherlands
5:00 (flight at 9:40)	Slovakia
Departure on 14 th	Poland
10:00 (flight at 17:00)	Turkey

Tuesday 12th	
08:45	<ul style="list-style-type: none"> ▪ Teachers are picked up at the hotel http://www.hotel-verdeal.com/ and driven to “Centro Escolar” ▪ Host students take their guest students to “Centro Escolar”
09:00	<ul style="list-style-type: none"> ▪ School premises – Agrupamento de Escolas de Moimenta da Beira: <ul style="list-style-type: none"> ▪ “Centro Escolar” – Students’ musical performance (they will sing a song in Portuguese and another one in English) ▪ Guest students may also sing one /two songs ▪ 2nd Cycle School ▪ 3rd Cycle/Secondary school
11:30	<ul style="list-style-type: none"> ▪ Welcome by our headmaster (in the auditorium – room 501)
12:15	<ul style="list-style-type: none"> ▪ Lunch in the school canteen
13:00	<ul style="list-style-type: none"> ▪ Kind of teaching lesson in Portuguese (basic communication words)
13:30	<ul style="list-style-type: none"> ▪ Playing kahoot about all the countries
14:30	<ul style="list-style-type: none"> ▪ Presentations: videos/photos about all the countries /schools/towns where the partner schools are located
15:30	<ul style="list-style-type: none"> ▪ Walking tour in Moimenta da Beira: sightseeing it – Town Hall: http://www.cm-moimenta.pt/, the Nuns’ Monastery square, ...
16:30	<ul style="list-style-type: none"> ▪ Walking back to school
17:30	<ul style="list-style-type: none"> ▪ Host students go home with their guest students Teachers are driven to the hotel
19:15	<ul style="list-style-type: none"> ▪ Teachers are picked up at the hotel and driven to the 17th-century- Nossa Senhora do Carmo monastery restaurant in Freixinho: https://www.booking.com/hotel/pt/convento-nossa-senhora-do-carmo.pt-pt.html

<i>Wednesday 13th</i>	
08:40 – 9:30	<ul style="list-style-type: none"> ▪ Guest students attend their hosts' first lessons
09:15	<ul style="list-style-type: none"> ▪ Teachers are picked up at the hotel
09:40	<ul style="list-style-type: none"> ▪ Room 501: On behalf of the "International School Library month" (iasl-online.org), students from all the partner schools present a traditional tale (a drawing ...). In the end, a "tapestry" will be created with all the countries' traditional tales
11:15	<ul style="list-style-type: none"> ▪ Coffee break
11:30	<ul style="list-style-type: none"> ▪ Students are divided into multilingual groups to design/draw/paint big handkerchiefs with wellbeing messages: respect, tolerance, courtesy...
12:15	<ul style="list-style-type: none"> ▪ Lunch at the school canteen
13:30	<ul style="list-style-type: none"> ▪ Continuation of the group works about wellbeing messages
15:00	<ul style="list-style-type: none"> ▪ Spreading the big handkerchiefs designed/drawn/painted by students throughout the school. ▪ All the guest students will take some of these big handkerchiefs to their schools.
17:30	<ul style="list-style-type: none"> ▪ Gifts / certificates
18:00	<ul style="list-style-type: none"> ▪ Guest students go home with their hosting families ▪ Teachers are driven to the hotel
19:00	<ul style="list-style-type: none"> ▪ Dinner at the hotel
21:00	<ul style="list-style-type: none"> ▪ Sky night watch using the school telescope that will be installed in the playground (activity by our school's "Club of Sciences")

Thursday 14th	
08:30	<ul style="list-style-type: none"> ▪ Host students arrive at school with their guest students
08:15	<ul style="list-style-type: none"> ▪ Teachers are picked up at the hotel
08:30	<ul style="list-style-type: none"> ▪ <i>Departure to Régua</i>
09:30	<ul style="list-style-type: none"> ▪ <i>Douro Museum</i> : http://www.museudodouro.pt/ (guided tour in English); if they like, teachers can have a glass of Porto wine
11:00	<ul style="list-style-type: none"> ▪ Ribeira de Pena – Pena Park : sporting activities.
13:00	<ul style="list-style-type: none"> ▪ Lunch in a restaurant: “Biclaque”
14:30	<ul style="list-style-type: none"> ▪ Pena Park: sporting activities (continuation)
16:00	<ul style="list-style-type: none"> ▪ Departure to Moimenta da Beira
17:30	<ul style="list-style-type: none"> ▪ Arrival in Moimenta da Beira
17:30	<ul style="list-style-type: none"> ▪ Musical performance by our school “Club of the Voice” ▪ Host students go home with their guests <p>Teachers are driven to the hotel</p>
19:00	Dinner/light dinner at the hotel