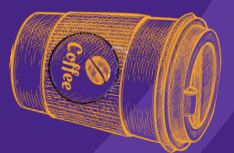
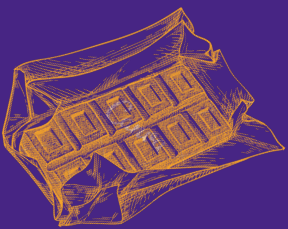
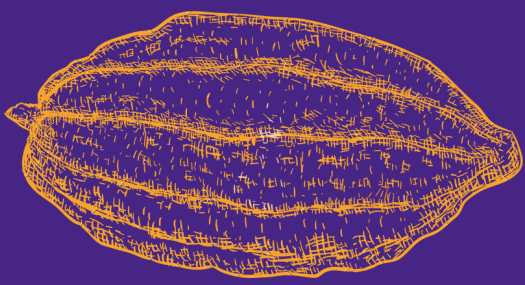


# Chocolate MANIFESTO

**-EATING BLACK CHOCOLATE IS THE BEST OPTION**      **-GO TO THE GYM!**

**-HAVE A HEALTHY DIET**

**-eat chocolate in your sad days**



**-EAT NOT MORE THAN 30G A DAY**

**-Go to a good dentist**

**-no white chocolate**

**-eat vegan chocolate**

**-consume moderately**

**-be careful with cavities**



**-GO RUNNING**

**-MAKING EXERCISE**

**-ENJOY CHOCOLATE**

**- BUT MODERATELY!**

